Convexity estimates for mean curvature flow and singularities of mean convex surfaces

Gerhard Huisken
Mathematisches Institut, Universität Tübingen
Auf der Morgenstelle 10, 72076 Tübingen, Germany
e-mail: gerhard.huisken@uni-tuebingen.de

Carlo Sinestrari
Dipartimento di Matematica, Università di Roma "Tor Vergata"
Via della Ricerca Scientifica, 00133 Roma, Italy
e-mail: sinestra@axp.mat.uniroma2.it

Abstract. We study smooth closed n–dimensional surfaces of positive mean curvature evolving by mean curvature flow. Iteratively we derive a priori estimates showing that the negative part of all elementary symmetric functions of the principal curvatures becomes comparatively small near a singularity. This implies that all rescalings are convex and yields a classification of all possible singularities of the flow.

1 Introduction

Let $F_0 : \mathcal{M} \to \mathbb{R}^{n+1}$ be a smooth immersion of a closed n–dimensional hypersurface of nonnegative mean curvature in Euclidean space, $n \geq 2$. The evolution of $\mathcal{M}_0 = F_0(\mathcal{M})$ by mean curvature flow is the one–parameter family of smooth immersions $F : \mathcal{M} \times [0, T[\to \mathbb{R}^{n+1}$ satisfying

$$\frac{\partial F}{\partial t}(p,t) = -H(p,t)\nu(p,t), \qquad p \in \mathcal{M}, t \geq 0, \tag{1.1}$$

$$F(\cdot, 0) = F_0, \tag{1.2}$$

where $H(p,t)$ and $\nu(p,t)$ are the mean curvature and the outer normal respectively at the point $F(p,t)$ of the surface $\mathcal{M}_t = F(\cdot,t)(\mathcal{M})$. The signs are chosen such that $-H\nu = \vec{H}$ is the mean curvature vector and the mean curvature of a convex surface is positive.

For closed surfaces the solution of (1.1)–(1.2) exists on a finite maximal time interval $[0, T[$, $0 < T < \infty$, and the curvature of the surfaces becomes unbounded for $t \to T$. It is important to obtain a detailed description of the singular behaviour for $t \to T$, a future goal being the topologically controlled extension of the flow past singularities.

In the present paper we use the assumption of nonnegative mean curvature to derive new a priori estimates from below for all other elementary symmetric functions of the principal curvatures, strong enough to conclude that any rescaled limit of a singularity is (weakly) convex.

Let $\vec{\lambda} = (\lambda_1, \ldots, \lambda_n)$ be the principal curvatures of the evolving hypersurfaces $\mathcal{M}_t$ and let

$$S_k(\lambda) = \sum_{1 \le i_1 < i_2 < \ldots < i_k \le n} \lambda_{i_1} \lambda_{i_2} \cdots \lambda_{i_k}$$

be the elementary symmetric functions with $S_1 = H$. Then our main result is

Theorem 1.1 *Suppose $F_0 : \mathcal{M} \to \mathbb{R}^{n+1}$ is a smooth closed hypersurface immersion with nonnegative mean curvature. For each k, $2 \le k \le n$, and any $\eta > 0$ there is a constant $C_{\eta,k}$ depending only on n, k, η and the initial data, such that everywhere on $\mathcal{M} \times [0, T[$ we have the estimate*

$$S_k \ge -\eta H^k - C_{\eta,k}. \tag{1.3}$$

The arbitrariness of η breaks the scaling invariance in inequality (1.3) and implies that near a singularity, where $S_1 = H$ becomes unbounded, each S_k becomes nonnegative after rescaling:

Corollary 1.2 *Let $\mathcal{M}_t$ be a mean convex solution of mean curvature flow on the maximal time interval $[0, T[$ as in Theorem 1.1. Then any smooth rescaling of the singularity for $t \to T$ is convex.*

For a discussion of previous results on the blowup behaviour of mean curvature flow see [12], where we proved a lower bound as in (1.3) for the scalar curvature of $\mathcal{M}_t$. We note that the present result applies to type II singularities which up to now were understood only in the one–dimensional case. We give a classification of type II singularities in the mean convex case in Theorem 4.1, complementary to the known classification of type I singularities in [10], [11].

In view of the results in [14] and [9] respectively, Theorem 1.1 and Corollary 1.2 also hold for starshaped surfaces in $\mathbb{R}^{n+1}$ and for mean convex surfaces in smooth Riemannian manifolds, see Remarks 3.8 and 3.9.

The proof of Theorem 1.1 proceeds by induction on the degree k of the elementary symmetric polynomial S_k. Assuming that the desired inequalities in (1.3) hold up to some $k \ge 2$, we perturb the second fundamental form $A = \{h_{ij}\}$ by adding a small multiple of the metric $g = \{g_{ij}\}$, setting

$$b_{ij} := h_{ij} + \epsilon H g_{ij} + D g_{ij} \tag{1.4}$$

for small $\epsilon > 0$ and positive D. In view of the induction hypothesis (1.3) we manage to choose $D = D_\epsilon$ in such a way that the elementary symmetric function $\tilde{S}_k$ of the eigenvalues of $\{b_{ij}\}$ is strictly positive, allowing us to work with the quotient $\tilde{Q}_{k+1} = \tilde{S}_{k+1}/\tilde{S}_k$ as a testfunction. The algebraic properties of $S_k, \tilde{S}_k$ and $Q_{k+1}, \tilde{Q}_{k+1}$ established in Section 2, in particular the concavity of Q_{k+1} on the set where $S_k > 0$, turn out to be crucial for the proof of the a priori estimates in Section 3.

2 Symmetric polynomials

As we said in the introduction, in this paper we are concerned with symmetric functions of the principal curvatures on a manifold. We begin recalling the definition and some basic properties of the elementary symmetric polynomials. In the following $n \ge 2$ is a fixed integer.

Definition 2.1 *For any $k = 1, 2, \ldots, n$ we set*

$$S_k(\lambda) = \sum_{1 \le i_1 < i_2 < \ldots < i_k \le n} \lambda_{i_1} \lambda_{i_2} \cdots \lambda_{i_k}, \qquad \forall\, \lambda = (\lambda_1, \ldots, \lambda_n) \in \mathbb{R}^n. \tag{2.1}$$

We also set $S_0 \equiv 1$ and $S_k \equiv 0$ for $k > n$. In addition, we define

$$\Gamma_k = \{\lambda \in \mathbb{R}^n \ : \ S_1(\lambda) > 0, S_2(\lambda) > 0, \ldots, S_k(\lambda) > 0\}. \tag{2.2}$$

Clearly the sets Γ_k are open cones and satisfy $\Gamma_{k+1} \subset \Gamma_k$ for any $k = 1, \ldots, n-1$. Moreover, Γ_n coincides with the positive cone. In the sequel (Theorem 2.5) we also show that these cones are convex.

Let us denote by $S_{k;i}(\lambda)$ the sum of the terms of $S_k(\lambda)$ not containing the factor λ_i. Then the following identities hold.

Proposition 2.2 *We have, for any $k = 0, \ldots, n$, $i = 1, \ldots, n$, and $\lambda \in \mathbb{R}^n$,*

$$\frac{\partial S_{k+1}}{\partial \lambda_i}(\lambda) = S_{k;i}(\lambda), \tag{2.3}$$

$$S_{k+1}(\lambda) = S_{k+1;i}(\lambda) + \lambda_i S_{k;i}(\lambda), \tag{2.4}$$

$$\sum_{i=1}^{n} S_{k;i}(\lambda) = (n-k) S_k(\lambda). \tag{2.5}$$

$$\sum_{i=1}^{n} \lambda_i S_{k;i}(\lambda) = (k+1) S_{k+1}(\lambda) \tag{2.6}$$

$$\sum_{i=1}^{n} \lambda_i^2 S_{k;i}(\lambda) = S_1(\lambda) S_{k+1}(\lambda) - (k+2) S_{k+2}(\lambda). \tag{2.7}$$

Proof. Properties (2.3) and (2.4) follow from the definitions, while (2.6) is a consequence of (2.3) and Euler's theorem on homogeneous functions. Taking sums over i in (2.4) and applying (2.6) we obtain (2.5). By (2.4) we also obtain, for any $\lambda \in \mathbb{R}^n$,

$$S_{k+2}(\lambda) - S_{k+2;i}(\lambda) = \lambda_i S_{k+1;i}(\lambda) = \lambda_i S_{k+1}(\lambda) - \lambda_i^2 S_{k;i}(\lambda).$$

Taking sums over i and using (2.5) we find

$$(k+2) S_{k+2}(\lambda) = \sum_{i=1}^{n} (\lambda_i S_{k+1}(\lambda) - \lambda_i^2 S_{k;i}(\lambda)),$$

which implies the identity (2.7). ∎

A less immediate property of these polynomials is the following inequality (for the proof see e.g. [7, pp. 104-105]).

Theorem 2.3 *For any $k \in \{1, \ldots, n-1\}$ and $\lambda \in \mathbb{R}^n$ we have*

$$(n-k+1)(k+1) S_{k-1}(\lambda) S_{k+1}(\lambda) \le k(n-k) S_k^2(\lambda). \tag{2.8}$$

The above result is known as *Newton's inequality*. We observe that it implies the weaker inequality

$$S_{k-1}(\lambda)S_{k+1}(\lambda) \leq S_k^2(\lambda). \tag{2.9}$$

The following property of the polynomials $S_{k;i}$ is a consequence of Newton's inequality.

Lemma 2.4 *Let $\lambda \in \Gamma_k$ be given for some $k \in \{1, \ldots, n\}$. Then we have $S_{h;i}(\lambda) > 0$ for any $h \in \{0, \ldots, k-1\}$ and $i \in \{1, \ldots, n\}$.*

Proof. We proceed by induction on h. The case $h = 0$ is trivial. Consider now an arbitrary $h \in \{1, \ldots, k-1\}$. By our assumptions on λ and by (2.4) we have, for any $i = 1, \ldots, n$,

$$\lambda_i S_{h;i}(\lambda) + S_{h+1;i}(\lambda) = S_{h+1}(\lambda) > 0, \qquad \lambda_i S_{h-1;i}(\lambda) + S_{h;i}(\lambda) = S_h(\lambda) > 0.$$

By the induction hypothesis we have $S_{h-1;i}(\lambda) > 0$. Let us argue by contradiction and suppose that $S_{h;i}(\lambda) \leq 0$. Then we have $\lambda_i S_{h-1;i}(\lambda) = S_h(\lambda) - S_{h;i}(\lambda) > 0$, which implies $\lambda_i > 0$. Therefore

$$S_{h+1;i}(\lambda) > -\lambda_i S_{h;i}(\lambda) \geq 0, \qquad \lambda_i S_{h-1;i}(\lambda) > -S_{h;i}(\lambda) \geq 0.$$

We deduce that $S_{h+1;i}(\lambda)S_{h-1;i}(\lambda) > S_{h;i}^2(\lambda)$, in contradiction with inequality (2.9). This proves that $S_{h;i}(\lambda) > 0$. ∎

Let us now define, for $k = 2, \ldots, n$, and $\lambda \in \Gamma_{k-1}$,

$$Q_k(\lambda) = \frac{S_k(\lambda)}{S_{k-1}(\lambda)}. \tag{2.10}$$

Similarly we set, for $i = 1, \ldots, n$, $Q_{k,i}(\lambda) = S_{k,i}(\lambda)/S_{k-1,i}(\lambda)$. Observe that, if $\lambda \in \Gamma_k$, then $Q_{k,i}(\lambda)$ is well defined, by virtue of the previous lemma. The functions Q_k are homogeneous of degree one. We now give a concavity result for these functions which is fundamental for our later purposes. Our proof is inspired by the one of [13, Theorem 1], where the concavity of Q_k was proved in the positive cone.

