# Mathematical Quantum Theory 

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#### Abstract

These are the lecture notes for the course Mathematical Quantum Theory, given at the University of Tübingen during fall 2018. They are mostly based on the lecture notes for the course Mathematische Physik II - Quantenmechanik, by Prof. S. Teufel, and on the lecture notes of for the course Mathematical Aspects of Quantum Mechanics, by Prof. B. Schlein.


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## 1 Introduction

### 1.1 The Schrödinger equation

Let us consider the evolution of one particle in $\mathbb{R}^{d}$, with $d=1,2,3$ the physically relevant choices of the dimension $d$. We will assume the particle to be pointlike. We suppose that the particle is exposed to the action of an external potential $V: \mathbb{R}^{d} \rightarrow \mathbb{R}$.

In quantum mechanics, the state of the system is described by the wave function $\psi(t, x)$, $\psi: \mathbb{R} \times \mathbb{R}^{d} \mapsto \mathbb{C}$, square integrable:

$$
\begin{equation*}
\|\psi(t, \cdot)\|_{2}^{2}:=\int_{\mathbb{R}^{d}}|\psi(t, x)|^{2} d x=1 \tag{1.1}
\end{equation*}
$$

The physical interpretation of $|\psi(t, x)|^{2}$ is that of probability distribution for finding the particle at $(x, t)$. That is, the probability for finding the particle at the time $t$ in the region $A \subset \mathbb{R}^{d}$ is:

$$
\begin{equation*}
\mathbb{P}^{\psi_{t}}(A)=\int_{A}|\psi(t, x)|^{2} d x . \tag{1.2}
\end{equation*}
$$

The evolution of the particle is defined by the time-dependent Schrödinger equation:

$$
\begin{equation*}
i \hbar \frac{\partial}{\partial t} \psi(t, x)=-\frac{\hbar^{2}}{2 m} \Delta_{x} \psi(t, x)+V(x) \psi(t, x)=: H \psi(t, x), \tag{1.3}
\end{equation*}
$$

where $\hbar$ is called the (reduced) Planck constant, and it has the dimensions of an action, $[\hbar]=[$ energy $] \times[$ time $]$. The Laplace operator is defined as:

$$
\begin{equation*}
\Delta_{x}=\sum_{j=1}^{d} \frac{\partial^{2}}{\partial x_{j}^{2}} \tag{1.4}
\end{equation*}
$$

The differential operator $H$ is called the Hamiltonian of the system. The Schrödinger equation is an example of partial differential equation, and the discussion of existence and uniqueness of solutions will be part of the present course.

Given a Hamiltonian $H$, the corresponding time-independent Schrödinger equation is:

$$
\begin{equation*}
H \psi=E \psi \tag{1.5}
\end{equation*}
$$

where the (real) number $E$ has the interpretation of energy of the system. A square integrable solution of the time-independent Schrödinger equation is called an eigenstate of the Hamiltonian $H$. Notice that if $\psi$ is an eigenstate of $H$, then $\psi(t)=e^{-i E t / \hbar} \psi$ is a solution of the time-dependent Schrödinger equation.

Comparison with classical mechanics. Recall the motion of particle in classical mechanics. The trajectory $q(t) \in \mathbb{R}^{d}$ of a classical particle is determined by Newton's equation:

$$
\begin{equation*}
m \ddot{q}(t)=F(q(t))=-\nabla V(q(t)), \quad(q(0), \dot{q}(0))=\left(q_{0}, \dot{q}_{0}\right) . \tag{1.6}
\end{equation*}
$$

This second order ordinary differential equation can be rewritten as a first order differential equation for the pair $(p(t), q(t))$, with $p(t)=m \dot{q}(t)$ the momentum of the particle. The Hamilton's equation of motion for the particle is:

$$
\begin{equation*}
\frac{d}{d t}\binom{p(t)}{q(t)}=\binom{-\nabla V(q(t))}{\frac{1}{m} p(t)} \equiv\binom{-\nabla_{q} H(q, p)}{\nabla_{p} H(p, q)}, \tag{1.7}
\end{equation*}
$$

with $H(p, q)=\frac{|p|^{2}}{m}+V(q)$ the Hamiltonian of the particle. The Hamiltonian appearing in the Schrödinger equation is called the canonical quantization of the classical Hamiltonian, obtained by replacing the position variable $q$ by a multiplication operator $x$, and the momentum variable $p$ by the differential operator $-i \hbar \nabla_{x}$.

Quantum mechanics is a more fundamental theory of nature than classical mechanics. A natural question is to understand how classical mechanics emerges from quantum mechanics. This question will be discussed later in the course, while introducing semiclassical analysis.

The main goal of this course is to develop the mathematical theory of the Schrödinger equation, for one particle and for many particle systems. Notice that the Schrödinger equation is a linear evolution equation, in contrast to Hamilton's equation of motion; this seems to suggest that its mathematical study should be "easy". This is not true, due to the fact that the solution of the equation lives in an infinite dimensional space, and that the operator $H$ is unbounded.

## 2 Function spaces

In this section we shall introduce function spaces that will play an important role in the mathematical formulation of quantum mechanics. We shall only review some basic results, and we will refer the reader to [1, 2] for more details.

## $2.1 C^{k}$ spaces

Definition 2.1. A multiindex $\alpha \in \mathbb{N}_{0}^{d}$ is a d-tuple $\alpha=\left(\alpha_{1}, \ldots, \alpha_{d}\right)$, with $\alpha_{j} \in \mathbb{N}_{0}$, and $|\alpha|=\sum_{j=1}^{d} \alpha_{j}$. For $x \in \mathbb{R}^{d}$ we define:

$$
\begin{equation*}
x^{\alpha}=x_{1}^{\alpha_{1}} x_{2}^{\alpha_{2}} \cdots x_{d}^{\alpha_{d}} \quad \text { and } \quad \partial_{x}^{\alpha}:=\frac{\partial^{|\alpha|}}{\partial x_{1}^{\alpha_{1}} \cdots \partial x_{d}^{\alpha_{d}}} . \tag{2.1}
\end{equation*}
$$

Definition 2.2. Let $A \subseteq \mathbb{R}^{d}, k \in \mathbb{N}_{0}$. We define:

$$
\begin{equation*}
C^{k}(A)=\left\{f \mid f: A \rightarrow \mathbb{C}, \partial_{x}^{\alpha} f \text { is continuous for all } \alpha \text { such that }|\alpha| \leqslant k\right\} \tag{2.2}
\end{equation*}
$$

Also, we denote by $C_{b}^{k}(A)$ the restriction of $C^{k}(A)$ to functions with bounded derivatives:

$$
\begin{equation*}
C_{b}^{k}(A)=\left\{f \mid f \in C^{k}(A) \text { and there exists } c_{\alpha}>0 \text { such that } \forall|\alpha| \leqslant k \sup _{x \in A}\left|\partial_{x}^{\alpha} f(x)\right| \leqslant c_{\alpha}\right\} \tag{2.3}
\end{equation*}
$$

Remark 2.3. It turns out that the space $C_{b}^{k}(A)$ is a Banach space, if endowed with the following norm:

$$
\begin{equation*}
\|f\|_{C_{b}^{k}(A)}=\sum_{n=0}^{k} \sum_{\alpha:|\alpha|=n} \sup _{x \in A}\left|\partial_{x}^{\alpha} f(x)\right| \tag{2.4}
\end{equation*}
$$

We also define the space of $C^{k}$ functions with compact support.
Definition 2.4. Let:

$$
\begin{equation*}
\operatorname{supp}(f)=\overline{\{x \in \operatorname{Dom}(f) \mid f(x) \neq 0\}} \tag{2.5}
\end{equation*}
$$

be the support of the function $f$. Let $A \subseteq \mathbb{R}^{d}, k \in \mathbb{N}_{0}$. We define:

$$
\begin{equation*}
C_{c}^{k}(A)=\left\{f \mid f \in C^{k}(A) \text { s.t. supp }(f) \cap A \text { is compact. }\right\} \tag{2.6}
\end{equation*}
$$

Remark 2.5. $C_{c}^{k}(A) \subseteq C_{b}^{k}(A) \subseteq C^{k}(A)$.
Example 2.6. (i) Let $A=\mathbb{R}$, and $f(x)=x$. We have $f \in C^{\infty}(\mathbb{R})$. However, $f \notin C_{b}^{\infty}(\mathbb{R})$, since $f$ is unbounded. Also, $f \notin C_{c}^{\infty}(\mathbb{R})$, since $\operatorname{supp}(f)=\mathbb{R}$.
(ii) Consider the "bump function":

$$
f(x)=\left\{\begin{array}{cc}
\exp \left(-1 /\left(1-x^{2}\right)\right) & x \in(-1,1)  \tag{2.7}\\
0 & \text { otherwise }
\end{array}\right.
$$

It is easy to see that all derivatives of $f$ are continuous in $x \in \mathbb{R}$, and are compactly supported in $(-1,1)$. Thus, $f \in C_{c}^{\infty}(\mathbb{R})$.

## $2.2 \quad L^{p}$ spaces

Definition 2.7. Let $A \subseteq \mathbb{R}^{d}$, measurable. Let $p \in \mathbb{R}, 1 \leqslant p<\infty$. We define:

$$
\begin{equation*}
L^{p}(A):=\left\{f \mid f: A \rightarrow \mathbb{C}, f \text { measurable, } \int_{A} d x|f(x)|^{p}<\infty\right\} \tag{2.8}
\end{equation*}
$$

Remark 2.8. The integral $\int_{A} d x \cdots$ has to be understood as a Lebesgue integral. If the function $f$ is Riemann integrable, then it coincides with the standard Riemann integral. More generally, one could replace $d x$ by a Lebesgue measure $\mu(d x)$. In that case, we shall denote the corresponding $L^{p}$ space by $L^{p}(A, d \mu)$. One can check that $L^{p}$ is a vector space.

Besides being vector spaces, $L^{p}$ spaces are also Banach spaces, if endowed with the following norm.
Definition 2.9. Let $f \in L^{p}(A), 1 \leqslant p<\infty$. We define:

$$
\begin{equation*}
\|f\|_{L^{p}(A)}:=\left(\int_{A} d x|f(x)|^{p}\right)^{1 / p} \tag{2.9}
\end{equation*}
$$

One can check that the map $\|\cdot\|_{L^{p}(A)}$ has the following properties.
(i) $\|\lambda f\|_{L^{p}(A)}=|\lambda|\|f\|_{L^{p}(A)}, \lambda \in \mathbb{C}$.
(ii) $\|f\|_{L^{p}(A)}=0 \Leftrightarrow f(x)=0$ a.e.
(iii) $\|f+g\|_{L^{p}(A)} \leqslant\|f\|_{L^{p}(A)}+\|g\|_{L^{p}(A)}$ (Minkowki inequality).

These properties imply that $\|\cdot\|_{L^{p}(A)}$ is a semi-norm. The reason why it is not a norm is that it is easy to imagine functions such that $\|f\|_{L^{p}(A)}=0$ and $f(x) \neq 0$ (take $f$ to be zero everywhere except at a point). To ensure that $\|\cdot\|_{L^{p}(A)}$ defines a norm, one has to redefine $L^{p}$ by identifying functions that differ on a zero measure set (e.g., on a countable set of points). Given $f \in L^{p}$, we define an equivalent class of functions as

$$
\begin{equation*}
\tilde{f}=\left\{f^{\prime} \in L^{p} \mid f-f^{\prime}=0 \text { a.e. }\right\} \tag{2.10}
\end{equation*}
$$

We redefine $L^{p}$ as the set of the equivalence classes of functions $\tilde{f}$.
The $L^{\infty}$ space is defined as follows.
Definition 2.10.

$$
\begin{equation*}
L^{\infty}(A):=\{f \mid f: A \rightarrow \mathbb{C}, f \text { measurable }, \exists K>0 \text { s.t. }|f(x)| \leqslant K \text { a.e. }\} \tag{2.11}
\end{equation*}
$$

A norm on $L^{\infty}$ is defined by taking the essential supremum of $f$ :

$$
\begin{equation*}
\|f\|_{L^{\infty}(A)}:=\inf \{K| | f(x) \mid \leqslant K \text { a.e. in } A\} . \tag{2.12}
\end{equation*}
$$

Here we shall list some important facts about $L^{p}$ spaces, without proof. We refer the reader to [1] for details. Whenever it does not generate ambiguity, we might replace $\|\cdot\|_{L^{p}(A)}$ by $\|\cdot\|_{p}$.

Theorem 2.11 (Completeness). Let $1 \leqslant p \leqslant \infty$, and let $f^{i}, i=1,2,3, \cdots$ be a Cauchy sequence in $L^{p}(A)$ :

$$
\begin{equation*}
\lim _{i, j \rightarrow \infty}\left\|f^{i}-f^{j}\right\|_{p}=0 \tag{2.13}
\end{equation*}
$$

Then, there exists $f_{*} \in L^{p}(A)$ such that

$$
\begin{equation*}
\lim _{i \rightarrow \infty}\left\|f_{i}-f_{*}\right\|_{p}=0 . \tag{2.14}
\end{equation*}
$$

Remark 2.12. We use the notation $f_{i} \rightarrow f_{*}$ and we say that $f^{i}$ converges strongly to $f_{*}$ in $L^{p}$.

Another important property of $L^{p}$ spaces, for $p<\infty$, is that their elements can be approximated arbitrarily well by smooth, compactly supported functions. In other words, $C_{\mathrm{c}}^{\infty}(A)$ is dense in $L^{p}(A)$.
Theorem 2.13 (Approximation by $C_{\mathrm{c}}^{\infty}$ functions.). Let $f \in L^{p}\left(\mathbb{R}^{n}\right), 1 \leqslant p<\infty$. Then, there exists a sequence of functions $\left\{f^{i}\right\}_{i \in \mathbb{N}}, f^{i} \in C_{c}^{\infty}\left(\mathbb{R}^{n}\right)$ such that $f^{i} \rightarrow f$ in $L^{p}$.

### 2.3 Hilbert spaces

Let $\mathcal{H}$ be a vector space over $\mathbb{C}$. A $\operatorname{map}\langle\cdot, \cdot\rangle: \mathcal{H} \times \mathcal{H} \rightarrow \mathbb{C}$ is called a scalar product (or a inner product) over $\mathcal{H}$ if:
(i) it is linear in its second variable, that is:

$$
\begin{equation*}
\left\langle\psi, \alpha \varphi_{1}+\beta \varphi_{2}\right\rangle=\alpha\left\langle\psi, \varphi_{1}\right\rangle+\beta\left\langle\psi, \varphi_{2}\right\rangle \tag{2.15}
\end{equation*}
$$

(ii) it is antisymmetric, that is:

$$
\begin{equation*}
\langle\psi, \varphi\rangle=\overline{\langle\varphi, \psi\rangle} \tag{2.16}
\end{equation*}
$$

(iii) it is positive definite, that is:

$$
\begin{equation*}
\langle\psi, \psi\rangle \geqslant 0 \tag{2.17}
\end{equation*}
$$

for all $\psi \in \mathcal{H}$, with $\langle\psi, \psi\rangle=0$ if and only if $\psi=0$.
Every scalar product induces a norm on $\mathcal{H}$, defined through:

$$
\begin{equation*}
\|\psi\|=\sqrt{\langle\psi, \psi\rangle} . \tag{2.18}
\end{equation*}
$$

The triangle inequality for $\|\cdot\|$ follows from the Cauchy-Schwartz inequality

$$
\begin{equation*}
|\langle\psi, \varphi\rangle| \leqslant\|\psi\|\|\varphi\| . \tag{2.19}
\end{equation*}
$$

In fact:

$$
\begin{align*}
\|\psi+\varphi\| & =\sqrt{\langle\psi+\varphi, \psi+\varphi\rangle} \\
& =\sqrt{\|\psi\|^{2}+\|\varphi\|^{2}+2 \operatorname{Re}\langle\psi, \varphi\rangle} \\
& \leqslant \sqrt{\|\psi\|^{2}+\|\varphi\|^{2}+2\|\psi\|\|\varphi\|} \\
& =\|\psi\|+\|\varphi\| . \tag{2.20}
\end{align*}
$$

If the vector space $\mathcal{H}$ equipped with the scalar product $\langle\cdot, \cdot\rangle$ is complete, the pair $(\mathcal{H},\langle\cdot, \cdot\rangle)$ is called a Hilbert space.

Example 2.14. (a) The space $\mathbb{C}^{n}$ equipped with the scalar product:

$$
\begin{equation*}
\langle x, y\rangle_{\mathbb{C}^{n}}=\sum_{j=1}^{n} \bar{x}_{j} y_{j} \tag{2.21}
\end{equation*}
$$

is a Hilbert space.
(b) The space $\ell^{2}$ of the square summable sequences $\left(x_{j}\right)_{j \in \mathbb{N}}$, equipped with the scalar product:

$$
\begin{equation*}
\langle x, y\rangle_{\ell^{2}}=\sum_{j=1}^{\infty} \bar{x}_{j} y_{j} \tag{2.22}
\end{equation*}
$$

is a Hilbert space.
Example 2.15 ( $L^{2}$ space.). In quantum mechanics, a special role is played by the space of square integrable functions, $L^{2}(A)$. This space turns out to be a Hilbert space, if equipped with the following scalar product:

$$
\begin{equation*}
\langle f, g\rangle=\int d x \overline{f(x)} g(x) . \tag{2.23}
\end{equation*}
$$

It is easy to see that the scalar product $\langle f, g\rangle$ is well defined, for all $f, g \in L^{2}(A)$ :

$$
\begin{align*}
|\langle f, g\rangle| & \leqslant \int d x|f(x) \| g(x)| \\
& \leqslant \frac{1}{2} \int d x|f(x)|^{2}+\frac{1}{2} \int d x|g(x)|^{2} \\
& \equiv \frac{1}{2}\|f\|_{L^{2}(A)}+\frac{1}{2}\|g\|_{L^{2}(A)}<\infty \tag{2.24}
\end{align*}
$$

Also, it is easy to see that Eq. 2.23) fulfills the properties (i)-(iii) spelled above.

## 3 The free Schödinger equation

To start our mathematical study of the Schrödinger equation we shall consider the simplest possible situation, corresponding to a free particle in $\mathbb{R}^{d}$. We look for a solution $\psi: \mathbb{R} \times \mathbb{R}^{d} \rightarrow$ $\mathbb{C}$ of the equation:

$$
\begin{equation*}
i \partial_{t} \psi(t, x)=-\frac{1}{2} \Delta_{x} \psi(t, x) \tag{3.1}
\end{equation*}
$$

where we set $\hbar=1$ and $m=1$. A special solution can be found by separation of variables. Consider first the time-independent Schrödinger equation:

$$
\begin{equation*}
-\frac{1}{2} \Delta_{x} \phi(x)=\lambda \phi(x) . \tag{3.2}
\end{equation*}
$$

Then, a solution of Eq. (3.1) is obtained by setting $\psi(t, x)=e^{-i \lambda t} \phi(x)$. We are left with finding a solution of the time-independent equation (3.2). A family of solutions for such equation is given by the plane waves on $\mathbb{R}^{d}$ :

$$
\begin{equation*}
\phi_{k}(x)=e^{i k \cdot x}=e^{i\left(k_{1} x_{1}+\ldots+k_{d} x_{d}\right)} \quad \text { for } k \in \mathbb{R}^{d} \tag{3.3}
\end{equation*}
$$

In fact:

$$
\begin{equation*}
-\Delta_{x} \phi_{k}(x)=\frac{1}{2}\left(k_{1}^{2}+\ldots+k_{d}^{2}\right) e^{i k \cdot x} \equiv \frac{|k|^{2}}{2} \phi_{k}(x) . \tag{3.4}
\end{equation*}
$$

Thus, we found a first solution of the free Schrödinger equation, Eq. (3.1):

$$
\begin{equation*}
\psi_{k}(x, t)=e^{-i \frac{k^{2}}{2} t} e^{i k \cdot x} \tag{3.5}
\end{equation*}
$$

However, the above solution does not make sense in quantum mechanics, since $\psi(t, \cdot) \notin$ $L^{2}\left(\mathbb{R}^{d}\right)$ for all $t$ :

$$
\begin{equation*}
\int d x\left|\psi_{k}(t, x)\right|^{2}=+\infty \tag{3.6}
\end{equation*}
$$

Nevertheless, we can use the above unphysical solutions to construct physical solutions of the Schrödinger equation, by using the fact that the Schrödinger equation is a linear equation:
a linear combination of solutions of Eq. (3.1) is a solution of Eq. (3.1). More precisely, we shall consider solutions of the form:

$$
\begin{equation*}
\psi(x, t)=\int_{\mathbb{R}^{d}} \rho(k) \psi_{k}(x, t) d k \equiv \int_{\mathbb{R}^{d}} \rho(k) e^{-i\left(\frac{k^{2}}{2} t-k \cdot x\right)} d k \tag{3.7}
\end{equation*}
$$

Formally, $\psi(x, t)$ is a solution of Eq. 3.1), with initial datum at $t=0$ :

$$
\begin{equation*}
\psi(x, 0) \equiv \psi_{0}(x)=\int_{\mathbb{R}^{d}} \rho(k) e^{i k \cdot x} d k \tag{3.8}
\end{equation*}
$$

The questions we will address here are: for which class of $\rho(k)$ does the function $\psi(t, x)$ makes sense from a quantum mechanical viewpoint, namely $\psi(t, \cdot) \in L^{2}\left(\mathbb{R}^{d}\right)$ ?

### 3.1 The Fourier transform on $L^{1}$

We are now ready to introduce the Fourier transform for $L^{1}$ functions.
Definition 3.1. Let $f \in L^{1}\left(\mathbb{R}^{d}\right)$. We define the Fourier transform $\hat{f} \equiv \mathcal{F} f$ as

$$
\begin{equation*}
(\mathcal{F} f)(k) \equiv \hat{f}(k)=\frac{1}{(2 \pi)^{\frac{d}{2}}} \int d x e^{-i k \cdot x} f(x), \quad k \in \mathbb{R}^{d} \tag{3.9}
\end{equation*}
$$

We define the inverse Fourier transform $\check{f} \equiv \mathcal{F}^{-1} f$ as:

$$
\begin{equation*}
\left(\mathcal{F}^{-1} f\right)(k) \equiv \check{f}(k)=\frac{1}{(2 \pi)^{\frac{d}{2}}} \int_{\mathbb{R}^{d}} d x e^{i k \cdot x} f(x) . \tag{3.10}
\end{equation*}
$$

Remark 3.2. Since $\left|e^{-i k \cdot x}\right|=1$ and $f \in L^{1}\left(\mathbb{R}^{n}\right), \hat{f}$ and $\check{f}$ are well defined:

$$
\begin{equation*}
|\hat{f}(k)| \leqslant \frac{1}{(2 \pi)^{\frac{d}{2}}} \int d x|f(x)|=\frac{1}{(2 \pi)^{\frac{d}{2}}}\|f\|_{1} \tag{3.11}
\end{equation*}
$$

The next lemma will be useful to study the regularity properties of the Fourier transform.
Lemma 3.3. Let $\Gamma \subset \mathbb{R}$ be an open interval, and $f: \mathbb{R}^{d} \times \Gamma \rightarrow \mathbb{C}$ such that $f(x, \gamma) \in L^{1}\left(\mathbb{R}_{x}^{d}\right)$ for all $\gamma \in \Gamma$. Let $I(\gamma)=\int_{\mathbb{R}^{d}} f(x, \gamma) d x$. Then, the following is true.
(a) If the map $\gamma \mapsto f(x, \gamma)$ is continuous for almost all $x \in \mathbb{R}^{d}$, and if there exists a function $g \in L^{1}\left(\mathbb{R}^{d}\right)$ such that $\sup _{\gamma \in \Gamma}|f(x, \gamma)| \leqslant g(x)$ for almost all $x \in \mathbb{R}^{d}$, then $I(\gamma)$ is also continuous.
(b) If the map $\gamma \mapsto f(x, \gamma)$ is continuously differentiable for almost all $x \in \mathbb{R}^{d}$, and if there exists a function $g \in L^{1}\left(\mathbb{R}^{d}\right)$ such that $\sup _{\gamma \in \Gamma}\left|\partial_{\gamma} f(x, \gamma)\right| \leqslant g(x)$ for almost all $x \in \mathbb{R}^{d}$, then $I(\gamma)$ is also continuously differentiable. Moreover:

$$
\begin{equation*}
\frac{d I}{d \gamma}(\gamma)=\frac{d}{d \gamma} \int_{\mathbb{R}^{d}} f(x, \gamma) d x=\int_{\mathbb{R}^{d}} \frac{\partial}{\partial \gamma} f(x, \gamma) d x \tag{3.12}
\end{equation*}
$$

Proof. The proof immediately follows from the dominated convergence theorem, see [1].
Lemma 3.3 has important consequences on the behavior of the Fourier transform.
Theorem 3.4 (Riemann-Lebesgue.). Let $f \in L^{1}\left(\mathbb{R}^{d}\right)$. Then:

$$
\begin{equation*}
\hat{f} \in C_{\infty}\left(\mathbb{R}^{d}\right):=\left\{f \in C\left(\mathbb{R}^{d}\right)\left|\lim _{R \rightarrow \infty} \sup _{|x|>R}\right| f(x) \mid=0\right\} . \tag{3.13}
\end{equation*}
$$

Proof. The continuity immediately follows from Lemma 3.3. The falloff at infinity will follow from a result we will discuss later on.

Next, we will focus on the properties of the "nicest possible" functions, namely the Schwartz functions. Later, we will come back on a more general class of functions, by using approximation arguments.

Definition 3.5 (Schwartz functions.). The Schwartz space $\mathcal{S}\left(\mathbb{R}^{d}\right)$ is the set of functions $f \in C^{\infty}\left(\mathbb{R}^{d}\right)$ such that:

$$
\begin{equation*}
\|f\|_{\alpha, \beta}:=\left\|x^{\alpha} \partial_{x}^{\beta} f\right\|_{\infty}<\infty \tag{3.14}
\end{equation*}
$$

for all multiindices $\alpha, \beta$.
That is, the functions in $\mathcal{S}\left(\mathbb{R}^{d}\right)$ decay faster than any inverse polynomial in $x$, and the same is true for all their partial derivatives. Obviously, if $f \in \mathcal{S}$ then $x^{\alpha} \partial_{\beta} f \in \mathcal{S}$ for all multiindices $\alpha$ and $\beta$. Also, $\mathcal{S}\left(\mathbb{R}^{d}\right) \subset L^{p}\left(\mathbb{R}^{d}\right)$. Finally, the maps $\|\cdot\|_{\alpha, \beta}: \mathcal{S} \rightarrow[0, \infty)$ are norms.

Remark 3.6. Notice that $C_{c}^{\infty}\left(\mathbb{R}^{d}\right) \subset \mathcal{S}\left(\mathbb{R}^{d}\right)$, which means that $\mathcal{S}\left(\mathbb{R}^{d}\right)$ is dense in $L^{p}\left(\mathbb{R}^{d}\right)$, $1 \leqslant p<\infty$.

Definition 3.7. We say that $f_{n} \rightarrow f$ in $\mathcal{S}$ if $\lim _{n \rightarrow \infty}\left\|f-f_{n}\right\|_{\alpha, \beta} \rightarrow 0$ for all $\alpha, \beta \in \mathbb{N}_{0}^{d}$.
Proposition 3.8 ( $\mathcal{S}$ is a metric space.). Convergence in $\mathcal{S}$ is equivalent to convergence with respect to the metric:

$$
\begin{equation*}
d_{\mathcal{S}}(f, g)=\sum_{n=0}^{\infty} 2^{-n} \sup _{|\alpha|+|\beta|=n} \frac{\|f-g\|_{\alpha, \beta}}{1+\|f-g\|_{\alpha, \beta}} . \tag{3.15}
\end{equation*}
$$

Remark 3.9. Notice that $d_{\mathcal{S}}(f, g) \leqslant 2$.
Proof. Let us first check that $d_{\mathcal{S}}(f, g)$ is a metric. Positivity is trivial, and also symmetry: $d_{\mathcal{S}}(f, g)=d_{\mathcal{S}}(g, f)$. From the definition, we see that $d_{\mathcal{S}}(f, g)=0$ implies $\|f-g\|_{0,0}=\| f-$ $g \|_{\infty}=0$, that is $f=g$. Also, the triangle inequality holds true: $d_{\mathcal{S}}(f, g) \leqslant d_{\mathcal{S}}(f, h)+d_{\mathcal{S}}(h, g)$, since $\|\cdot\|_{\alpha, \beta}$ satisfies the triangle inequality and the function $h(x)=x /(1+x)$ is monotone increasing and satisfies $h(x+y) \leqslant h(x)+h(y)$. This shows that $d_{\mathrm{S}}$ is a metric. Convergence in $\mathcal{S}$ immediately implies convergence with respect to $d_{\mathcal{S}}(f, g)$. On the other hand, suppose that $d_{\mathcal{S}}\left(f_{n}, f\right) \rightarrow 0$. To prove convergence in $\mathcal{S}$ we use that, for all $\alpha, \beta$ there exists a constant $C_{\alpha, \beta}>0$ such that:

$$
\begin{equation*}
\left\|f_{n}-f\right\|_{\alpha, \beta} \leqslant C_{\alpha, \beta} d_{\mathcal{S}}\left(f_{n}, f\right) \tag{3.16}
\end{equation*}
$$

Therefore, convergence with respect to $d_{\mathcal{S}}$ implies convergence in $\mathcal{S}$.
Theorem 3.10. The Schwartz space is complete.
Proof. Let $\left(f_{m}\right)$ be a Cauchy sequence in $\mathcal{S}$. Then, $\left(f_{m}\right)$ is a Cauchy sequence with respect to the (semi-)norms $\|\cdot\|_{\alpha, \beta}$. Also, convergence in $\mathcal{S}$ implies that $x^{\alpha} \partial_{x}^{\beta} f_{m} \rightarrow g_{\alpha, \beta}(x)$ in $L^{\infty}$ norm, with $g_{\alpha, \beta} \in C_{\mathrm{b}}\left(\mathbb{R}^{d}\right)$, the space of continuous, bounded functions. This last fact is implied by the completeness of $C_{\mathrm{b}}\left(\mathbb{R}^{d}\right)$ with respect to the $\|\cdot\|_{\infty}$ norm, recall Remark 2.3 .