Theorem 2.5 *The cone Γ_k is convex and the function Q_{k+1} is concave on Γ_k for any $k = 1, \ldots, n-1$. More precisely, given $\lambda \in \Gamma_k$ and $\xi \in \mathbb{R}^n$, we have $\partial^2 Q_{k+1}/\partial \xi^2(\lambda) \leq 0$, and equality occurs only in the two following cases:*

(i) *ξ is a scalar multiple of λ,*

(ii) *λ has exactly $n-k$ zero components and these components are zero also for ξ.*

Proof. We proceed by induction on k and consider first the case $k = 1$. The convexity of Γ_1 is immediate since Γ_1 is a half–space. In addition we have the identity

$$2Q_2(\lambda) - Q_2(\lambda + \xi) - Q_2(\lambda - \xi) = \frac{\sum_{i=1}^n (\xi_i S_1(\lambda) - \lambda_i S_1(\xi))^2}{S_1(\lambda)S_1(\lambda + \xi)S_1(\lambda - \xi)}.$$

Thus we obtain, for $\lambda \in \Gamma_1$,

$$-\frac{\partial^2 Q_2}{\partial \xi^2}(\lambda) = \lim_{\varepsilon \to 0} \frac{2Q_2(\lambda) - Q_2(\lambda + \varepsilon\xi) - Q_2(\lambda - \varepsilon\xi)}{\varepsilon^2} = \frac{\sum_{i=1}^n (\xi_i S_1(\lambda) - \lambda_i S_1(\xi))^2}{S_1(\lambda)^3}.$$

The right hand side is strictly positive if ξ is not a multiple of λ and this proves the assertion in this case.

Let us now consider k arbitrary. The convexity of Γ_k follows from the induction hypothesis, since we have $\Gamma_k = \{\lambda \in \Gamma_{k-1} \ : \ Q_k(\lambda) > 0\}$. To prove the concavity of Q_{k+1}, let us take $\lambda \in \Gamma_k$. Then we have, by (2.4) and by Lemma 2.4,

$$\lambda_i + Q_{k,i}(\lambda) = \frac{S_k(\lambda)}{S_{k-1;i}(\lambda)} > 0. \tag{2.11}$$

Applying first (2.7) and then again (2.4) we obtain

$$\begin{aligned}(k+1)Q_{k+1}(\lambda) &= \sum_{i=1}^n \left(\lambda_i - \lambda_i^2 \frac{S_{k-1;i}(\lambda)}{S_k(\lambda)}\right) \\ &= \sum_{i=1}^n \left(\lambda_i - \lambda_i^2 \frac{S_{k-1;i}(\lambda)}{S_{k;i}(\lambda) + \lambda_i S_{k-1;i}(\lambda)}\right) \\ &= \sum_{i=1}^n \left(\lambda_i - \frac{\lambda_i^2}{Q_{k;i}(\lambda) + \lambda_i}\right). \end{aligned} \tag{2.12}$$

Let us now take $\xi \in \mathbb{R}^n$ small enough to have $\lambda \pm \xi \in \Gamma_k$. Using (2.12) we obtain

$$\begin{aligned}&(k+1)(2Q_{k+1}(\lambda) - Q_{k+1}(\lambda+\xi) - Q_{k+1}(\lambda-\xi)) \\ &= \sum_{i=1}^n \left(\frac{(\lambda_i+\xi_i)^2}{Q_{k;i}(\lambda+\xi) + \lambda_i + \xi_i} + \frac{(\lambda_i-\xi_i)^2}{Q_{k;i}(\lambda-\xi) + \lambda_i - \xi_i} - \frac{(2\lambda_i)^2}{Q_{k;i}(\lambda+\xi) + Q_{k;i}(\lambda-\xi) + 2\lambda_i}\right) \\ &\quad + \sum_{i=1}^n \left(\frac{(2\lambda_i)^2}{Q_{k;i}(\lambda+\xi) + Q_{k;i}(\lambda-\xi) + 2\lambda_i} - \frac{2\lambda_i^2}{Q_{k;i}(\lambda) + \lambda_i}\right) \\ &= \sum_{i=1}^n \left(\frac{[(\lambda_i+\xi_i)Q_{k;i}(\lambda-\xi) - (\lambda_i-\xi_i)Q_{k;i}(\lambda+\xi)]^2}{[Q_{k;i}(\lambda+\xi) + \lambda_i + \xi_i][Q_{k;i}(\lambda-\xi) + \lambda_i - \xi_i][Q_{k;i}(\lambda+\xi) + Q_{k;i}(\lambda-\xi) + 2\lambda_i]}\right) \\ &\quad - 2\sum_{i=1}^n \lambda_i^2 \frac{Q_{k;i}(\lambda+\xi) + Q_{k;i}(\lambda-\xi) - 2Q_{k;i}(\lambda)}{(Q_{k;i}(\lambda+\xi) + Q_{k;i}(\lambda-\xi) + 2\lambda_i)(Q_{k;i}(\lambda) + \lambda_i)}\end{aligned}$$

It follows, for ξ arbitrary,

$$\begin{aligned}\frac{\partial^2 Q_{k+1}}{\partial \xi^2}(\lambda) &= \lim_{\varepsilon \to 0} \frac{Q_{k+1}(\lambda+\varepsilon\xi) + Q_{k+1}(\lambda-\varepsilon\xi) - 2Q_{k+1}(\lambda)}{\varepsilon^2} \\ &\le \lim_{\varepsilon \to 0} \sum_{i=1}^n \frac{2\lambda_i^2}{k+1} \frac{Q_{k;i}(\lambda+\varepsilon\xi) + Q_{k;i}(\lambda-\varepsilon\xi) - 2Q_{k;i}(\lambda)}{\varepsilon^2 (Q_{k;i}(\lambda+\varepsilon\xi) + Q_{k;i}(\lambda-\varepsilon\xi) + 2\lambda_i)(Q_{k;i}(\lambda) + \lambda_i)} \\ &= \sum_{i=1}^n \frac{\lambda_i^2 \frac{\partial^2 Q_{k;i}}{\partial \xi^2}(\lambda)}{(k+1)(Q_{k;i}(\lambda) + \lambda_i)^2}.\end{aligned}$$

Let us denote by $[\lambda]_i$, $[\xi]_i$ the vectors obtained by setting the i-th component of λ, ξ equal to zero. Then $[\lambda]_i \in \Gamma_{k-1}$ for every i by Lemma 2.4. Thus, by the induction hypothesis, we have

$$\lambda_i^2 \frac{\partial^2 Q_{k;i}}{\partial \xi^2}(\lambda) = \lambda_i^2 \frac{\partial^2 Q_k}{\partial ([\xi]_i)^2}([\lambda]_i) \le 0. \tag{2.13}$$

This proves the concavity of Q_{k+1}. Let us now analyse the cases when we have equality in (2.13) for every i. We first consider the case when λ has more than k nonzero components, say for instance the first $k+1$. Then, for any $i = 1, \dots, k+1$, the vector $[\lambda]_i$ has at least k nonzero components and $\lambda_i \neq 0$. By the induction hypothesis, equality in (2.13) is possible only if $[\xi]_i$ is a multiple of $[\lambda]_i$. Since this must hold for every $i = 1, \dots, k+1$ and since $k+1 > 2$, we obtain that ξ is a scalar multiple of λ.

Let us now consider the case when λ has exactly k nonzero components, for instance the first k. By the induction hypothesis, $[\xi]_1$ and $[\lambda]_1$ satisfy either property (i) or property (ii). In both cases we find that the last $n-k$ components of $[\xi]_1$ are zero. Then the same holds for ξ. This shows that λ and ξ satisfy property (ii).

The case when λ has less than k nonzero components is excluded, since it would imply that $S_k(\lambda) = 0$ in contradiction with our assumption that $\lambda \in \Gamma_k$. ∎

We can now obtain a characterization of the cones Γ_k.

Proposition 2.6 *The sets Γ_k coincide with the connected component of $\{\lambda \in \mathbb{R}^n \ : \ S_k(\lambda) > 0\}$ containing the positive cone.*

Proof. Let us denote by G_k the connected component of the set $\{\lambda \in \mathbb{R}^n \ : \ S_k(\lambda) > 0\}$ containing the positive cone. Since Γ_k is convex, we deduce that $\Gamma_k \subset G_k$. On the other hand, it is known (see [3], [2]) that $G_k \subset G_{k-1}$ for any $k = 2, \dots, n$. This implies that $S_1, S_2, \dots, S_{k-1}$ are positive in G_k, and so $G_k \subset \Gamma_k$. ∎

Consider now a smooth n-dimensional immersed manifold $\mathcal{M}$, and let x be a local coordinate on $\mathcal{M}$. We denote as usual by $g = (g_{ij})$ the induced metric and by $A = (h_{ij})$ the second fundamental form A. Then the Weingarten operator $W : T_p\mathcal{M} \to T_p\mathcal{M}$ associated with g and A has coefficients $h^i_j = g^{il}h_{lj}$. We denote by $\lambda_1, \dots, \lambda_n$ the principal curvatures of $\mathcal{M}$, which are also the eigenvalues of W. They appear in the following formulas in a symmetric way and therefore the order in which we label them has no influence. Then, given $k = 1, \dots, n$, we can consider the function on $\mathcal{M}$ obtained by evaluating S_k at $(\lambda_1, \dots, \lambda_n)$. With an abuse of notation, we will use the same symbol S_k for the function of the eigenvalues λ_i, for the function of the matrix entries h^i_j, and for the function of the point x on the manifold, since it should always be clear from the context what we mean. Observe that in this way S_1 coincides with the mean curvature; therefore we will denote this function in the sequel by the usual letter H.

As we mentioned in the introduction, it is convenient for us to define some suitable perturbations of the quantities introduced above. Given $\varepsilon, D \geq 0$, let us define

$$\tilde{\lambda}_{i;\varepsilon,D} = \lambda_i + \varepsilon H + D, \qquad b_{ij;\varepsilon,D} = h_{ij} + g_{ij}(\varepsilon H + D). \tag{2.14}$$

We call $\tilde{A}_{\varepsilon,D}$ (resp. $\tilde{W}_{\varepsilon,D}$) the matrix whose entries are $b_{ij;\varepsilon,D}$ (resp. $b^i_{j;\varepsilon,D}$). Then $\tilde{\lambda}_1, \dots, \tilde{\lambda}_n$ are the eigenvalues of $\tilde{W}_{\varepsilon,D}$. We denote by $\tilde{S}_{k;\varepsilon,D}$ the functions on $\mathcal{M}$ obtained evaluating S_k at $\tilde{\lambda}_{\varepsilon,D}$ instead of λ. We will drop the subscript ε, D if there is no risk of confusion. From the definition it follows that

$$\tilde{H}_{\varepsilon,D} = \tilde{S}_{1;\varepsilon,D} = S_1(\tilde{\lambda}_{\varepsilon,D}) = (1 + n\varepsilon)H + nD,$$

$$|\tilde{A}_{\varepsilon,D}|^2 = \sum_{i=1}^{n} \tilde{\lambda}^2_{\varepsilon,D} = |A|^2 + n(\varepsilon H + D)^2 + 2H(\varepsilon H + D),$$

$$\tilde{S}_{2;\varepsilon,D} = S_2(\tilde{\lambda}_{\varepsilon,D}) = S_2 + (n-1)(\varepsilon H + D)H + \frac{n(n-1)}{2}(\varepsilon H + D)^2.$$

In general, we find

$$\tilde{S}_{k;\varepsilon,D} = \sum_{h=0}^{k} \binom{n-k+h}{h} (\varepsilon H + D)^h S_{k-h}. \tag{2.15}$$

As for the functions S_k, it should always be clear from the context whether $\tilde{S}_k$ has to be interpreted as a function of x, or of $\tilde{\lambda}$ or of $\tilde{W}$. By definition, we have

$$\frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} = \frac{\partial S_k}{\partial \lambda_i}(\tilde{\lambda}), \qquad \frac{\partial \tilde{S}_k}{\partial b^i_j} = \frac{\partial S_k}{\partial h^i_j}(\tilde{W}).$$

Let us also observe that

$$\nabla_l b_{ij} = \nabla_l h_{ij} + g_{ij}\varepsilon \nabla_l H,$$

and therefore the Codazzi equation does not hold for $\nabla_l b_{ij}$. It is also easy to check that $\nabla A = 0$ if and only if $\nabla \tilde{A} = 0$.

To simplify the notation, we assume that all following computations are performed in a coordinate system which is orthonormal at the point under consideration. Then we have $g_{ij} = \delta_{ij}$, $h^i_j = h_{ij}$, $b^i_j = b_{ij}$ at that point, and so we will make no distinction in our formulas between upper and lower indices.

We will denote by $\mathcal{M}_{\Gamma_k}$ the set of all points $x \in \mathcal{M}$ such that $(\lambda_1(x), \ldots, \lambda_n(x)) \in \Gamma_k$. Similarly, for given ε, D, we denote by $\mathcal{M}_{\tilde{\Gamma}_k}$ the set of points such that $(\tilde{\lambda}_1(x), \ldots, \tilde{\lambda}_n(x)) \in \Gamma_k$. On the set $\mathcal{M}_{\tilde{\Gamma}_k}$ we will consider the function $\tilde{Q}_{k+1} := \tilde{S}_{k+1}/\tilde{S}_k$.

Proposition 2.7 *The functions S_k are homogeneous polynomials of degree k of the quantities h_{ij}. Moreover we have, for any $i, j, k \in \{1, \ldots, n\}$, $\varepsilon \in [0, 1/n]$, $D \geq 0$,*

$$\nabla_i \left(\frac{\partial S_k}{\partial h_{ij}} \right) = 0. \tag{2.16}$$

$$\left| \nabla_i \left(\frac{\partial \tilde{S}_{k;\varepsilon,D}}{\partial b_{ij;\varepsilon,D}} \right) \right| \leq C(n) \left(\varepsilon |A|^{k-2} + D(|A|^{k-3} + D^{k-3}) \right) |\nabla \tilde{A}|. \tag{2.17}$$

Proof. Observe that

$$\det(tI + A) = t^n + S_1(A)t^{n-1} + \ldots + S_{n-1}(A)t + S_n(A).$$

This shows that $S_k(A)$ is the sum of subdeterminants of order $k \times k$ of A. In addition, a direct computation and an application of the Codazzi equation shows that

$$\nabla_i \left(\frac{\partial}{\partial h_{ij}} \det(tI + A) \right) = 0.$$

This proves (2.16). To obtain inequality (2.17), it suffices to estimate the quantity

$$\left| \nabla_i \frac{\partial (\tilde{S}_k - S_k)}{\partial h_{ij}} \right|$$

using formula (2.15). ∎

Now we investigate the relation between certain estimates from below for the polynomials S_k and other estimates for the perturbed functions $\tilde{S}_{k;\varepsilon,D}$. The interest of these results for our later purposes will be explained in Remark 2.11.

Lemma 2.8 *Let $\mathcal{M}$ have positive mean curvature and let $k \in \{2, \dots, n-1\}$ be given. Suppose that for any $\theta > 0$ there exists C_θ such that*

$$S_l \geq -\theta H^l - C_\theta, \qquad l = 2, \dots, k \tag{2.18}$$

everywhere on $\mathcal{M}$. Then for any $\varepsilon \in (0, 1/n]$ there exists $D_\varepsilon > 0$ such that

$$\tilde{S}_{k;\varepsilon,D_\varepsilon} \geq \frac{\varepsilon}{1+n\varepsilon}\frac{n-k+1}{k}\tilde{S}_{k-1;\varepsilon,D_\varepsilon}\tilde{H}_{\varepsilon,D_\varepsilon}. \tag{2.19}$$

Proof. Let $\varepsilon \in (0, 1/n]$ be given. By (2.15) we have on $\mathcal{M}$, for any $D > 0$,

$$\begin{aligned}
&\tilde{S}_{k;\varepsilon,D} - \frac{\varepsilon}{1+n\varepsilon}\frac{n-k+1}{k}\tilde{S}_{k-1;\varepsilon,D}\tilde{H}_{\varepsilon,D} \\
&= \sum_{h=0}^{k}\binom{n-k+h}{h}(\varepsilon H + D)^h S_{k-h} \\
&\quad -\frac{\varepsilon}{1+n\varepsilon}\frac{n-k+1}{k}\sum_{h=0}^{k-1}\binom{n-k+h+1}{h}(\varepsilon H + D)^h S_{k-1-h}\tilde{H} \\
&= S_k + \sum_{j=1}^{k}\binom{n-k+j}{j}(\varepsilon H + D)^{j-1} S_{k-j}\left(\frac{k-j}{k}\varepsilon H + \frac{k+(k-j)\varepsilon n}{k(1+n\varepsilon)}D\right).
\end{aligned}$$

We can now estimate the right–hand side using assumption (2.18) to obtain, for any $\theta > 0$

$$\begin{aligned}
&\tilde{S}_{k;\varepsilon,D} - \frac{\varepsilon}{1+n\varepsilon}\frac{n-k+1}{k}\tilde{S}_{k-1;\varepsilon,D}\tilde{H}_{\varepsilon,D} \\
&\geq -\theta H^k - C_\theta - \sum_{j=1}^{k-2}\binom{n-k+j}{j}(\varepsilon H + D)^j(\theta H^{k-j} + C_\theta) \\
&\quad +\binom{n-1}{k-1}(\varepsilon H + D)^{k-2} H\left(\frac{\varepsilon H}{k} + \frac{k+\varepsilon n}{k(1+\varepsilon n)}D\right) + \binom{n}{k}(\varepsilon H + D)^{k-1}\left(\frac{D}{1+\varepsilon n}\right) \\
&\geq -\binom{n-1}{k-1}\sum_{j=0}^{k-2}(\varepsilon H + D)^j(\theta H^{k-j} + C_\theta) + \frac{1}{2}\binom{n-1}{k-1}(\varepsilon H + D)^k \\
&= \binom{n-1}{k-1}\sum_{j=0}^{k-2}(\varepsilon H + D)^j\left(\frac{(\varepsilon H + D)^{k-j}}{2(k-1)} - (\theta H^{k-j} + C_\theta)\right).
\end{aligned}$$

Let us now define $\theta_\varepsilon = \varepsilon^k(2(k-1))^{-1}$ and $D_\varepsilon = 1 + 2(k-1)C_{\theta_\varepsilon}$. Then, since $(\varepsilon H + D)^{k-j} \geq (\varepsilon H)^{k-j} + D^{k-j}$, the right–hand side of the above formula is positive for $\theta = \theta_\varepsilon$ and for any $D \geq D_\varepsilon$. ∎

Lemma 2.9 *Let the assumptions of Lemma 2.8 be satisfied and let $H^2 \geq \alpha|A|^2$ on $\mathcal{M}$ for some $\alpha > 0$. Suppose in addition that, for any $\varepsilon \in (0, 1/n]$ and $\eta > 0$ there exist $C > 0, D > D_\varepsilon, \sigma > 0$ such that*

$$\frac{\tilde{Q}_{k+1;\varepsilon,D} + \eta\tilde{H}_{\varepsilon,D}}{\tilde{H}_{\varepsilon,D}^{1-\sigma}} > -C. \tag{2.20}$$

Then for any $\theta > 0$ there exists $C_\theta > 0$ such that

$$S_{k+1} \geq -\theta H^{k+1} - C_\theta. \tag{2.21}$$

Proof. Since we assume $D > D_\varepsilon$, all functions $\tilde S_l$ with $l = 1, \dots, k$ are positive by Lemma 2.8. In particular, since $\tilde S_2$ is positive, we have that $\tilde H^2 \geq |\tilde A|^2$. Then we deduce that $\tilde S_l \leq c_1 |\tilde A|^l \leq c_1 \tilde H^l$ for a suitable $c_1 = c_1(n) > 0$.