We are left with showing that $g:=g_{0,0} \in C^{\infty}\left(\mathbb{R}^{d}\right)$, and that $x^{\alpha} \partial_{x}^{\beta} g=g_{\alpha, \beta}$. If so, $g \in \mathcal{S}$ and $d_{\mathcal{S}}\left(f_{m}, g\right) \rightarrow 0$. For simplicity, let us consider the case $d=1$. We would like to show that $g \in C^{1}(\mathbb{R})$ and that $\partial_{x} g=g_{0,1}$. Higher derivatives and higher dimensions can be studied in the same way. For $f_{m} \in \mathcal{S}$, we write:

$$
\begin{equation*}
f_{m}(x)=f_{m}(0)+\int_{0}^{x} f_{m}^{\prime}(y) d y \tag{3.17}
\end{equation*}
$$

We know that $f_{m} \rightarrow g$ and $f_{m}^{\prime} \rightarrow g_{0,1}$ uniformly. Therefore, the $m \rightarrow \infty$ limit of Eq. 3.17) is:

$$
\begin{equation*}
g(x)=g(0)+\int_{0}^{x} g_{0,1}(y) d y \tag{3.18}
\end{equation*}
$$

This proves that $g \in C^{1}(\mathbb{R})$ with $g^{\prime}=g_{0,1}$.
Lemma 3.11 (Properties of $\mathcal{F}$ on $\mathcal{S}$.). The maps $\mathcal{F}$ and $\mathcal{F}^{-1}$ are continuous, linear maps from $\mathcal{S}$ into itself. Moreover, for all $\alpha, \beta$ it holds:

$$
\begin{equation*}
\left((i k)^{\alpha} \partial_{k}^{\beta} \mathcal{F} f\right)(k)=\left(\mathcal{F} \partial_{x}^{\alpha}(-i x)^{\beta} f\right)(k) \tag{3.19}
\end{equation*}
$$

Remark 3.12. In particular,

$$
\begin{equation*}
\widehat{(x f)}(k)=i\left(\nabla_{k} \hat{f}\right)(k) \quad \text { and } \quad \widehat{\left(\nabla_{x} f\right)}(k)=i k \hat{f}(k) . \tag{3.20}
\end{equation*}
$$

Proof. Let $f \in \mathcal{S}$. Recall:

$$
\begin{equation*}
\hat{f}(k)=\frac{1}{(2 \pi)^{d / 2}} \int_{\mathbb{R}^{d}} f(x) e^{-i k \cdot x} d x \tag{3.21}
\end{equation*}
$$

Then:

$$
\begin{align*}
(2 \pi)^{d / 2}\left((i k)^{\alpha} \partial_{k}^{\beta} \mathcal{F} f\right)(k) & =\int_{\mathbb{R}^{d}}(i k)^{\alpha} \partial_{k}^{\beta} e^{-i k \cdot x} f(x) d x \\
& =\int_{\mathbb{R}^{d}}(i k)^{\alpha}(-i x)^{\beta} e^{-i k \cdot x} f(x) d x \\
& =\int_{\mathbb{R}^{d}}(-1)^{|\alpha|}\left(\partial_{x}^{\alpha} e^{-i k \cdot x}\right)(-i x)^{\beta} f(x) . \tag{3.22}
\end{align*}
$$

Integrating by parts:

$$
\begin{align*}
(2 \pi)^{d / 2}\left((i k)^{\alpha} \partial_{k}^{\beta} \mathcal{F}\right)(k) & =\int_{\mathbb{R}^{d}} e^{-i k \cdot x}\left(\partial_{x}^{\alpha}(-i x)^{\beta} f(x)\right) d x \\
& \equiv(2 \pi)^{d / 2}\left(\mathcal{F} \partial_{x}^{\alpha}(-i x)^{\beta} f\right)(k) \tag{3.23}
\end{align*}
$$

This shows that, in particular, $\mathcal{F} f \in C^{\infty}$. Moreover:

$$
\begin{align*}
\|\hat{f}\|_{\alpha, \beta} & =\left\|k^{\alpha} \partial_{k}^{\beta} \hat{f}\right\|_{\infty} \leqslant \frac{1}{(2 \pi)^{d / 2}} \int_{\mathbb{R}^{d}}\left|\partial_{x}^{\alpha} x^{\beta} f(x)\right| \frac{\left(1+|x|^{2}\right)^{d}}{\left(1+|x|^{2}\right)^{d}} d x \\
& \leqslant \frac{1}{(2 \pi)^{d / 2}} \sup _{x \in \mathbb{R}^{d}}\left|\left(1+|x|^{2}\right)^{d} \partial_{x}^{\alpha} x^{\beta} f(x)\right| \int_{\mathbb{R}^{d}} \frac{1}{\left(1+|x|^{2}\right)^{d}} d x \\
& \leqslant C \sum_{j=0}^{m} \sup _{|\tilde{\alpha}|+|\tilde{\beta}|=j}\|f\|_{\tilde{\alpha}, \tilde{\beta}}, \tag{3.24}
\end{align*}
$$

with $m=\max \{|\alpha|,|\beta|\}+2 d$, and for $C>0$ independent of $f$. Therefore, $\mathcal{F} f \in \mathcal{S}$. Eq. (3.24) also shows that $f_{n} \rightarrow f$ in $\mathcal{S}$ implies $\hat{f}_{n} \rightarrow \hat{f}$ in $\mathcal{S}$. In particular, Eq. 3.24 can be used to show that $\mathcal{F}: \mathcal{S} \rightarrow \mathcal{S}$ is continuous, with respect to the topology induced by $d_{\mathcal{S}}(\cdot, \cdot)$. In fact, suppose that $f_{n} \rightarrow f$ with respect to $d_{\mathcal{S}}$. Then, by Eq. (3.24), there exists $C_{\alpha . \beta}>0$ such that:

$$
\begin{equation*}
\left\|\hat{f}_{n}-\hat{f}\right\|_{\alpha, \beta} \leqslant C_{\alpha, \beta} d_{\mathcal{S}}\left(f_{n}, f\right) \tag{3.25}
\end{equation*}
$$

Theorem 3.13. The map $\mathcal{F}: \mathcal{S} \rightarrow \mathcal{S}$ is a continuous bijection, with inverse $\mathcal{F}^{-1}$.
Proof. We will show that $\mathcal{F}^{-1} \circ \mathcal{F}=\mathbb{1}_{\mathcal{S}}$ (the same proof gives $\mathcal{F} \circ \mathcal{F}^{-1}=\mathbb{1}_{\mathcal{S}}$ ). Since $\mathcal{F}^{-1} \circ \mathcal{F}$ and $\mathbb{1}_{\mathcal{S}}$ are both continuous in $\mathcal{S}$, it is sufficient to prove their equality on a dense subset of $\mathcal{S}$.

Lemma 3.14. $C_{c}^{\infty}\left(\mathbb{R}^{d}\right)$ is dense in $\mathcal{S}\left(\mathbb{R}^{d}\right)$.
Proof. (of Lemma 3.14, Let:

$$
G(x)=\left\{\begin{array}{cl}
\exp \left(-1 /\left(1-|x|^{2}\right)+1\right) & \text { for }|x|<1  \tag{3.26}\\
0 & \text { otherwise }
\end{array}\right.
$$

Let $f \in \mathcal{S}\left(\mathbb{R}^{d}\right)$, and let $f_{n}(x)=f(x) G(x / n)$. Clearly, $f_{n} \in C_{\mathrm{c}}^{\infty}\left(\mathbb{R}^{d}\right)$. Moreover, $\lim _{n \rightarrow \infty} \| f_{n}-$ $f \|_{\alpha, \beta}=0$ for all $\alpha, \beta$.

Let us now come back to the proof of Theorem 3.13. By Lemma 3.14, it is sufficient to prove the claim of Theorem 3.13 on $C_{\mathrm{c}}^{\infty}\left(\mathbb{R}^{d}\right)$. Let $f \in C_{\mathrm{c}}^{\infty}\left(\mathbb{R}^{d}\right)$. Let us denote by $W_{m} \subset \mathbb{R}^{d}$ a cube in $\mathbb{R}^{d}$, centered in the origin, with side $2 m$. Let us choose $m$ large enough so that $\operatorname{supp}(f) \subset W_{m}$. Let $K_{m}=\pi / m \mathbb{Z}^{d}$. We can express the function $f$ on $W_{m}$ as the uniformly convergent Fourier series:

$$
\begin{equation*}
f(x)=\sum_{k \in K_{m}} f_{k} e^{i k \cdot x} \tag{3.27}
\end{equation*}
$$

with Fourier coefficients:

$$
\begin{equation*}
f_{k}=\frac{1}{\operatorname{Vol}\left(W_{m}\right)} \int_{W_{m}} f(x) e^{-i k \cdot x} d x=\frac{1}{\operatorname{Vol}\left(W_{m}\right)} \int_{\mathbb{R}^{d}} f(x) e^{-i k \cdot x} d x=\frac{(2 \pi)^{d / 2}}{(2 m)^{d}}(\mathcal{F} f)(k) . \tag{3.28}
\end{equation*}
$$

Therefore we have:

$$
\begin{equation*}
f(x)=\sum_{k \in K_{m}} \frac{(\mathcal{F} f)(k) e^{i k \cdot x}}{(2 \pi)^{d / 2}}\left(\frac{\pi}{m}\right)^{d} \tag{3.29}
\end{equation*}
$$

The observation is that the right-hand side of Eq. 3.29) is a Riemann sum, over cubes of volume $(\pi / m)^{d}$ and with $k$ the center of the cube. Therefore, we have:

$$
\begin{equation*}
f(x)=\lim _{m \rightarrow \infty} \sum_{k \in K_{m}} \frac{(\mathcal{F} f)(k) e^{i k \cdot x}}{(2 \pi)^{d / 2}}\left(\frac{\pi}{m}\right)^{d}=\frac{1}{(2 \pi)^{d / 2}} \int_{\mathbb{R}^{d}}(\mathcal{F} f)(k) e^{i k \cdot x} d k=\left(\mathcal{F}^{-1} \circ \mathcal{F} f\right)(x) \tag{3.30}
\end{equation*}
$$

This proves that $\mathcal{F}^{-1} \circ \mathcal{F}=\mathbb{1}_{C_{c}^{\infty}\left(\mathbb{R}^{d}\right)}$.
Proposition 3.15. Let $f, g \in \mathcal{S}\left(\mathbb{R}^{d}\right)$. Then:

$$
\begin{equation*}
\int_{\mathbb{R}^{d}} \hat{f}(x) g(x) d x=\int_{\mathbb{R}^{d}} f(x) \hat{g}(x) d x \tag{3.31}
\end{equation*}
$$

Moreover,

$$
\begin{equation*}
\|f\|_{2}=\|\hat{f}\|_{2} \tag{3.32}
\end{equation*}
$$

Proof. By Fubini's theorem,

$$
\begin{equation*}
\int_{\mathbb{R}^{d}}\left(\int_{\mathbb{R}^{d}} e^{-i k \cdot x} f(k) d k\right) g(x) d x=\int_{\mathbb{R}^{d}}\left(\int_{\mathbb{R}^{d}} e^{-i k \cdot x} g(x) d x\right) f(k) d k \tag{3.33}
\end{equation*}
$$

Therefore, $(2 \pi)^{d / 2} \int d x \hat{f}(x) g(x)=(2 \pi)^{d / 2} \int d k \hat{g}(k) f(k)$. This proves Eq. 3.33. To prove Eq. 3.32, we use that $\overline{\mathcal{F} f(x)}=\mathcal{F}^{-1} \overline{f(x)}$, which can be easily checked. Thus, Eq. 3.32 follows as a special case of Eq. 3.33), choosing $g(x)=\overline{\mathcal{F} f(x)}$.

Example 3.16 (The Fourier transform of a Gaussian.). Let $\lambda>0$, and let $g_{\lambda}(x)=\exp (-$ $\left.\lambda \frac{|x|^{2}}{2}\right)$ be the Gaussian function. Then, we claim that:

$$
\begin{equation*}
\hat{g}_{\lambda}(k)=\lambda^{-\frac{d}{2}} \exp \left(-\frac{|k|^{2}}{2 \lambda}\right) . \tag{3.34}
\end{equation*}
$$

To prove Eq. (3.34), we proceed as follows. By scaling, it is enough to consider the case $\lambda=1$. Also, since $g_{1}(x)=\prod_{i=1}^{d} \exp \left(-\frac{x_{i}^{2}}{2}\right)$, it is enough to consider the case $n=1$. We have:

$$
\begin{equation*}
\hat{g}_{1}(k)=\frac{1}{(2 \pi)^{\frac{1}{2}}} \int d x e^{-i k \cdot x} e^{-\frac{x^{2}}{2}}=\frac{1}{(2 \pi)^{\frac{1}{2}}} \int d x e^{-\frac{(x+i k)^{2}}{2}-\frac{k^{2}}{2}} \equiv g_{1}(k) f(k), \tag{3.35}
\end{equation*}
$$

where we defined $f(k)=\frac{1}{(2 \pi)^{\frac{1}{2}}} \int d x e^{-\frac{(x+i k)^{2}}{2}}$. By dominated convergence, we can differentiate under the integral sign:

$$
\begin{equation*}
\frac{d}{d k} f(k)=\int_{\mathbb{R}} \frac{d x}{(2 \pi)^{\frac{1}{2}}}(-(x+i k)) i e^{-\frac{(x+i k)^{2}}{2}}=\int_{\mathbb{R}} \frac{d x}{(2 \pi)^{\frac{1}{2}}} i \frac{d}{d x} e^{-\frac{(x+i k)^{2}}{2}}=0 . \tag{3.36}
\end{equation*}
$$

This means that $f(k)$ is a constant and, in particular, $f(k)=f(0)=1$. This proves Eq. (3.34).

### 3.2 Solution of the free Schrödinger equation

Let us now come back to the Schrödinger equation for one free particle in $\mathbb{R}^{d}$ :

$$
\begin{equation*}
i \partial_{t} \psi(t, x)=-\frac{1}{2} \Delta_{x} \psi(t, x) . \tag{3.37}
\end{equation*}
$$

Let us take the Fourier transform in both sides. Proceeding formally, we get:

$$
\begin{equation*}
i \partial_{t} \hat{\psi}(t, k)=\frac{1}{2}|k|^{2} \hat{\psi}(t, k) . \tag{3.38}
\end{equation*}
$$

The advantage of taking the Fourier transform is that now we are left with an ordinary differential equation of the first order. The solution is:

$$
\begin{equation*}
\hat{\psi}(t, k)=e^{-i \frac{|k|^{2}}{2} t} \hat{\psi}(0, k) . \tag{3.39}
\end{equation*}
$$

To get a solution of the original equation (3.37), we have to take the inverse Fourier transform. We get:

$$
\begin{equation*}
\psi(t, x)=\left(\mathcal{F}^{-1} e^{-i \frac{|k|^{2}}{2} t} \mathcal{F} \psi_{0}\right)(x), \tag{3.40}
\end{equation*}
$$

with initial datum $\psi(0, x)=\psi_{0}(x)$. The next theorem shows that the above formal manipulation can be made rigorous for a suitable class of regular initial data.

Theorem $\mathbf{3 . 1 7}$ (Existence of a unique global solution for the free Schrödinger equation.). Let $\psi_{0} \in \mathcal{S}\left(\mathbb{R}^{d}\right)$. Then, there exists a global solution $\psi \in C^{\infty}\left(\mathbb{R}_{t}, \mathcal{S}\left(\mathbb{R}^{d}\right)\right)$ of the free Schrödinger equation with $\psi(0, x)=\psi_{0}(x)$ for $t \neq 0$, given by the expression:

$$
\begin{equation*}
\psi(t, x)=\frac{1}{(2 \pi i t)^{d / 2}} \int_{\mathbb{R}^{d}} e^{i \frac{|x-y|^{2}}{2 t}} \psi_{0}(y) d y \tag{3.41}
\end{equation*}
$$

Moreover, $\|\psi(t, \cdot)\|_{L^{2}\left(\mathbb{R}^{d}\right)}=\left\|\psi_{0}\right\|_{L^{2}\left(\mathbb{R}^{d}\right)}$.
Proof. To begin, notice first that, for $\psi_{0} \in \mathcal{S}$, the expression (3.40) is well defined. Hence, Eq. (3.40) is a solution of the free Schrödinger equation (3.37). Next, we shall show that $\psi \in C^{\infty}\left(\mathbb{R}_{t}, \mathcal{S}\left(\mathbb{R}^{d}\right)\right)$. Let us start by showing that $t \mapsto \psi(t)$ is differentiable. Let: $\dot{\psi}(t, x):=$ $-i\left(\mathcal{F}^{-1} \frac{|k|^{2}}{2} e^{-i \frac{|k|^{2}}{2} t} \mathcal{F} \psi_{0}\right)(x)$. Then, $\dot{\psi}(t, \cdot) \in \mathcal{S}\left(\mathbb{R}^{d}\right)$. Furthermore, we claim that:

$$
\begin{equation*}
\lim _{h \rightarrow 0}\left\|\frac{\psi(t+h)-\psi(t)}{h}-\dot{\psi}(t)\right\|_{\alpha, \beta}=0 \tag{3.42}
\end{equation*}
$$

with respect to any $\|\cdot\|_{\alpha, \beta}$. By continuity of $\mathcal{F}$ and of $\mathcal{F}^{-1}$, this is equivalent to:

$$
\begin{equation*}
\lim _{h \rightarrow 0}\left\|\frac{\hat{\psi}(t+h)-\hat{\psi}(t)}{h}-\hat{\dot{\psi}}(t)\right\|_{\alpha, \beta}=0, \tag{3.43}
\end{equation*}
$$

for all $\alpha, \beta$. This follows from the smoothness of $e^{-i \frac{|k|^{2}}{2} t}$ and from the decay of $\hat{\psi}_{0}(k)$ :

$$
\begin{align*}
\left\|\frac{\hat{\psi}(t+h)-\hat{\psi}(t)}{h}-\hat{\dot{\psi}}(t)\right\|_{\alpha, \beta} & =\sup _{k \in \mathbb{R}^{d}}\left|k^{\alpha} \partial_{k}^{\beta}\left(\frac{e^{-i \frac{|k|^{2}}{2}(t+h)}-e^{-i \frac{|k|^{2}}{2} t}}{h}+i \frac{|k|^{2}}{2} e^{-i \frac{|k|^{2}}{2} t}\right)\left(\mathcal{F} \psi_{0}\right)(k)\right| \\
& \rightarrow 0 \quad \text { as } h \rightarrow 0 . \tag{3.44}
\end{align*}
$$

In the same way, one can prove that $\psi(t, x) \in C^{k}\left(\mathbb{R}_{t}, \mathcal{S}\left(\mathbb{R}^{d}\right)\right.$ ) for any $k \geqslant 1$, and hence that $\psi(t, x) \in C^{\infty}\left(\mathbb{R}_{t}, \mathcal{S}\left(\mathbb{R}^{d}\right)\right)$. The uniqueness of the solution for $\psi_{0} \in \mathcal{S}$ follows from the uniqueness of the solution of 3.38 . The formula (3.41) follows from an explicit computation, using that:

$$
\begin{equation*}
\lim _{R \rightarrow \infty} \int_{-R}^{R} e^{-\alpha x^{2}} d x=\sqrt{\frac{\pi}{\alpha}} \tag{3.45}
\end{equation*}
$$

for all $\alpha \in \mathbb{C}$ such that $\operatorname{Re} \alpha=0$. Finally, the isometry in $L^{2}$ follows from the isometry property of the maps $\mathcal{F}$ and $\mathcal{F}^{-1}$, proven in Eq. 3.32 , and from the fact that $\left|e^{-i|k|^{2} t / 2}\right|=1$.

Remark 3.18 (Decay of the solutions of the Schrödinger equation.). The formula 3.41) immediately implies that:

$$
\begin{equation*}
\sup _{x \in \mathbb{R}^{d}}|\psi(t, x)| \leqslant \frac{\left\|\psi_{0}\right\|_{L^{1}}}{(2 \pi t)^{d / 2}} \rightarrow 0 \quad \text { as } t \rightarrow \infty . \tag{3.46}
\end{equation*}
$$

However, as we just proved, the $L^{2}$ norm stays constant. This means that the solution of the Schrödinger equation spreads in space. One speaks about the "spreading of the wave packet".

Definition 3.19 (Polynomially bounded functions.). Let $C_{p o l}^{\infty}\left(\mathbb{R}^{d}\right)$ be the space of the polynomially bounded smooth functions: $g \in C_{\text {pol }}^{\infty}\left(\mathbb{R}^{d}\right)$ if $g \in C^{\infty}\left(\mathbb{R}^{d}\right)$ and if:

$$
\begin{equation*}
\left|\partial^{\alpha} g(x)\right| \leqslant C_{\alpha}\langle x\rangle^{n(\alpha)}:=C_{\alpha}\left(1+|x|^{2}\right)^{\frac{n(\alpha)}{2}}, \tag{3.47}
\end{equation*}
$$

for all $\alpha$.
Motivated by Lemma 3.11, we introduce the notion of pseudodifferential operator.
Definition 3.20 (Pseudodifferential operator.). Let $f \in C_{p o l}^{\infty}\left(\mathbb{R}^{d}\right)$. Let $M_{f}: \mathcal{S} \rightarrow \mathcal{S}$ be the multiplication operator $\psi(x) \rightarrow f(x) \psi(x)$. We define the pseudodifferential operator $f\left(-i \nabla_{x}\right): \mathcal{S} \rightarrow \mathcal{S}$ as:

$$
\begin{equation*}
\left(f\left(-i \nabla_{x}\right) \psi\right)(x):=\left(\mathcal{F}^{-1} M_{f} \mathcal{F} \psi\right)(x)=\left(\mathcal{F}^{-1} f(k) \mathcal{F} \psi\right)(x) . \tag{3.48}
\end{equation*}
$$

Remark 3.21. Notice that the mapping $M_{f}: \mathcal{S} \rightarrow \mathcal{S}$ is continuous. The continuity of $M_{f}$ and of $\mathcal{F}$ implies the continuity of $f\left(-i \nabla_{x}\right)$. For $f(k)=k^{\alpha}$, one naturally has $f(-i \nabla)=$ $(-i)^{|\alpha|} \partial_{x}^{\alpha}$. For polynomial functions $f$, the corresponding pseudodifferential operators are differential operators.
Example 3.22 (Translations and the free propagator.). Let $a \in \mathbb{R}^{d}$ and $T_{a}=e^{-i a \cdot k}$. One has $T_{a} \in C_{\text {pol }}^{\infty}$ and for $\psi \in \mathcal{S}\left(\mathbb{R}^{d}\right)$ one has:

$$
\begin{equation*}
\left(T_{a}(-i \nabla) \psi\right)(x)=\frac{1}{(2 \pi)^{d / 2}} \int d k e^{-i k \cdot a} e^{i k \cdot x} \hat{\psi}(k) d k=\frac{1}{(2 \pi)^{d / 2}} \int e^{i k \cdot(x-a)} \hat{\psi}(k) d k=\psi(x-a) \tag{3.49}
\end{equation*}
$$

The operator $T_{a}(-i \nabla)$ is called the translation operator. Another example is $P_{f}(t, k)=$ $e^{-i \frac{|k|^{2}}{2} t}$. One has $P_{f}(t, \cdot) \in C_{\mathrm{pol}}^{\infty}\left(\mathbb{R}^{d}\right)$ and hence:

$$
\begin{equation*}
\psi(t, x)=\left(P_{f}\left(t,-i \nabla_{x}\right) \psi_{0}\right)(x) \tag{3.50}
\end{equation*}
$$

This operator is also called the free propagator, and one also writes:

$$
\begin{equation*}
\psi(t)=e^{\frac{i}{2} \Delta_{x} t} \psi_{0} \tag{3.51}
\end{equation*}
$$

Example 3.23 (The heat equation and diffusion.). We can apply the previous theory to solve the heat equation:

$$
\begin{equation*}
\partial_{t} f(t, x)=\frac{1}{2} \Delta_{x} f(t, x), \tag{3.52}
\end{equation*}
$$

for $f(0, \cdot)=f_{0} \in \mathcal{S}\left(\mathbb{R}^{d}\right)$. Let $t>0$. The solution of Eq. (3.52) reads:

$$
\begin{equation*}
f(t)=e^{\frac{1}{2} \Delta_{x} t} f(0)=W\left(t,-i \nabla_{x}\right) f_{0}, \tag{3.53}
\end{equation*}
$$

with $W(t, k)=e^{-\frac{k^{2}}{2} t}$. Notice that $W(t) \in C_{p o l}^{\infty}$ only for $t \geqslant 0$. In general, one cannot establish existence of solutions of the heat equation for $t<0$. However, if $\hat{f}_{0}$ has compact support, the corresponding solution of the heat equation exists for all times.

Definition 3.24 (Convolutions.). Let $f, g \in \mathcal{S}$. We define the convolution $f * g$ as:

$$
\begin{equation*}
(f * g)(x):=\int_{\mathbb{R}^{d}} f(x-y) g(y) d y . \tag{3.54}
\end{equation*}
$$

Here we list some properties of the convolution operation.
Theorem 3.25. Let $f, g, h \in \mathcal{S}$. The following is true.
(i) $(f * g) * h=f *(g * h)$ and $f * g=g * f$.
(ii) The map $g \mapsto f * g$ from $\mathcal{S}$ to $\mathcal{S}$ is continuous.
(iii) It follows that:

$$
\begin{equation*}
\widehat{f * g}=(2 \pi)^{d / 2} \hat{f} \cdot \hat{g}, \tag{3.55}
\end{equation*}
$$

and also $\widehat{f g}=(2 \pi)^{-d / 2} \hat{f} * \hat{g}$. Moreover, one has:

$$
\begin{equation*}
g(-i \nabla) f=\mathcal{F}^{-1}(g \hat{f})=(2 \pi)^{-d / 2} \check{g} * f . \tag{3.56}
\end{equation*}
$$

Proof. The properties (i) and (iii) easily follows from the definition. Concerning (ii), continuity follows from:

$$
\begin{equation*}
f * g=(2 \pi)^{d / 2} \mathcal{F}^{-1} \hat{f} \mathcal{F} g \tag{3.57}
\end{equation*}
$$

that is, the convolution with $f$ corresponds to the combination of Fourier transform, multiplication by $f$, and inverse Fourier transform. All these maps are continuous, and their composition preserves continuity. Thus (ii) holds true.

Example 3.26 (The heat equation.). Consider:

$$
\begin{equation*}
G(t, x):=(2 \pi)^{-d / 2}\left(\mathcal{F}^{-1} W\right)(t, x)=\frac{1}{(2 \pi t)^{d / 2}} e^{-\frac{|x|^{2}}{2 t}} \tag{3.58}
\end{equation*}
$$

The function $G(t, x)$ is called the fundamental solution of the heat equation, and can be used to construct more general solutions. In fact:

$$
\begin{equation*}
f(t, x)=\left(W\left(t,-i \nabla_{x}\right) f_{0}\right)(x)=\left(G(t) * f_{0}\right)(x)=\frac{1}{(2 \pi t)^{d / 2}} \int_{\mathbb{R}^{d}} e^{-\frac{|x-y|^{2}}{2 t}} f_{0}(y) d y \tag{3.59}
\end{equation*}
$$

### 3.2.1 Comparison between Schrödinger, heat and wave equations

To conclude this section, let us compare the free Schrödinger equation to the heat equation and the wave equation. For simplicity, we shall consider the case $d=1$.

The wave equation. The wave equation can be used to describe the motion of an oscillating string of length $L$. Let $f(x, t)$ be the wave deflection. The equation reads:

$$
\begin{equation*}
\frac{\partial^{2}}{\partial t^{2}} f(t, x)=\frac{\partial^{2}}{\partial x^{2}} f(t, x) \tag{3.60}
\end{equation*}
$$

with boundary conditions:

$$
\begin{equation*}
f(t, 0)=f(t, L)=0 \tag{3.61}
\end{equation*}
$$

The acceleration of the string at the point is $x$ is proportional to the curvature at the same point, and this explains why the string oscillates.

The heat equation. The temperature profile for the temperature $f(x, t)$ in a rod of length $L$, which temperature is kept to zero at both ends, satisfies the heat equation:

$$
\begin{equation*}
\frac{\partial}{\partial t} f(t, x)=\frac{\partial^{2}}{\partial x^{2}} f(t, x) \tag{3.62}
\end{equation*}
$$

with boundary condition:

$$
\begin{equation*}
f(t, 0)=f(t, L)=0 \tag{3.63}
\end{equation*}
$$

The rate at which the temperature changes at the position $x$ is proportional to the curvature at that point. Therefore, the temperature converges to the constant value $f(x)=0$.

The Schrödinger equation. The motion of one free quantum particle in one dimension is described by the Schrödinger equation:

$$
\begin{equation*}
\frac{\partial}{\partial t} \psi(t, x)=i \frac{\partial^{2}}{\partial x^{2}} \psi(t, x) \tag{3.64}
\end{equation*}
$$

with boundary condition:

$$
\begin{equation*}
\psi(t, 0)=\psi(t, L)=0 \tag{3.65}
\end{equation*}
$$

As for the heat equation, it depends on the first time derivative. However, due to the presence of the factor $i$, it gives rise to an oscillatory behavior of the solution. In fact, the function $\psi(t, x)$ is now complex values, which we can picture as a time-dependent vector field in $\mathbb{R}^{2}$. Even though the rate of change of the wave function is proportional to the curvature at the point $x$, because of the $i$ factor it is described by an orthogonal vector to $\psi(x)$. Therefore, in general both the argument and the modulus of $\psi(t, x)$ change in time.

### 3.3 Tempered distribution

The goal of this section is to extend the notion of partial differential equation to functions that are not smooth, in fact not even differentiable in the standard sense. In particular, we shall be interested in formulating the Schrödinger equation for initial data which are only in $L^{2}\left(\mathbb{R}^{d}\right)$.

Definition 3.27. The elements of the dual space $\mathcal{S}^{\prime}\left(\mathbb{R}^{d}\right)$ of $\mathcal{S}\left(\mathbb{R}^{d}\right)$ are called tempered distribution.

Remark 3.28. The dual space $V^{\prime}$ of a topological vector space $V$ is the space of continuous linear maps from $V$ to $\mathbb{C}$. For $f \in V$ and $T \in V^{\prime}$, one defines the pairing of $f$ and $T$ as:

$$
\begin{equation*}
(f, T)_{V, V^{\prime}}:=T(f) \tag{3.66}
\end{equation*}
$$

Example 3.29. Let us discuss some examples of tempered distributions.
(a) Let $g: \mathbb{R}^{d} \mapsto \mathbb{C}$ such that $\left(1+|x|^{2}\right)^{-m} g(x) \in L^{1}\left(\mathbb{R}^{d}\right)$ for $m \in \mathbb{N}$. Then, the mapping

$$
\begin{equation*}
T_{g}: \mathcal{S} \mapsto \mathbb{C}, \quad f \mapsto \int_{\mathbb{R}^{d}} g(x) f(x) d x \tag{3.67}
\end{equation*}
$$

is linear and continuous, hence $T_{g} \in \mathcal{S}^{\prime}$.
Proof. Let $f_{n} \rightarrow f$ in $\mathcal{S}$. Then,

$$
\begin{align*}
\lim _{n \rightarrow \infty}\left|T_{g}\left(f_{n}-f\right)\right| & \leqslant \lim _{n \rightarrow \infty} \int_{\mathbb{R}^{d}}\left|g(x) \| f_{n}(x)-f(x)\right| d x \\
& \leqslant\left\|\left(1+|x|^{2}\right)^{-m} g\right\|_{1} \lim _{n \rightarrow \infty}\left\|\left(1+|x|^{2}\right)^{m}\left|f_{n}-f\right|\right\|_{\infty}=0 . \tag{3.68}
\end{align*}
$$

(b) The delta-distribution is defined as:

$$
\begin{equation*}
\delta: \mathcal{S} \rightarrow \mathbb{C}, \quad f \mapsto \delta(f):=f(0) \tag{3.69}
\end{equation*}
$$

Therefore, $\delta \in \mathcal{S}^{\prime}$. One also writes:

$$
\begin{equation*}
\delta(f)=\int_{\mathbb{R}^{d}} \delta(x) f(x) d x \tag{3.70}
\end{equation*}
$$

and:

$$
\begin{equation*}
\int_{\mathbb{R}^{d}} \delta(x-a) f(x) d x=f(a) \tag{3.71}
\end{equation*}
$$

The expression Eq. (3.71) is formal: there exists no function $\delta: \mathbb{R}^{d} \mapsto \mathbb{C}$ that gives (3.71). Nevertheless, one can approximate $\delta \in \mathcal{S}^{\prime}$ by functions, more and more "peaked"
at a, such that in the limit Eq. (3.71) holds true. For example, let $g \in L^{1}(\mathbb{R})$ with $\int d x g(x)=1$. Let:

$$
\begin{equation*}
g_{n}(x):=n^{d} g(n x) \tag{3.72}
\end{equation*}
$$

Then, by dominated convergence, for any continuous bounded function $f$, and in particular for all $f \in \mathcal{S}$, one has:

$$
\begin{align*}
\lim _{n \rightarrow \infty} T_{g_{n}}(f) & =\lim _{n \rightarrow \infty} \int_{\mathbb{R}} g_{n}(x) f(x) d x=\lim _{n \rightarrow \infty}\left(\int_{\mathbb{R}} g_{n}(x) f(0) d x+\int_{\mathbb{R}} g_{n}(x)(f(x)-f(0)) d x\right) \\
& =f(0)+\lim _{n \rightarrow \infty} \int_{\mathbb{R}} g(y)(f(y / n)-f(0)) d y=f(0) \equiv \delta(f) \tag{3.73}
\end{align*}
$$

In the last step we used that the argument of the integral converges to zero pointwise in $x$, as $n \rightarrow \infty$, and dominated convergence theorem to bring the limit inside the integral.

Next, we shall introduce the notions of weak and weak* convergence.
Definition 3.30. Let $V$ be a topological vector space and $V^{\prime}$ its dual.
(i) A sequence $\left(m_{n}\right)$ in $V$ converges weakly to $m \in V$ if:

$$
\begin{equation*}
\lim _{n \rightarrow \infty} T\left(m_{n}\right)=T(m), \quad \text { for all } T \in V^{\prime} \tag{3.74}
\end{equation*}
$$

One also writes $w-\lim _{n \rightarrow \infty} m_{n}=m$ or $m_{n} \rightharpoonup m$.
(ii) A sequence $\left(T_{n}\right)$ in $V^{\prime}$ converges in the weak* topology to $T \in V^{\prime}$ if:

$$
\begin{equation*}
\lim _{n \rightarrow \infty} T_{n}(m)=T(m), \quad \text { for all } m \in V \tag{3.75}
\end{equation*}
$$

One also writes $w^{*}-\lim _{n \rightarrow \infty} T_{n}=T$ or $T_{n} \stackrel{*}{\rightharpoonup} T$.
Theorem 3.31 (The adjoint map.). Let $A: \mathcal{S} \rightarrow \mathcal{S}$ be a linear and continuous map. Then, the map

$$
\begin{equation*}
A^{\prime}: \mathcal{S}^{\prime} \rightarrow \mathcal{S}^{\prime}, \quad\left(A^{\prime} T\right)(f):=T(A f) \quad \text { for all } f \in \mathcal{S} \tag{3.76}
\end{equation*}
$$

is weak* continuous. The map $A^{\prime}$ is called the adjoint of $A$.
Proof. One has $A^{\prime} T \in \mathcal{S}^{\prime}$, where $A^{\prime} T \equiv T \circ A$ is a continuous map on $\mathcal{S}$. To prove the weak* continuity of $A^{\prime}: \mathcal{S}^{\prime} \rightarrow \mathcal{S}^{\prime}$, we proceed as follows. Let $T_{n} \xrightarrow{*} T$. Then, for each $f \in \mathcal{S}$ :

$$
\begin{equation*}
\lim _{n \rightarrow \infty}\left(A^{\prime} T_{n}\right)(f)=\lim _{n \rightarrow \infty} T_{n}(A f)=T(A f)=\left(A^{\prime} T\right)(f) \tag{3.77}
\end{equation*}
$$

that is $A^{\prime} T_{n} \xrightarrow{*} A^{\prime} T$.
Remark 3.32. Strictly speaking, the above proof only shows sequential continuity in $\mathcal{S}^{\prime}$. This does not immediately imply continuity in $\mathcal{S}^{\prime}$, since the topology of $\mathcal{S}^{\prime}$ is not defined through a metric. Nevertheless, the above argument can be repeated for a net on $\mathcal{S}^{\prime}$, and net continuity would imply continuity.

Next, we define the Fourier transform on $\mathcal{S}^{\prime}$
Definition 3.33. For $T \in \mathcal{S}^{\prime}$, the Fourier transform $\widehat{T} \in \mathcal{S}^{\prime}$ is defined as:

$$
\begin{equation*}
\widehat{T}(f):=T(\hat{f}) \quad \text { for all } f \in \mathcal{S} \tag{3.78}
\end{equation*}
$$

Remark 3.34. In other words, $\mathcal{F}_{\mathcal{S}^{\prime}}:=\mathcal{F}_{\mathcal{S}}^{\prime}$. That is, the Fourier transform on $\mathcal{S}^{\prime}$ is defined as the adjoint of the Fourier transform on $\mathcal{S}$.

Lemma 3.35. The Fourier transform $\mathcal{F}: \mathcal{S}^{\prime} \rightarrow \mathcal{S}^{\prime}$ is a weak* continuous bijection. Moreover, for $f \in \mathcal{S}, \widehat{T}_{f}=T_{\hat{f}}$.

Proof. Since $\mathcal{F}: \mathcal{S} \rightarrow \mathcal{S}$ is continuous, it follows from Theorem 3.31 that $\mathcal{F}: \mathcal{S}^{\prime} \rightarrow \mathcal{S}^{\prime}$ is weak* continuous. Also, since $\left(\mathcal{F}^{-1} \mathcal{F} T\right)(f)=T\left(\mathcal{F F}^{-1} f\right)=T(f)$, the Fourier transform on $\mathcal{S}^{\prime}$ is also bijective, with inverse $\mathcal{F}^{-1}$. Finally, let $f \in L^{1}$. Then:

$$
\begin{equation*}
\widehat{T}_{f}(g) \equiv T_{f}(\hat{g})=\int f(x) \hat{g}(x) d x=\int \hat{f}(x) g(x) d x=T_{\hat{f}}(g) \tag{3.79}
\end{equation*}
$$

where the second equality follows from Proposition 3.15
Example 3.36 (The Fourier transform of the $\delta$-distribution.). Let $\delta(f)$ be the delta distribution, $\delta(f)=f(0)$. Then:

$$
\begin{equation*}
\hat{\delta}(f)=\delta(\hat{f})=\hat{f}(0)=\frac{1}{(2 \pi)^{d / 2}} \int f(x) d x \equiv \int \frac{1}{(2 \pi)^{d / 2}} f(x) d x=T_{g}(f) \tag{3.80}
\end{equation*}
$$

with $g=(2 \pi)^{-d / 2}$ the constant function. That is, the Fourier transform of the delta distribution is the constant function $g$.

Let us now introduce the notion of derivative on the space of distributions $\mathcal{S}^{\prime}$.
Definition 3.37 (The distributional derivative.). For $T \in \mathcal{S}^{\prime}$, we define its distributional derivative $\partial_{x}^{\alpha} T \in \mathcal{S}^{\prime}$ as:

$$
\begin{equation*}
\left(\partial_{x}^{\alpha} T\right)(f):=T\left((-1)^{|\alpha|} \partial_{x}^{\alpha} f\right) \tag{3.81}
\end{equation*}
$$

Lemma 3.38. The distributional derivative $\partial_{x}^{\alpha}: \mathcal{S}^{\prime} \rightarrow \mathcal{S}^{\prime}$ is weak* continuous and extends the notion of derivative on $\mathcal{S}$; that is, for $g \in \mathcal{S}$ we have:

$$
\begin{equation*}
\partial_{x}^{\alpha} T_{g}=T_{\partial_{x}^{\alpha} g} \tag{3.82}
\end{equation*}
$$

Proof. As an adjoint map, the derivative $\partial_{x}^{\alpha}$ is continuous thanks to Theorem 3.31. The property Eq. 3.82 follows from the integration by parts formula:

$$
\begin{equation*}
\left(\partial_{x}^{\alpha} T_{g}\right)(f)=T_{g}\left((-1)^{|\alpha|} \partial_{x}^{\alpha} f\right)=\int g(x)(-1)^{|\alpha|} \partial_{x}^{\alpha} f(x) d x=\int f(x) \partial_{x}^{\alpha} g(x) d x=T_{\partial_{x}^{\alpha} g}(f) \tag{3.83}
\end{equation*}
$$

Example 3.39 (The derivative of the delta distribution.). It follows that:

$$
\begin{equation*}
\left(\partial_{x}^{\alpha} \delta\right)(f)=\delta\left((-1)^{|\alpha|} \partial_{x}^{\alpha} f\right)=(-1)^{|\alpha|} \partial_{x}^{\alpha} f(0) \tag{3.84}
\end{equation*}
$$

For the Heaviside function $\theta(x)=\mathbf{1}_{[0, \infty)}(x)$ on $\mathbb{R}$ one has: $\frac{d}{d x} \theta=\delta$.
Lemma 3.40. Let $g \in C_{\text {pol }}^{\infty}$. Then, $(g T)(f)=T(g f)$ defines a weak* continuous map from $\mathcal{S}^{\prime}$ to $\mathcal{S}^{\prime}$. In general, one cannot define the product of two distributions, but one can define the product of a distribution and of a function in $C_{p o l}^{\infty}$.

Proof. Exercise.
Lemma 3.41. Let $g \in \mathcal{S}$ and $\tilde{g}(x)=g(-x)$. Then $(g * T)(f):=T(\tilde{g} * f)$ defines a weak ${ }^{*}$ continuous map from $\mathcal{S}^{\prime}$ to $\mathcal{S}^{\prime}$, which extends the convolution on $\mathcal{S}: g * T_{h}=T_{g * h}$ for $h \in \mathcal{S}$.

Proof. Exercise.
This result allows to prove the following theorem.
Theorem 3.42. $\mathcal{S}$ is dense in $\mathcal{S}^{\prime}$ in the weak* topology.
Proof. Let us give a sketch of the proof. We want to show that for all $T \in \mathcal{S}^{\prime}$ there exists $\left(\varphi_{n}\right) \subset \mathcal{S}$ such that:

$$
\begin{equation*}
T_{\varphi_{n}} \stackrel{*}{\rightharpoonup} T \tag{3.85}
\end{equation*}
$$

We proceed as follows. Let $\left(g_{n}\right) \subset \mathcal{S}$ such that $\left(g_{n} * f\right) \rightarrow f$ in $\mathcal{S}$ (e.g., $g_{n}(x)=n^{d} g(n x)$, with $g \in \mathcal{S}$ and $\int g=1$.) Then, we write:

$$
\begin{align*}
\left(g_{n} * T\right)(f) & =T\left(\tilde{g}_{n} * f\right) \\
& =T\left(\int d y \tilde{g}_{n}(\cdot-y) f(y)\right) \\
& =\int d y T\left(\tilde{g}_{n, y}\right) f(y) \tag{3.86}
\end{align*}
$$

with $\tilde{g}_{n, y}(\cdot)=\tilde{g}_{n}(\cdot-y)$. Thus, we would be tempted to say that $\left(g_{n} * T\right)=T_{\xi_{n}}$, with $\xi_{n}(y)=T\left(\tilde{g}_{n, y}\right)$. To prove this, we simply notice that $\xi_{n} \in C_{\mathrm{pol}}^{\infty}\left(\mathbb{R}^{d}\right)$ (exercise), which implies that $\xi_{n} f \in \mathcal{S}$, and hence that it is an integrable function. Thus, by the weak* continuity of the convolution, Lemma 3.41 , we just proved that for each $T \in \mathcal{S}^{\prime}$ there exists $\xi_{n} \in C_{\mathrm{pol}}^{\infty}$ such that:

$$
\begin{equation*}
T_{\xi_{n}} \stackrel{*}{\rightharpoonup} T . \tag{3.87}
\end{equation*}
$$

To conclude, we would like to show that the sequence $\left(\xi_{n}\right)$ can be replaced by a sequence $\left(\varphi_{n}\right)$ in $\mathcal{S}$. We proceed as follows. Let $G(x)$ as in Eq. (3.26). Let: $\varphi_{n}(x)=\xi_{n}(x) G(x / n)$. Then, being $G(x / n)$ compactly supported, $\varphi_{n} \in \mathcal{S}$. Notice that $T_{\varphi_{n}}(f)=T_{\xi_{n}}(G(\cdot / n) f)$. Fix $\varepsilon>0$. By what we just proved, for $n$ large enough:

$$
\begin{equation*}
\left|T_{\xi_{n}}(G(\cdot / n) f)-T(G(\cdot / n) f)\right| \leqslant \varepsilon / 3 . \tag{3.88}
\end{equation*}
$$

(Notice that the argument of the distributions is $n$-dependent. Nevertheless, this is not a problem, since the $\|\cdot\|_{\alpha, \beta}$ norms of $G(\cdot / n) f$ are all bounded uniformly in $n$.) Also, by the continuity of $T$ :

$$
\begin{equation*}
|T(G(\cdot / n) f)-T(f)| \leqslant \varepsilon / 3, \tag{3.89}
\end{equation*}
$$

where we used that $G(\cdot / n) f-f \rightarrow 0$ in $\mathcal{S}$, as $n \rightarrow \infty$. Finally, again by Eq. 3.87):

$$
\begin{equation*}
\left|T(f)-T_{\xi_{n}}(f)\right| \leqslant \varepsilon / 3 \tag{3.90}
\end{equation*}
$$

All together, for any $f \in \mathcal{S}$ and for any $\varepsilon>0$ there exists $n_{0} \in \mathbb{N}$ such that for $n \geqslant n_{0}$ :

$$
\begin{equation*}
\left|T_{\xi_{n}}(f)-T_{\varphi_{n}}(f)\right| \leqslant \varepsilon . \tag{3.91}
\end{equation*}
$$

This, together with Eq. (3.87, implies that:

$$
\begin{equation*}
T_{\varphi_{n}} \stackrel{*}{\rightarrow} T . \tag{3.92}
\end{equation*}
$$

Next, we discuss the solution of the free Schrödinger equation in the sense of distributions. We say that $\psi(t) \in C^{\infty}\left(\mathbb{R}_{t}, \mathcal{S}^{\prime}\left(\mathbb{R}^{d}\right)\right)$ is a distributional solution of the Schrödinger equation if:

$$
\begin{equation*}
i \frac{d}{d t}(f, \psi(t))_{\mathcal{S}, \mathcal{S}^{\prime}}=\left(f,-\frac{1}{2} \Delta \psi(t)\right)_{\mathcal{S}, \mathcal{S}^{\prime}} \tag{3.93}
\end{equation*}
$$

for all functions $f \in \mathcal{S}\left(\mathbb{R}^{d}\right)$.
Proposition 3.43. Let $\psi_{0} \in \mathcal{S}^{\prime}$. Then, there exists a unique, global solution $\psi(t) \in$ $C^{\infty}\left(\mathbb{R}_{t}, \mathcal{S}^{\prime}\left(\mathbb{R}^{d}\right)\right)$ of the Schrödinger equation, given by

$$
\begin{equation*}
\psi(t)=\mathcal{F}^{-1} e^{-i \frac{|k|^{2}}{2} t} \mathcal{F} \psi_{0} \tag{3.94}
\end{equation*}
$$

Proof. By Lemma 3.35 and by the fact that $\mathcal{F}$ and $\mathcal{F}^{-1}$ are maps from $\mathcal{S}^{\prime}$ to $\mathcal{S}^{\prime}$, we know that $\psi(t) \in \mathcal{S}^{\prime}\left(\mathbb{R}^{d}\right)$. To conclude, we show that $\psi(t)$ is a solution of the Schrödinger equation
in the sense of distributions. Let $f \in \mathcal{S}$ be a test function. Then:

$$
\begin{align*}
i \frac{d}{d t}(f, \psi(t))_{\mathcal{S}, \mathcal{S}^{\prime}} & =i \frac{d}{d t}\left(\mathcal{F} e^{-i \frac{|k|^{2}}{2} t} \mathcal{F}^{-1} f, \psi_{0}\right)_{\mathcal{S}, \mathcal{S}^{\prime}} \\
& =\left(\mathcal{F} e^{-i \frac{|k|^{2}}{2} t} \frac{|k|^{2}}{2} \mathcal{F}^{-1} f, \psi_{0}\right)_{\mathcal{S}, \mathcal{S}^{\prime}} \\
& =\left(-\mathcal{F} e^{-i \frac{|k|^{2}}{2} t} \mathcal{F}^{-1} \frac{1}{2} \Delta f, \psi_{0}\right)_{\mathcal{S}, \mathcal{S}^{\prime}} \\
& =\left(-\frac{1}{2} \Delta f, \mathcal{F}^{-1} e^{-i \frac{|k|^{2}}{2} t} \mathcal{F} \psi_{0}\right)_{\mathcal{S}, \mathcal{S}^{\prime}} \\
& =\left(f,-\frac{1}{2} \Delta \psi(t)\right)_{\mathcal{S}, \mathcal{S}^{\prime}} \tag{3.95}
\end{align*}
$$

The regularity in time of the mapping $\psi(t): \mathcal{S} \rightarrow \mathbb{C}$ can be easily checked.

### 3.4 Long time asymptotics of the momentum operator

We have proven that, for $\psi_{0} \in \mathcal{S}$, the solution of the free Schrödinger equation is given by:

$$
\begin{equation*}
\psi(t, x)=\frac{1}{(2 \pi i t)^{d / 2}} \int d y e^{i \frac{|x-y|^{2}}{2 t}} \psi_{0}(y) . \tag{3.96}
\end{equation*}
$$

The probability for finding the quantum particle in the region $A \subset \mathbb{R}^{d}$ is given by:

$$
\begin{equation*}
P(X(t) \in A)=\int_{A}|\psi(t, x)|^{2} d x \tag{3.97}
\end{equation*}
$$

Next, we want to determine the "velocity distribution" of the quantum particle. Since the velocity at a fixed time is not defined in standard quantum mechanics, we shall consider the asymptotic speed for large times, which we define as:

$$
\begin{equation*}
\lim _{t \rightarrow \infty} P\left(\frac{X(t)}{t} \in A\right):=\lim _{t \rightarrow \infty} P(X(t) \in t A)=\lim _{t \rightarrow \infty} \int_{t A}|\psi(t, x)|^{2} d x \tag{3.98}
\end{equation*}
$$

Notice that choice of the origin of the reference frame does not play any role. To get an expression for the above limit, we shall use the next lemma.

Lemma 3.44. Let $\psi(t)$ be the solution of the free Schrödinger equation, with $\psi(0)=\psi_{0} \in \mathcal{S}$. Then:

$$
\begin{equation*}
\psi(t, x)=\frac{e^{i \frac{x^{2}}{2 t}}}{(i t)^{d / 2}} \hat{\psi}_{0}(x / t)+r(t, x) \tag{3.99}
\end{equation*}
$$

with $\lim _{t \rightarrow \infty}\|r(t)\|_{L^{2}}=0$.
Proof. We have, by Eq. 3.96):

$$
\begin{align*}
\psi(t, x) & =\frac{e^{i \frac{x^{2}}{2 t}}}{(i t)^{d / 2}} \frac{1}{(2 \pi)^{d / 2}} \int e^{-i \frac{x}{t} y}\left(e^{i \frac{y^{2}}{2 t}}+1-1\right) \psi_{0}(y) d y \\
& =\frac{e^{i \frac{x^{2}}{2 t}}}{(i t)^{d / 2}}\left(\hat{\psi}_{0}(x / t)+\frac{1}{(2 \pi)^{d / 2}} \int e^{-i \frac{x}{t} y}\left(e^{i \frac{y^{2}}{2 t}}-1\right) \psi_{0}(y) d y\right) \\
& =\frac{e^{i \frac{x^{2}}{2 t}}}{(i t)^{d / 2}}\left(\hat{\psi}_{0}(x / t)+\hat{h}(t, x / t)\right) \tag{3.100}
\end{align*}
$$

and hence:

$$
\begin{equation*}
r(t, x)=\frac{e^{i \frac{x^{2}}{2 t}}}{(i t)^{d / 2}} \hat{h}(t, x / t) \tag{3.101}
\end{equation*}
$$

To prove the claim on the $L^{2}$ norm, we proceed as follows:

$$
\begin{equation*}
\|r(t, \cdot)\|_{L^{2}}^{2}=\int|r(t, x)|^{2} d x=\frac{1}{t^{d}} \int|\hat{h}(t, x / t)|^{2} d x=\int|\hat{h}(t, y)|^{2} d y=\int|h(t, y)|^{2} d y \tag{3.102}
\end{equation*}
$$

Now, notice that $h(t, x) \rightarrow 0$ pointwise as $t \rightarrow \infty$. Also, $|h(t, x)|^{2} \leqslant 4\left|\psi_{0}(x)\right|^{2}$. Therefore, by dominated convergence theorem:

$$
\begin{equation*}
\lim _{t \rightarrow \infty} \int|h(t, x)|^{2} d x=0 \tag{3.103}
\end{equation*}
$$

This concludes the proof.
Theorem 3.45. Let $\psi(t, x)$ be a solution of the free Schrödinger equation and let $A \subset \mathbb{R}^{d}$ measurable. Then:

$$
\begin{equation*}
\lim _{t \rightarrow \infty} P\left(\frac{X(t)}{t} \in A\right)=: \lim _{t \rightarrow \infty} \mathbb{P}^{\psi_{t}}(t \Lambda)=\int_{A}\left|\hat{\psi}_{0}(p)\right|^{2} d p \tag{3.104}
\end{equation*}
$$

Proof. By Lemma 3.44, we have:

$$
\begin{equation*}
\int_{t A}|\psi(t, x)|^{2} d x=\frac{1}{t^{d}} \int_{t A}\left|\hat{\psi}_{0}(x / t)\right|^{2} d x+R(t)=\int_{A}\left|\hat{\psi}_{0}(p)\right|^{2} d p+R(t), \tag{3.105}
\end{equation*}
$$

where, following the proof of the Lemma:

$$
\begin{align*}
\lim _{t \rightarrow \infty} R(t) & =\lim _{t \rightarrow \infty} \int_{t A}|r(t, x)|^{2} d x+\lim _{t \rightarrow \infty} 2 \operatorname{Re}\left(\frac{1}{t^{d}} \int_{t A} \overline{\hat{\psi}_{0}(x / t)} \hat{h}(t, x / t) d x\right) \\
& =\lim _{t \rightarrow \infty} 2 \operatorname{Re}\left(\int_{A} \overline{\hat{\psi}_{0}(p)} \hat{h}(t, p)\right) . \tag{3.106}
\end{align*}
$$

By the Cauchy-Schwarz inequality we have:

$$
\begin{equation*}
\lim _{t \rightarrow \infty}\left|\int_{t A} \overline{\hat{\psi}_{0}(p)} \hat{h}(t, p) d p\right| \leqslant \lim _{t \rightarrow \infty}\left\|\hat{\psi}_{0}\right\|_{L^{2}}\|\hat{h}(t)\|_{L^{2}}=0 \tag{3.107}
\end{equation*}
$$

Remark 3.46. - If we would not have set the mass $m$ to 1 , the probability in the lefthand side of Eq. 3.104) should have been replaced by $P(m X(t) / t \in \Lambda)$. Therefore, the above result allows to control the asymptotic distribution of the momentum of the quantum particle.

- The operator $P:=-i \nabla_{x}$ is called the momentum operator. The expectation value of the momentum operator is given by:

$$
\begin{equation*}
\mathbb{E}^{\psi_{t}}(P):=\left\langle\psi_{t}, P \psi_{t}\right\rangle:=\int_{\mathbb{R}^{d}} \overline{\psi(t, x)}(P \psi)(t, x) d x=\int_{\mathbb{R}^{d}} \overline{\hat{\psi}(t, p)} p \hat{\psi}(t, p) d p=\int_{\mathbb{R}^{d}} p|\hat{\psi}(0, p)|^{2} d p \tag{3.108}
\end{equation*}
$$

where we used that $|\hat{\psi}(t, p)|=|\hat{\psi}(0, p)|$. Thus, the quantum mechanical expectation value of the momentum operator is equal to its expectation value with respect to the asymptotic momentum distribution.

### 3.5 Properties of Hilbert spaces

Recall the definition of Hilbert space, given in Section 2.3. In this section we shall spell out some important properties of Hilbert spaces, that will play a role in the following discussion.

Definition 3.47. Let $\mathcal{H}$ be a Hilbert space. A sequence $\left(\varphi_{n}\right)$ in $\mathcal{H}$ is called an orthonormal sequence if $\left\langle\varphi_{n}, \varphi_{m}\right\rangle=\delta_{n, m}$.

The next proposition is an immediate consequence of notion of orthogonality.
Proposition 3.48. Let $\left(\varphi_{j}\right)_{j \in \mathbb{N}}$ be a orthonormal sequences in $\mathcal{H}$. For any $\psi \in \mathcal{H}$, let us rewrite:

$$
\begin{align*}
\psi & =\sum_{j=1}^{n}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}+\left(\psi-\sum_{j=1}^{n}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}\right) \\
& =: \quad \psi_{n}+\psi_{n}^{\perp} . \tag{3.109}
\end{align*}
$$

Then, $\left\langle\psi_{n}, \psi^{\perp}\right\rangle=0$ and:

$$
\begin{equation*}
\langle\psi, \psi\rangle=\left\langle\psi_{n}, \psi_{n}\right\rangle+\left\langle\psi_{n}^{\perp}, \psi_{n}^{\perp}\right\rangle . \tag{3.110}
\end{equation*}
$$

Proof. Exercise.
Proposition 3.48 implies the validity of two important inequalities, the Cauchy-Schwarz inequality and the Bessel inequality.

Corollary 3.49. (a) Let $\left(\varphi_{j}\right)_{j \in \mathbb{N}}$ be an orthonormal sequences in $\mathcal{H}$. Let $\psi \in \mathcal{H}$ and $n \in \mathbb{N}$. Then:

$$
\begin{equation*}
\|\psi\|^{2} \geqslant \sum_{j=1}^{n}\left|\left\langle\varphi_{j}, \psi\right\rangle\right|^{2} \quad \text { (Bessel inequality). } \tag{3.111}
\end{equation*}
$$

(b) Let $\varphi, \psi \in \mathcal{H}$. Then:

$$
\begin{equation*}
|\langle\varphi, \psi\rangle| \leqslant\|\varphi\|\|\psi\|, \quad \text { (Cauchy-Schwarz inequality). } \tag{3.112}
\end{equation*}
$$

Proof. Eq. (3.111) immediately follows from Proposition 3.48. Eq. (3.112) follows from Eq. (3.111), after choosing $\varphi_{1}=\varphi /\|\varphi\|$ and $n=1$.

Proposition 3.50 (Polarization identity.). Let $\mathcal{H}$ be a Hilbert space. Let $\psi, \varphi \in \mathcal{H}$. Then:

$$
\begin{equation*}
\langle\varphi, \psi\rangle=\frac{1}{4}\left(\|\varphi+\psi\|^{2}-\|\varphi-\psi\|^{2}-i\|\varphi+i \psi\|^{2}+i\|\varphi-i \psi\|^{2}\right) . \tag{3.113}
\end{equation*}
$$

Proof. Eq. 3.113 follows from the following identity, valid for any sesquilinear form ${ }^{1} B$ : $X \times X \rightarrow \mathbb{C}$, with $X$ a complex vector space:

$$
\begin{equation*}
B(x, y)=\frac{1}{4}(B(x+y, x+y)-B(x-y, x-y)-i B(x+i y, x+i y)+i B(x-i y, x-i y)) . \tag{3.114}
\end{equation*}
$$

Definition 3.51. An orthonormal sequence $\left(\varphi_{j}\right)_{j \in \mathbb{N}}$ in $\mathcal{H}$ is called an orthonormal basis if for all $\psi \in \mathcal{H}$ :

$$
\begin{equation*}
\psi=\sum_{j=1}^{\infty}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j} \tag{3.115}
\end{equation*}
$$

Remark 3.52. Notice that the series converges in $\mathcal{H}$. In fact, by Bessel's inequality,

$$
\sum_{j=1}^{n}\left|\left\langle\varphi_{j}, \psi\right\rangle\right|^{2} \leqslant\|\psi\|^{2}
$$

Thus, $\lim _{n \rightarrow \infty} \sum_{j=1}^{n}\left|\left\langle\varphi_{j}, \psi\right\rangle\right|^{2}$ exists. Consider the sequence of partial sums $\left(\sum_{j=1}^{n}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}\right)$. Let $n^{\prime}>n$. We have:

$$
\begin{equation*}
\left\|\sum_{j=1}^{n}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}-\sum_{j=1}^{n^{\prime}}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}\right\|^{2}=\sum_{j=n}^{n^{\prime}}\left|\left\langle\varphi_{j}, \psi\right\rangle\right|^{2}, \tag{3.116}
\end{equation*}
$$

which vanishes as $n \rightarrow \infty$. Hence, $\left(\sum_{j=1}^{n}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}\right)$ is a Cauchy sequence in $\mathcal{H}$. Being $\mathcal{H}$ complete, $\sum_{j=1}^{\infty}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j} \in \mathcal{H}$.
Definition 3.53. A topological vector space is called separable if it contains a countable, dense subset.

Proposition 3.54. A Hilbert space is separable if and only if it contains an orthonormal basis.

[^0]Proof. Let $\left(\varphi_{j}\right)$ be a ONB. Then, the following set is a dense and countable subset of $\mathcal{H}$ :

$$
\begin{equation*}
\operatorname{span}_{\mathbb{Q}+i \mathbb{Q}}\left\{\varphi_{j} \mid j \in \mathbb{N}\right\}:=\left\{\sum_{j=1}^{N}\left(a_{j}+i b_{j}\right) \varphi_{j} \mid N \in \mathbb{N}, \quad a_{j}, b_{j} \in \mathbb{Q}\right\} . \tag{3.117}
\end{equation*}
$$

Let us now prove the converse statement. Suppose that $\left(\varphi_{j}\right)_{j \in \mathbb{N}}$ is a dense and countable subset of $\mathcal{H}$. Let $\left(\varphi_{j}\right)_{j \in J} \subseteq\left(\varphi_{j}\right)_{j \in \mathbb{N}}$ be a subset of linearly independent vectors in $\left(\varphi_{j}\right)_{j \in \mathbb{N}}$, dense in $\mathcal{H}$. This subset can be used to define a ONB, via the Gram-Schmidt method.