Inequality (2.20) can be rewritten as $\tilde Q_{k+1} > -\eta \tilde H - C\tilde H^{1-\sigma}$, which implies that $\tilde Q_{k+1} > -2\eta \tilde H - c_2$ for some $c_2 = c_2(C, \eta, \sigma) > 0$. From this we deduce that

$$\tilde S_{k+1} > -2\eta \tilde H \tilde S_k - c_2 \tilde S_k.$$

Observe that, by (2.15),

$$\tilde S_{k+1} \leq S_{k+1} + \varepsilon c_3 H^{k+1} + c_4(H^k + 1), \qquad \tilde H \tilde S_k \leq c_5 H^{k+1} + c_6(H^k + 1)$$

where c_3, c_5 depend on n, α and c_4, c_6 depend on n, α, D. Therefore

$$S_{k+1} > -c_7(\varepsilon + \eta) H^{k+1} - c_8(H^k + 1) > -2c_7(\varepsilon + \eta) H^{k+1} - c_9,$$

where $c_7 = c_7(n, \alpha)$, $c_9 = c_9(n, \alpha, D, C, \eta, \sigma)$. This proves the lemma, since ε and η can be taken arbitrarily small. ∎

Remark 2.10 It is clear from the above proofs that, if we have a family $\{\mathcal{M}_t\}$ of manifolds satisfying the hypotheses of the two previous lemmas with constants independent of t, then the conclusions also hold with a constant independent of t. We recall that, if $\{\mathcal{M}_t\}$ is a family of closed manifolds with positive mean curvature evolving by mean curvature flow, then inequality $H^2 \geq \alpha |A|^2$ is satisfied for some $\alpha > 0$ independent of t (see e.g. [12]).

Remark 2.11 We observe that the thesis of Lemma 2.9 allows to apply Lemma 2.8 with k replaced by $k + 1$. In addition, we recall that in [12] we proved that a family of hypersurfaces evolving by mean curvature flow fulfils property (2.18) for $k = 2$. Therefore, an iterative application of the two previous lemmas yields our main theorem 1.1, provided we are able to prove at each step that estimate (2.20) holds. This will be our aim in Section 3; to this purpose we need some properties of the functions $\tilde S_k$ which will be proved in the remainder of this section.

Following [1, Lemmas 2.22 and 7.12] we now derive some estimates exploiting the concavity of Q_{k+1}. To this purpose we fix a point on $\mathcal{M}$ and we choose a coordinate system such that h_{ij} (and therefore also b_{ij}) is diagonal at that point. Given $i, p \in \{1, \dots, n\}$, with $i \neq p$, let us denote by $\eta_{ip} \in \mathbb{R}^n$ the vector whose i-th component is 1, the p-th component is -1, and all other components are 0. Then we obtain, by a direct computation

$$\sum_{i,j,p,q,l} \frac{\partial^2 \tilde Q_{k+1}}{\partial b_{ij} \partial b_{pq}}(\tilde W) \nabla_l b_{ij} \nabla_l b_{pq} = \sum_{i,p,l} \frac{\partial^2 Q_{k+1}}{\partial \lambda_i \partial \lambda_p}(\tilde\lambda) \nabla_l b_{ii} \nabla_l b_{pp} + \sum_{\substack{i,p,l \\ i \neq p}} G_{ip}(\tilde\lambda) (\nabla_l b_{ip})^2, \tag{2.22}$$

where we have set, for $i \neq p$,

$$G_{ip}(\tilde\lambda) = \frac{1}{2} \int_0^1 \frac{\partial^2 Q_{k+1}}{\partial \eta_{ip}^2} \left(\tilde\lambda + \theta \frac{\tilde\lambda_p - \tilde\lambda_i}{2} \eta_{ip} \right) d\theta. \tag{2.23}$$

Lemma 2.12 *Given $\tilde\lambda \in \Gamma_k$ we have $G_{ip}(\tilde\lambda) \leq 0$, with equality only if $\tilde\lambda$ has exactly k nonzero entries and $\tilde\lambda_i \neq 0$, $\tilde\lambda_p \neq 0$.*

Proof. We observe that $S_1(\eta_{ip}) = 0$ and so no scalar multiple of η_{ip} belongs to Γ_k. Then the result is a direct consequence of Theorem 2.5. ∎

Lemma 2.13 *Let $\mu \in \Gamma_k$ satisfy $S_{k+1}(\mu) < 0$ and let a_{lip} be a nonzero totally symmetric tensor. Given $\varepsilon \geq 0$, set*

$$\tilde{a}_{lip} = a_{lip} + \varepsilon \delta_{ip} \sum_{h=1}^{n} a_{lhh},$$

$$J(\mu, a, \varepsilon) = \sum_{i,p,l} \frac{\partial^2 Q_{k+1}}{\partial \lambda_i \partial \lambda_p}(\mu) \tilde{a}_{lii} \tilde{a}_{lpp} + \sum_{\substack{i,p,l \\ i \neq p}} G_{ip}(\mu)(\tilde{a}_{lip})^2,$$

where G_{ip} is defined as in (2.23). Then $J(\mu, a, \varepsilon) < 0$.

Proof. From Theorem 2.5 and Lemma 2.12 we immediately obtain that $J(\mu, a, \varepsilon) \leq 0$. Let us now prove that the inequality is strict. We have by assumption $S_l(\mu) > 0$ for any $l = 1, \ldots, k$ and $S_{k+1}(\mu) < 0$. We deduce in particular that at least $k+1$ components of μ are nonzero. By Lemma 2.12, $G_{ip}(\mu) < 0$ for any $i \neq p$; thus, $J(\mu, a, \varepsilon)$ can vanish only if $\tilde{a}_{lip} = 0$ for all l and all $i \neq p$. Since $\tilde{a}_{lip} = a_{lip}$ for $i \neq p$ and a_{lip} is symmetric, we deduce that

$$a_{lip} = 0 \text{ unless } l = i = p. \tag{2.24}$$

By assumption a_{lip} is not identically zero; therefore a_{lll} must be nonzero for some l. Let us assume for instance that $a_{111} \neq 0$. We deduce from equation (2.24) that $\sum_{h=1}^{n} a_{1hh} = a_{111}$, and so

$$\tilde{a}_{1ii} = (\delta_{i1} + \varepsilon) a_{111}, \qquad 1 \leq i \leq n. \tag{2.25}$$

From Theorem 2.5 we deduce that $J(\mu, a, \varepsilon)$ can vanish only if the vector $(\tilde{a}_{1ii})_{1 \leq i \leq n}$ is a scalar multiple of μ. This implies, by (2.25), that the components of μ have all the same sign. This contradicts the assumption that $S_1(\mu) > 0$, $S_{k+1}(\mu) < 0$. ∎

Theorem 2.14 *At any point $x \in \mathcal{M}_{\widetilde{\Gamma}_k}$ we have*

$$\sum_{i,j,p,q,l} \frac{\partial^2 \tilde{Q}_{k+1}}{\partial b_{ij} \partial b_{pq}} \nabla_l b_{ij} \nabla_l b_{pq} \leq 0. \tag{2.26}$$

Moreover, given $c > \eta > 0$ there exists a constant $C = C(c, \eta, n)$ such that, for any $\varepsilon \in [0, 1]$, for any $D \geq 0$, and for any point $x \in \mathcal{M}_{\widetilde{\Gamma}_k}$ satisfying $-c\tilde{H}(x) < \tilde{Q}_{k+1}(x) < -\eta \tilde{H}(x)$, we have

$$\sum_{i,j,p,q,l} \frac{\partial^2 \tilde{Q}_{k+1}}{\partial b_{ij} \partial b_{pq}} \nabla_l b_{ij} \nabla_l b_{pq} \leq -\frac{1}{C} \frac{|\nabla \tilde{A}|^2}{|\tilde{A}|}.$$

Proof. The weak inequality in (2.26) follows from formula (2.22), Theorem 2.5 and Lemma 2.12. To prove the second assertion, we proceed as follows. We denote by E the set of all elements $(\mu, a, \varepsilon) \in \Gamma_k \times (\mathbb{R}^n \otimes \mathbb{R}^n \otimes \mathbb{R}^n) \times [0, 1]$ with the following properties.

(i) The vector μ satisfies $-cS_1(\mu)S_k(\mu) \leq S_{k+1}(\mu) \leq -\eta S_k(\mu)S_1(\mu)$.

(ii) The tensor $a = (a_{lip})$ is totally symmetric.

(iii) $|\mu| = |a| = 1$.

Let us define the tensor $\tilde{a}$ and the function $J(\mu, a, \varepsilon)$ as in the previous lemma. Then the function $J(\mu, a, \varepsilon)$ is everywhere negative on E. Since E is compact, we deduce that there exists $C > 0$ such that

$$J(\mu, a, \varepsilon) \leq -\frac{1}{C}\frac{|\tilde{a}|^2}{|\mu|}.$$

for any $(\mu, a, \varepsilon) \in E$. By homogeneity, such an inequality remains true if we drop property (iii) in the definition of E and assume instead only $\mu \neq 0$. This inequality, with $\mu = \tilde{\lambda}_{\varepsilon,D}$ and $a_{lip} = \nabla_l h_{ip}$ proves the theorem, thanks to formula (2.22). ∎

Lemma 2.15 *Given $\varepsilon, D \geq 0$ we have*

$$\begin{aligned}
\sum_{i,j} \frac{\partial \tilde{S}_k}{\partial b_{ij}} \nabla_i \nabla_j \tilde{S}_{k+1} &= \sum_{i,j,p,q,l,m} \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial^2 \tilde{S}_{k+1}}{\partial b_{lm} \partial b_{pq}} \nabla_i b_{lm} \nabla_j b_{pq} + \sum_{i,j,l,m} \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} \nabla_l \nabla_m b_{ij} \\
&+ \frac{\varepsilon}{1+n\varepsilon} \sum_{i,j} \left((n-k)\tilde{S}_k \frac{\partial \tilde{S}_k}{\partial b_{ij}} - (n-k+1)\tilde{S}_{k-1} \frac{\partial \tilde{S}_{k+1}}{\partial b_{ij}} \right) \nabla_i \nabla_j \tilde{H} \\
&- \tilde{H}\tilde{S}_k\tilde{S}_{k+1} + (k+1)\tilde{S}_{k+1}^2 + k[(k+1)\tilde{S}_{k+1}^2 - (k+2)\tilde{S}_k\tilde{S}_{k+2}] \\
&+ \left(\frac{\varepsilon\tilde{H} + D}{1+n\varepsilon} \right)^2 [(k+1)(n-k+1)\tilde{S}_{k+1}\tilde{S}_{k-1} - k(n-k)\tilde{S}_k^2] \\
&+ \left(\frac{\varepsilon\tilde{H} + D}{1+n\varepsilon} \right) [(n-k)\tilde{S}_k(\tilde{H}\tilde{S}_k - (k+1)\tilde{S}_{k+1}) \\
&\qquad + (n-k+1)\tilde{S}_{k-1}((k+2)\tilde{S}_{k+2} - \tilde{H}\tilde{S}_{k+1})].
\end{aligned}$$

Proof. Throughout the proof we use the summation convention for repeated indices (except of course for the index k appearing in $\tilde{S}_k$). We have

$$\frac{\partial \tilde{S}_k}{\partial b_{ij}} \nabla_i \nabla_j \tilde{S}_{k+1} = \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial^2 \tilde{S}_{k+1}}{\partial b_{lm} \partial b_{pq}} \nabla_i b_{lm} \nabla_j b_{pq} + \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} \nabla_i \nabla_j b_{lm}. \tag{2.27}$$