Proposition 3.55. Let $\left(\varphi_{j}\right)$ be an orthonormal basis for $\mathcal{H}$. Then, the following inequality holds true:

$$
\begin{equation*}
\|\psi\|^{2}=\sum_{j=1}^{\infty}\left|\left\langle\varphi_{j}, \psi\right\rangle\right|^{2} \quad \text { (Parseval equality.) } \tag{3.118}
\end{equation*}
$$

Proof. Eq. (3.118) immediately follows from the definition and the continuity of the scalar product:

$$
\begin{align*}
\|\psi\|^{2} & =\left\langle\lim _{N \rightarrow \infty} \sum_{j=1}^{N}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}, \lim _{M \rightarrow \infty} \sum_{i=1}^{M}\left\langle\varphi_{i}, \psi\right\rangle \varphi_{i}\right\rangle \\
& =\lim _{N \rightarrow \infty} \lim _{M \rightarrow \infty}\left\langle\sum_{j=1}^{N}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}, \sum_{i=1}^{M}\left\langle\varphi_{i}, \psi\right\rangle \varphi_{i}\right\rangle=\lim _{N \rightarrow \infty} \sum_{j=1}^{N}\left|\left\langle\varphi_{j}, \psi\right\rangle\right|^{2} . \tag{3.119}
\end{align*}
$$

Remark 3.56 ( $\ell^{2}$ as a coordinate space for a separable Hilbert space.). Let $\left(\varphi_{j}\right) \subset \mathcal{H}$ be a ONB. Then, the Parseval equality implies that the following mapping is an isometry:

$$
\begin{equation*}
U: \mathcal{H} \rightarrow \ell^{2}, \quad \varphi \mapsto\left(\left\langle\varphi_{j}, \psi\right\rangle\right)_{j \in \mathbb{N}} \tag{3.120}
\end{equation*}
$$

In particular, for each sequence $c \in \ell^{2}$ we can associate a series $\sum_{j=1}^{\infty} c_{j} \varphi_{j}$, which converges in norm:

$$
\begin{equation*}
\left\|\sum_{j=N}^{\infty} c_{j} \varphi_{j}\right\|^{2}=\sum_{j=N}^{\infty}\left|c_{j}\right|^{2} \rightarrow 0 \quad \text { as } N \rightarrow \infty \tag{3.121}
\end{equation*}
$$

this means that $U$ is also surjective, i.e. it is an isometric isomorphism. Therefore, each separable Hilbert space is isometrically isomorphic to $\ell^{2}$ and each ONB generates an isometric isomorphism. Thus, we can identify $\ell^{2}$ as the coordinate space for separable Hilbert spaces of infinite dimension.
Example 3.57. Consider $L^{2}([0,2 \pi])$. It is a separable Hilbert space, and a ONB is provided by $\varphi_{k}(x)=\frac{1}{\sqrt{2 \pi}} e^{i k x}, k \in \mathbb{N}$. Let $\psi \in L^{2}([0,2 \pi])$, and consider its Fourier series:

$$
\begin{equation*}
\psi=\sum_{k=-\infty}^{\infty}\left\langle\varphi_{k}, \psi\right\rangle \varphi_{k} \tag{3.122}
\end{equation*}
$$

The Fourier series provides an isometric isomorphism between $\ell^{2}$ and $L^{2}$.
Proposition 3.58 (Characterization of an orthonormal basis.). An orthonormal sequence $\left(\varphi_{j}\right)_{j \in I}$ in $\mathcal{H}$ is an orthonormal basis of $\mathcal{H}$ if and only if:

$$
\begin{equation*}
\left\langle\varphi_{j}, \psi\right\rangle=0 \quad \text { for all } j \in I \quad \Rightarrow \psi=0 \tag{3.123}
\end{equation*}
$$

Proof. Let $\left(\varphi_{j}\right)_{j \in I}$ be a ONB of $\mathcal{H}$. Suppose that $\left\langle\varphi_{j}, \psi\right\rangle=0$ for all $j \in I$. Then, by definition of ONB, Eq. 3.115), $\psi=0$. Let us now prove the converse implication. Let $\left(\varphi_{j}\right)$ be an orthonormal sequence in $\mathcal{H}$, and let $\phi \in \mathcal{H}$. By Bessel's inequality, we have, for all $n \in \mathbb{N}$ :

$$
\begin{equation*}
\sum_{j=1}^{n}\left|\left\langle\varphi_{j}, \phi\right\rangle\right|^{2} \leqslant\|\phi\|^{2} \tag{3.124}
\end{equation*}
$$

Being the sequence $n \mapsto \sum_{j=1}^{n}\left|\left\langle\varphi_{j}, \phi\right\rangle\right|^{2}$ nondecreasing and bounded, the $n \rightarrow \infty$ limit exists: $\lim _{n \rightarrow \infty} \sum_{j=1}^{n}\left|\left\langle\varphi_{j}, \phi\right\rangle\right|^{2}=\sum_{j \in I}\left|\left\langle\varphi_{j}, \phi\right\rangle\right|^{2}$. In particular, this implies that the series $\sum_{j \in I}\left\langle\varphi_{j}, \phi\right\rangle \varphi_{j}$ is convergent in $\mathcal{H}$. Consider the vector:

$$
\begin{equation*}
\psi=\phi-\sum_{j \in I}\left\langle\phi, \varphi_{j}\right\rangle \varphi_{j} \tag{3.125}
\end{equation*}
$$

By construction, $\left\langle\psi, \varphi_{j}\right\rangle=0$ for all $j \in I$. By assumption, this implies that $\psi=0$, hence:

$$
\begin{equation*}
\phi=\sum_{j \in I}\left\langle\phi, \varphi_{j}\right\rangle \varphi_{j}, \quad \text { for all } \phi \in \mathcal{H} \tag{3.126}
\end{equation*}
$$

Therefore, $\left\{\varphi_{j}\right\}_{j \in I}$ is an ONB of $\mathcal{H}$. This concludes the proof.
Definition 3.59. Let $M \subset \mathcal{H}$. We define its orthogonal complement as:

$$
\begin{equation*}
M^{\perp}:=\{\psi \in \mathcal{H} \mid\langle\varphi, \psi\rangle=0 \quad \text { for all } \varphi \in M\} \tag{3.127}
\end{equation*}
$$

Remark 3.60. It follows that $M \cap M^{\perp}=\{0\}$. Also, being $\langle\varphi, \cdot\rangle$ linear and continuous, $M^{\perp}$ is a closed subspace of $M$.
Theorem 3.61. Let $M \subset \mathcal{H}$ be a closed subspace of $\mathcal{H}$. Then:

$$
\begin{equation*}
\mathcal{H}=M \oplus M^{\perp} \tag{3.128}
\end{equation*}
$$

That is, every element $\psi \in \mathcal{H}$ can be rewritten in a unique way as $\psi=\varphi+\varphi^{\perp}$ with $\varphi \in M$ and $\varphi^{\perp} \in M^{\perp}$.

Proof. Let $\psi \in \mathcal{H}$. If $\psi \in M$, or $\psi \in M^{\perp}$, there is nothing to prove. Suppose that $\psi \notin M$, $\psi \notin M^{\perp}$. Let $\left(v_{k}\right)$ be a minimizing sequence:

$$
\begin{equation*}
\lim _{k \rightarrow \infty}\left\|\psi-v_{k}\right\|^{2}=\inf _{v \in M}\|\psi-v\|^{2} . \tag{3.129}
\end{equation*}
$$

By using that $\|\cdot\|^{2}=\langle\cdot, \cdot\rangle$, we have:

$$
\begin{equation*}
\|\psi-v\|^{2}=F(v)+\|\psi\|^{2}, \quad F(v):=\|v\|^{2}-2 \operatorname{Re}\langle\psi, v\rangle . \tag{3.130}
\end{equation*}
$$

Therefore, $\lim _{k \rightarrow \infty} F\left(v_{k}\right)=\inf _{v \in M} F(v)=: \alpha$. Our preliminary goal is to show that $v_{k} \rightarrow v$ in $M$. To prove this, we write:

$$
\begin{align*}
F\left(v_{k}\right)+F\left(v_{l}\right) & =\left\|v_{k}\right\|^{2}-2 \operatorname{Re}\left\langle\psi, v_{k}\right\rangle+\left\|v_{l}\right\|^{2}-2 \operatorname{Re}\left\langle\psi, v_{l}\right\rangle \\
& =\frac{1}{2}\left(\left\|v_{k}+v_{l}\right\|^{2}+\left\|v_{k}-v_{l}\right\|^{2}\right)-2 \operatorname{Re}\left\langle\psi, v_{k}+v_{l}\right\rangle \\
& =2\left\|\frac{v_{k}+v_{l}}{2}\right\|^{2}-4 \operatorname{Re}\left\langle\psi, \frac{v_{k}+v_{l}}{2}\right\rangle+\frac{1}{2}\left\|v_{k}-v_{l}\right\|^{2} \\
& =2 F\left(\frac{v_{k}+v_{l}}{2}\right)+\frac{1}{2}\left\|v_{k}-v_{l}\right\|^{2} \geqslant 2 \alpha+\frac{1}{2}\left\|v_{k}-v_{l}\right\|^{2} . \tag{3.131}
\end{align*}
$$

Since $F\left(v_{k}\right), F\left(v_{l}\right) \rightarrow \alpha$ as $k, l \rightarrow \infty$, we get that $\left\|v_{k}-v_{l}\right\| \rightarrow 0$. Being $\left(v_{k}\right)$ a Cauchy sequence, and since $\mathcal{H}$ is complete, $v_{k} \rightarrow v$ in $\mathcal{H}$. Also, since $M$ is closed, $v \in M$. By continuity of the scalar product, $\alpha=F(v)$. Our next goal is to show that $\psi-v \in M^{\perp}$. If so, this provides one decomposition $\psi=v+v^{\perp}$, with $v \in M$ and $v^{\perp} \in M^{\perp}$.

Let $\tilde{v} \in M$ and let $f(t):=F(v+t \tilde{v})$. Then, by definition of $v$ :

$$
\begin{equation*}
f(t) \geqslant F(v) \equiv f(0), \quad \text { for all } t \in \mathbb{R} \tag{3.132}
\end{equation*}
$$

Thus, $t=0$ is a minimum of $f(t)$. In particular, $f^{\prime}(0)=0$. Let us compute the derivative. A simple computation shows that:

$$
\begin{equation*}
0=f^{\prime}(0)=2 \operatorname{Re}\langle\psi-v, \tilde{v}\rangle \tag{3.133}
\end{equation*}
$$

Replacing $\tilde{v}$ with $i \tilde{v}$, we get the same identity but with Re replaced by Ran. Hence:

$$
\begin{equation*}
0=\langle\psi-v, \tilde{v}\rangle=0, \quad \text { for all } \tilde{v} \in M . \tag{3.134}
\end{equation*}
$$

In conclusion, $\psi-v \in M^{\perp}$, as claimed; thus, $\psi=v+\perp v$. Let us now prove uniqueness of the splitting. Suppose there exists $v_{1}, v_{2} \in M$ and $v_{1}^{\perp}, v_{2}^{\perp}$ such that:

$$
\begin{equation*}
\psi=v_{1}+v_{1}^{\perp}=v_{2}+v_{2}^{\perp} . \tag{3.135}
\end{equation*}
$$

Then, $v_{1}-v_{2}=v_{2}^{\perp}-v_{1}^{\perp}$, which means that $v_{1}-v_{2}=0$ and $v_{1}^{\perp}-v_{2}^{\perp}=0$, since $M \cap M^{\perp}=\{0\}$.

### 3.6 The Fourier transform in $L^{2}$

Definition 3.62. Let $X$ and $Y$ be two normed spaces. An operator $L: X \rightarrow Y$ between $X$ and $Y$ is called bounded if there exists $C<\infty$ such that:

$$
\begin{equation*}
\|L x\|_{Y} \leqslant C\|x\|_{X}, \quad \text { for all } x \in X \tag{3.136}
\end{equation*}
$$

Proposition 3.63. Let $X$ and $Y$ be two normed spaces. Let $\mathcal{L}(X, Y)$ be the set of the bounded linear operators from $X$ to $Y$. Let:

$$
\begin{equation*}
\|L\|_{\mathcal{L}(X, Y)}:=\sup _{\|x\|_{X}=1}\|L x\|_{Y} \tag{3.137}
\end{equation*}
$$

Then, $\|\cdot\|_{\mathcal{L}(X, Y)}$ defines a norm on $\mathcal{L}(X, Y)$. Moreover, if $Y$ is complete then $\mathcal{L}(X, Y)$ is complete as well, that is it is a Banach space.

Proof. It is easy to check that $\|\cdot\|_{\mathcal{L}(X, Y)}$ defines a norm on $\mathcal{L}(X, Y)$. Let now prove that if $Y$ is complete then $\mathcal{L}(X, Y)$ is complete as well. Let $\left(L_{n}\right)$ be a Cauchy sequence in $\mathcal{L}(X, Y)$ :

$$
\begin{equation*}
\left\|L_{n}-L_{m}\right\|_{\mathcal{L}(X, Y)} \rightarrow 0 \quad \text { as } n, m \rightarrow \infty \tag{3.138}
\end{equation*}
$$

Then, $\left(L_{n} x\right)$ is Cauchy sequence in $Y$, since

$$
\begin{equation*}
\left\|L_{n} x-L_{m} x\right\|_{Y} \leqslant\left\|L_{n}-L_{m}\right\|_{\mathcal{L}(X, Y)}\|x\|_{Y} \tag{3.139}
\end{equation*}
$$

Being $Y$ complete, $L_{n} x \rightarrow y \in Y$, as $n \rightarrow \infty$. We define $L x:=y$. It is easy to show that $L$ is a linear operator. Let us prove that $L$ is a bounded operator. By the Cauchy property, we have, for all $\varepsilon>0$, for $n$, $m$ large enough:

$$
\begin{equation*}
\sup _{\|x\|_{X}=1}\left\|L_{n} x-L_{m} x\right\|_{Y} \leqslant \varepsilon \tag{3.140}
\end{equation*}
$$

Therefore, dropping the sup and taking the $m \rightarrow \infty$ limit:

$$
\begin{equation*}
\left\|L_{n} x-L x\right\|_{Y} \leqslant \varepsilon \Rightarrow\|L x\|_{Y} \leqslant C \tag{3.141}
\end{equation*}
$$

uniformly in $x$, for all $x$ such that $\|x\|_{X}=1$. This proves that $L \in \mathcal{L}(X, Y)$. Due to the arbitrariness of $\varepsilon$, Eq. 3.141) also proves that $L_{n} \rightarrow L$ in $\mathcal{L}(X, Y)$. This concludes the proof.

Theorem 3.64. Let $X$ and $Y$ be two normed spaces. Let $L: X \rightarrow Y$ be a linear operator. Them, the following statements are equivalent:
(i) $L$ is continuous at 0 .
(ii) $L$ is continuous.
(iii) $L$ is bounded.

Proof. $($ iii $) \Rightarrow(i)$. In fact, let $\left\|x_{n}\right\| \rightarrow 0$. Then, $\left\|L x_{n}\right\| \leqslant\|L\|\left\|x_{n}\right\| \rightarrow 0$.
Let us now show that $(i) \Rightarrow(i i)$. Let $\left\|x_{n}-x\right\| \rightarrow 0$ and let $L$ be continuous at 0 . Then, $\left\|L x_{n}-L x\right\|=\left\|L\left(x_{n}-x\right)\right\| \rightarrow 0$.

Finally, let us prove that $(i i) \Rightarrow(i i i)$. Suppose that $L$ is continuous but not bounded: that is, there exists a sequence $\left(x_{n}\right)$ with $\left\|x_{n}\right\|=1$ such that $\left\|L x_{n}\right\| \geqslant n$. Then, let $z_{n}:=\frac{x_{n}}{\left\|L x_{n}\right\|}$. It follows that $\left\|z_{n}\right\| \leqslant \frac{1}{n}$, but $\left\|L z_{n}\right\|=1$, which contradicts continuity.

Example 3.65 (Unbounded linear operators.). Let $\ell_{0}=\left\{\left(x_{n}\right) \in \ell^{1} \mid \exists N \in \mathbb{N}: x_{n}=0 \forall n \geqslant\right.$ $N\}$ be the space of finite sequences, equipped with the norm $\|x\|_{\ell^{1}}:=\sum_{n=1}^{\infty}\left|x_{n}\right|$. Then, the operator $T: \ell_{0} \rightarrow \ell_{0}$ such that $x \mapsto T x=\left(x_{1}, 2 x_{2}, 3 x_{3}, \ldots\right)$ is unbounded, since $\left\|T e_{n}\right\|=n$ but $\left\|e_{n}\right\|=1$.
Theorem 3.66 (Extension of densely defined linear bounded operators.). Let $Z \subset X$ be a dense subspace of a normed space $X$ and let $Y$ be a Banach space. Let $L: Z \rightarrow Y$ be linear and bounded. Then, $L$ admits a unique linear and bounded extension $\tilde{L} \in \mathcal{L}(X, Y)$ with $\tilde{L} \upharpoonright_{Z}=L$ and

$$
\begin{equation*}
\|\tilde{L}\|_{\mathcal{L}(X, Y)}=\|L\|_{\mathcal{L}(Z, Y)} . \tag{3.142}
\end{equation*}
$$

Proof. Let $x \in X$. Then, there exists a sequence $\left(z_{n}\right) \subset Z$ such that $\left\|z_{n}-x\right\|_{X} \rightarrow 0$. Being $\left(z_{n}\right)$ convergent, the sequence $\left(z_{n}\right)$ is also a Cauchy sequence. Thus, $\left\|L z_{n}-L z_{m}\right\|_{Y}=$ $\left\|L\left(z_{n}-z_{m}\right)\right\|_{Y} \leqslant\|L\|\left\|z_{n}-z_{m}\right\|_{X}$, which means that $\left(L z_{n}\right)$ is also a Cauchy sequence in $Y$. Since $Y$ is complete, $L z_{n} \rightarrow y \in Y$. Let us now prove that the limit $y$ does not depend on the choice of the sequence $\left(z_{n}\right)$ (provided it converges to $x$ ). Let ( $z_{n}^{\prime}$ ) be another sequence in $Z$, such that $\left\|z_{n}^{\prime}-x\right\|_{X} \rightarrow 0$. Consider the new sequence $z_{1}, z_{1}^{\prime}, z_{2}, z_{2}^{\prime}, \ldots$. By assumption, also this new sequence converges to $x$, and by following the previous argument, $L z_{1}, L z_{1}^{\prime}, L z_{2}, L z_{2}^{\prime} \ldots$ converges to $\tilde{y} \in Y$. But since every subsequence of a convergent sequence converges to the same limit, we have $y=\lim L z_{n}=\lim L z_{n}^{\prime}=\tilde{y}$. Therefore, we can define $\tilde{L} x:=y$. The linearity of $L$ follows immediately from the previous construction. The boundedness follows from:

$$
\begin{equation*}
\|\tilde{L} x\|_{Y}=\lim _{n \rightarrow \infty}\left\|L z_{n}\right\|_{Y} \leqslant \lim _{n \rightarrow \infty}\|L\|\left\|z_{n}\right\|_{X}=\|L\|\|x\|_{X} \tag{3.143}
\end{equation*}
$$

Therefore, $\tilde{L}$ is bounded, and also continuous, by Theorem 3.64. Finally, the extension $\tilde{L}$ of $L$ is unique: this follows from the fact that two continuous maps which coincide on a dense subset are equal.

Next, we shall extend the Fourier transform on $L^{2}$.
Theorem 3.67 (The Fourier transform on $L^{2}$.). The Fourier transform $\mathcal{F}:\left(\mathcal{S}\left(\mathbb{R}^{d}\right),\|\cdot\|_{L^{2}}\right) \rightarrow$ $L^{2}\left(\mathbb{R}^{d}\right)$ can be uniquely extended to a bounded linear operator on $L^{2}\left(\mathbb{R}^{d}\right)$. Moreover, for all $f \in L^{2}$ :

$$
\begin{equation*}
\|\mathcal{F} f\|_{L^{2}}=\|f\|_{L^{2}} \tag{3.144}
\end{equation*}
$$

and $\mathcal{F} \mathcal{F}^{-1}=\mathcal{F}^{-1} \mathcal{F}=\mathbb{1}_{L^{2}}$.
Remark 3.68. Eq. 3.144) takes the name of Plancherel's theorem.
Proof. By Theorem 2.13 the space $\mathcal{S}$ is dense in $L^{2}$. The extension of $\mathcal{F}$ to a bounded linear operator on $L^{2}$ follows from Theorem 3.66. Moreover, as proven in Theorem 3.13.

$$
\begin{equation*}
\mathcal{F}^{-1} \mathcal{F} \upharpoonright_{\mathcal{S}}=\mathcal{F} \mathcal{F}^{-1} \upharpoonright_{\mathcal{S}}=\mathbb{1}_{\mathcal{S}} \tag{3.145}
\end{equation*}
$$

Being $\mathcal{F}, \mathcal{F}^{-1}, \mathbb{1}$ continuous, and being $\mathcal{S}$ dense in $L^{2}$, Eq. 3.145 holds as an identity on $L^{2}$.

Definition 3.69 (Unitary operator.). A bounded linear operator $U \in \mathcal{L}\left(\mathcal{H}_{1}, \mathcal{H}_{2}\right)$ is called unitary if it is surjective and isometric, that is $\|U \psi\|_{\mathcal{H}_{2}}=\|\psi\|_{\mathcal{H}_{1}}$ for all $\psi \in \mathcal{H}_{1}$.

Remark 3.70. By the polarisation identity, it immediately follows that $U$ "preserves angles", that is:

$$
\begin{equation*}
\langle U \psi, U \varphi\rangle_{\mathcal{H}_{2}}=\langle\psi, \varphi\rangle_{\mathcal{H}_{1}} \quad \text { for all } \varphi, \psi \in \mathcal{H}_{1} \tag{3.146}
\end{equation*}
$$

Remark 3.71. The Fourier transform $\mathcal{F}: L^{2} \rightarrow L^{2}$ is unitary.
As an application of the Fourier transform in $L^{2}$, consider the propagator of the free Schrödinger equation, defined in Eq. 3.50. By extending the Fourier transform to $L^{2}$, the free propagator can also be extended to an operator on $L^{2}$ :

$$
\begin{equation*}
P_{\mathrm{f}}(t): L^{2}\left(\mathbb{R}^{d}\right) \rightarrow L^{2}\left(\mathbb{R}^{d}\right), \quad P_{\mathrm{f}}(t)=\mathcal{F}^{-1} e^{-i \frac{k^{2}}{2} t} \mathcal{F} \tag{3.147}
\end{equation*}
$$

It follows that $P_{\mathrm{f}}(t)$ is a unitary operator, for all $t \in \mathbb{R}$. Moreover, it satisfies the following composition property:

$$
\begin{equation*}
P_{\mathrm{f}}(s) P_{\mathrm{f}}(t)=\mathcal{F}^{-1} e^{-i \frac{k^{2}}{2} s} \mathcal{F} \mathcal{F}^{-1} e^{-i \frac{k^{2}}{2} t} \mathcal{F}=\mathcal{F}^{-1} e^{-i \frac{k^{2}}{2}(s+t)} \mathcal{F}=P_{\mathrm{f}}(s+t) \tag{3.148}
\end{equation*}
$$

Therefore, one says that $P_{\mathrm{f}}: \mathbb{R} \rightarrow \mathcal{L}\left(L^{2}\right)$ is a unitary group. In the next section we will show that the function:

$$
\begin{equation*}
\psi(t):=P_{\mathrm{f}}(t) \psi_{0}, \quad \psi_{0} \in L^{2}\left(\mathbb{R}^{d}\right) \tag{3.149}
\end{equation*}
$$

solves the Schrödinger equation in the $L^{2}$ sense. Before doing that, let us first check that

$$
\begin{equation*}
\psi: \mathbb{R} \rightarrow L^{2}\left(\mathbb{R}^{d}\right), \quad \psi_{0} \mapsto \psi(t)=P_{\mathrm{f}}(t) \psi_{0} \tag{3.150}
\end{equation*}
$$

is continuous. By dominated convergence:

$$
\begin{equation*}
\left\|\psi(t)-\psi\left(t_{0}\right)\right\|_{L^{2}}^{2}=\left\|\left(P_{\mathrm{f}}(t)-P_{\mathrm{f}}\left(t_{0}\right)\right) \psi_{0}\right\|_{L^{2}}^{2}=\int_{\mathbb{R}^{d}}\left|e^{-i \frac{k^{2}}{2} t}-e^{-i \frac{k^{2}}{2} t_{0}}\right|^{2}\left|\hat{\psi}_{0}(k)\right|^{2} d k \rightarrow 0 \tag{3.151}
\end{equation*}
$$

as $t \rightarrow t_{0}$. This proves the continuity of $\psi(t)$. Let us now check differentiability. Again by dominated convergence, we see that $\psi: \mathbb{R} \rightarrow L^{2}\left(\mathbb{R}^{d}\right)$ is differentiable if and only if:

$$
\begin{equation*}
|k|^{4}\left|\hat{\psi}_{0}(k)\right|^{2} \tag{3.152}
\end{equation*}
$$

is integrable, that is when $|k|^{2} \hat{\psi}_{0}(k) \in L^{2}\left(\mathbb{R}^{d}\right)$. To conclude, let us discuss the continuity properties of the unitary group $P_{\mathrm{f}}$. In particular, let us consider $\left\|P_{\mathrm{f}}(t)-P_{\mathrm{f}}\left(t_{0}\right)\right\|_{\mathcal{L}\left(L^{2}\right)}$, with $\|\cdot\|_{\mathcal{L}\left(L^{2}\right)}$ defined in Proposition 3.63. We have:

$$
\begin{equation*}
\left\|P_{\mathrm{f}}(t)-P_{\mathrm{f}}\left(t_{0}\right)\right\|_{\mathcal{L}\left(L^{2}\right)}=\left\|e^{-i \frac{k^{2}}{2} t}-e^{-i \frac{k^{2}}{2} t_{0}}\right\|_{\mathcal{L}\left(L^{2}\right)}=\sup _{k \in \mathbb{R}^{d}}\left|e^{-i \frac{k^{2}}{2} t}-e^{-i \frac{k^{2}}{2} t_{0}}\right|=2 \tag{3.153}
\end{equation*}
$$

where we used that $\mathcal{F}$ is unitary, and that it leaves $L^{2}$ invariant. Therefore, the unitary group $P_{\mathrm{f}}$ is not continuous with respect to the topology of the bounded operators. However, one might have continuity with respect to different topologies.
Definition 3.72. Let $\left(A_{n}\right)$ be a sequences in $\mathcal{L}(\mathcal{H})$ and $A \in \mathcal{L}(\mathcal{H})$.
(a) We say that $A_{n}$ converges to $A$ in norm if:

$$
\begin{equation*}
\lim _{n \rightarrow \infty}\left\|A_{n}-A\right\|_{\mathcal{L}(\mathcal{H})}=0 \tag{3.154}
\end{equation*}
$$

One writes also $\lim _{n \rightarrow \infty} A_{n}=A$ or $A_{n} \rightarrow A$.
(b) We say that $A_{n}$ converges strongly (or pointwise) to $A$ if:

$$
\begin{equation*}
\lim _{n \rightarrow \infty}\left\|A_{n} \psi-A \psi\right\|_{\mathcal{H}}=0 \quad \text { for all } \psi \in \mathcal{H} \tag{3.155}
\end{equation*}
$$

One writes also $s-\lim _{n \rightarrow \infty} A_{n}=A$ or $A_{n} \xrightarrow{s} A$.
(c) We say that $A_{n}$ converges weakly to $A$ if:

$$
\begin{equation*}
\lim _{n \rightarrow \infty}\left|\left\langle\varphi,\left(A_{n}-A\right) \psi\right\rangle\right|=0 \quad \text { for all } \varphi, \psi \in \mathcal{H} . \tag{3.156}
\end{equation*}
$$

One writes also $w-\lim _{n \rightarrow \infty} A_{n}=A$ or $A_{n} \xrightarrow{w} A$.
Remark 3.73. These notions of convergence verify the following chain of implications:

$$
\begin{equation*}
\text { norm convergence } \Rightarrow \text { strong convergence } \Rightarrow \text { weak convergence. } \tag{3.157}
\end{equation*}
$$

The reverse implications are in general not correct.

### 3.7 Unitary groups and their generators

In this section we shall discuss in which sense $\psi(t)=P_{\mathrm{f}}(t) \psi_{0}$ with $\psi_{0} \in L^{2}$ solves the free Schrödinger equation:

$$
\begin{equation*}
i \frac{d}{d t} \psi(t)=-\frac{1}{2} \Delta \psi(t) \tag{3.158}
\end{equation*}
$$

As we have seen in the previous section, $\psi(t)$ is differentiable in the strong sense if $|k|^{2} \hat{\psi}(t) \in$ $L^{2}$. Moreover, the distributional derivative:

$$
\begin{equation*}
-\frac{1}{2} \Delta \psi(t)=\mathcal{F}^{-1} \frac{|k|^{2}}{2} \hat{\psi}(t) \tag{3.159}
\end{equation*}
$$

is in $L^{2}$ if and only if $|k|^{2} \hat{\psi}(t) \in L^{2}$. Also,

$$
\begin{equation*}
|k|^{2} \hat{\psi}(t)=|k|^{2} e^{-i \frac{k^{2}}{2} t} \hat{\psi}_{0} \in L^{2} \tag{3.160}
\end{equation*}
$$

if and only if $|k|^{2} \hat{\psi}_{0} \in L^{2}$. Therefore, if the initial datum satisfies $|k|^{2} \hat{\psi}_{0} \in L^{2}$, then $|k|^{2} \hat{\psi}(t) \in$ $L^{2}$ for all times, and $\psi(t)$ solves the Schrödinger equation in the $L^{2}$ sense: Eq. 3.158 holds as an identity between $L^{2}$ functions.

Definition 3.74 (Sobolev spaces.). Let $m \in \mathbb{Z}$. The $m$-th Sobolev space $H^{m}\left(\mathbb{R}^{d}\right) \subset \mathcal{S}^{\prime}\left(\mathbb{R}^{d}\right)$ is the set of distributions $f \in \mathcal{S}^{\prime}\left(\mathbb{R}^{d}\right)$ such that $\hat{f}$ is a measurable function and:

$$
\begin{equation*}
\left(1+|k|^{2}\right)^{\frac{m}{2}} \hat{f} \in L^{2}\left(\mathbb{R}^{d}\right) . \tag{3.161}
\end{equation*}
$$

For $m \geqslant 0$, it follows that $H^{m} \subset L^{2}$.
Remark 3.75. Let us consider again the propagator of the free Schrödinger equation:

$$
\begin{equation*}
P_{f}: \mathbb{R} \rightarrow \mathcal{L}\left(L^{2}\right), \quad t \mapsto P_{f}(t)=\mathcal{F}^{-1} e^{-i \frac{k^{2}}{2} t} \mathcal{F} \tag{3.162}
\end{equation*}
$$

It satisfies the following properties:
(a) $P_{f}(t)$ is unitary for all $t \in \mathbb{R}$.
(b) $P_{f}$ is strongly continuous: $t \mapsto P_{f}(t) \psi$ is continuous for all $\psi \in L^{2}$.
(c) $P_{f}$ has the group property: $P_{f}(s) P_{f}(t)=P_{f}(t+s)$ for all $s, t \in \mathbb{R}$.