We recall the commutation identity

$$\nabla_i \nabla_j h_{lm} - \nabla_l \nabla_m h_{ij} = h_{ij} h_{lr} h_{rm} - h_{lm} h_{ir} h_{rj} + h_{im} h_{lr} h_{rj} - h_{lj} h_{mr} h_{ri}.$$

Then we obtain

$$\begin{aligned}
&\frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} \nabla_i \nabla_j b_{lm} - \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} \nabla_l \nabla_m b_{ij} \\
&= \varepsilon \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} (\delta_{lm} \nabla_i \nabla_j H - \delta_{ij} \nabla_l \nabla_m H) \\
&\quad + \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} (h_{ij} h_{lr} h_{rm} - h_{lm} h_{ir} h_{rj} + h_{im} h_{lr} h_{rj} - h_{lj} h_{mr} h_{ri}).
\end{aligned} \tag{2.28}$$

From the general identity

$$\frac{\partial \tilde{S}_k}{\partial b_{ij}}\delta_{ij} = (n-k+1)\tilde{S}_{k-1}, \qquad k \in \{1,\ldots,n\}$$

we deduce that

$$\begin{aligned}
&\varepsilon \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} (\delta_{lm}\nabla_i\nabla_j H - \delta_{ij}\nabla_l\nabla_m H) \\
&= \varepsilon \left((n-k)\tilde{S}_k \frac{\partial \tilde{S}_k}{\partial b_{ij}} - (n-k+1)\tilde{S}_{k-1}\frac{\partial \tilde{S}_{k+1}}{\partial b_{ij}} \right) \nabla_i\nabla_j H. \qquad (2.29)
\end{aligned}$$

To evaluate the other term on the right hand side of (2.28) we choose a coordinate system such that h_{ij} is diagonal at x, that is, $h_{ij} = \delta_{ij}\lambda_i$. We find

$$\begin{aligned}
&\frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}} (h_{ij}h_{lr}h_{rm} - h_{lm}h_{ir}h_{rj} + h_{im}h_{lr}h_{rj} - h_{lj}h_{mr}h_{ri}) \\
&= \frac{\partial \tilde{S}_k}{\partial b_{ii}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{mm}} (\lambda_i\lambda_m^2 - \lambda_i^2\lambda_m) + \frac{\partial \tilde{S}_k}{\partial b_{ij}} \frac{\partial \tilde{S}_{k+1}}{\partial b_{ij}} (\lambda_i\lambda_j^2 - \lambda_i^2\lambda_j) \\
&= \frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} \frac{\partial \tilde{S}_{k+1}}{\partial \tilde{\lambda}_m} (\lambda_i\lambda_m^2 - \lambda_i^2\lambda_m) \\
&= \frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} \frac{\partial \tilde{S}_{k+1}}{\partial \tilde{\lambda}_m} (\tilde{\lambda}_i\tilde{\lambda}_m^2 - \tilde{\lambda}_i^2\tilde{\lambda}_m) + (\varepsilon H + D)^2 \frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} \frac{\partial \tilde{S}_{k+1}}{\partial \tilde{\lambda}_m} (\tilde{\lambda}_m - \tilde{\lambda}_i) \\
&\quad + (\varepsilon H + D) \frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} \frac{\partial \tilde{S}_{k+1}}{\partial \tilde{\lambda}_m} (\tilde{\lambda}_i^2 - \tilde{\lambda}_m^2). \qquad (2.30)
\end{aligned}$$

Now we can use identities (2.3), (2.6) and (2.7) to obtain

$$\begin{aligned}
&\frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} \frac{\partial \tilde{S}_{k+1}}{\partial \tilde{\lambda}_m} (\tilde{\lambda}_i\tilde{\lambda}_m^2 - \tilde{\lambda}_i^2\tilde{\lambda}_m) \\
&= k\tilde{S}_k \sum_{m=1}^{n} \tilde{S}_{k;m}\tilde{\lambda}_m^2 - (k+1)\tilde{S}_{k+1}\sum_{i=1}^{n}\tilde{\lambda}_i^2\tilde{S}_{k-1;i} \\
&= k\tilde{S}_k(\tilde{H}\tilde{S}_{k+1} - (k+2)\tilde{S}_{k+2}) - (k+1)\tilde{S}_{k+1}(\tilde{H}\tilde{S}_k - (k+1)\tilde{S}_{k+1}) \\
&= -\tilde{H}\tilde{S}_k\tilde{S}_{k+1} + (k+1)\tilde{S}_{k+1}^2 + k[(k+1)\tilde{S}_{k+1}^2 - (k+2)\tilde{S}_k\tilde{S}_{k+2}]. \qquad (2.31)
\end{aligned}$$

Similarly, using (2.5) and (2.6) we find

$$\begin{aligned}
\frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} \frac{\partial \tilde{S}_{k+1}}{\partial \tilde{\lambda}_m} (\tilde{\lambda}_m - \tilde{\lambda}_i) &= (k+1)\tilde{S}_{k+1}\sum_{i=1}^{n}\tilde{S}_{k-1;i} - k\tilde{S}_k\sum_{m=1}^{n}\tilde{S}_{k;m} \\
&= (k+1)(n-k+1)\tilde{S}_{k+1}\tilde{S}_{k-1} - k(n-k)\tilde{S}_k^2, \qquad (2.32)
\end{aligned}$$

while we deduce from (2.5) and (2.7)

$$\begin{aligned}
\frac{\partial \tilde{S}_k}{\partial \tilde{\lambda}_i} \frac{\partial \tilde{S}_{k+1}}{\partial \tilde{\lambda}_m} (\tilde{\lambda}_i^2 - \tilde{\lambda}_m^2) &= (n-k)\tilde{S}_k\sum_{i=1}^{n}\tilde{S}_{k-1;i}\tilde{\lambda}_i^2 - (n-k+1)\tilde{S}_{k-1}\sum_{m=1}^{n}\tilde{S}_{k;m}\tilde{\lambda}_m^2 \\
&= (n-k)\tilde{S}_k(\tilde{H}\tilde{S}_k - (k+1)\tilde{S}_{k+1}) \\
&\quad -(n-k+1)\tilde{S}_{k-1}(\tilde{H}\tilde{S}_{k+1} - (k+2)\tilde{S}_{k+2}). \qquad (2.33)
\end{aligned}$$

From (2.27), (2.28), (2.29), (2.30), (2.31), (2.32) and (2.33) we obtain our conclusion. ∎

Corollary 2.16 *Suppose that the assumptions of Lemma 2.8 are satisfied. Let* $\eta, D, \varepsilon \geq 0$. *Suppose that*

$$\varepsilon \leq \min\left\{\frac{1}{n}, \sqrt{\frac{\eta}{2k(n-k)}}\right\}, \qquad D \geq D_\varepsilon,$$

where D_ε *is given from Lemma 2.8. Then we have, at any point* $x \in \mathcal{M}$ *such that* $\tilde{Q}_{k+1}(x) < -\eta\tilde{H}(x)$,

$$\begin{aligned}\sum_{i,j}\frac{\partial \tilde{S}_k}{\partial b_{ij}}\nabla_i\nabla_j\tilde{S}_{k+1} \;>\; & \sum_{i,j,p,q,l,m}\frac{\partial \tilde{S}_k}{\partial b_{ij}}\frac{\partial^2\tilde{S}_{k+1}}{\partial b_{lm}\partial b_{pq}}\nabla_i b_{lm}\nabla_j b_{pq} + \sum_{i,j,l,m}\frac{\partial \tilde{S}_k}{\partial b_{ij}}\frac{\partial \tilde{S}_{k+1}}{\partial b_{lm}}\nabla_l\nabla_m b_{ij}\\ & + \frac{\varepsilon}{1+n\varepsilon}\sum_{i,j}\left((n-k)\tilde{S}_k\frac{\partial \tilde{S}_k}{\partial b_{ij}} - (n-k+1)\tilde{S}_{k-1}\frac{\partial \tilde{S}_{k+1}}{\partial b_{ij}}\right)\nabla_i\nabla_j H\\ & + (k+1)\tilde{S}_{k+1}^2 + \frac{\eta}{2}\tilde{H}^2\tilde{S}_k^2 - CD|\tilde{A}|^{2k}(D+|\tilde{A}|).\end{aligned}$$

where $C = C(n)$.

Proof. Let us consider the identity given by the previous Lemma. We have to estimate the polynomials of maximum degree $2k+2$ appearing in the right–hand side. By hypothesis we have $\tilde{S}_l > 0$ at x for $l = 1, \ldots, k$ and $\tilde{S}_{k+1} < -\eta\tilde{H}\tilde{S}_k$. This implies

$$-\tilde{H}\tilde{S}_k\tilde{S}_{k+1} \geq \eta\tilde{H}^2\tilde{S}_k^2, \qquad (\varepsilon\tilde{H}+D)\tilde{S}_k(\tilde{H}\tilde{S}_k - (k+1)\tilde{S}_{k+1}) > 0.$$

Grouping the two terms containing the factor $\tilde{H}^2\tilde{S}_{k-1}\tilde{S}_{k+1}$ we obtain the contribution

$$\frac{\varepsilon(n-k+1)}{(1+n\varepsilon)^2}\tilde{H}^2\tilde{S}_{k-1}\tilde{S}_{k+1}((k+1)\varepsilon - (1+n\varepsilon)),$$

which is positive, since $\varepsilon \leq 1/(k+1)$. In addition we have

$$-\frac{\varepsilon^2 k(n-k)}{(1+n\varepsilon)^2}\tilde{H}^2\tilde{S}_k^2 > -\frac{\eta}{2}\tilde{H}^2\tilde{S}_k^2.$$

It remains to estimate the term

$$k(k+1)\tilde{S}_{k+1}^2 - k(k+2)\tilde{S}_k\tilde{S}_{k+2} + \frac{\varepsilon}{1+n\varepsilon}\tilde{H}(n-k+1)(k+2)\tilde{S}_{k-1}\tilde{S}_{k+2}.$$

Let us first suppose that $\tilde{S}_{k+2} > 0$. Then the third term is clearly positive, while the sum of the first two is positive by Newton's inequality (2.8). Suppose instead that $\tilde{S}_{k+2} \leq 0$. Then the first term is positive, and the sum of the second and the third is nonnegative by Lemma 2.8. This concludes the proof. ∎

3 The a priori estimates

Let $F : \mathcal{M} \times [0,T[\to \mathbb{R}^{n+1}$ be a solution of mean curvature flow (1.1)–(1.2) with closed, smoothly immersed evolving surfaces $\mathcal{M}_t = F(\cdot,t)(\mathcal{M})$. The induced metric $g = \{g_{ij}\}$, the surface measure $d\mu$ and the second fundamental form $A = \{h_{ij}\}$ satisfy the evolution equations previously computed in [8]:

Lemma 3.1 *We have the evolution equations*

(i) $\frac{\partial}{\partial t} g_{ij} = -2Hh_{ij}$,

(ii) $\frac{\partial}{\partial t}\, d\mu = -H^2 d\mu$,

(iii) $\frac{\partial}{\partial t} h_{ij} = \Delta h_{ij} - 2Hh_{il}h^l_j + |A|^2 h_{ij}$.

If we consider the Weingarten map $W : T_p\mathcal{M} \to T_p\mathcal{M}$ associated with A and g, given by the matrix $\{h^i_j\} = \{g^{il}h_{lj}\}$, and let $P = P(W)$ be any invariant symmetric homogeneous polynomial as considered in Section 2, then Lemma 3.1 implies:

Corollary 3.2 *If $W = \{h^i_j\}$ is the Weingarten map and $P(W)$ is an invariant polynomial of degree α, i.e. $P(\rho W) = \rho^\alpha P(W)$, then*

(i) $\frac{\partial}{\partial t} h^i_j = \Delta h^i_j + |A|^2 h^i_j$,

(ii) $\frac{\partial}{\partial t} P = \Delta P - \dfrac{\partial^2 P}{\partial h_{ij}\, \partial h_{pq}} \nabla_l h_{ij} \nabla_l h_{pq} + \alpha |A|^2 P$.

Let us first consider the case of an initial surface $\mathcal{M}_0 = F_0(\mathcal{M})$ satisfying $S_k(W) \geq 0$ for some $k, 1 \leq k \leq n$. The following two propositions, although not needed for the proof of the main theorem 1.1, are of independent interest and demonstrate that the elementary symmetric functions provide natural curvature conditions for the flow.

Proposition 3.3

(i) *If $S_k \geq 0$ on any closed hypersurface $\mathcal{M} \subset \mathbb{R}^{n+1}$ for some $k, 1 \leq k \leq n$, then also $S_l \geq 0$ for all $1 \leq l \leq k$. The same result holds for the case of strict inequalities.*

(ii) *If $S_k \geq 0$ on $\mathcal{M}_0$ for some $k, 1 \leq k \leq n$, then the strict inequalities $S_l > 0$, $1 \leq l \leq k$, hold on $\mathcal{M}_t$ for each $t \in]0,T[$.*

Proof. **(i)** For a closed $\mathcal{M} \subset \mathbb{R}^{n+1}$ each connected component admits at least one strictly convex point $p_0 \in \mathcal{M}$ where $S_l(p_0) > 0$ for all $1 \leq l \leq n$. The claim then follows since the cones Γ_l introduced in Section 2 are connected and satisfy $\Gamma_l \subset \Gamma_k$ for all $1 \leq k < l \leq n$.
(ii) The argument is an iterative application of the maximum principle: First observe that the mean curvature $S_1 = H$ satisfies the evolution equation

$$\frac{\partial H}{\partial t} = \Delta H + |A|^2 H \tag{3.1}$$

implying strict positivity of H for all $t > 0$ in view of the strict parabolic maximum principle and the fact that there is at least one strictly convex point on $\mathcal{M}$. Also notice that the evolution

equation in Corollary 3.2(i) preserves any of the closed convex cones $\bar{\Gamma}_l$ by a general result due to Hamilton ([4, Sect. 4]). Now suppose that we have already shown $S_{l-1} > 0$ for some $l \geq 2$ and consider for $t \geq t_0 > 0$ the quotient $Q_l = S_l/S_{l-1}$. By Corollary 3.2(ii) we have the evolution equation

$$\frac{\partial}{\partial t} Q_l = \Delta Q_l - \frac{\partial^2 Q_l}{\partial h_{ij} \partial h_{pq}} \nabla_l h_{ij} \nabla_l h_{pq} + |A|^2 Q_l \tag{3.2}$$

and the second term on the RHS is nonnegative since Q_l is concave by Theorem 2.5. Since we already know that Q_l remains nonnegative, it now follows from the strict parabolic maximum principle that $Q_l > 0$ on $]0, T[$ and the iteration may be continued. ∎

Now suppose that $S_l, 1 \leq l \leq k$, is already strictly positive on $\mathcal{M}_0$ for some $k, 2 \leq k \leq n$. Then there are constants $\varepsilon_l > 0$ for $2 \leq l \leq k$ such that on $\mathcal{M}_0$

$$S_l \geq \varepsilon_l H S_{l-1}. \tag{3.3}$$

We show that this uniform estimate on the curvature is also preserved by the flow:

Proposition 3.4 *If on the initial surface $\mathcal{M}_0$ the inequalities $S_l \geq \varepsilon_l H S_{l-1}$ hold for constants $\varepsilon_l > 0, 2 \leq l \leq k$, then the same inequalities continue to hold on $[0, T[$.*

Proof. In view of (3.1) and (3.2) the quantity $g = Q_l - \varepsilon_l H$ satisfies the inequality

$$\frac{\partial g}{\partial t} \geq \Delta g + |A|^2 g, \tag{3.4}$$

where we used the concavity of Q_l. The result is then a direct consequence of the maximum principle. Note that the result can also be deduced from a general result of Hamilton [4], since the inequality describes a convex cone in the space of symmetric 2–tensors. ∎

To prove the main theorem 1.1, we will use an iterative procedure employing quotients of consecutive elementary symmetric polynomials similar as in the proof of Proposition 3.3. The first step of the iteration is contained in [12], where we showed that S_2 satisfies the desired estimate if the initial data have nonnegative mean curvature:

For all $\theta > 0$ there is C_θ depending only on θ and $\mathcal{M}_0$ such that

$$S_2 \geq -\theta S_1^2 - C_\theta. \tag{3.5}$$

Note that Smoczyk showed in [14] that it is sufficient to assume a lower bound for the mean curvature and a growth rate linear in H^2 for the squared norm of the second fundamental form to derive this estimate.

Now suppose that $2 \leq k \leq n-1$ is given and that the desired estimate has already been established for all $2 \leq l \leq k$, i.e. for all $\theta > 0$ there is $C_{\theta,l}$ with

$$S_l \geq -\theta H^l - C_{\theta,l}. \tag{3.6}$$

To derive the lower bound for S_{k+1}, we have to overcome the difficulty that S_k is not quite positive and therefore Q_{k+1} is not well defined on the evolving surfaces. We study a perturbed second fundamental form $\tilde{A} = \tilde{A}_{\varepsilon,D} = \{b_{ij}\}$ as already discussed in Section 2,

$$b_{ij} = b_{ij;\varepsilon,D} = h_{ij} + \varepsilon H g_{ij} + D g_{ij}, \tag{3.7}$$

where $\varepsilon > 0, D > 0$ are constants to be chosen appropriately. We will then denote by $\tilde{H}, \tilde{S}_l, \tilde{Q}_l$ the invariant polynomials of $\tilde{A} = \tilde{A}_{\varepsilon,D}$, indicating the dependence on ε, D explicitly only where necessary.

In view of Lemma 2.8 and assumption (3.6) there is $C_n > 0$ depending only on n such that for all $\varepsilon > 0$ we may choose $D = D_\varepsilon$ so large that for all $2 \leq l \leq k$

$$\tilde{S}_l = \tilde{S}_{l,\varepsilon,D_\varepsilon} \geq C_n\, \varepsilon^{l-1} \tilde{H}^l \quad \text{and} \quad \tilde{S}_l \geq C_n\, \varepsilon \tilde{H} \tilde{S}_{l-1}. \tag{3.8}$$

Note that D_ε depends on $C_{\theta,l}$ for $2 \leq l \leq k$ and hence on the estimates established in previous steps; in particular D_ε depends on the initial data.

The quotient $\tilde{Q}_{k+1} = \tilde{S}_{k+1}/\tilde{S}_k$ is now well defined and we infer from the first inequality in (3.8) that for every $\varepsilon > 0$ there is a constant $C_0 = C_0(\varepsilon, n)$ such that

$$|-\tilde{Q}_{k+1}| \leq C(n,k,\varepsilon)\tilde{H}. \tag{3.9}$$

Here we also used the fact that in view of (3.8) in case $l = 2$ we always have the inequality

$$|A|^2 \leq |\tilde{A}|^2 \leq \tilde{H}^2. \tag{3.10}$$

For future reference we also note that in view of (3.8) and (3.10)

$$\left| \frac{\partial \tilde{S}_k}{\partial b_{ij}}\, \xi^i\, \zeta^j \right| \leq C(n,k,\varepsilon)\tilde{H}^{k-1}|\xi|\,|\zeta|. \tag{3.11}$$

In the following we will assume that for each $\varepsilon > 0$ the constant D_ε in the definition of the perturbed second fundamental form is fixed once and for all such that the inequalities (3.8) hold and therefore (3.9)–(3.11) hold with fixed constants $C(n,k,\varepsilon)$.

In view of Lemma 3.1 and Corollary 3.2 we have the evolution equations

$$\begin{aligned} \frac{\partial}{\partial t} b_{ij} &= \Delta b_{ij} - 2H h_{il} b^l_j + |A|^2 b_{ij} - D|A|^2 g_{ij} \\ \frac{\partial}{\partial t} b^i_j &= \Delta b^i_j + |A|^2 b^i_j - D|A|^2 \delta^i_j. \end{aligned}$$

Hence if P is a symmetric homogeneous function of degree α satisfying the evolution equation in Corollary 3.2 (ii), then the corresponding function $\tilde{P}$ of $\{b_{ij}\}$ satisfies the equation

$$\frac{\partial}{\partial t}\tilde{P} = \Delta \tilde{P} - \frac{\partial^2 \tilde{P}}{\partial b_{ij}\partial b_{pq}} \nabla_l b_{ij} \nabla_l b_{pq} + \alpha |A|^2 \tilde{P} - D|A|^2 tr\Big(\frac{\partial \tilde{P}}{\partial b_{ij}}\Big). \tag{3.12}$$

To prove the estimate (3.6) now for $l = k+1$ we first fix an arbitrary $0 < \eta \leq 1$ and then consider for $0 \leq \sigma \leq 1/2$, $\varepsilon \geq 0$ the function

$$f = f_{\sigma,\varepsilon,D_\varepsilon} = \Big(\frac{-\tilde{Q}_{k+1} - \eta \tilde{H}}{\tilde{H}^{1-\sigma}}\Big). \tag{3.13}$$

Notice that for $k = 1, \varepsilon = D_\varepsilon = 0$ this agrees with the choice of testfunction in [12]. From (3.12) we derive the following evolution equation in a straightforward calculation, where from now on we write $\tilde{Q}$ for $\tilde{Q}_{k+1}$:

$$\begin{aligned} \frac{\partial f}{\partial t} &= \Delta f + \frac{2(1-\sigma)}{\tilde{H}} \langle \nabla \tilde{H}, \nabla f \rangle - \frac{\sigma(1-\sigma)}{\tilde{H}^2}\, f\, |\nabla \tilde{H}|^2 \\ &\quad + \frac{1}{\tilde{H}^{1-\sigma}} \frac{\partial^2 \tilde{Q}}{\partial b_{ij}\, \partial b_{pq}} \nabla_m b_{ij}\, \nabla_m b_{pq} + \sigma |A|^2 f + D_\varepsilon |A|^2 tr\left(\frac{\partial}{\partial b_{ij}} \Big(\frac{\tilde{Q} + \eta \tilde{H}}{\tilde{H}^{1-\sigma}} \Big) \right). \end{aligned} \tag{3.14}$$

In view of the estimates (3.8)–(3.11) the last term on the RHS of this equation can be estimated by

$$D_\varepsilon |A|^2 tr\left(\frac{\partial}{\partial b_{ij}}\left(\frac{\tilde{Q}+\eta\tilde{H}}{\tilde{H}^{1-\sigma}}\right)\right) \leq C(n,k,\varepsilon) D_\varepsilon \tilde{H}^{1+\sigma}. \tag{3.15}$$

We now establish L^p - estimates for the quantity $f_+ = \max(f,0)$.