Moreover,
(d) For all $\psi_{0} \in L^{2}, \psi(t)=P_{f} \psi_{0}$ is a solution in the sense of distributions.
(e) For all $\psi_{0} \in H^{2} \subset L^{2}, \psi(t)=P_{f}(t) \psi_{0}$ is a solution in the $L^{2}$ sense: the map $\mathbb{R} \ni t \mapsto$ $\psi(t) \in L^{2}$ is differentiable and the derivative satisfies:

$$
\begin{equation*}
i \frac{d}{d t} \psi(t)=-\frac{1}{2} \Delta \psi(t) \tag{3.163}
\end{equation*}
$$

where $-\frac{1}{2} \Delta \psi(t) \in L^{2}$.
The items $(a)-(c)$ motivate the following definition.
Definition 3.76 (Strongly continuous one-parameter group.). A family $U(t), t \in \mathbb{R}$, of unitary operators $U(t) \in \mathcal{L}(\mathcal{H})$ is called a strongly continuous one-parameter group if:
(i) $U: \mathbb{R} \rightarrow \mathcal{L}(\mathcal{H}), t \mapsto U(t)$ is strongly continuous.
(ii) $U(t+s)=U(t) U(s)$ for all $t, s$ and moreover $U(0)=\mathbb{1}_{\mathcal{H}}$.

The items $(d)-(e)$ motivate the following definition.
Definition 3.77 (Generator of a unitary group.). A densely defined linear operator $H$ with domain $D(H) \subseteq \mathcal{H}$ is called a generator of a strongly continuous unitary group if:
(i) $D(H)=\{\psi \in \mathcal{H} \mid t \mapsto U(t) \psi$ is differentiable $\}$.
(ii) For all $\psi \in D(H)$ it follows that $i \frac{d}{d t} U(t) \psi=U(t) H \psi$.

Example 3.78 (The free Hamilton operator.). Consider the free Hamilton operator:

$$
\begin{equation*}
H_{0}=-\frac{1}{2} \Delta \quad \text { with } \quad D\left(H_{0}\right)=H^{2}\left(\mathbb{R}^{d}\right) \tag{3.164}
\end{equation*}
$$

is the generator of the unitary group $P_{f}(t)$. This can easily be checked from the definition (3.162), and from the fact that $\mathcal{F} \mathcal{F}^{-1}=\mathcal{F}^{-1} \mathcal{F}=\mathbb{1}$.

Proposition 3.79 (Properties of the generators.). Let $H$ be a generator for $U(t)$. Then:
(i) $D(H)$ is invariant under $U(t)$, that is $U(t) D(H)=D(H)$ for all $t \in \mathbb{R}$.
(ii) $H$ commutes with $U(t)$, that is:

$$
\begin{equation*}
[H, U(t)] \psi:=H U(t) \psi-U(t) H \psi=0 \quad \text { for all } \psi \in D(H) \tag{3.165}
\end{equation*}
$$

(iii) $H$ is symmetric, that is:

$$
\begin{equation*}
\langle H \psi, \varphi\rangle=\langle\psi, H \varphi\rangle \quad \text { for all } \varphi, \psi \in D(H) \tag{3.166}
\end{equation*}
$$

(iv) $U$ is uniquely determined by $H$.
(v) $H$ is uniquely determined by $U$.

Proof. (i) We notice that the map $s \mapsto U(s) U(t) \psi=U(s+t) \psi$ is differentiable if and only if the map $s \mapsto U(s) \psi=U(-t) U(s+t) \psi$ is differentiable. The derivative of the first map at $s=0$ is: $(-i) U(t) H \psi$. The derivative of the second map at $s=0$ is: $(-i) U(-t) U(t) H \psi$. Thus, $\psi \in D(H)$ if and only if $\psi \in U(t) D(H)$.
(ii) Let $\psi \in D(H)$. Then:

$$
\begin{equation*}
U(t) H \psi=\left.U(t) i \frac{d}{d s} U(s) \psi\right|_{s=0}=\left.i \frac{d}{d s} U(t) U(s) \psi\right|_{s=0}=\left.i \frac{d}{d s} U(s) U(t) \psi\right|_{s=0}=H U(t) \psi \tag{3.167}
\end{equation*}
$$

To get the third equality we used that $U(t) U(s)=U(t+s)=U(s) U(t)$, and that $U(t) \psi$ is in $D(H)$, by what we proved before.
(iii) By unitarity, $\langle\psi, \varphi\rangle=\langle U(t) \psi, U(t) \varphi\rangle$ for all $\psi, \varphi \in \mathcal{H}$. Therefore,

$$
\begin{align*}
0 & =\frac{d}{d t}\langle\psi, \varphi\rangle=\frac{d}{d t}\langle U(t) \psi, U(t) \varphi\rangle=\langle-i H U(t) \psi, U(t) \varphi\rangle+\langle U(t) \psi,-i H U(t) \varphi\rangle \\
& =i\langle U(t) H \psi, U(t) \varphi\rangle-i\langle U(t) \psi, U(t) H \varphi\rangle=i\langle H \psi, \varphi\rangle-i\langle\psi, H \varphi\rangle \tag{3.168}
\end{align*}
$$

(iv) Suppose that $\tilde{U}(t)$ is generated by $H$. Then, by symmetry of $H$ :

$$
\begin{align*}
\frac{d}{d t}\|(U(t)-\widetilde{U}(t)) \psi\|^{2} & =2 \frac{d}{d t}\left(\|\psi\|^{2}-\operatorname{Re}\langle U(t) \psi, \widetilde{U}(t) \psi\rangle\right) \\
& =-2 \operatorname{Re}(\langle-i H U(t) \psi, \widetilde{U}(t) \psi\rangle+\langle U(t) \psi,-i H \widetilde{U}(t) \psi\rangle) \\
& =-2 \operatorname{Re}(i\langle H U(t) \psi, \widetilde{U}(t) \psi\rangle-i\langle U(t) \psi, H \widetilde{U}(t) \psi\rangle) \\
& =0 \tag{3.169}
\end{align*}
$$

for all $\psi \in D(H)$ (for the second term, we actually use that $\widetilde{U}(t) D(\underset{\sim}{H})=D(H)$ ). Eq. 3.169 together with $U(0)=\widetilde{U}(0)=\mathbb{1}$, implies that $U(t) \upharpoonright_{D(H)}=\widetilde{U}(t) \upharpoonright_{D(H)}$ for all $t \in \mathbb{R}$. Moreover, from $\overline{D(H)}=\mathcal{H}$ (recall that, by definition, the generator $H$ is densely defined in $\mathcal{H}$ ), we conclude that $U=\widetilde{U}$ on $\mathcal{H}$.
(v) This is an immediate consequence of the definition of $H$.

Example 3.80 (Translations as unitary groups on $L^{2}$ ). (a) Let $T(t): L^{2}(\mathbb{R}) \rightarrow L^{2}(\mathbb{R})$ with $\psi \mapsto(T(t) \psi)(x):=\psi(x-t)$ be the group of translations. It follows that $T(t)$ is a strongly continuous unitary group, generated by $D_{0}=-i \frac{d}{d x}$, with domain $D\left(D_{0}\right)=$ $H^{1}(\mathbb{R})$.
(b) The definition of the translations on $L^{2}([0,1])$ is a bit more delicate. Let $0 \leqslant t<1$ and $\theta \in[0,2 \pi)$. We define:

$$
\left(T_{\theta}(t) \psi\right)(x):=\left\{\begin{array}{cc}
\psi(x-t) & \text { if } x-t \in[0,1]  \tag{3.170}\\
e^{i \theta} \psi(x-t+1) & \text { if } x-t<0
\end{array}\right.
$$

This definition allows to define the translation to the right for all $t \geqslant 0$. Intuitively, whatever "exits the interval $[0,1]$ from the right", "comes back from the left" with a phase factor $e^{i \theta}$. One can easily check that $T_{\theta}(t)$ is unitary, and that it satisfies the group composition property. However notice that for $\theta \neq \theta^{\prime}$ one has $T_{\theta}(t) \neq T_{\theta^{\prime}}(t)$ for $t \neq 0$ : different phase factors produce different translation groups. Thus, according to Proposition 3.79, these groups must have different generators.
However, for $t$ small enough the function $\left(T_{\theta}(t) \psi\right)(x)$ does not depend on $\theta$ : how can this be, if the generators of $T_{\theta}, T_{\theta^{\prime}}(t)$ differ for different $\theta, \theta^{\prime}$ ? The difference lies in the domains of $D_{\theta}$, which differ for different values of $\theta$. One has $D_{\theta}=-i \frac{d}{d x}$, with domain:

$$
\begin{equation*}
D\left(D_{\theta}\right)=\left\{\psi \in H^{1}([0,1]) \mid e^{i \theta} \psi(1)=\psi(0)\right\} \tag{3.171}
\end{equation*}
$$

One can check that $D\left(D_{\theta}\right)$ is invariant under $T_{\theta}(t)$, and that $D_{\theta}$ is the generator of $T_{\theta}$. Here, $H^{1}([0,1])$ is the local Sobolev space, defined as follows:

$$
\begin{equation*}
H^{1}([0,1]):=\left\{\psi \in L^{2}([0,1]) \mid \text { such that there exists } \varphi \in H^{1}(\mathbb{R}) \text { with } \varphi \upharpoonright_{[0,1]}=\psi\right\} . \tag{3.172}
\end{equation*}
$$

As we will prove later $H^{1}(\mathbb{R}) \subset C(\mathbb{R})$, which means that the pointwise constraint in the definition of $D\left(D_{\theta}\right)$ makes sense.
Remark 3.81. The operator $-i \frac{d}{d x}$ equipped with the maximal definition domain $D_{\max }=$ $H^{1}([0,1])$ does not generate any unitary group, since $H^{1}$ is not invariant under $T_{\theta}$. The same is true if one chooses a too small domain, for instance $D_{\min }=\left\{\psi \in H^{1}([0,1]) \mid\right.$ $\psi(0)=\psi(1)=0\}$.
Remark 3.82. For $\psi, \varphi \in H^{1}([0,1])$ it follows that:

$$
\begin{align*}
\left\langle\psi,-i \frac{d}{d x} \varphi\right\rangle & =\int_{0}^{1} d x \overline{\psi(x)}\left(-i \frac{d}{d x} \varphi(x)\right)=-i(\overline{\psi(1)} \varphi(1)-\overline{\psi(0)} \varphi(0))+\int_{0}^{1} d x \overline{\left(-i \frac{d}{d x} \psi(x)\right)} \varphi(x) \\
& =-i(\overline{\psi(1)} \varphi(1)-\overline{\psi(0)} \varphi(0))+\left\langle-i \frac{d}{d x} \psi, \varphi\right\rangle \tag{3.173}
\end{align*}
$$

That is, the operator $-i \frac{d}{d x}$ on $D_{\max }$ is not symmetric. As we shall see later, this implies that $-i \frac{d}{d x}$ is not a generator. Instead, $-i \frac{d}{d x}$ on $D_{\theta}$ and on $D_{\min }$ is a symmetric operator, since the boundary term in Eq. 3.173 vanishes. However, $-i \frac{d}{d x}$ is a generator only if defined on $D_{\theta}$. The symmetry of the operator is a necessary but not sufficient condition to define the generator of a unitary group.

Before discussing further how to characterize the generator of a unitary group, we conclude this section by discussing a regularity result for functions in Sobolev spaces.
Lemma 3.83 (Sobolev.). Let $\ell \in \mathbb{N}_{0}$ and $f \in H^{m}\left(\mathbb{R}^{d}\right)$ with $m>\ell+\frac{d}{2}$. Then, $f \in C^{\ell}\left(\mathbb{R}^{d}\right)$ and $\partial^{\alpha} f \in C_{\infty}\left(\mathbb{R}^{d}\right)$ for all $|\alpha| \leqslant \ell$.

Proof. We will prove that $k^{\alpha} \hat{f}(k) \in L^{1}\left(\mathbb{R}^{d}\right)$ for all $\alpha \in \mathbb{N}_{0}^{d}$ with $|\alpha| \leqslant \ell$. Then, $\partial^{\alpha} f \in C_{\infty}\left(\mathbb{R}^{d}\right)$ follows thanks to the Riemann-Lebesgue lemma, Theorem 3.4 .

From the definition of $H^{m}$ one has $\left(1+|k|^{2}\right)^{m / 2} \hat{f}(k) \in L^{2}\left(\mathbb{R}^{d}\right)$, and therefore for all $\alpha \in \mathbb{N}_{0}^{d}$ with $|\alpha| \leqslant \ell$ :

$$
\begin{align*}
\int_{\mathbb{R}^{d}}\left|k^{\alpha} \hat{f}(k)\right| d k & \leqslant \int_{\mathbb{R}^{d}}\left(1+|k|^{2}\right)^{\ell / 2}|\hat{f}(k)| d k \\
& =\int_{\mathbb{R}^{d}}\left(1+|k|^{2}\right)^{m / 2}|\hat{f}(k)|\left(1+|k|^{2}\right)^{\frac{\ell-m}{2}} d k \\
& \leqslant\left\|\left(1+|k|^{2}\right)^{m / 2} \hat{f}(k)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)}\left(\int_{\mathbb{R}^{d}} \frac{1}{\left(1+|k|^{2}\right)^{m-\ell}} d k\right)^{1 / 2} \tag{3.174}
\end{align*}
$$

where in the last step we used the Cauchy-Schwarz inequality. The last integral is finite if and only if $2(m-\ell)>d$.

## 4 Selfadjoint operators

### 4.1 The Hilbert space adjoint

Let $V$ and $W$ be normed spaces and $A \in \mathcal{L}(V, W)$. Then, the dual spaces $V^{\prime}$ and $W^{\prime}$ are Banach spaces and one can define the adjoint operators $A^{\prime}: W^{\prime} \rightarrow V^{\prime}$ for $w^{\prime} \in W^{\prime}$ :

$$
\begin{equation*}
\left(A^{\prime} w^{\prime}\right)(v):=w^{\prime}(A v) \quad \text { for all } v \in V \text {. } \tag{4.1}
\end{equation*}
$$

Therefore, $A^{\prime} \in \mathcal{L}\left(W^{\prime}, V^{\prime}\right)$ and from the Hahn-Banach theorem one also has $\left\|A^{\prime}\right\|=\|A\|$. For Hilbert spaces, it follows that $\mathcal{H}^{\prime} \cong \mathcal{H}$, which means that if $A \in \mathcal{L}(\mathcal{H})$ then $A^{\prime} \in \mathcal{L}\left(\mathcal{H}^{\prime}\right)$ can also be seen as an operator in $\mathcal{L}(\mathcal{H})$. We shall clarify these points in the following.
Theorem 4.1 (Riesz). Let $\mathcal{H}$ be a Hilbert space and $T \in \mathcal{H}^{\prime}$. Then, there exists a unique $\psi_{T} \in \mathcal{H}$ such that:

$$
\begin{equation*}
T(\varphi)=\left\langle\psi_{T}, \varphi\right\rangle_{\mathcal{H}}, \quad \text { for all } \varphi \in \mathcal{H} \tag{4.2}
\end{equation*}
$$

Proof. Let $T \in \mathcal{H}^{\prime}$. We would like to prove that $T$ can be understood as a "projection" over a vector $\psi_{T} \in \mathcal{H}$. If so, we can think $M:=\operatorname{Ker}(T)$ as being the orthogonal complement of $\psi_{T}$. Since $T$ is continuous, $M$ is closed. If $M=\mathcal{H}$ then $T=0$ and $\psi_{T}=0$ provides the required vector.

Suppose that $M \neq \mathcal{H}$. Then, we claim that $M^{\perp}$ is one dimensional. Let $\psi_{0}, \psi_{1} \in M^{\perp} \backslash\{0\}$. Let $\alpha:=\frac{T\left(\psi_{0}\right)}{T\left(\psi_{1}\right)}$. We have:

$$
\begin{equation*}
T\left(\psi_{0}-\alpha \psi_{1}\right)=T\left(\psi_{0}\right)-\alpha T\left(\psi_{1}\right)=0 . \tag{4.3}
\end{equation*}
$$

That is, $\psi_{0}-\alpha \psi_{1} \in M \cap M^{\perp}=\{0\}$, which proves that $\psi_{0}=\alpha \psi_{1}$, and hence that $M^{\perp}$ is one-dimensional. Now, by Theorem 3.61 for any $\varphi \in \mathcal{H}$ there is a unique splitting:

$$
\begin{equation*}
\varphi=\varphi_{M}+\varphi_{M^{\perp}}=\varphi_{M}+\frac{\left\langle\psi_{0}, \varphi\right\rangle}{\left\|\psi_{0}\right\|^{2}} \psi_{0} \tag{4.4}
\end{equation*}
$$

where the last step follows from the fact that $\operatorname{dim}\left(M^{\perp}\right)=1$. Now, let $\psi_{T}:=\frac{\overline{T\left(\psi_{0}\right)}}{\left\|\psi_{0}\right\|^{2}} \psi_{0}$. We have:

$$
\begin{equation*}
T(\varphi)=T\left(\varphi_{M}+\frac{\left\langle\psi_{0}, \varphi\right\rangle}{\left\|\psi_{0}\right\|^{2}} \psi_{0}\right)=\left\langle\psi_{0}, \varphi\right\rangle \frac{T\left(\psi_{0}\right)}{\left\|\psi_{0}\right\|^{2}} \equiv\left\langle\psi_{T}, \varphi\right\rangle, \tag{4.5}
\end{equation*}
$$

where the second equality follows from the linearity of $T$, and from the fact that $\varphi_{M} \in \operatorname{Ker}(T)$. This proves the claim $(4.2)$. The uniqueness follows from the definition of scalar product.

Riesz Theorem, together with the next proposition, shows that $\mathcal{H}$ and $\mathcal{H}^{\prime}$ are isometrically isomorphic. In other words, $\mathcal{H}$ is selfdual.

Proposition 4.2 (Selfduality of Hilbert spaces). Consider the map:

$$
\begin{equation*}
J: \mathcal{H} \rightarrow \mathcal{H}^{\prime}, \quad \varphi \mapsto J \varphi:=\langle\varphi, \cdot\rangle . \tag{4.6}
\end{equation*}
$$

$J$ is a linear map. Moreover, $J$ is an isometry:

$$
\begin{equation*}
\|J \varphi\|_{\mathcal{H}^{\prime}}=\|\varphi\|_{\mathcal{H}} . \tag{4.7}
\end{equation*}
$$

Remark 4.3. Theorem 4.1 proves that $\mathcal{H}$ and $\mathcal{H}^{\prime}$ are isomorphic. Proposition 4.2 proves that the isomorphism that associates to an element of $\mathcal{H}$ an element of $\mathcal{H}^{\prime}$ is an isometry.

Proof. The linearity of $J$ immediately follows from its definition. Let us now prove Eq. 4.7. We have:

$$
\begin{align*}
\|J \varphi\|_{\mathcal{H}^{\prime}} & =\sup _{\psi \in \mathcal{H}} \frac{|J \varphi(\psi)|}{\|\psi\|_{\mathcal{H}}} \\
& =\sup _{\psi \in \mathcal{H}} \frac{|\langle\varphi, \psi\rangle|}{\|\psi\|_{\mathcal{H}}} \\
& =\|\varphi\|_{\mathcal{H}}, \tag{4.8}
\end{align*}
$$

since $|\langle\varphi, \psi\rangle| \leqslant\|\varphi\|\|\psi\|$ by Cauchy-Schwarz inequality and $\langle\varphi, \varphi\rangle=\|\varphi\|^{2}$.

Definition 4.4 (Hilbert space adjoint). Let $A \in \mathcal{L}(\mathcal{H})$. The Hilbert space adjoint operator $A^{*}: \mathcal{H} \rightarrow \mathcal{H}$ is defined as:

$$
\begin{equation*}
A^{*}=J^{-1} A^{\prime} J \tag{4.9}
\end{equation*}
$$

Proposition 4.5. For $A \in \mathcal{L}(\mathcal{H})$ it follows:

$$
\begin{equation*}
\langle\psi, A \varphi\rangle=\left\langle A^{*} \psi, \varphi\right\rangle \quad \text { for all } \psi, \varphi \in \mathcal{H} . \tag{4.10}
\end{equation*}
$$

This relation defines $A^{*}$ uniquely.
Proof. By the definition of $A^{*}$ it follows that:

$$
\begin{equation*}
\langle\psi, A \varphi\rangle=J \psi(A \varphi)=A^{\prime} J \psi(\varphi)=J J^{-1} A^{\prime} J \psi(\varphi)=J A^{*} \psi(\varphi)=\left\langle A^{*} \psi, \varphi\right\rangle . \tag{4.11}
\end{equation*}
$$

Also, the map $\varphi \mapsto\langle\psi, A \varphi\rangle$ is continuous and linear. Therefore, by Theorem 4.1 there exists a unique vector $\eta \in \mathcal{H}$ with $\langle\psi, A \varphi\rangle=\langle\eta, \varphi\rangle$ for all $\varphi \in \mathcal{H}$. This proves uniqueness of $A^{*}$.

Theorem 4.6 (Properties of the Hilbert space adjoint). Let $A, B \in \mathcal{L}(\mathcal{H})$ and $\lambda \in \mathbb{C}$. Then:
(i) $(A+B)^{*}=A^{*}+B^{*}$ and $(\lambda A)^{*}=\bar{\lambda} A^{*}$.
(ii) $(A B)^{*}=B^{*} A^{*}$.
(iii) $\left\|A^{*}\right\|=\|A\|$.
(iv) $A^{* *}=A$.
(v) $\left\|A A^{*}\right\|=\left\|A^{*} A\right\|=\|A\|^{2}$.
(vi) $\operatorname{Ker} A=\left(\operatorname{Ran} A^{*}\right)^{\perp}$ and $\operatorname{Ker} A^{*}=(\operatorname{Ran} A)^{\perp}$.

Proof. (i) - (iii) follows immediately from the definition of Hilbert space adjoint. The property (iv) follows from:

$$
\begin{equation*}
\langle\psi, A \varphi\rangle=\left\langle A^{*} \psi, \varphi\right\rangle=\overline{\left\langle\varphi, A^{*} \psi\right\rangle}=\overline{\left\langle A^{* *} \varphi, \psi\right\rangle}=\left\langle\psi, A^{* *} \varphi\right\rangle \quad \text { for all } \psi, \varphi \in \mathcal{H} . \tag{4.12}
\end{equation*}
$$

The property $(v)$ follows from:

$$
\begin{equation*}
\|A \varphi\|^{2}=\langle A \varphi, A \varphi\rangle=\left\langle\varphi, A^{*} A \varphi\right\rangle \leqslant\|\varphi\|^{2}\left\|A^{*} A\right\|, \tag{4.13}
\end{equation*}
$$

therefore:

$$
\begin{equation*}
\|A\|^{2}=\sup _{\|\varphi\|=1}\|A \varphi\|^{2} \leqslant\left\|A^{*} A\right\| \leqslant\left\|A^{*}\right\|\|A\|=\|A\|^{2} \tag{4.14}
\end{equation*}
$$

To conclude, the property (vi) follows from:

$$
\begin{align*}
\varphi \in \operatorname{Ker} A & \Longleftrightarrow A \varphi=0 \\
& \Longleftrightarrow\langle\psi, A \varphi\rangle=0 \quad \text { for all } \psi \in \mathcal{H}  \tag{4.15}\\
& \Longleftrightarrow\left\langle A^{*} \psi, \varphi\right\rangle=0 \quad \text { for all } \psi \in \mathcal{H}  \tag{4.16}\\
& \Longleftrightarrow \varphi \in\left(\operatorname{Ran} A^{*}\right)^{\perp} . \tag{4.17}
\end{align*}
$$

Example 4.7. Let $T: \ell^{2} \rightarrow \ell^{2}$ be the right shift, $\left(x_{1}, x_{2}, \ldots\right) \mapsto\left(0, x_{1}, x_{2}, \ldots\right)$. We have:

$$
\begin{equation*}
\langle x, T y\rangle=\sum_{j=2}^{\infty} x_{j} y_{j-1}=\sum_{j=1}^{\infty} x_{j+1} y_{j}=:\left\langle T^{*} x, y\right\rangle, \tag{4.18}
\end{equation*}
$$

with $T^{*}$ the left shift operator, $\left(x_{1}, x_{2}, \ldots\right) \mapsto\left(x_{2}, x_{3}, \ldots\right)$. Notice that the rightshift is isometric, but not surjective and hence not unitary. It follows that $T^{*} T=\mathbb{1}$, but $T T^{*} \neq \mathbb{1}$.
Proposition 4.8. $U \in \mathcal{L}(\mathcal{H})$ is unitary if and only if $U^{*}=U^{-1}$.

Proof. Suppose that $U$ is unitary. Then:

$$
\begin{equation*}
\left(U^{*} U \psi-\psi, \varphi\right)=(U \psi, U \varphi)-\langle\psi, \varphi\rangle=0 \quad \text { for all } \psi, \varphi \in \mathcal{H} \tag{4.19}
\end{equation*}
$$

Therefore, $U^{*} U=\mathbb{1}$. Since $U$ is surjective, for any $\varphi \in \mathcal{H}$ there exists $\psi \in \mathcal{H}$ such that $U \psi=\varphi$. Also, $U U^{*} \varphi=U U^{*} U \psi=U \psi=\varphi$. This implies that $U U^{*}=\mathbb{1}$. That is, $U^{*}=U^{-1}$.

Suppose now that $U^{*}=U^{-1}$. Then, $U$ is surjective, and moreover:

$$
\begin{equation*}
\langle U \varphi, U \psi\rangle=\left\langle U^{*} U \varphi, \psi\right\rangle=\left\langle U^{-1} U \varphi, \psi\right\rangle=\langle\varphi, \psi\rangle . \tag{4.20}
\end{equation*}
$$

This proves that $U$ is unitary.
Definition 4.9 (Bounded selfadjoint operator). $A \in \mathcal{L}(\mathcal{H})$ is called selfadjoint if $A=A^{*}$.
Proposition 4.10. Let $A \in \mathcal{L}(\mathcal{H})$. Then:

$$
\begin{equation*}
A \text { is selfadjoint } \Longleftrightarrow A \text { is symmetric. } \tag{4.21}
\end{equation*}
$$

Proof. The proof immediately follows from Proposition 4.5 .
Remark 4.11. In general, for unbounded operators the implication $\Leftarrow$ does not hold true.
Theorem 4.12 (Bounded generator.). Let $H \in \mathcal{L}(\mathcal{H})$ with $H^{*}=H$. Then, the operator

$$
\begin{equation*}
e^{-i H t}=\sum_{n=0}^{\infty} \frac{(-i H t)^{n}}{n!} \tag{4.22}
\end{equation*}
$$

defines a unitary group with generator $H$, with $D(H)=\mathcal{H}$. Moreover, the map $\mathbb{R} \rightarrow \mathcal{L}(\mathcal{H})$ : $t \mapsto e^{-i H t}$ is differentiable.

Proof. Exercise.
Definition 4.13 (Unbounded operators.). (a) An unbounded operator is a pair $(T, D(T))$ of a subspace $D(T) \subset \mathcal{H}$ together with a linear operator $T: D(T) \rightarrow \mathcal{H}$. If $\overline{D(T)}=\mathcal{H}$, we say that $T$ is densely defined.
(b) An operator $(S, D(S))$ is called an extension of $(T, D(T))$ if $D(S) \supset D(T)$ and $S \upharpoonright_{D(T)}=$ $T$. We say that $T \subset S$.
(c) An operator $(T, D(T))$ is called symmetric if for all $\varphi, \psi \in D(T)$ it follows that:

$$
\begin{equation*}
\langle\varphi, T \psi\rangle_{\mathcal{H}}=\langle T \varphi, \psi\rangle_{\mathcal{H}} . \tag{4.23}
\end{equation*}
$$

Example 4.14. The free Hamilton operator $H_{0}=-\frac{1}{2} \Delta$ on $D\left(H_{0}\right)=H^{2}\left(\mathbb{R}^{d}\right)$ is a symmetric unbounded operator, densely defined.

As we have seen in Example 3.80, the solution of the Schrödinger equation generated by a symmetric operator $H$ might leave $D(H)$, if $D(H)$ is chosen too small. We would like to understand what is exactly missing to imply that a given symmetric operator is the generator of a unitary group. Let $\left(H_{0}, D\left(H_{0}\right)\right)$ be a symmetric operator, and let $\left(H_{1}, D\left(H_{1}\right)\right)$ be a symmetric extension. Suppose that the equation:

$$
\begin{equation*}
i \frac{d}{d t} \psi(t)=H_{1} \psi(t) \tag{4.24}
\end{equation*}
$$

with initial datum $\psi(0) \in D\left(H_{0}\right)$ has, at least for small times, a solution $\psi(t)$ that belongs at least to $D\left(H_{1}\right)$ but not to $D\left(H_{0}\right)$. The question we ask is where does $\psi(t)$ go after leaving $D\left(H_{0}\right)$. For $\varphi \in D\left(H_{0}\right) \subset D\left(H_{1}\right)$ it follows that:

$$
\begin{equation*}
\left\langle H_{1} \psi(t), \varphi\right\rangle=\left\langle\psi(t), H_{1} \varphi\right\rangle=\left\langle\psi(t), H_{0} \varphi\right\rangle . \tag{4.25}
\end{equation*}
$$

Therefore, if $\psi(t)$ does not belong to $D\left(H_{0}\right)$, then it is at least in the domain of the adjoint operator $H_{0}^{*}$, defined as follows.

Definition 4.15 (The adjoint operator). Let $T$ be a densely defined linear operator on a Hilbert space $\mathcal{H}$. Then, the domain $D\left(T^{*}\right)$ of the adjoint operator $T^{*}$ is defined as:

$$
\begin{equation*}
D\left(T^{*}\right):=\{\psi \in \mathcal{H} \mid \exists \eta \in \mathcal{H} \text { s.t. }\langle\psi, T \varphi\rangle=\langle\eta, \varphi\rangle \forall \varphi \in D(T)\} . \tag{4.26}
\end{equation*}
$$

Since $D(T)$ is densely defined, $\eta$ is uniquely defined and we define, for all $\psi \in D\left(T^{*}\right)$ :

$$
\begin{equation*}
T^{*}: D\left(T^{*}\right) \rightarrow \mathcal{H}, \quad \psi \mapsto T^{*} \psi:=\eta \tag{4.27}
\end{equation*}
$$

Remark 4.16. By Theorem 4.1. Definition 4.15 is equivalent to:

$$
\begin{equation*}
D\left(T^{*}\right):=\{\psi \in \mathcal{H} \mid \varphi \mapsto\langle\psi, T \varphi\rangle \text { is continuous on } D(T) .\} \tag{4.28}
\end{equation*}
$$

Proposition 4.17. $\left(T^{*}, D\left(T^{*}\right)\right.$ ) is a linear (not necessarily densely defined) operator and:

$$
\begin{equation*}
\langle\psi, T \varphi\rangle=\left\langle T^{*} \psi, \varphi\right\rangle \quad \text { for all } \psi \in D\left(T^{*}\right) \text { and } \varphi \in D(T) . \tag{4.29}
\end{equation*}
$$

Proof. It immediately follows from Definition 4.15.
Definition 4.18 (Self-adjoint operator). Let $(T, D(T))$ be a densely defined linear operator. If $D\left(T^{*}\right)=D(T)$ and $T=T^{*}$ holds true on $D(T)$, then we say that $(T, D(T))$ is a selfadjoint operator.