Lemma 3.5 *There are positive constants c_2 and c_3 depending only on n,k,η,ε such that for any $p \geq c_2$ there are constants c_4 and c_5 depending only on $n,k,p,\eta,\varepsilon,D_\varepsilon$ and σ, such that we have the inequality*

$$\begin{aligned}\frac{d}{dt}\int_{\mathcal{M}_t} f_+^p \, d\mu &\leq -\frac{p(p-1)}{2}\int_{\mathcal{M}_t} f_+^{p-2}|\nabla f|^2 \, d\mu - \frac{p}{c_3}\int_{\mathcal{M}_t}\frac{f_+^{p-1}}{\tilde{H}^{2-\sigma}}|\nabla\tilde{H}|^2 d\mu \\ &\quad +2p\sigma\int_{\mathcal{M}_t}|\tilde{H}|^2 f_+^p \, d\mu + c_4\int_{\mathcal{M}_t} f_+^p \, d\mu + c_5\int_{\mathcal{M}_t} d\mu.\end{aligned}$$

Proof. For $p \geq 3$ we derive from (3.14), (3.15) and Lemma 3.1 (ii)

$$\begin{aligned}\frac{d}{dt}\int f_+^p \, d\mu &\leq -p(p-1)\int f_+^{p-2}|\nabla f|^2 \, d\mu + 2(1-\sigma)p\int\frac{f_+^{p-1}}{\tilde{H}}\langle\nabla\tilde{H},\nabla f\rangle \, d\mu \\ &\quad +p\int_{\mathcal{M}_t}\frac{f_+^{p-1}}{\tilde{H}^{1-\sigma}}\,\frac{\partial^2\tilde{Q}}{\partial b_{ij}\,\partial b_{pq}}\nabla_m b_{ij}\,\nabla_m b_{pq}\,d\mu \\ &\quad +p\sigma\int|A|^2 f_+^p \, d\mu + p\,C(n,k,\varepsilon)D_\varepsilon\int\tilde{H}^{1+\sigma}f_+^{p-1}\,d\mu.\end{aligned}$$

On the set where $f > 0$ we have the inequalities $-C(n,k,\varepsilon)\tilde{H} \leq \tilde{Q}_{k+1} < -\eta\tilde{H}$, such that on this set by Theorem 2.14

$$\frac{\partial^2\tilde{Q}}{\partial b_{ij}\,\partial b_{pq}}\nabla_m b_{ij}\,\nabla_m b_{pq} \leq -\frac{1}{c_1}\frac{|\nabla\tilde{A}|^2}{\tilde{H}} \tag{3.16}$$

with a constant $c_1 = c_1(n,k,\varepsilon,\eta)$. For $p \geq \max\{2, 1+4nc_1\}$, $c_3 = 2c_1$, the terms involving derivatives of curvature may then be estimated as desired since $|\nabla\tilde{A}|^2 \geq (1/n)|\nabla\tilde{H}|^2$.

Furthermore we use Young's inequality to estimate

$$\begin{aligned}f_+^{p-1}\tilde{H}^{1+\sigma} &\leq \sigma f_+^p\tilde{H}^2 + C(\sigma)f_+^{p-(2/(1-\sigma))} \\ &\leq \sigma f_+^p\tilde{H}^2 + C(\sigma)f_+^p + C(\sigma,p).\end{aligned}$$

The conclusion then follows from (3.10). ∎

To absorb the positive integrals on the RHS of the inequality just established, we use the commutator of the second derivatives of $\{h_{ij}\}$ to derive a Poincaré–type estimate:

Proposition 3.6 *There exists a constant c_6 depending only on n,k,ε, such that for any $p > 2$, $\beta > 0$*

$$\begin{aligned}\frac{1}{c_6}\int_{\mathcal{M}_t}\tilde{H}^2 f_+^p \, d\mu &\leq \left(p+\frac{p}{\beta}\right)\int_{\mathcal{M}_t} f_+^{p-2}|\nabla f|^2 \, d\mu + (1+\beta p)\int_{\mathcal{M}_t}\frac{f_+^{p-1}}{\tilde{H}^{2-\sigma}}|\nabla\tilde{A}|^2 \, d\mu \\ &\quad +\int_{\mathcal{M}_t} f_+^p \, d\mu.\end{aligned}$$

Proof. From the definition of f in (3.13) we compute

$$\begin{aligned}\nabla_j f &= -\tilde{H}^{\sigma-1}\tilde{S}_k^{-1}\nabla_j\tilde{S}_{k+1} + \tilde{H}^{\sigma-1}\tilde{S}_k^{-2}\tilde{S}_{k+1}\nabla_j\tilde{S}_k \\ &\quad -\eta\tilde{H}^{\sigma-1}\nabla_j\tilde{H} + (\sigma-1)\tilde{H}^{-1}f\,\nabla_j\tilde{H},\end{aligned}$$

as well as

$$\begin{aligned}\nabla_i\nabla_j f &= -\tilde{H}^{\sigma-1}\tilde{S}_k^{-1}\nabla_i\nabla_j\tilde{S}_{k+1} - (\sigma-1)\tilde{H}^{\sigma-2}\tilde{S}_k^{-1}\nabla_i\tilde{H}\nabla_j\tilde{S}_{k+1} \\ &\quad +\tilde{H}^{\sigma-1}\tilde{S}_k^{-2}\nabla_i\tilde{S}_k\nabla_j\tilde{S}_{k+1} + (\sigma-1)\tilde{H}^{\sigma-2}\tilde{S}_k^{-2}\tilde{S}_{k+1}\nabla_i\tilde{H}\nabla_j\tilde{S}_k \\ &\quad -2\tilde{H}^{\sigma-1}\tilde{S}_k^{-3}\tilde{S}_{k+1}\nabla_i\tilde{S}_k\nabla_j\tilde{S}_k + \tilde{H}^{\sigma-1}\tilde{S}_k^{-2}\nabla_i\tilde{S}_{k+1}\nabla_j\tilde{S}_k \\ &\quad +\tilde{H}^{\sigma-1}\tilde{S}_k^{-2}\tilde{S}_{k+1}\nabla_i\nabla_j\tilde{S}_k - \eta(\sigma-1)\tilde{H}^{\sigma-2}\nabla_i\tilde{H}\nabla_j\tilde{H} - \eta\tilde{H}^{\sigma-1}\nabla_i\nabla_j\tilde{H} \\ &\quad +(\sigma-1)\tilde{H}^{-1}\nabla_i f\,\nabla_j\tilde{H} - (\sigma-1)\tilde{H}^{-2}f\,\nabla_i\tilde{H}\nabla_j\tilde{H} + (\sigma-1)\tilde{H}^{-1}f\,\nabla_i\nabla_j\tilde{H}.\end{aligned}$$

We now take the trace of the Hessian of f with respect to $\partial\tilde{S}_k/\partial b_{ij}$ and restrict attention to the set where $f>0$, also bearing in mind that D_ε is fixed such that the inequalities (3.8)–(3.11) all hold. We then conclude that

$$\begin{aligned}\frac{\partial\tilde{S}_k}{\partial b_{ij}}\nabla_i\nabla_j f &\le -\tilde{H}^{\sigma-1}\tilde{S}_k^{-1}\frac{\partial\tilde{S}_k}{\partial b_{ij}}\nabla_i\nabla_j\tilde{S}_{k+1} + C\tilde{H}^{k+\sigma-3}|\nabla\tilde{A}|^2 + C\tilde{H}^{k-2}|\nabla f|\,|\nabla\tilde{A}| \\ &\quad +\frac{\partial\tilde{S}_k}{\partial b_{ij}}\Big\{\tilde{H}^{\sigma-1}\tilde{S}_k^{-2}\tilde{S}_{k+1}\nabla_i\nabla_j\tilde{S}_k - (\eta\tilde{H}^{\sigma-1} - (\sigma-1)\tilde{H}^{-1}f)\nabla_i\nabla_j\tilde{H}\Big\},\end{aligned}$$

where the constants depend on n,k and ε. Here we also used $|\nabla\tilde{H}|^2 \le n|\nabla\tilde{A}|^2$ and

$$|\nabla\tilde{S}_k| \le C(n,k,\varepsilon)\tilde{H}^{k-1}|\nabla\tilde{A}|, \qquad |\nabla\tilde{S}_{k+1}| \le C(n,k,\varepsilon)\tilde{H}^{k}|\nabla\tilde{A}|. \tag{3.17}$$

We now multiply this inequality by $f_+^p\tilde{H}^{-k+1-\sigma}$ and fix $\varepsilon=\varepsilon(\eta,n,k)>0$ such that Corollary 2.16 can be applied to the first term on the RHS to yield

$$\begin{aligned}&\frac{\eta}{2}\int\tilde{H}^{2-k}\tilde{S}_k f_+^p\,d\mu \le -\int f_+^p\tilde{H}^{-k+1-\sigma}\frac{\partial\tilde{S}_k}{\partial b_{ij}}\nabla_i\nabla_j f\,d\mu \\ &-\int f_+^p\tilde{H}^{-k}\frac{\partial\tilde{S}_k}{\partial b_{ij}}\Big\{\tilde{S}_k^{-2}\tilde{S}_{k+1}\nabla_i\nabla_j\tilde{S}_k + \tilde{S}_k^{-1}\frac{\partial^2\tilde{S}_{k+1}}{\partial b_{lm}\,\partial b_{pq}}\nabla_i b_{lm}\,\nabla_j b_{pq} + \tilde{S}_k^{-1}\frac{\partial\tilde{S}_{k+1}}{\partial b_{lm}}\nabla_l\nabla_m b_{ij}\Big\}\,d\mu \\ &+\int f_+^p\tilde{H}^{-k}\frac{\partial\tilde{S}_k}{\partial b_{ij}}\Big(\eta - \frac{\varepsilon}{1+n\varepsilon}(n-k) + (\sigma-1)\tilde{H}^{-\sigma}f\Big)\nabla_i\nabla_j\tilde{H}\,d\mu \\ &+\frac{\varepsilon}{1+n\varepsilon}\,(n-k+1)\int f_+^p\tilde{H}^{-k}\tilde{S}_{k-1}\tilde{S}_k^{-1}\frac{\partial\tilde{S}_{k+1}}{\partial b_{ij}}\nabla_i\nabla_j\tilde{H}\,d\mu \\ &+C(n,k,\eta)\int f_+^p\Big(\tilde{H}^{-2}|\nabla\tilde{A}|^2 + \tilde{H}^{-1-\sigma}|\nabla f|\,|\nabla\tilde{A}|\Big)\,d\mu \\ &+C(n,k,\eta)\int f_+^p\tilde{H}^{k}\tilde{S}_k^{-1}(c(n,k,\eta)+\tilde{H})\,d\mu.\end{aligned}$$