Example 4.19. In order to clarify the above definition, let us come back to Example 3.80 .
(a) Let us consider first $D_{\min }=-i \frac{d}{d x}$ with:

$$
\begin{equation*}
D\left(D_{\min }\right)=\left\{\varphi \in H^{1}([0,1]) \mid \varphi(0)=\varphi(1)=0\right\} \tag{4.30}
\end{equation*}
$$

For $\varphi \in D\left(D_{\text {min }}\right)$ we have:

$$
\begin{aligned}
\left\langle\psi, D_{\min } \varphi\right\rangle=\int_{0}^{1} d x \overline{\psi(x)}\left(-i \frac{d}{d x} \varphi(x)\right)=\int_{0}^{1} d x \overline{\left(-i \frac{d}{d x} \psi(x)\right)} \varphi(x) & =\left\langle-i \frac{d}{d x} \psi, \varphi\right\rangle \\
& =:\langle\eta, \varphi\rangle(4.31)
\end{aligned}
$$

provided $\frac{d}{d x} \psi \in L^{2}([0,1])$, which is implied by $\psi \in H^{1}([0,1])$. Therefore, one has $D\left(D_{\text {min }}^{*}\right)=H^{1}([0,1]) \supsetneq D\left(D_{\text {min }}\right)$ which implies that $D_{\text {min }}$ is not selfadjoint.
(b) Let $D_{\theta}=-i \frac{d}{d x}$ with:

$$
\begin{equation*}
D\left(D_{\theta}\right)=\left\{\varphi \in H^{1}([0,1]) \mid e^{i \theta} \varphi(1)=\varphi(0)\right\} . \tag{4.32}
\end{equation*}
$$

One has, for $\varphi \in D\left(D_{\theta}\right)$ :

$$
\begin{align*}
\left\langle\psi, D_{\theta} \varphi\right\rangle & =\int_{0}^{1} d x \overline{\psi(x)}\left(-i \frac{d}{d x} \varphi(x)\right) \\
& =i(\overline{\psi(0)} \varphi(0)-\overline{\psi(1)} \varphi(1))+\int_{0}^{1} d x \overline{\left(-i \frac{d}{d x} \psi(x)\right)} \varphi(x)=\left\langle-i \frac{d}{d x} \psi, \varphi\right\rangle \\
& \equiv\langle\eta, \varphi\rangle \tag{4.33}
\end{align*}
$$

provided that $\psi \in H^{1}([0,1])$ and that:

$$
\begin{equation*}
\overline{\psi(0)} \varphi(0)-\overline{\psi(1)} \varphi(1)=0 \quad \Longleftrightarrow \quad \frac{\overline{\psi(0)}}{\overline{\psi(1)}}=\frac{\varphi(1)}{\varphi(0)}=e^{-i \theta} \tag{4.34}
\end{equation*}
$$

It follows than that $D\left(D_{\theta}^{*}\right)=D\left(D_{\theta}\right)$ and that $D_{\theta}^{*}=-i \frac{d}{d x}=D_{\theta}$. That is, $D_{\theta}$ is selfadjoint.
Theorem 4.20 (Generator of a unitary group). A densely defined operator $(H, D(H))$ is a generator of a unitary group $U(t)=e^{-i H t}$ if and only if $H$ is selfadjoint.

Remark 4.21. The Spectral Theorem, to be stated later, will imply that every selfadjoint operator generates a unitary group. The converse implication, that is that every unitary group is generated by a selfadjoint operator, is called the Stone Theorem. Both will be proven later; Theorem 4.20 will then follow as an immediate corollary.
Definition 4.22 (Direct sum of Hilbert spaces). Let $\mathcal{H}_{1}$ and $\mathcal{H}_{2}$ be two Hilbert spaces. Then, their direct sum is defined as:

$$
\begin{equation*}
\mathcal{H}_{1} \oplus \mathcal{H}_{2}:=\mathcal{H}_{1} \times \mathcal{H}_{2}, \tag{4.35}
\end{equation*}
$$

equipped with the scalar product

$$
\begin{equation*}
\langle\varphi, \psi\rangle_{\mathcal{H}_{1} \oplus \mathcal{H}_{2}}:=\left\langle\varphi_{1}, \psi_{1}\right\rangle_{\mathcal{H}_{1}}+\left\langle\varphi_{2}, \psi_{2}\right\rangle_{\mathcal{H}_{2}} . \tag{4.36}
\end{equation*}
$$

Remark 4.23. $\left(\mathcal{H}_{1} \oplus \mathcal{H}_{2},\langle\cdot, \cdot\rangle_{\mathcal{H}_{1} \oplus \mathcal{H}_{2}}\right)$ is a Hilbert space.
Definition 4.24 (Graph of an operator, closed operator, closure). (a) The graph of a linear operator $T: D(T) \rightarrow \mathcal{H}$ is the space:

$$
\begin{equation*}
\Gamma(T)=\{(\varphi, T \varphi) \in \mathcal{H} \oplus \mathcal{H} \mid \varphi \in D(T)\} \subset \mathcal{H} \oplus \mathcal{H} \tag{4.37}
\end{equation*}
$$

(b) An operator $T$ is called closed if $\Gamma(T)$ is a closed subspace of $\mathcal{H} \oplus \mathcal{H}$.
(c) An operator $T$ is called closable if it admits a closed extension. In this case, the smallest closed extension $\bar{T}$ is called the closure of $T$.

Remark 4.25. It is easy to see that:

$$
\begin{equation*}
\Gamma(\bar{T})=\overline{\Gamma(T)} \tag{4.38}
\end{equation*}
$$

Remark 4.26. Therefore, an operator $T$ is closed if for every sequence $\left(\varphi_{n}\right) \subset D(T)$ such that $\varphi_{n} \rightarrow \varphi$ and $T \varphi_{n} \rightarrow \eta$ in $\mathcal{H}$, then $\varphi \in D(T)$ and $T \varphi=\eta$.

Theorem 4.27 (The adjoint of an operator is always closed.). Let $(T, D(T))$ be densely defined. Then, $T^{*}$ is closed.

Proof. We shall show that $\Gamma\left(T^{*}\right)$ is a closed subspace of $\mathcal{H} \oplus \mathcal{H}$. To do this, let us first notice that:

$$
\begin{align*}
(\psi, \eta) \in \Gamma\left(T^{*}\right) & \Longleftrightarrow\langle\psi, T \varphi\rangle=\langle\eta, \varphi\rangle \quad \text { for all } \varphi \in D(T) \\
& \Longleftrightarrow\langle\psi, T \varphi\rangle-\langle\eta, \varphi\rangle=0 \quad \text { for all } \varphi \in D(T)  \tag{4.39}\\
& \Longleftrightarrow\langle(\psi, \eta),(-T \varphi, \varphi)\rangle_{\mathcal{H} \oplus \mathcal{H}}=0 \quad \text { for all } \varphi \in D(T) . \tag{4.40}
\end{align*}
$$

Let us introduce the unitary map:

$$
\begin{equation*}
W: \mathcal{H} \oplus \mathcal{H} \rightarrow \mathcal{H} \oplus \mathcal{H}:\left(\varphi_{1}, \varphi_{2}\right) \mapsto\left(-\varphi_{2}, \varphi_{1}\right) \tag{4.41}
\end{equation*}
$$

Therefore, we rewrite Eq. 4.39 as:

$$
\begin{equation*}
(\psi, \eta) \in \Gamma\left(T^{*}\right) \Longleftrightarrow\langle(\psi, \eta), \phi\rangle_{\mathcal{H} \oplus \mathcal{H}}=0 \quad \text { for all } \phi \in W(\Gamma(T)) . \tag{4.42}
\end{equation*}
$$

That is, $\Gamma\left(T^{*}\right)=(W(\Gamma(T)))^{\perp}$. Being the orthogonal complement a closed set, it follows that $\Gamma\left(T^{*}\right)$ is closed and hence that $T^{*}$ is a closed operator.

Proposition 4.28 (Extension of symmetric operators via their adjoint). A densely defined operator $T$ is symmetric if and only if $T \subset T^{*}$.

Proof. If $T$ is symmetric, it follows that $D(T) \subset D\left(T^{*}\right)$, because for every $\psi \in D(T)$ one can set $\eta=T \psi=: T^{*} \psi$. Conversely, if $T \subset T^{*}$, then for every $\psi \in D(T) \subset D\left(T^{*}\right)$ we have $\langle\psi, T \varphi\rangle=\left\langle T^{*} \psi, \varphi\right\rangle=\langle T \psi, \varphi\rangle$ for all $\varphi \in D(T)$.

Remark 4.29 (Symmetric operators are closable). Since for symmetric operators one has $T \subset T^{*}$ and $T^{*}$ is closed, then the symmetric operators are always closable.

Remark 4.30. For general symmetric operators $T$, the identity $\bar{T}=T^{*}$ does not have to be true. In fact, it is not difficult to see that $\bar{T}$ is symmetric, while $T^{*}$ may not be.
Proposition 4.31. Let $T$ be densely defined and $T \subset S$. Then, $S^{*} \subset T^{*}$.
Proof. With the notation of the proof of Theorem 4.27, one has $\Gamma\left(S^{*}\right)=(W \Gamma(S))^{\perp}$. Since $T \subset S$, one has $\Gamma(T) \subset \Gamma(S)$, and also $W \Gamma(T) \subset W \Gamma(S)$. Hence:

$$
\begin{equation*}
\Gamma\left(S^{*}\right)=(W \Gamma(S))^{\perp} \subset(W \Gamma(T))^{\perp}=\Gamma\left(T^{*}\right) \tag{4.43}
\end{equation*}
$$

Proposition 4.32. Let $T$ be densely defined and closable. Then, $T^{*}$ is also densely defined.
Proof. We shall prove that $D\left(T^{*}\right)$ is dense in $\mathcal{H}$ by showing that $D\left(T^{*}\right)^{\perp}=0$. Let $\eta \in$ $D\left(T^{*}\right)^{\perp}$. Then (recall that the orthogonal complement is a closed set):

$$
\begin{equation*}
(\eta, 0) \in \Gamma\left(T^{*}\right)^{\perp}=(W \Gamma(T))^{\perp \perp}=\overline{W \Gamma(T)} \tag{4.44}
\end{equation*}
$$

Since $W \Gamma(T)=\{(-T \varphi, \varphi) \mid \varphi \in D(T)\}$, there exists a sequence $\left(\varphi_{n}\right)$ in $D(T)$ with $\varphi_{n} \rightarrow 0$, such that $-T \varphi_{n} \rightarrow \eta$. Being $T$ closable, we have that $\bar{T} 0=\eta=0$.

Proposition 4.33. Let $T$ densely defined and closable. Then:
(a) $T^{* *}=\bar{T}$.
(b) $(\bar{T})^{*}=T^{*}=T^{* * *}$.

Proof. Being $W$ unitary, it follows that for every subspace $M \subset \mathcal{H} \oplus \mathcal{H}$ then $W\left(M^{\perp}\right)=$ $(W(M))^{\perp}$.
(a) We already know that $\Gamma\left(T^{*}\right)=(W \Gamma(T))^{\perp}$. Replacing $T$ with $T^{*}$ we have:

$$
\begin{equation*}
\Gamma\left(T^{* *}\right)=\left(W \Gamma\left(T^{*}\right)\right)^{\perp}=\left(W\left((W \Gamma(T))^{\perp}\right)\right)^{\perp}=W \circ W\left(\Gamma(T)^{\perp \perp}\right)=-\overline{\Gamma(T)}=-\Gamma(\bar{T})=\Gamma(\bar{T}) . \tag{4.45}
\end{equation*}
$$

(b) Thanks to the previous equality it turns out that $\bar{T}^{*}=T^{* * *}$. Moreover,

$$
\begin{equation*}
\Gamma\left(\bar{T}^{*}\right)=(W \Gamma(\bar{T}))^{\perp}=\overline{W \Gamma(T)}{ }^{\perp}=(W \Gamma(T))^{\perp}=\Gamma\left(T^{*}\right) . \tag{4.46}
\end{equation*}
$$

### 4.2 Criteria for symmetry, selfadjointness and essential selfadjointness

Selfadjoint operators play an important role in quantum mechanics, since they are the only operators that can generate time evolution. Nevertheless, we would like to have criteria that allows to check whether a given operator is selfadjoint. Before doing this, let us discuss a simple criterion to determine whether an operator is symmetric.
Lemma 4.34 (Criterium for symmetry). Let $T$ be a linear operator on a complex Hilbert space $\mathcal{H}$. Then:

$$
\begin{equation*}
\langle\varphi, T \varphi\rangle \in \mathbb{R} \quad \text { for all } \varphi \in D(T) \quad \Longleftrightarrow \quad T \text { is symmetric. } \tag{4.47}
\end{equation*}
$$

Proof. The fact that $T$ is symmetric immediately implies that $\langle\varphi, T \varphi\rangle \in \mathbb{R}$, since $\overline{\langle\varphi, T \varphi\rangle}=$ $\langle T \varphi, \varphi\rangle$. Let us now prove the converse implication. Suppose that $\langle\varphi, T \varphi\rangle \in \mathbb{R}$ for all $\varphi \in D(T)$. We would like to show that

$$
\begin{equation*}
\langle\varphi, T \psi\rangle=\langle T \varphi, \psi\rangle \quad \text { for all } \psi, \varphi \in D(T) . \tag{4.48}
\end{equation*}
$$

Consider the identity:

$$
\begin{align*}
& \langle\varphi, T \psi\rangle=  \tag{4.49}\\
& \frac{1}{4}(\langle\varphi+\psi, T(\varphi+\psi)\rangle-\langle\varphi-\psi, T(\varphi-\psi)\rangle-i\langle\varphi+i \psi, T(\varphi+i \psi)\rangle+i\langle\varphi-i \psi, T(\varphi-i \psi)\rangle)
\end{align*}
$$

Let us take the complex conjugate of both sides, recalling that, by assumption, $\langle\varphi, T \varphi\rangle \in \mathbb{R}$ for all $\varphi \in D(T)$. We have:

$$
\begin{align*}
& \overline{\langle\varphi, T \psi\rangle}=\langle T \psi, \varphi\rangle=  \tag{4.50}\\
& \frac{1}{4}(\langle\varphi+\psi, T(\varphi+\psi)\rangle-\langle\varphi-\psi, T(\varphi-\psi)\rangle+i\langle\varphi+i \psi, T(\varphi+i \psi)\rangle-i\langle\varphi-i \psi, T(\varphi-i \psi)\rangle) .
\end{align*}
$$

Therefore, interchaging $\psi$ with $\varphi$ :

$$
\begin{aligned}
& \langle T \varphi, \psi\rangle= \\
& \frac{1}{4}(\langle\varphi+\psi, T(\varphi+\psi)\rangle-\langle\varphi-\psi, T(\varphi-\psi)\rangle+i\langle\psi+i \varphi, T(\psi+i \varphi)\rangle-i\langle\psi-i \varphi, T(\psi-i \varphi)\rangle) \\
& =\frac{1}{4}(\langle\varphi+\psi, T(\varphi+\psi)\rangle-\langle\varphi-\psi, T(\varphi-\psi)\rangle+i\langle i \psi-\varphi, T(i \psi-\varphi)\rangle-i\langle i \psi+\varphi, T(i \psi+\varphi)\rangle) \\
& \equiv\langle\varphi, T \psi\rangle
\end{aligned}
$$

where the last step follows by comparison with Eq. 4.49.
Example 4.35. (i) Let $f: \mathbb{R} \rightarrow \mathbb{C}$ measurable. Consider the multiplication operator $\left(A_{f} \psi\right)(x)=f(x) \psi(x)$, for all $\psi \in D\left(A_{f}\right)=\left\{\psi \in L^{2}(\mathbb{R}) \mid f \psi \in L^{2}(\mathbb{R})\right\}$. We then have that $A_{f}$ is a symmetric operator if and only if $f(x)$ is real valued.
Let us compute the adjoint of $A_{f}^{*}$. To begin, notice that $D\left(A_{f}\right)$ is dense in $L^{2}(\mathbb{R})$. This follows from $C_{c}^{\infty}(\mathbb{R}) \subset D\left(A_{f}\right) \subset L^{2}(\mathbb{R})$. The adjoint operator on $D\left(A_{f}\right)$ is given by:

$$
\begin{equation*}
\left(A_{f}^{*} \psi\right)(x)=\overline{f(x)} \psi(x) \tag{4.52}
\end{equation*}
$$

Thus, $A_{f}^{*}=A_{f}$ if and only if $f$ is real valued.
(ii) Consider the distributional Laplacian $-\Delta$ on $H^{2}\left(\mathbb{R}^{d}\right)$. For all $\psi \in H^{2}\left(\mathbb{R}^{d}\right) \subset L^{2}\left(\mathbb{R}^{d}\right)$ :

$$
\begin{equation*}
\langle\psi,-\Delta \psi\rangle=\left\langle\mathcal{F} \psi, \mathcal{F}-\Delta \mathcal{F}^{-1} \mathcal{F} \psi\right\rangle=\int d k|\hat{\psi}(k)|^{2} k^{2} \in \mathbb{R} . \tag{4.53}
\end{equation*}
$$

Hence, $-\Delta$ is a symmetric operator.
Sometimes, one has to deal with non-closed symmetric operators. Of course, these operators cannot be self-adjoint (self-adjoint operators are always closed). The relevant question here is whether the closure of a symmetric operator is selfadjoint.

Definition 4.36 (Essentially selfadjoint operator). A symmetric, densely defined operator is called essentially selfadjoint if its closure is selfadjoint.
Corollary 4.37. A symmetric, densely defined operator $T$ is essentially selfadjoint if and only if $T^{*}$ is symmetric. In this case $\bar{T}=T^{*}$ and $\bar{T}$ is the unique selfadjoint extension of $T$.

Proof. Suppose that $T^{*}$ is symmetric. We would like to show that $(\bar{T})^{*}=\bar{T}$, that is $T$ is essentially selfadjoint. By Proposition $4.33(b),(\bar{T})^{*}=T^{*}$, hence it is enough to check that $T^{*}=\bar{T}$. By Theorem 4.27, $T^{*}$ is closed. Moreover, being $T$ symmetric, by Proposition 4.28 $T \subset T^{*}$. Thus, $\bar{T} \subset T^{*}$. To conclude, we would like to show that $T^{*} \subset \bar{T}$. We claim that $T^{* * *} \subset T^{* *}$. If so, by Proposition 4.33, we have: $T^{*}=T^{* * *} \subset T^{* *}=\bar{T}$, which proves that $T^{*} \subset \bar{T}$ and hence that $T^{*}=\bar{T}$. The claim $T^{* * *} \subset T^{* *}$ follows from the fact that, for $T$ symmetric, $T^{* *} \subset T^{*}$. In fact: by Proposition $4.33(b)$, we have $T^{*}=(\bar{T})^{*}$; since $\bar{T}$ is symmetric and densely defined, $(\bar{T})^{*} \supset \bar{T}$, by Proposition 4.28 finally, Proposition 4.33 (a) implies that $\bar{T}=T^{* *}$.

Now, suppose that $T$ is essentially selfadjoint. Then, $\bar{T}$ is selfadjoint, and in particular symmetric. Moreover, $T^{*}$ is symmetric as well, since, by Proposition $4.33, T^{*}=(\bar{T})^{*}=\bar{T}$, where the last equality follows from the definition of essential selfadjointness.

To conclude, we have to show that $\bar{T}$ is the unique selfadjoint extension of $T$. Suppose that $S$ is another selfadjoint extension of $T$. Then, $T \subset S$ implies that $\bar{T} \subset \bar{S}=S$ (since, by Theorem 4.27. selfadjoint operators are closed). The reverse implication follows from Proposition 4.31 $S=S^{*} \subset T^{*}=\bar{T}$, i.e. $S=\bar{T}$.

Definition 4.38. Let $(T, D(T))$ be a selfadjoint operator. A subspace $D_{0} \subset D(T)$, dense in $\mathcal{H}$, is called core of $T$ if $\left(T, D_{0}\right)$ is essentially selfadjoint, that is if:

$$
\begin{equation*}
\overline{T \upharpoonright_{D_{0}}}=T . \tag{4.54}
\end{equation*}
$$

Remark 4.39. Equivalently, $D_{0}$ is a core for $(T, D(T))$ if and only if $D_{0}$ is dense in $D(T)$ with respect to the graph norm:

$$
\begin{equation*}
\|\varphi\|_{\Gamma(T)}^{2}:=\|T \varphi\|_{\mathcal{H}}^{2}+\|\varphi\|_{\mathcal{H}}^{2} . \tag{4.55}
\end{equation*}
$$

Example 4.40. (a) As we have seen in Example 4.19, the operator $\left(-i \frac{d}{d x}, D_{\text {min }}\right)$ is symmetric but not selfadjoint. Let us check whether it is essentially selfadjoint. To do so, let us compute the closure of the operator, and check whether the closure is selfadjoint. Being $T=-i \frac{d}{d x}$ symmetric on its domain, we know that $\bar{T}=T^{* *} \subset T^{*}$. Therefore, for all $\psi \in D\left(T^{*}\right)=H^{1}([0,1])$ and all $\varphi \in D(\bar{T})$, recalling that $\bar{T} \subset T^{*}=-i \frac{d}{d x}$ :

$$
\begin{align*}
0 & =\langle\psi, \bar{T} \varphi\rangle-\left\langle T^{*} \psi, \varphi\right\rangle \\
& =\left\langle\psi,-i \frac{d}{d x}\right\rangle-\left\langle-i \frac{d}{d x} \psi, \varphi\right\rangle=i[\varphi(0) \overline{\psi(0)}-\varphi(1) \overline{\psi(1)}] \tag{4.56}
\end{align*}
$$

which implies that $\varphi(0)=\varphi(1)=0$ (because $\psi \in D\left(T^{*}\right)=H^{1}([0,1])$ does not need to satisfy any boundary condition). We conclude that $D(\bar{T}) \subset\left\{\psi \in D\left(T^{*}\right) \mid \psi(0)=\right.$ $\psi(1)=0\} \equiv D_{\text {min }}$. On the other hand, it is easy to check that every $\psi \in H^{1}([0,1])$ with $\psi(0)=\psi(1)=0$ is also in $D\left(T^{* *}\right)=D(\bar{T})$. In fact, for any $\psi \in D_{\text {min }}$ and any $\varphi \in D\left(T^{*}\right)=H^{1}([0,1])$, integrating by parts:

$$
\begin{equation*}
\left\langle\psi, T^{*} \varphi\right\rangle=\left\langle\psi,-i \frac{d}{d x} \varphi\right\rangle=\left\langle-i \frac{d}{d x} \psi, \varphi\right\rangle=:\langle\eta, \varphi\rangle, \tag{4.57}
\end{equation*}
$$

with $\eta \in L^{2}(\mathbb{R})$ given by $-i \frac{d}{d x} \psi$. Therefore, $D(\bar{T})=D_{\min }$, and $\bar{T} \psi=-i \frac{d}{d x} \psi$ for all $\psi \in D(\bar{T})$. Hence, $\bar{T}$ is a symmetric operator on $D_{\text {min }}$, but not selfadjoint; that is $\left(T, D_{\text {min }}\right)$ is not essentially selfadjoint.
(b) We already know that $\left(-i \frac{d}{d x}, D_{\theta}\right)$ is selfadjoint. Hence, it is in particular essentially selfadjoint.

The distinction between closed symmetric operators and self-adjoint operators may seem just a technicality, but it is actually very important. The spectral theorem, which plays a very important role in quantum mechanics, only holds for selfadjoint operators, not for general closed symmetric operators. Similarly, only selfadjoint operators, and not general closed symmetric operators, generate a unitary evolution. Unfortunately, while it is easy to check whether an operator is symmetric, it is much more difficult to decide whether it is selfadjoint; we need criteria to prove selfadjointness. The basic criterium is stated in the following theorem.
Theorem 4.41 (Criteria for seldadjointness). Let $(H, D(H))$ be densely defined and symmetric. Then, the following statements are equivalent:
(i) $H$ is selfadjoint.
(ii) $H$ is closed and $\operatorname{Ker}\left(H^{*} \pm i\right)=\{0\}$.
(iii) $\operatorname{Ran}(H \pm i)=\mathcal{H}$.

Proof. $(i) \Rightarrow(i i)$. Let $H$ be selfadjoint. Then, $H$ is closed (since $H^{*}$ is closed, Theorem 4.27). Let $\varphi_{ \pm} \in \operatorname{Ker}\left(H^{*} \pm i\right)$. Then, $H \varphi_{ \pm}=\mp i \varphi_{ \pm}$. Since the eigenvalues of a symmetric operators are always real, it follows that $\varphi_{ \pm}=0$.
$(i i) \Rightarrow(i i i)$. This implication will be postponed to the next lemma.
(iii) $\Rightarrow(i)$. Being $H$ symmetric, it follows that $H \subset H^{*}$, by Proposition 4.28. We are left with showing that $H^{*} \subset H$. To this end, let $\psi \in D\left(H^{*}\right)$. Then, by the assumption $\operatorname{Ran}(H \pm i)=\mathcal{H}$, there exists $\varphi \in D(H)$ such that

$$
\begin{equation*}
\left(H^{*}-i\right) \psi=(H-i) \varphi . \tag{4.58}
\end{equation*}
$$

By $H \subset H^{*}$, it also follows that:

$$
\begin{equation*}
\left(H^{*}-i\right) \psi=\left(H^{*}-i\right) \varphi, \tag{4.59}
\end{equation*}
$$

that is $\varphi-\psi \in \operatorname{Ker}\left(H^{*}-i\right)$. As the next lemma will show, this implies that $\varphi-\psi=0$, that is $\psi=\varphi \in D(H)$, which shows that $D\left(H^{*}\right) \subset D(H)$. Also, by Eq. 4.58, $H=H^{*}$ on $D(H)$, which concludes the proof.

Lemma 4.42. Let $(T, D(T))$ be densely defined. Then:
(a) For all $z \in \mathbb{C}$ it follows that $\operatorname{Ker}\left(T^{*} \pm z\right)=\operatorname{Ran}(T \pm \bar{z})^{\perp}$. In particular:

$$
\begin{equation*}
\operatorname{Ker}\left(T^{*} \pm z\right)=\{0\} \Longleftrightarrow \overline{\operatorname{Ran}(T \pm z)}=\mathcal{H} \tag{4.60}
\end{equation*}
$$

(b) If $T$ is closed and symmetric, then the sets Ran $(T \pm i)$ are closed.

Remark 4.43. Let us check how this lemma allows to conclude the proof of Theorem 4.41. Let us check that $(i i) \Rightarrow($ iii $)$. Eq. 4.60) implies that: $\operatorname{Ker}\left(H^{*} \pm i\right)=\{0\} \Rightarrow \overline{R a n(H \pm i)}=$ $\mathcal{H}$. Finally, being $H$ closed and symmetric, item (b) above implies that Ran H is closed. This proves the implication $(i i) \Rightarrow($ iii $)$.

To conclude the proof of the implication $(i i i) \Rightarrow(i)$ above, we have to show that (iii) implies that $\operatorname{Ker}\left(H^{*}-i\right)=\{0\}$. Since $\operatorname{Ran}(H \pm i) \subset \overline{\operatorname{Ran}(H \pm i)}$, and $\operatorname{Ran}(H \pm i)=\mathcal{H}$ by assumption, Eq. 4.60) implies that $\operatorname{Ker}\left(H^{*}-i\right)=\{0\}$, which concludes the proof of Theorem 4.41 .

Proof. (of Lemma 4.42) To prove (a), notice first that $(T+z)^{*}=T^{*}+\bar{z}$. Then:

$$
\begin{align*}
\psi \in \operatorname{Ran}(T \pm z)^{\perp} & \Longleftrightarrow\langle\psi,(T \pm z) \varphi\rangle=0 \quad \text { for all } \varphi \in D(T) \\
& \Longleftrightarrow \psi \in D\left(T^{*}\right) \text { and } \quad\left(T^{*} \pm \bar{z}\right) \psi=0 \\
& \Longleftrightarrow \psi \in \operatorname{Ker}\left(T^{*} \pm \bar{z}\right) . \tag{4.61}
\end{align*}
$$

This proves $(a)$. Let us now prove ( $b$ ); we start by choosing $+i$. The proof for $-i$ is exactly the same. For symmetric $T$, it follows that $\langle\psi, T \psi\rangle=\langle T \psi, \psi\rangle=\overline{\langle\psi, T \psi\rangle}$, that is $\langle\psi, T \psi\rangle \in \mathbb{R}$. Therefore, for any $\psi \in D(T)$ :

$$
\begin{align*}
\|(T+i) \psi\|^{2} & =\langle(T+i) \psi,(T+i) \psi\rangle=\|T \psi\|^{2}+\|\psi\|^{2}-2 \operatorname{Re} i\langle\psi, T \psi\rangle \\
& =\|T \psi\|^{2}+\|\psi\|^{2} \geqslant\|\psi\|^{2} . \tag{4.62}
\end{align*}
$$

Therefore, $T+i$ is injective and $(T+i)^{-1}: \operatorname{Ran}(T+i) \rightarrow D(T)$ exists and it is bounded. Let $\left(\psi_{n}\right)$ be a sequence in $\operatorname{Ran}(T+i)$ such that $\psi_{n} \rightarrow \psi$. Let $\varphi_{n}:=(T+i)^{-1} \psi_{n}$. The boundedness of $(T+i)^{-1}$ implies that $\psi_{n}$ is a Cauchy sequence, which therefore converges to $\varphi \in \mathcal{H}$. Being $T$ closed, $\Gamma(T)$ is a closed set; therefore, the sequence $\left(\varphi_{n}, \psi_{n}\right) \in \Gamma(T+i)$ converges to $(\varphi, \psi)=(\varphi,(T+i) \varphi) \in \Gamma(T+i)$, which shows that $\psi \in \operatorname{Ran}(T+i)$.

Remark 4.44. Suppose that $H$ is nonnegative, that is $\langle\psi, H \psi\rangle \geqslant 0$ for all $\psi \in D(H)$. Then, it is not difficult to see that the condition for selfadjointness $\operatorname{Ran}(H \pm i)=\mathcal{H}$ in Theorem 4.41 can be replaced by $\operatorname{Ran}(H+1)=\mathcal{H}$.

From Theorem 4.41 we also obtain criteria for essential selfadjointness.
Corollary 4.45 (Criteria for essential selfadjointness). Let $H$ be densely defined and symmetric. Then, the following statements are equivalent:
(i) $H$ is essentially selfadjoint.
(ii) $\operatorname{Ker}\left(H^{*} \pm i\right)=\{0\}$.
(iii) $\overline{\operatorname{Ran}(H \pm i)}=\mathcal{H}$.

Proof. Exercise.

Example 4.46. (a) Let us give a simple proof of the fact that the operator $H=-i \frac{d}{d x}$ on $D_{\text {min }}=\left\{\psi \in H^{1}([0,1]) \mid \psi(1)=\psi(0)=0\right\}$ is not essentially selfadjoint, based on Corollary 4.45. The equation:

$$
\begin{equation*}
H^{*} \varphi_{ \pm}=-i \frac{d}{d x} \varphi_{ \pm}=\mp i \varphi_{ \pm} \tag{4.63}
\end{equation*}
$$

is solved by $\varphi_{ \pm}=e^{ \pm x}$, which lies in $D\left(H^{*}\right)=H^{1}([0,1])$. Therefore, $\operatorname{Ker}\left(H^{*} \pm i\right) \neq\{0\}$, which disproves essential selfadjointess.
(b) For $H_{0}=-\Delta$ on $C_{c}^{\infty}\left(\mathbb{R}^{d}\right)$ it follows that $D\left(H_{0}^{*}\right)=H^{2}\left(\mathbb{R}^{d}\right)$ and the equation

$$
\begin{equation*}
H_{0}^{*} \varphi_{ \pm}=-\Delta \varphi_{ \pm}=\mp i \varphi_{ \pm} \tag{4.64}
\end{equation*}
$$

has no solution in $H^{2}$, since $-\Delta$ is a symmetric operator. Therefore, $\operatorname{Ker}\left(H_{0}^{*} \pm i\right)=\{0\}$ and $H_{0}$ is essentially selfadjoint on $C_{c}^{\infty}\left(\mathbb{R}^{d}\right)$.
To conclude this section, let us prove that $\left(-\Delta, H^{2}\left(\mathbb{R}^{d}\right)\right)$ is a selfadjoint operator. We could use Theorem 4.41 by checking that $\Gamma(-\Delta)$ is closed. An easier proof will be provided by the following lemma.
Lemma 4.47. Let $U: \mathcal{H}_{1} \rightarrow \mathcal{H}_{2}$ be a unitary operator, and $(H, D(H))$ be a selfadjoint operator on $\mathcal{H}_{1}$. Then, $\left(U H U^{*}, U D(H)\right)$ is selfadjoint on $\mathcal{H}_{2}$.

Proof. Exercise.
Let $\mathcal{H}_{1}=\mathcal{H}_{2}=L^{2}\left(\mathbb{R}^{d}\right), H=-\Delta$ and $D(-\Delta)=H^{2}\left(\mathbb{R}^{d}\right)$. Choose $U=\mathcal{F}$, the Fourier transform on $L^{2}\left(\mathbb{R}^{d}\right)$. Then, $U H U^{*}=\mathcal{F}-\Delta \mathcal{F}^{-1} \equiv A_{f}$ with $f=k^{2}$ (multiplication operator). Being $f$ measurable and real valued, selfadjointness immediately follows from Example 4.35 .

### 4.3 Selfadjoint extensions

If a symmetric operator is nonnegative, there is a simple way of constructing a selfadjoint extension via the Friedrichs extension.

Definition 4.48. A densely defined linear operator $(T, D(T))$ on a Hilbert space $\mathcal{H}$ is called nonnegative, $T \geqslant 0$, if:

$$
\begin{equation*}
q_{T}(\psi):=\langle\psi, T \psi\rangle \geqslant 0 \quad \text { for all } \psi \in D(T) \tag{4.65}
\end{equation*}
$$

It is called positive, $T>0$, if $q_{T}(\psi)>0$ for all $\psi \in D(T)$.
Remark 4.49. The functional $q_{T}(\cdot)$ is called the quadratic form associated to $T$.
Remark 4.50. Lemma 4.34 implies that every nonnegative operator is symmetric.
Proposition 4.51. Let $(T, D(T))$ be a densely defined, linear, nonnegative operator. Given $\psi, \varphi \in D(T)$, let $\langle\varphi, \psi\rangle_{T}:=\langle\varphi, T \psi\rangle+\langle\varphi, \psi\rangle$. Then, $\langle\cdot, \cdot\rangle_{T}$ defines a scalar product on $D(T)$.

Proof. Exercise.
Remark 4.52. Therefore, $\|\cdot\|_{T}:=\sqrt{\langle\cdot, \cdot\rangle_{T}}$ defines a norm on $D(T)$. Being $T$ nonnegative, we have $\|\psi\|_{T}^{2}=\langle\psi, T \psi\rangle \geqslant\langle\psi, \psi\rangle=\|\psi\|^{2}$.
Definition 4.53. The completion $\mathcal{H}_{T}$ of $D(T)$ is the set of equivalence classes of sequences in $D(T)$ which are Cauchy with respect to the $\|\cdot\|_{T}$ norm. Two sequences $\left(\psi_{n}\right)$, $\left(\varphi_{n}\right)$ belong to the same equivalence class in $\mathcal{H}_{T}$ if $\left\|\psi_{n}-\varphi_{n}\right\|_{T} \rightarrow 0$.
Remark 4.54. If a sequence is Cauchy with respect to the $\|\cdot\|_{T}$ norm, it is also Cauchy with respect to the $\|\cdot\|$ norm (recall Remark 4.52).

Proposition 4.55. Let $\left[\left(\varphi_{n}\right)_{n \in \mathbb{N}}\right] \in \mathcal{H}_{T}$, such that $\varphi_{n} \rightarrow \varphi \in \mathcal{H}$. The map $\left[\left(\varphi_{n}\right)_{n \in \mathbb{N}}\right] \mapsto \varphi$ is well defined and injective.

Proof. Let us start by proving that the map is well defined. Let $\left(\varphi_{n}\right),\left(\psi_{n}\right)$ be two sequences in $\mathcal{H}_{T}$, with $\left\|\varphi_{n}-\psi_{n}\right\|_{T} \rightarrow 0$. That is, the two sequences belong to the same equivalence class, and have the same limit $\varphi$ in $\mathcal{H}$ since, by Remark 4.52, $\left\|\varphi_{n}-\psi_{n}\right\| \rightarrow 0$. Thus, the map $\left[\left(\varphi_{n}\right)_{n \in \mathbb{N}}\right] \mapsto \varphi$ is well defined.

Let us now prove that the map is injective. Suppose that $\left(\psi_{n}\right),\left(\varphi_{n}\right)$ are two sequences in $\mathcal{H}_{T}$. Suppose that they converge to the same limit, $\left\|\varphi_{n}-\psi_{n}\right\| \rightarrow 0$. Then, we claim that $\left\|\varphi_{n}-\psi_{n}\right\|_{T} \rightarrow 0$, that is they belong to the same equivalence class. This follows from:

$$
\begin{align*}
\left\|\psi_{n}-\varphi_{n}\right\|_{T}^{2} & =\left\langle\psi_{n}-\varphi_{n}, \psi_{n}-\varphi_{n}-\left(\psi_{m}-\varphi_{m}\right)\right\rangle_{T}+\left\langle\psi_{n}-\varphi_{n}, \psi_{m}-\varphi_{m}\right\rangle_{T}  \tag{4.66}\\
& \leqslant\left\|\psi_{n}-\varphi_{n}\right\|_{T}\left\|\psi_{n}-\varphi_{n}-\left(\psi_{m}-\varphi_{m}\right)\right\|_{T}+\left\|(T+1)\left(\psi_{n}-\varphi_{n}\right)\right\|\left\|\psi_{m}-\varphi_{m}\right\| \\
& \leqslant C\left\|\psi_{n}-\varphi_{n}-\left(\psi_{m}-\varphi_{m}\right)\right\|_{T}+\left\|(T+1)\left(\psi_{n}-\varphi_{n}\right)\right\|\left\|\psi_{m}-\varphi_{m}\right\|
\end{align*}
$$

where we used that every Cauchy sequence is bounded and that $T$ is a symmetric operator. For any $\varepsilon>0$, by choosing $n$, $m$ large enough, $C\left\|\psi_{n}-\varphi_{n}-\left(\psi_{m}-\varphi_{m}\right)\right\|_{T} \leqslant \varepsilon / 2$. Also, for any $n$ we can choose $m$ large enough so that $\left\|(T+1)\left(\psi_{n}-\varphi_{n}\right)\right\|\left\|\psi_{m}-\varphi_{m}\right\| \leqslant \varepsilon / 2$. Therefore, $\left\|\psi_{n}-\varphi_{n}\right\|_{T}^{2} \leqslant \varepsilon$, that is $\left\|\varphi_{n}-\psi_{n}\right\|_{T} \rightarrow 0$.

Remark 4.56. (i) This proposition is useful because it allows to identify $\mathcal{H}_{T}$ with a subspace $Q(T) \subset \mathcal{H}$, by associating to each equivalence class $\left[\left(\varphi_{n}\right)_{n}\right]$ its limit $\varphi \in \mathcal{H}$. Obviously, $D(T) \subset Q(T) \subset \mathcal{H}$ (every element of $D(T)$ is the limit of a sequence in $\mathcal{H}_{T}$ : just take the constant sequence).
(ii) The scalar product $\langle\cdot, \cdot\rangle_{T}$, originally defined on $D(T)$, can be naturally extended to $Q(T)$. This is done by using the continuity of the scalar product on $\mathcal{H}$, and the fact that every element of $Q(T)$ is the limit of a sequence in $D(T)$. (Exercise).
Definition 4.57. The subspace $Q(T)$ is called the form domain $T$. The extension of the quadratic form $q_{T}$ to $Q(T)$ is defined as:

$$
\begin{equation*}
q_{T}(\psi):=\langle\psi, \psi\rangle_{T}-\|\psi\|^{2} \quad \text { for all } \psi \in Q(T) \tag{4.67}
\end{equation*}
$$

where $\langle\cdot, \cdot\rangle_{T}$ is the extension of the scalar product induced by $T$ to $Q(T) \times Q(T)$.
Remark 4.58. If $\psi \in D(T)$, then $q_{T}(\psi)=\langle\psi, T \psi\rangle$.
Theorem 4.59 (Friedrichs extension). Let $(T, D(T))$ be a linear, symmetric, densely defined operator, bounded from below by $\gamma:\langle\psi, T \psi\rangle \geqslant \gamma$ for all $\psi \in D(T)$. Let:

$$
\begin{align*}
D(\widetilde{T}) & :=D\left(T^{*}\right) \cap Q(T-\gamma) \\
\widetilde{T} \psi & :=T^{*} \psi \quad \text { for all } \psi \in D(\widetilde{T}) . \tag{4.68}
\end{align*}
$$

Then:
(i) $\widetilde{T}$ is an extension of $T$, and $\widetilde{T} \geqslant \gamma$.
(ii) $\widetilde{T}$ is selfadjoint.
(iii) $\widetilde{T}$ is the only selfadjoint extension of $T$ with $D(\widetilde{T}) \subset Q(T-\gamma)$.

Proof. For simplicity, we shall set $\gamma=0$. If not, replace $T$ by $T-\gamma$ in what follows.
(i) We claim that $T \subset \widetilde{T}$. By Proposition 4.28, we have that $T \subset T^{*}$. Since $D\left(T^{*}\right) \supset D(T)$ and $Q(T) \supset D(T)$, then $D(T) \subset D(\widetilde{T})$. Moreover, $T=\widetilde{T}$ on $D(T)$, since $T=T^{*}$ on $D(T)$. This proves that $T \subset \widetilde{T}$. Let us now prove that $\widetilde{T} \geqslant 0$. Let $\psi \in D(\widetilde{T})$, and $\left(\psi_{n}\right) \subset D(T)$ such that $\psi_{n} \rightarrow \psi$ and $\left(\psi_{n}\right)$ is Cauchy in $\|\cdot\|_{T}$. Then:

$$
\begin{equation*}
\langle\psi, \widetilde{T} \psi\rangle=\lim _{n \rightarrow \infty}\left\langle\psi_{n}, \widetilde{T} \psi\right\rangle \tag{4.69}
\end{equation*}
$$

We further write:

$$
\begin{align*}
\left\langle\psi_{n}, \tilde{T} \psi\right\rangle & =\left\langle\psi_{n}, T^{*} \psi\right\rangle  \tag{4.70}\\
& =\left\langle T \psi_{n}, \psi\right\rangle \\
& =\left\langle T \psi_{n}, \psi_{m}\right\rangle+\left\langle T \psi_{n}, \psi-\psi_{m}\right\rangle \\
& =\left\langle T \psi_{m}, \psi_{m}\right\rangle+\left\langle T\left(\psi_{n}-\psi_{m}\right), \psi_{m}\right\rangle+\left\langle T \psi_{n}, \psi-\psi_{m}\right\rangle=: \mathrm{I}+\mathrm{II}+\mathrm{III}
\end{align*}
$$

Clearly, $\mathrm{I} \geqslant 0$. Pick $\varepsilon>0$. Consider II. We have, for $n, m$ large enough:

$$
\begin{equation*}
|\mathrm{II}| \leqslant\left\|\psi_{n}-\psi_{m}\right\|_{T}\left\|\psi_{m}\right\|_{T} \leqslant \frac{\varepsilon}{2}, \tag{4.71}
\end{equation*}
$$

where we used that $\left(\psi_{n}\right)$ is Cauchy in $\|\cdot\|_{T}$ and that every Cauchy sequence is bounded. Consider now III. We have, for $m$ large enough:

$$
\begin{equation*}
|\mathrm{III}| \leqslant\left\|\psi_{n}-\psi_{m}\right\|_{T}\left\|\psi-\psi_{m}\right\| \leqslant \frac{\varepsilon}{2} \tag{4.72}
\end{equation*}
$$

Therefore, $\langle\psi, \widetilde{T} \psi\rangle \geqslant 0$.
(ii) Let us now show that $\widetilde{T}$ is selfadjoint. We shall use Theorem 4.41 (ii). Being $\widetilde{T} \geqslant 0, \widetilde{T}$ is symmetric. Our goal is to show that $\operatorname{Ran}(T+1)=\mathcal{H}$ (recall Remark 4.44). Recall:

$$
\begin{equation*}
D(\widetilde{T}):=\{\psi \in Q(T) \mid \exists \eta \in \mathcal{H} \quad \text { s.t. } \quad\langle\psi, T \varphi\rangle=\langle\eta, \varphi\rangle \quad \text { for all } \varphi \in D(T)\} \tag{4.73}
\end{equation*}
$$

where the vector $\eta$ is unique (by density of $D(T)$ is $\mathcal{H}$ ). From the definition $\langle\cdot, \cdot\rangle_{T}$, this is equivalent to:

$$
\begin{equation*}
D(\widetilde{T})=\left\{\psi \in Q(T) \mid \exists \eta \in \mathcal{H} \quad \text { s.t. } \quad\langle\psi, \varphi\rangle_{T}=\langle\eta, \varphi\rangle \quad \text { for all } \varphi \in D(T)\right\} \tag{4.74}
\end{equation*}
$$

Also, being $D(T)$ dense in $Q(T)$ :

$$
\begin{equation*}
D(\widetilde{T})=\left\{\psi \in Q(T) \mid \exists \eta \in \mathcal{H} \quad \text { s.t. } \quad\langle\psi, \varphi\rangle_{T}=\langle\eta, \varphi\rangle \quad \text { for all } \varphi \in Q(T)\right\} \tag{4.75}
\end{equation*}
$$

where now $\langle\cdot, \cdot\rangle$ is the extension of $\langle\cdot, \cdot\rangle_{T}$ to $Q(T) \times Q(T)$ (see Remark 4.56. By definition, $\widetilde{T} \psi=T^{*} \psi=\eta-\psi$ for all $\psi \in D(\widetilde{T})$, that is:

$$
\begin{equation*}
(\widetilde{T}+1) \psi=\eta \tag{4.76}
\end{equation*}
$$

We will show that for every $\eta \in \mathcal{H}$ there exists $\psi$ such that Eq. 4.76) holds true, i.e. that $\operatorname{Ran}(\widetilde{T}+1)=\mathcal{H}$, as claimed. For any $\eta \in \mathcal{H}$, the $\operatorname{map} Q(T) \ni \varphi \mapsto\langle\eta, \varphi\rangle$ is a bounded linear functional on $Q(T)$, with respect to $\|\cdot\|$ and hence to $\|\cdot\|_{T}$. Thus, by Riesz theorem (Theorem 4.1), there exists $\xi \in Q(T)$ such that $\langle\eta, \varphi\rangle=\langle\xi, \varphi\rangle_{T}$ for all $\varphi \in Q(T)$. Comparing this equation with Eq. 4.75, we find that $\xi \in D(\widetilde{T})$. Also, by Eq. 4.76, we have $(\widetilde{T}+1) \xi=\eta$, which shows that $\operatorname{Ran}(\widetilde{T}+1)=\mathcal{H}$; therefore, Theorem 4.41 and Remark 4.44 imply that $\widetilde{T}$ is selfadjoint.
(iii) To conclude, let us prove uniqueness of the selfadjoint extension. Suppose that $\widehat{T}$ is another selfadjoint extension of $T$ with $D(\widehat{T}) \subset Q(T)$. Let $\psi \in D(\widehat{T})$ and $\varphi \in D(T) \subset$ $D(\widehat{T})$. Then:

$$
\begin{equation*}
\langle\varphi,(\widehat{T}+1) \psi\rangle=\langle(\widehat{T}+1) \varphi, \psi\rangle=\langle(T+1) \varphi, \psi\rangle=\overline{\langle\psi,(T+1) \varphi\rangle}=\overline{\langle\psi, \varphi\rangle_{T}}=\langle\varphi, \psi\rangle_{T} \text {. } \tag{4.77}
\end{equation*}
$$

By density of $D(T)$ in $Q(T)$ and continuity of the scalar product, taking the complex conjugate:

$$
\begin{equation*}
\langle(\widehat{T}+1) \psi, \varphi\rangle=\langle\psi, \varphi\rangle_{T} \quad \text { for all } \psi, \varphi \in D(\widehat{T}) . \tag{4.78}
\end{equation*}
$$

This implies that $\psi \in D(\widetilde{T})$, since $\psi \in Q(T)$ and $\langle\psi, \varphi\rangle_{T}=\langle\eta, \varphi\rangle$ holds for all $\varphi \in$ $D(T) \subset D(\widehat{T})$, with $\eta=(\widehat{T}+1) \psi$. Thus, $D(\widehat{T}) \subset D(\widetilde{T})$. Moreover, by Eq. 4.76, $(\widetilde{T}+1) \psi=\eta$ : therefore, $\widetilde{T} \psi=\widehat{T} \psi$ for all $\psi \in D(\widehat{T})$. In other words, $\widehat{T} \subset \widetilde{T}$. By taking the adjoint, and recalling Proposition 4.31, we also have $\widetilde{T}^{*} \subset \widehat{T}^{*}$, but then $\widetilde{T}=\widehat{T}$, since $\widetilde{T}^{*}=\widetilde{T}$ and $\widehat{T}=\widehat{T}^{*}$.

### 4.4 From quadratic forms to operators

Theorem 4.59 shows how to construct a selfadjoint extension of a nonnegative operator using the quadratic form associated with the operator. Later, we will be interested in defining a selfadjoint operator given a certain quadratic form.

Proposition 4.60. Let $Q \subset \mathcal{H}$, let $s(\varphi, \psi)$ be a sesquilinear form on $Q \times Q$, with quadratic form $q(\psi)=s(\psi, \psi)$. Suppose that $q$ is real valued and that $q$ is semibounded: there exists $\gamma \in \mathbb{R}$ such that $q(\psi) \geqslant \gamma\|\psi\|^{2}$. Let:

$$
\begin{equation*}
\langle\psi, \varphi\rangle_{q}:=s(\psi, \varphi)+(1-\gamma)\langle\psi, \varphi\rangle . \tag{4.79}
\end{equation*}
$$

Then, $\langle\cdot, \cdot\rangle_{q}$ is a scalar product on $Q$.
Proof. Exercise.
Remark 4.61. Recall that a map $s(\cdot, \cdot): Q \times Q \rightarrow \mathbb{C}$ is called a sesquilinear form if it linear in the second variable and antilinear in the first variable.

We would like to know whether $\langle\cdot, \cdot\rangle_{q}$ can be thought as the scalar product generated by an operator $T$ with quadratic form $q_{T}=q$ and form domain $Q=Q(T)$. This is true, provided we make some assumptions on $q$.

Definition 4.62. A real valued quadratic form $q$ is called closable if for any sequence $\left(\psi_{n}\right) \subset$ $Q$ such that $\left\|\psi_{n}\right\| \rightarrow 0$ and which is Cauchy with respect to $\|\cdot\|_{q}$ then $\left\|\psi_{n}\right\|_{q} \rightarrow 0$.

Remark 4.63. This is the analog of the property that allowed us to identify $\mathcal{H}_{T}$ with $Q(T) \subset$ $\mathcal{H}$, recall Eq. (4.66).

Let $\mathcal{H}_{q}$ be the completion of $Q$ with respect to $\|\cdot\|_{q}$. For closable $q$, this space can be identified with a subspace of $\mathcal{H}$, that we shall denote by $Q_{q}$.

Definition 4.64. The extension of $q$ to $Q_{q}$ is called the closure of $q$. The quadratic form is called closed if $Q_{q}=Q$.

Theorem 4.65. For every densely defined, closed, semibounded form $q: Q \rightarrow \mathbb{R}$ there is a unique selfadjoint operator $T$ such that $Q=Q(T)$ and $q=q_{T}$. If $s$ is the sesquilinear form associated with $q$, then:

$$
\begin{equation*}
D(T)=\{\psi \in Q \mid \exists \eta \in \mathcal{H} \quad \text { s.t. } \quad s(\psi, \varphi)=\langle\eta, \varphi\rangle \quad \text { for all } \varphi \in Q\} \tag{4.80}
\end{equation*}
$$

and $T \psi=\eta$.
Proof. For simplicity, we assume that $q \geqslant 0$ (that is, $\gamma=0$ ). Since $Q$ is dense, $T$ is well defined (there cannot be two different $\eta_{1}, \eta_{2}$ with $s(\psi, \varphi)=\left\langle\eta_{1}, \varphi\right\rangle=\left\langle\eta_{2}, \varphi\right\rangle$ for all $\varphi \in Q$ ). By construction, we have $q_{T}(\psi)=q(\psi)$ for all $\psi \in D(T)$. It follows that $T$ is symmetric and nonnegative. Proceeding as in the proof of Theorem 4.59, we find that $\operatorname{Ran}(T+1)=\mathcal{H}$ and hence $T$ is selfadjoint. Uniqueness is proven again as in the proof of Theorem 4.59 .

Definition 4.66. A quadratic form is called bounded if $|q(\psi)| \leqslant C\|\psi\|^{2}$. The norm of $q$ is given by:

$$
\begin{equation*}
\|q\|=\sup _{\|\psi\|=1}|q(\psi)| . \tag{4.81}
\end{equation*}
$$

Remark 4.67. For bounded quadratic forms, the norm induced by $\langle\cdot, \cdot\rangle_{q}$ is equivalent to the standard norm. In this case, we obtain $\mathcal{H}_{q}=\mathcal{H}$ and the operator $T$ associated with $q$ is bounded, by the Hellinger-Toeplitz theorem (every symmetric operator defined on the full Hilbert space $\mathcal{H}$ is bounded). Together with the polarization identity, it is not difficult to check that a closed semibounded form $q$ is bounded if and only if the corresponding selfadjoint operator $T$ is bounded. In this case, $\|T\|=\|q\|$. In particular, it follows that:

$$
\begin{equation*}
\|A\|=\sup _{\|\psi\|=1}|\langle\psi, A \psi\rangle| \tag{4.82}
\end{equation*}
$$

for all symmetric operators.

## 5 The spectral theorem

### 5.1 The spectrum

Definition 5.1 (Resolvent, resolvent set and spectrum). Let $(T, D(T))$ be a linear operator on $\mathcal{H}$. We define the resolvent set of $T$ as:

$$
\begin{equation*}
\rho(T):=\{z \in \mathbb{C} \mid(T-z): D(T) \rightarrow \mathcal{H} \quad \text { is a bijection with continuous inverse. }\} \tag{5.1}
\end{equation*}
$$

For $z \in \rho(T)$ we define the resolvent of $T$ at $z$ as:

$$
\begin{equation*}
R_{z}(T):=(T-z)^{-1} \in \mathcal{L}(\mathcal{H}) \tag{5.2}
\end{equation*}
$$

The spectrum of $T$ is defined as the complement of the resolvent set:

$$
\begin{equation*}
\sigma(T):=\mathbb{C} \backslash \rho(T) \tag{5.3}
\end{equation*}
$$

Remark 5.2. For closed operators, the continuity requirement in Eq. 5.1) can be dropped. This is a consequence of the closed graph theorem, stating that a linear map $T: X \rightarrow Y$ between two Banach spaces $X, Y$ is continuous if and only if $T$ is closed.

Proposition 5.3. If $T$ is not closed, then $\rho(T)=\varnothing$.
Proof. Suppose that $(T-z): D(T) \rightarrow \mathcal{H}$ is a bijection. Then, $(T-z)$ is invertible, and it is not difficult to see that $\Gamma(T)=\Gamma(T-z)=\Gamma\left((T-z)^{-1}\right)$ (modulo switching the order of the pairs in the definition of graph). Thus, if $\Gamma(T)$ is not closed, $\Gamma\left((T-z)^{-1}\right)$ is not closed as well. This means that there exists $\left(\varphi_{n}\right) \subset \mathcal{H}$ such that $\varphi_{n} \rightarrow 0$ but $\lim _{n \rightarrow \infty}(T-z)^{-1} \varphi_{n} \neq 0$. Therefore, $(T-z)^{-1}$ is not continuous. Hence, $\rho(T)=\varnothing$.

Definition 5.4. Let $(T, D(T))$ be a closed, linear operator. Then, its spectrum $\sigma(T)$ is partitioned according to the following criteria:
(a) $\sigma_{p}(T):=\{z \in \mathbb{C} \mid T-z$ is not injective $\}$
is called the point spectrum, and it coincides with the set of eigenvalues of the operator.
(b) $\sigma_{c}(T):=\{z \in \mathbb{C} \mid T-z \quad$ is injective, not surjective, with dense range $\}$ is called the continuous spectrum.
(c) $\sigma_{r}(T):=\{z \in \mathbb{C} \mid T-z$ is injective, not surjective, with no dense range $\}$ is called the residual spectrum.
Remark 5.5. In conclusion, for closed operators:

$$
\begin{equation*}
\sigma(T)=\sigma_{p}(T) \cup \sigma_{c}(T) \cup \sigma_{r}(T) \tag{5.4}
\end{equation*}
$$

and if $\operatorname{dim} \mathcal{H}<\infty$ then $\sigma(T)=\sigma_{p}(T)$ is the set of eigenvalues.
Example 5.6. (i) Consider the position operator $\hat{x}$, with domain:

$$
\begin{equation*}
\hat{D}(x)=\left\{\psi \in L^{2}(\mathbb{R}) \mid x \psi(x) \in L^{2}(\mathbb{R})\right\} \tag{5.5}
\end{equation*}
$$

defined via $\hat{x}: \psi \mapsto x \psi$. It follows that $(\hat{x}-z)^{-1}$ is the multiplication by the function $(x-z)^{-1}$, which is bounded for all $z \in \mathbb{C} \backslash \mathbb{R}$. Therefore, $\sigma(\hat{x})=\mathbb{R}$.
The map $(\hat{x}-\lambda)$ has a dense range for all $\lambda \in \mathbb{R}$. To see this, for all $\psi \in L^{2}$ we define:

$$
\begin{equation*}
\varphi_{n}:=\chi_{\mathbb{R} \backslash\left[\lambda-\frac{1}{n}, \lambda+\frac{1}{n}\right]} \frac{\psi}{x-\lambda} \tag{5.6}
\end{equation*}
$$

Then, $(x-\lambda) \varphi_{n} \rightarrow \psi$ in $L^{2}$, and hence the range of $x-\lambda$ is dense. Therefore, $\sigma(\hat{x})=\sigma_{c}(\hat{x})=\mathbb{R}$.
(ii) Let $U \in \mathcal{L}(\mathcal{H})$ unitary. Then, $\sigma(T)=\sigma\left(U T U^{-1}\right)$. This follows from the fact that $T-z$ is bijective if and only if $U(T-z) U^{-1}=U T U^{-1}-z$ is bijective.
Therefore, the momentum operator $\hat{p}=-i \frac{d}{d x}$ on $L^{2}(\mathbb{R})$ has real continuous spectrum, $\sigma(\hat{p})=\sigma_{c}(\hat{p})=\mathbb{R}$, since $\hat{p}=\mathcal{F} \hat{x} \mathcal{F}^{-1}$ and the Fourier transform is unitary.