Now notice that in view of (3.8) we have $\tilde{S}_k \ge C(n)\,\varepsilon^{k-1}\tilde{H}^k$, where $\varepsilon=\varepsilon(\eta)$ was fixed above. Hence the crucial term on the LHS is estimated from below by a small fraction of

$$\int\tilde{H}^2 f_+^p\,d\mu,$$

whereas the last term on the RHS is lower order compared to the LHS and can by interpolation be replaced by

$$C(n,k,\eta)\int f_+^p\,d\mu.$$

We now integrate by parts all terms of the RHS involving second derivatives of curvature. Using repeatedly the inequalities (3.8)–(3.11), (3.17) and the fact that $f\le C(n,k,\eta)\tilde H^\sigma$ we derive

$$\begin{aligned}\int \tilde H^2 f_+^p\,d\mu \;\le\;& C(n,k,\eta)\int f_+^p\Big(\tilde H^{-2}|\nabla\tilde A|^2+\tilde H^{-1-\sigma}|\nabla f|\,|\nabla\tilde A|\Big)\,d\mu\\ &+p\,C(n,k,\eta)\int f_+^{p-2}\Big(|\nabla f|^2+f_+\tilde H^{-1}|\nabla f|\,|\nabla\tilde A|\Big)\,d\mu\\ &+C(n,k,\eta)\int f_+^p\,d\mu,\end{aligned}$$

and the conclusion of the proposition follows. ∎

Corollary 3.7 *There are constants c_7,c_8 depending only on n,k,η and the initial data such that for $p\ge c_7$, $0\le\sigma\le c_8\,p^{-1/2}$ there is a uniform bound*

$$\int_{\mathcal{M}_t} f_+^p d\mu\le c_9\quad on\quad [0,T[,$$

depending only on n,k,η,σ,p and $\mathcal{M}_0$.

Proof. From Lemma 3.5 and Proposition 3.6 with $\beta=p^{-1/2}$ we infer that for p,σ as above

$$\frac{d}{dt}\int f_+^p\,d\mu\le C\int f_+^p\,d\mu+C\int d\mu$$

with constants depending on n,k,p,η,σ and $\mathcal{M}_0$. This yields the desired estimate since T is bounded in terms of the diameter of the initial surface. ∎

Having established the L^p - bound for $\sigma=O(p^{-1/2})$ the proof of the sup–bound for f proceeds exactly as in [12], compare also [14] and [8]. This establishes the next step in the iteration on k according to Lemma 2.9 and completes the proof of the main result in Theorem 1.1. ∎

Remark 3.8 It was shown by Smoczyk in [14] that the bound on the scalar curvature corresponding to the first step in our iteration together with a uniform lower bound $H\ge -C$ for the mean curvature can be established in the class of starshaped surfaces. Since our estimates for $k\ge 3$ above only rely on these bounds, the main results in Theorem 1.1 and Corollary 1.2 hold in the class of starshaped surfaces as well.

Remark 3.9 Let $F:\mathcal{M}\times[0,T[\to(N^{n+1},h)$ be a closed hypersurface of nonnegative mean curvature evolving by mean curvature flow in a smooth Riemannian manifold (N^{n+1},h) satisfying bounds $-K_1\le\sigma_N\le K_2$, $|\nabla^N Riem|\le L$, $i_N>0$ on its sectional curvature, gradient of Riemann curvature tensor and injectivity radius respectively, similarly as in [9]. Then the estimates in Theorem 1.1 continue to hold with constants $C_{\eta,k}$ now also depending on the data of

(N^{n+1}, h) above, and we again conclude that singularities of mean convex surfaces have convex blowups. To see this, first note that the mean curvature satisfies (compare [9])

$$\frac{\partial H}{\partial t} = \Delta H + H(|A|^2 + Ric^N(\nu, \nu))$$

and therefore remains nonnegative due to the parabolic maximum principle.

Furthermore, the crucial evolution equation for the full second fundamental form differs from the Euclidean case only by lower order terms, see [9]:

$$\frac{\partial}{\partial t} A = \Delta A + |A|^2 A + Riem^N \star A + \nabla^N Riem^N.$$

Similar lower order terms appear in the commutator identity for the second derivatives of the second fundamental form and hence the additional terms in Lemma 3.5 and Proposition 3.6 can all be estimated by

$$C \int f_+^p \, d\mu,$$

with a constant depending on n, k, p, K_1, K_2 and L. The proof then proceeds as before.

4 Description of singularities

Let $[0, T[$ be the maximal time interval where a smooth solution of the flow exists, such that $\sup_{\mathcal{M}_t} |A|^2$ becomes unbounded for $t \to T$. We assume the reader to be familiar with the rescaling procedure described in [12], see also [6] and [5]. The new estimates in Theorem 1.1 yield a description of type II singularities of the flow in the case of nonnegative mean curvature.

Let (x_k, t_k) be an essential blowup sequence as in (4.2) and (4.3) of [12], and let $\tilde{\mathcal{M}}_{k,t}$ be the corresponding rescaled surfaces with limiting mean curvature flow $\tilde{\mathcal{M}}_\tau, \tau \in \mathbb{R}$, as described in [12, Lemma 4.4 and Theorem 4.5]. As in this reference we call a solution of mean curvature flow (1.1) which exists for all time and moves by translation in $\mathbb{R}^{n+1}$ a translating soliton.

Theorem 4.1 *If $\mathcal{M}_0$ has nonnegative mean curvature, then any limiting flow of a type II singularity has convex surfaces $\tilde{\mathcal{M}}_\tau, \tau \in \mathbb{R}$. Furthermore, either $\tilde{\mathcal{M}}_\tau$ is a strictly convex translating soliton or (up to rigid motion) $\tilde{\mathcal{M}}_\tau = \mathbb{R}^{n-k} \times \Sigma_\tau^k$, where Σ_τ^k is a lower dimensional strictly convex translating soliton in $\mathbb{R}^{k+1}$.*

Proof. The convexity of the limiting flow is for both type I and type II singularities an immediate consequence of the a priori estimates in Theorem 1.1. To obtain the splitting result we apply the strict maximum principle for symmetric 2–tensors of Hamilton [4, Lemma 8.2] to the evolution of the nonnegative second fundamental form

$$\frac{\partial}{\partial t} h_j^i = \Delta h_j^i + |A|^2 h_j^i \tag{4.1}$$

on the limiting flow $\tilde{\mathcal{M}}_\tau, \tau \in \mathbb{R}$. Thus the rank of A is a constant and the null space of A is invariant under parallel translation and invariant in time. Using the Frobenius theorem as in [4, Section 8] or as in [11, Theorem 5.1] we see that each $\tilde{\mathcal{M}}_\tau$ splits as an isometric product $\mathbb{R}^{n-k} \times \Sigma_\tau^k$, where Σ_τ^k is strictly convex unless $\tilde{\mathcal{M}}_\tau$ is strictly convex itself. Finally, Σ_τ^k is a

translating soliton since it is convex, solves mean curvature flow for all $\tau \in \mathbb{R}$ and admits the maximum of the mean curvature at one point at least, compare [6, Theorem 1.3].

We wish to point out that the splitting result can also be obtained by a successive application of the (scalar) maximum principle to the quantities Q_k, $2 \leq k \leq n$, satisfying the parabolic equations (3.2). The splitting dimension k is then characterised by the relations $S_n = S_{n-1} = \cdots = S_{k+1} = 0, S_l > 0$ when $1 \leq l \leq k$.

In the case $k = 1$ the only translating soliton is the "grim reaper" curve $x = \log \cos y + t$, and in higher dimensions it is known that there are rotationally symmetric translating solitons. It is an open problem whether in higher dimensions there are other translating solitons, convex or of positive mean curvature.

Acknowledgements. The second author thanks the SFB 382 and the Forschungskreis Mathematik at the University of Tübingen for the support while this paper was written.

References

[1] B. Andrews, *Contraction of convex hypersurfaces in Euclidean space*, Calc. Var. **2** (1994), 151–171.

[2] L. Caffarelli, L. Nirenberg, J. Spruck, *The Dirichlet problem for nonlinear second order elliptic equations III: Functions of the eigenvalues of the Hessian*, Acta Math. **155**, 261–301 (1985).

[3] L. Gårding, *An inequality for hyperbolic polynomials*, J. Math. Mech., **8** (1959), 957–965.

[4] R.S. Hamilton, *Four–manifolds with positive curvature operator*, J. Differential Geom. **24** (1986), 153–179.

[5] R.S. Hamilton, *The formation of singularities in the Ricci Flow*, Surveys in Differential Geometry Vol. II, International Press, Cambridge MA (1993), 7–136.

[6] R.S. Hamilton, *Harnack estimate for the mean curvature flow*, J. Differential Geom. **41** (1995), 215–226.

[7] G.H. Hardy, J.E. Littlewood, G. Pólya, Inequalities. Cambridge Univ. Press, 1934.

[8] G. Huisken, *Flow by mean curvature of convex surfaces into spheres*, J. Diff. Geometry **20** (1984), 237–266.

[9] G. Huisken, *Contracting convex hypersurfaces in Riemannian manifolds by their mean curvature*, Invent. Math. **84** (1986), 463–480.

[10] G. Huisken, *Asymptotic behaviour for singularities of the mean curvature flow*, J. Diff. Geometry **31** (1990), 285–299.

[11] G. Huisken, *Local and global behaviour of hypersurfaces moving by mean curvature*, Proceedings of Symposia in Pure Mathematics **54** (1993), 175–191.

[12] G. Huisken, C. Sinestrari, *Mean curvature flow singularities for mean convex surfaces*, Calc. Variations (to appear).

[13] M. Marcus, L. Lopes, *Inequalities for symmetric functions and hermitian matrices*, Canad. J. Math. **9** (1957), 305–312.

[14] K. Smoczyk, *Starshaped hypersurfaces and the mean curvature flow*, Manuscripta Math. **95** (1998), 225–236.