Theorem 5.7 (Properties of the resolvent and of the spectrum). Let $(T, D(T))$ be a densely defined operator on a Hilbert space $\mathcal{H}$. Then:
(a) $\rho(T)$ is open, that is the spectrum $\sigma(T)$ is closed.
(b) The resolvent map:

$$
\begin{equation*}
\rho(T) \rightarrow \mathcal{L}(\mathcal{H}), \quad z \mapsto R_{z}(T):=(T-z)^{-1} \tag{5.7}
\end{equation*}
$$

is analytic, that is $R_{z}(T)$ can be written locally as a pointwise convergent series with coefficients in $\mathcal{L}(\mathcal{H})$.
(c) If $T \in \mathcal{L}(\mathcal{H})$, then $|z| \leqslant\|T\|$ for all $z \in \sigma(T)$. In particular, the spectrum is compact.
(d) For $z, w \in \rho(T)$ the first resolvent identity holds true:

$$
\begin{equation*}
R_{z}(T)-R_{w}(T)=(z-w) R_{w}(T) R_{z}(T) \tag{5.8}
\end{equation*}
$$

In particular, the resolvents commute:

$$
\begin{equation*}
R_{w}(T) R_{z}(T)=R_{z}(T) R_{w}(T) \tag{5.9}
\end{equation*}
$$

The proof of this theorem is based on the following proposition.
Proposition 5.8 (Neumann series). Let $X$ be a Banach space and $T \in \mathcal{L}(X)$ with $\|T\|<1$. Then, $1-T$ is continuously invertible and:

$$
\begin{equation*}
(1-T)^{-1}=\sum_{n=0}^{\infty} T^{n} \tag{5.10}
\end{equation*}
$$

and:

$$
\begin{equation*}
\left\|(1-T)^{-1}\right\| \leqslant(1-\|T\|)^{-1} \tag{5.11}
\end{equation*}
$$

Proof. Exercise.
Proof. (of Theorem 5.7.)
(a) Let $z_{0} \in \rho(T)$ and $\left|z-z_{0}\right|<\left\|R_{z_{0}}\right\|^{-1}$. Then,

$$
\begin{equation*}
T-z=T-z_{0}-\left(z-z_{0}\right)=\left(T-z_{0}\right)\left(1-\left(z-z_{0}\right) R_{z_{0}}(T)\right) \tag{5.12}
\end{equation*}
$$

Then, the next proposition implies that $\left\|\left(z-z_{0}\right) R_{z_{0}}\right\|<1$, which means that $1-$ $\left(z-z_{0}\right) R_{z_{0}}$ is continuously invertible, and hence $(T-z)$ is continuously invertible. Therefore, $z \in \rho(T)$.
(b) Thanks to the Neumann series :

$$
\begin{equation*}
R_{z}=\left(1-\left(z-z_{0}\right) R_{z_{0}}\right)^{-1} R_{z_{0}}=\sum_{n=0}^{\infty}\left(z-z_{0}\right)^{n} R_{z_{0}}^{n+1} \tag{5.13}
\end{equation*}
$$

where the coefficients $R_{z_{0}}^{n+1}$ belong to $\mathcal{L}(\mathcal{H})$.
(c) Let $|z|>\|T\|$. Then, $1-\frac{T}{z}$ is invertible, and $T-z$ as well. Therefore, $z \in \rho(T)$.
(d) We have:

$$
\begin{equation*}
R_{z}(T)-R_{w}(T)=R_{z}(T)(T-w) R_{w}(T)-R_{z}(T)(T-z) R_{w}(T)=(z-w) R_{z}(T) R_{w}(T) \tag{5.14}
\end{equation*}
$$

Theorem 5.9 (Spectrum of a selfadjoint operator). Let $(H, D(H))$ be a selfadjoint operator. Then, $\sigma(H) \subset \mathbb{R}$ and for all $z \in \mathbb{C} \backslash \mathbb{R}$ :

$$
\begin{equation*}
\left\|(H-z)^{-1}\right\| \leqslant \frac{1}{|\operatorname{Im}(z)|} \tag{5.15}
\end{equation*}
$$

Proof. Let $z=\lambda+i \mu$, with $\lambda, \mu \in \mathbb{R}$ and $\mu \neq 0$. Then, $(H-\lambda) / \mu$ is selfadjoint on $D(H)$ and, by Theorem 4.41

$$
\begin{equation*}
\operatorname{Ker}\left(\frac{H-\lambda}{\mu}-i\right)=\operatorname{Ker}(H-\lambda-i \mu)=\{0\} \tag{5.16}
\end{equation*}
$$

and:

$$
\begin{equation*}
\operatorname{Ran}\left(\frac{H-\lambda}{\mu}-i\right)=\operatorname{Ran}(H-\lambda-i \mu)=\mathcal{H} . \tag{5.17}
\end{equation*}
$$

Eq. 5.16 implies that $H-z: D(H) \rightarrow \mathcal{H}$ is injective, while Eq. 5.17) implies that it is surjective, Therefore, $H-z: D(H) \rightarrow \mathcal{H}$ is a bijection. Moreover, the inverse is bounded, since:

$$
\begin{equation*}
\|(H-\lambda-i \mu) \psi\|^{2}=\|(H-\lambda) \psi\|^{2}+\|\mu \psi\|^{2} \geqslant \mu^{2}\|\psi\|^{2}, \tag{5.18}
\end{equation*}
$$

which implies that $\left\|(H-z)^{-1}\right\| \leqslant 1 /|\mu|$. Therefore, $z \in \rho(H)$.
Lemma 5.10. Let $T: D(T) \rightarrow \mathcal{H}$ be a symmetric operator, and suppose that $\sigma(T) \subset \mathbb{R}$. Then, $T$ is selfadjoint.

Proof. If $\sigma(T) \subset \mathbb{R}$, then $T-z: D(T) \rightarrow \mathcal{H}$ is a bijection for all $z \in \mathbb{C} \backslash \mathbb{R}$. In particular, $\operatorname{Ran}(T-z)=\mathcal{H}$; being $T$ symmetric, Theorem 4.41 implies that it is selfadjoint.

Remark 5.11. Therefore, Theorem 5.9 and Lemma 5.10 imply that a symmetric operator $T$ is selfadjoint if and only if $\sigma(T) \subset \mathbb{R}$.

Lemma 5.12. Let $T: D(T) \rightarrow \mathcal{H}$ be a closed, densely defined operator. Then,

$$
\begin{equation*}
\left\|R_{z_{0}}(T)\right\| \geqslant \operatorname{dist}\left(z_{0}, \sigma(T)\right)^{-1} \tag{5.19}
\end{equation*}
$$

for all $z_{0} \in \mathbb{C}$.
Remark 5.13. If $T$ is bounded, we have $\{z \in \mathbb{C}||z|>\|T\|\} \subset \rho(T)$.
Proof. The radius of convergence of the Neumann series (5.13) is $\left\|R_{z_{0}}(T)\right\|^{-1}$. Also, the series cannot converge if $z \in \sigma(T)$; therefore, $\left\|R_{z_{0}}(T)\right\|^{-1} \leqslant \operatorname{dist}\left(z_{0}, \sigma(T)\right)$.

Remark 5.14. For selfadjoint operator, one actually has:

$$
\begin{equation*}
\left\|(H-z)^{-1}\right\|=\frac{1}{\operatorname{dist}(z, \sigma(H))} \tag{5.20}
\end{equation*}
$$

The next theorem provides a useful criterion to decide whether $z \in \sigma(A)$.
Theorem 5.15 (Weyl criterion.). Let $T: D(T) \rightarrow \mathcal{H}$ be a closed densely defined operator. Suppose that there exists a sequence $\psi_{n} \in D(T)$ with $\left\|\psi_{n}\right\|=1$ for all $n \in \mathbb{N}$ and such that $\left\|(T-z) \psi_{n}\right\| \rightarrow 0$ (such a sequence is known as a Weyl sequence at $z$ ). Then, $z \in \sigma(T)$. Conversely, if $z \in \partial \rho(T) \subset \sigma(T)$ (recall that $\sigma(T)$ is closed), then there exists a Weyl sequence at $z$.

Proof. Let $\psi_{n}$ be a Weyl sequence at $z$. If $z \in \rho(T)$, we would have

$$
\begin{equation*}
\left\|\psi_{n}\right\|=\left\|R_{z}(T)(T-z) \psi_{n}\right\| \leqslant\left\|R_{z}(T)\right\|\left\|(T-z) \psi_{n}\right\| \leqslant C\left\|(T-z) \psi_{n}\right\| \rightarrow 0 \tag{5.21}
\end{equation*}
$$

thus giving a contradiction. Hence, $z \in \sigma(T)$. On the other hand, suppose that $z \in \partial \sigma(T)$. Then, there exists a sequence $z_{n} \in \rho(T)$ with $z_{n} \rightarrow z$. From Theorem 5.12, we have $\left\|R_{z_{n}}(T)\right\| \rightarrow \infty$. Hence, there exists $\left(\varphi_{n}\right) \subset \mathcal{H}$ such that $\left\|R_{z_{n}}(T) \varphi_{n}\right\| /\left\|\varphi_{n}\right\| \rightarrow \infty$. Let $\psi_{n}=R_{z_{n}}(T) \varphi_{n} /\left\|R_{z_{n}}(T) \varphi_{n}\right\|$. Then, $\left\|\psi_{n}\right\|=1$ for all $n$ and:

$$
\begin{equation*}
\left\|(T-z) \psi_{n}\right\| \leqslant\left\|\left(T-z_{n}\right) \psi_{n}\right\|+\left|z-z_{n}\right|\left\|\psi_{n}\right\|=\frac{\left\|\varphi_{n}\right\|}{\left\|R_{z_{n}}(T) \varphi_{n}\right\|}+\left|z-z_{n}\right| \rightarrow 0 \tag{5.22}
\end{equation*}
$$

Hence $\psi_{n}$ is a Weyl sequence.

Another useful result is the following lemma, that establishes a relation between the spectrum of $T$ and the one of its inverse $T^{-1}$ (which is a densely defined operator on $\mathcal{H}$, if $T$ is injective and $\operatorname{Ran} T$ is dense).
Lemma 5.16. Let $T$ be injective and Ran $T$ be dense. Then, $T^{-1}: \operatorname{Ran} T \rightarrow \mathcal{H}$ is such that:

$$
\begin{equation*}
\sigma\left(T^{-1}\right) \backslash\{0\}=(\sigma(T) \backslash\{0\})^{-1} . \tag{5.23}
\end{equation*}
$$

Furthermore, $T \psi=\lambda \psi$ if and only if $T^{-1} \psi=\lambda^{-1} \psi$.
Proof. Let $z \in \rho(T) \backslash\{0\}$. Since, for every $\varphi \in \mathcal{H}$ :

$$
\begin{equation*}
\left(T^{-1}-z^{-1}\right)(-z) T R_{z}(T) \varphi=(T-z) R_{z}(T) \varphi=\varphi \tag{5.24}
\end{equation*}
$$

and for all $\psi \in D\left(T^{-1}\right)=\operatorname{Ran}(T)$ we can write $\psi=T \varphi$, we have:

$$
\begin{align*}
(-z) T R_{z}(T)\left(T^{-1}-z^{-1}\right) \psi & =(-z) T R_{z}(T)\left(T^{-1}-z^{-1}\right) T \varphi \\
& =T R_{z}(T)(T-z) \varphi=T \varphi=\psi \tag{5.25}
\end{align*}
$$

This shows that $T^{-1}-z^{-1}: D\left(T^{-1}\right) \rightarrow \mathcal{H}$ is a bijection, with inverse given by $(-z) T R_{z}(T)$. Therefore, $z^{-1} \in \rho\left(T^{-1}\right)$ and:

$$
\begin{equation*}
R_{z^{-1}}\left(T^{-1}\right)=-z T R_{z}(T)=-z-z^{2} R_{z}(T) \tag{5.26}
\end{equation*}
$$

Inverting the roles of $T$ and $T^{-1}$ we have that $z^{-1} \in \rho\left(T^{-1}\right) \backslash\{0\}$ implies $z \in \rho(T)$. Thus, recalling that $\sigma(T)=\mathbb{C} \backslash \rho(T)$, we have that $z \in \sigma(T) \backslash\{0\}$ if and only if $z^{-1} \in \sigma\left(T^{-1}\right) \backslash\{0\}$.

To prove the relation between point spectra, notice that if $T \psi=\lambda \psi$ holds, then $\lambda \psi$ is in the range of $T$, and hence $\psi$ is in the range of $T$. Therefore, we can apply $T^{-1}$ to both sides of the equation and obtain $\psi=\lambda A^{-1} \psi$, that is $\lambda^{-1} \psi=A^{-1} \psi$.

### 5.2 Postulates of quantum mechanics

### 5.2.1 Observables

As discussed already in Section 1, quantum mechanical systems are described by vector in Hilbert spaces. Physically measurable quantities, called observables, correspond to selfadjoint operators on $\mathcal{H}$. The expected value associated with the self-adjoint operator $T$ in the state $\psi$ is given by $\langle\psi, T \psi\rangle$.

The vector $\psi$ does not only determine the expectation of $T$, but also the distribution of its possible values. Let us consider the simple case in which $A$ has the decomposition:

$$
\begin{equation*}
T=\sum_{j} \lambda_{j} P_{\varphi_{j}} \tag{5.27}
\end{equation*}
$$

with $\lambda_{j} \in \mathbb{R}$ the eigenvalues of $T$, and $P_{\varphi_{j}}$ the orthogonal projection onto the normalized eigenvector $\varphi_{j}$. That is:

$$
\begin{equation*}
P_{\varphi} \psi=\langle\varphi, \psi\rangle \varphi . \tag{5.28}
\end{equation*}
$$

One also uses the notation $P_{\varphi}=|\varphi\rangle\langle\varphi|$. Then, we have:

$$
\begin{equation*}
\langle\psi, T \psi\rangle=\sum_{j} \lambda_{j}\left|\left\langle\psi, \varphi_{j}\right\rangle\right|^{2} . \tag{5.29}
\end{equation*}
$$

Eq. (5.27) is called the spectral representation of the operator $T$. The spectral theorem for unbounded operators, that will be discussed later on, implies that the vectors $\varphi_{j}$ form an ONB for $\mathcal{H}$ (this is clear if $\operatorname{dim} \mathcal{H}<\infty$, from the spectral theorem for matrices). In particular, $\sum_{j}\left|\left\langle\psi, \varphi_{j}\right\rangle\right|^{2}=1$. So far, we are assuming that the spectrum of the observable $T$ coincides with its point spectrum. As we shall see, the spectral theorem will allow to generalize the expression 5.27 to cases in which $\sigma_{\mathrm{p}}(T) \neq \sigma(T)$, introducing the concept of projection-valued measure.

The interpretation of the identity (5.29) is the following: the eigenvalues $\lambda_{j}$ are the possible values of the observable $T$ and $\left|\left\langle\psi, \varphi_{j}\right\rangle\right|^{2}$ is the probability that, if the system is
in the state $\psi$, a measurement of $T$ gives the value $\lambda_{j}$. If for example $\psi=\varphi_{j}$, then a measurement of $T$ will produce the value $\lambda_{j}$ with probability 1 . In general, however, $\psi$ will be a linear combination of different $\varphi_{j}$ 's. Hence, a measurement of $T$ will give different values with different probabilities. It makes sense, therefore, to define the variance of $T$ in the state $\psi$ by setting:

$$
\begin{equation*}
\Delta T_{\psi}=\left\langle\psi,(T-\langle\psi, T \psi\rangle)^{2} \psi\right\rangle=\left\langle\psi, T^{2} \psi\right\rangle-\langle\psi, T \psi\rangle^{2} \tag{5.30}
\end{equation*}
$$

If, as before, $T=\sum_{j} \lambda_{j} P_{\varphi_{j}}$, a simple computation shows that:

$$
\begin{equation*}
\Delta T_{\psi}=\sum_{j}\left(\lambda_{j}-\langle\psi, T \psi\rangle\right)^{2}\left|\left\langle\psi, \varphi_{j}\right\rangle\right|^{2} \tag{5.31}
\end{equation*}
$$

An important property of quantum systems is that noncommuting observables cannot be measured simultaneously with arbitrary precision.

Theorem 5.17 (Heisenberg's uncertainty principle.). Let $A, B$ be two self-adjoint operators acting on $\mathcal{H}$. Then, we have:

$$
\begin{equation*}
\Delta A_{\psi} \Delta B_{\psi} \geqslant \frac{1}{4}|\langle\psi,[A, B] \psi\rangle|^{2} . \tag{5.32}
\end{equation*}
$$

Proof. For simplicitly, suppose that $\langle\psi, A \psi\rangle=\langle\psi, B \psi\rangle=0$ (if not, redefine $A, B$ by subtracting their average values on $\psi$ ). Then,

$$
\begin{equation*}
\langle\psi,[A, B] \psi\rangle=\langle\psi, A B \psi\rangle-\langle\psi, B A \psi\rangle=2 i \operatorname{Im}\langle\psi, A B \psi\rangle . \tag{5.33}
\end{equation*}
$$

Therefore,

$$
\begin{equation*}
|\langle\psi,[A, B] \psi\rangle| \leqslant 2|\langle\psi, A B \psi\rangle| \leqslant 2|\langle A \psi, B \psi\rangle| \leqslant 2\|A \psi\|\|B \psi\|=2\left(\Delta A_{\psi}\right)^{\frac{1}{2}}\left(\Delta B_{\psi}\right)^{\frac{1}{2}} . \tag{5.34}
\end{equation*}
$$

That is:

$$
\begin{equation*}
\Delta A_{\psi} \Delta B_{\psi} \geqslant \frac{1}{4}|\langle\psi,[A, B] \psi\rangle|^{2} \tag{5.35}
\end{equation*}
$$

In particular, choosing $A=\hat{x}_{i}$ (position operator) and $B=\hat{p}_{j} \equiv-i \nabla_{j}$ (momentum operator), assuming that $\|\psi\|_{2}=1$, we obtain the relation:

$$
\begin{equation*}
\Delta x_{i, \psi} \Delta p_{j, \psi} \geqslant \frac{\delta_{i j}}{4} \tag{5.36}
\end{equation*}
$$

### 5.2.2 Time evolution

In every quantum system there is an observable that plays a particularly important role, the Hamiltonian. It generates time evolution via the Schrödinger equation:

$$
\begin{equation*}
i \partial_{t} \psi(t)=H \psi(t) \tag{5.37}
\end{equation*}
$$

If $H$ is a bounded operator, the unique solution of the Schrödinger equation can be written as

$$
\begin{equation*}
\psi(t)=e^{-i H t} \psi(0) \tag{5.38}
\end{equation*}
$$

where the exponential of $H$ is defined via its Taylor expansion, which converges for all times for bounded operators. More generally, if $H$ has the spectral decomposition $H=\sum_{j} \lambda_{j} P_{\varphi_{j}}$, the exponential map is defined as:

$$
\begin{equation*}
e^{-i H t}=\sum_{j} e^{-i \lambda_{j} t} P_{\varphi_{j}} \tag{5.39}
\end{equation*}
$$

In particular, the solution of the Schrödinger equation associated to the initial datum $\psi(0)=$ $\varphi_{j}$ is simply given by:

$$
\begin{equation*}
\psi(t)=e^{-i \lambda_{i} t} \varphi_{i} \tag{5.40}
\end{equation*}
$$

In this case, the expectation of an arbitrary self-adjoint operator $T$ is given by:

$$
\begin{equation*}
\langle\psi(t), T \psi(t)\rangle=\left\langle\varphi_{i}, T \varphi_{i}\right\rangle, \tag{5.41}
\end{equation*}
$$

and does not depend on $t$. Physically, the vectors $\psi(t)=e^{-i \lambda_{j} t} \varphi_{j}$ describe the same state for all times.

The spectral theorem will allow to introduce a spectral decomposition for any self-adjoint operators, even unbounded ones, and will allow to make sense of the exponential of the Hamilton operator. This in particular proves existence and uniqueness of the solution of the Schrödinger equation for general Hamiltonians.

### 5.3 Projection valued measures

As explained in Section 5.2.1, the spectral representation of a self-adjoint operator $T$ is often useful in quantum mechanics. It tells us what are the possible outcomes of a measurement of the observable associated to $T$, and the probability with which possible values are assumed. Moreover, as we shall see later, it allows to define a functional calculus, that is to make sense of functions of operators. An important example is the unitary evolution $e^{-i H T}$ associated to the Hamiltonian $H$.

In this section we will discuss how to define functions of self-adjoint operators, satisfying the properties:

$$
\begin{equation*}
(f+g)(T)=f(T)+g(T), \quad(f g)(T)=f(T) g(T), \quad \bar{f}(T)=f(T)^{*} . \tag{5.42}
\end{equation*}
$$

The question is, for which class of functions $f$ do we want to define $f(T)$. As long as $f$ is a polynomial, we can define $f(T)$ by simply takinng powers of $T$. However, for several purposes, including solving the Schrödinger equation, taking powers of $T$ is not enough. The next guess would be to consider functions that can be approximated by polynomials, like analytic functions. This works for bounded operators, but does not work well for unbounded operators: taking high powers of an unbounded operator typically makes the domain smaller and smaller.

A better approach consists in defining $\chi_{\Omega}(T)$ for all characteristic functions of Borel sets $\Omega \subset \mathbb{R}$, and then in using the bounded operators $\chi_{\Omega}(T)$ to construct measurable functions of $A$. The main advantage of this approach is that, since $\chi_{\Omega}^{2}=\chi_{\Omega}=\bar{\chi}_{\Omega}$, the operator $\chi_{\Omega}(T)$ is an orthogonal projection, for all Borel sets $\Omega \subset \mathbb{R}$. On the other hand, we have to show how to use the orthogonal projections $\chi_{\Omega}(T)$ to define $f(T)$ for a general measurable function $f$, We start by discussing the second step, and we postpone the first.
Definition 5.18 (Projection-valued measure). Let $\mathcal{H}$ be a Hilbert space. Let $\mathcal{B}(\mathbb{R})$ be the Borel $\sigma$-algebra over $\mathbb{R}$. We say that a $\operatorname{map} P: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$ is a projection valued measure if:
(i) $P(\Omega)^{2}=P(\Omega)=P(\Omega)^{*}$, for all $\Omega \in \mathcal{B}(\mathbb{R})$.
(ii) $P(\mathbb{R})=\mathbb{1}_{\mathcal{H}}$.
(iii) (Strong $\sigma$-additivity) If $\Omega=\bigcup_{n \in \mathbb{N}} \Omega_{n}$ with $\Omega_{n} \cap \Omega_{m}=\varnothing$ for all $n \neq m$, then:

$$
\begin{equation*}
\sum_{n \in \mathbb{N}} P\left(\Omega_{n}\right) \psi=\lim _{N \rightarrow \infty} \sum_{n=0}^{N} P\left(\Omega_{n}\right) \psi=P(\Omega) \psi, \tag{5.43}
\end{equation*}
$$

for all $\psi \in \mathcal{H}$.
Example 5.19. (a) Let $\mathcal{H}=\mathbb{C}^{d}$ and $T \in \mathcal{L}\left(\mathbb{C}^{d}\right)$ be a symmetric $d \times d$ matrix. Let $\lambda_{1}<\lambda_{2}<\ldots<\lambda_{d}$ be the eigenvalues of $T$, and $P_{1}, \ldots, P_{d}$ be the corresponding eigenprojectors (for simplicity, we assume the eigenvalues to be simple). Then, we can define:

$$
\begin{equation*}
P(\Omega)=\sum_{j: \lambda_{j} \in \Omega} P_{j} \tag{5.44}
\end{equation*}
$$

It is easy to check that $P: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}\left(\mathbb{C}^{d}\right)$ is a projection-valued measure.
(b) Let $\mathcal{H}=L^{2}(\mathbb{R})$ and set $P(\Omega)=\chi_{\Omega}(x)$, with $\chi_{\Omega}$ the characteristic function of the set $\Omega$. Also in this case, $P$ defines a projection valued measure on $\mathcal{H}$.
Remark 5.20. In the definition of projection valued measure we request $\sigma$-additivity to hold in a strong sense (that is, after application to a fixed $\psi \in \mathcal{H}$ ), and not in norm (that is, taking the supremum over all $\psi$ ). This is an important point. Already in the simple example discussed above, where $P(\Omega)=\chi_{\Omega}(x)$ is a multiplication operator over $L^{2}(\mathbb{R})$, we do not have $\sigma$-additivity in norm, because the operator norm of multiplication operators is the $L^{\infty}$ norm and thus:

$$
\left\|P(\Omega)-P\left(\Omega^{\prime}\right)\right\|=\left\|\chi_{\Omega \Delta \Omega^{\prime}}\right\|_{\infty}=\left\{\begin{array}{cc}
0 & \text { if } \mu\left(\Omega \Delta \Omega^{\prime}\right)=0  \tag{5.45}\\
1 & \text { if } \mu\left(\Omega \Delta \Omega^{\prime}\right)>0
\end{array}\right.
$$

where $\Omega \Delta \Omega^{\prime}=\left(\Omega \backslash \Omega^{\prime}\right) \cup\left(\Omega^{\prime} \backslash \Omega\right)$ is the symmetric difference of the two sets and $\mu(\cdot)$ denotes the Lebesgue measure on $\mathbb{R}$. Eq. (5.45) implies that $\sigma$-additivity does not hold in norm.

Remark 5.21. In Definition 5.18, strong $\sigma$-additivity is actually equivalent to weak $\sigma$ additivity. In other words, Eq. (5.43) is equivalent to the condition:

$$
\begin{equation*}
\sum_{n \in \mathbb{N}}\left\langle\psi, P\left(\Omega_{n}\right) \varphi\right\rangle=\langle\psi, P(\Omega) \varphi\rangle, \quad \text { for all } \psi, \varphi \in \mathcal{H} \tag{5.46}
\end{equation*}
$$

This follows from the fact that, if $P_{n}$ is a sequennce of orthogonal projections and $P$ is an orthogonal projection with $w-\lim _{n \rightarrow \infty} P_{n}=P$ then, for any $\psi \in \mathcal{H}$ :

$$
\begin{equation*}
\left\|P_{n} \psi\right\|^{2}=\left\langle P_{n} \psi, P_{n} \psi\right\rangle=\left\langle\psi, P_{n} \psi\right\rangle \rightarrow\langle\psi, P \psi\rangle=\|P \psi\|^{2} . \tag{5.47}
\end{equation*}
$$

The weak convergence $P_{n} \rightarrow P$ together with $\left\|P_{n} \psi\right\| \rightarrow\|P \psi\|$ implies that $P_{n} \psi \rightarrow P \psi$. Hence, $P_{n} \rightarrow P$ strongly.

Next, we discuss some important properties of projection-valued measures.
Proposition 5.22. The following properties are true.
(i) $P(\varnothing)=0$ and $P\left(\Omega^{c}\right)=1-P(\Omega)$
(ii) $P\left(\Omega_{1} \cup \Omega_{2}\right)=P\left(\Omega_{1}\right)+P\left(\Omega_{2}\right)-P\left(\Omega_{1} \cap \Omega_{2}\right)$.
(iii) $P\left(\Omega_{1} \cap \Omega_{2}\right)=P\left(\Omega_{1}\right) P\left(\Omega_{2}\right)$
(iv) $P\left(\Omega_{1}\right) \leqslant P\left(\Omega_{2}\right)$ if $\Omega_{1} \subset \Omega_{2}$.

Proof. Exercise.
Definition 5.23 (Resolution of the identity). For every projection-valued measure $P$ we define the resolution of the identity $p: \mathbb{R} \rightarrow \mathcal{L}(\mathcal{H})$ via $p(\lambda):=P((-\infty ; \lambda])$.
Remark 5.24. Then, $p(\lambda)$ is clearly an orthogonal projection for all $\lambda \in \mathbb{R}$. Monotonicity of $P$ implies that $p\left(\lambda_{1}\right) \leqslant p\left(\lambda_{2}\right)$ if $\lambda_{1} \leqslant \lambda_{2}$. Also, strong $\sigma$-additivity implies that for every $\psi \in \mathcal{H}$ and every sequence $\lambda_{n}$ such that $\lambda_{n} \leqslant \lambda$ for all $n \in \mathbb{N}$ and such that $\lambda_{n} \rightarrow \lambda$ as $n \rightarrow \infty$,

$$
\begin{equation*}
\lim _{n \rightarrow \infty} p\left(\lambda_{n}\right) \psi=p(\lambda) \psi \tag{5.48}
\end{equation*}
$$

That is, $s-\lim _{n \rightarrow-\infty} p\left(\lambda_{n}\right)=p(\lambda)$. Another consequence of strong $\sigma$-additivity is that:

$$
\begin{equation*}
s-\lim _{\lambda \rightarrow-\infty} p(\lambda)=0, \quad s-\lim _{\lambda \rightarrow \infty} p(\lambda)=1 \tag{5.49}
\end{equation*}
$$

As above, strong convergence of an orthogonal projection towards an orthogonal projection is equivalent to weak convergence.

Definition 5.25 (Measure and distribution associated to a projection-valued measure). For any fixed $\psi \in \mathcal{H}$, we define the finite measure $\mu_{\psi}: \mathcal{B}(\mathbb{R}) \rightarrow[0 ; \infty)$ via $\mu_{\psi}(\Omega)=\langle\psi, P(\Omega) \psi\rangle$ for all $\Omega \in \mathcal{B}(\mathbb{R})$. The corresponding distribution function $d_{\psi}: \mathbb{R} \rightarrow[0 ; \infty)$ is given by $d_{\psi}(\lambda)=\mu_{\psi}((-\infty, \lambda])$.
Remark 5.26. Notice that $\mu_{\psi}(\Omega) \leqslant\|\psi\|^{2}$. Therefore, $d_{\psi}(\lambda) \leqslant\|\psi\|^{2}$. Also, $d_{\psi}(\lambda)=$ $\|P((-\infty ; \lambda]) \psi\|^{2}=\langle\psi, p(\lambda) \psi\rangle$.

More generally, starting from the projection valued measure we can also introduce, for every $\psi, \varphi \in \mathcal{H}$, the complex measures $\mu_{\psi, \varphi}(\Omega)=\langle\psi, P(\Omega) \varphi\rangle$. They are related to the positive measures $\mu_{\psi}$ via the polarization identity:

$$
\begin{equation*}
\mu_{\psi, \varphi}(\Omega)=\frac{1}{4}\left[\mu_{\psi+\varphi}(\Omega)-\mu_{\psi-\varphi}(\Omega)+i \mu_{\psi-i \varphi}(\Omega)-i \mu_{\psi+i \varphi}(\Omega)\right] . \tag{5.50}
\end{equation*}
$$

Also, they satisfy $\left|\mu_{\psi, \varphi}(\Omega)\right| \leqslant\|P(\Omega) \psi\|\|P(\Omega) \varphi\| \leqslant\|\psi\|\|\varphi\|$.
Remark 5.27. Every distribution function is associated with a unique measure on the Borel $\sigma$-algebra $\mathcal{B}(\mathbb{R})$. One can also show that every resolution of the identity $p: \mathbb{R} \rightarrow \mathcal{L}(\mathcal{H})$ with the properties listed above is associated with a unique projection valued measure. This follows from the fact that the resolution of the identity allows us to define distribution functions $d_{\psi}$, which in turn can be used to reconstruct the measure $\mu_{\psi}$. Then, it is easy to check that for all $\Omega \in \mathcal{B}(\mathbb{R})$ there is a unique orthogonal projection $P(\Omega)$ such that $\mu_{\psi}(\Omega)=\langle\psi, P(\Omega) \psi\rangle$. This follows from the fact that a linear operator can be reconstructed from the corresponding quadratic form, via the polarization identity.

### 5.4 Functional calculus

We shall now use the projection valued measure $P: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$ to define a functional calculus, that is a map from a class of functions to operators. We start with the set of measurable simple functions.
Definition 5.28 (Simple function.). We say that the function $f$ is a simple measurable function on $\mathbb{R}$ if

$$
\begin{equation*}
f=\sum_{j=1}^{n} \alpha_{j} \chi_{\Omega_{j}}, \quad n \in \mathbb{N}, \quad \alpha_{j} \in \mathbb{C}, \quad \Omega_{j} \in \mathcal{B}(\mathbb{R}) \tag{5.51}
\end{equation*}
$$

with $\Omega_{j} \cap \Omega_{\ell}=\varnothing$ for all $j \neq \ell$. We denote by $S(\mathbb{R})$ the space of simple measurable functions on $\mathbb{R}$ (or simple functions, for short).

Definition 5.29 (Functional calculus for simple functions.). Let $f \in S, f=\sum_{j} \alpha_{j} \chi_{\Omega_{j}}$. Let $P: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$ be a $P V M$. We define the functional calculus $\Phi: S \rightarrow \mathcal{L}(\mathcal{H})$ as:

$$
\begin{equation*}
\Phi(f):=\sum_{j=1}^{n} \alpha_{j} P\left(\Omega_{j}\right) \tag{5.52}
\end{equation*}
$$

Remark 5.30. We shall also define:

$$
\begin{equation*}
\int f(\lambda) d p(\lambda):=\sum_{j=1}^{n} \alpha_{j} P\left(\Omega_{j}\right) . \tag{5.53}
\end{equation*}
$$

Remark 5.31. Notice that for arbitrary $\varphi, \psi \in \mathcal{H}$ we have:

$$
\begin{equation*}
\langle\varphi, \Phi(f) \psi\rangle=\sum_{j=1}^{n} \alpha_{j}\left\langle\varphi, P\left(\Omega_{j}\right) \psi\right\rangle=\sum_{j=1}^{n} \alpha_{j} \mu_{\varphi, \psi}\left(\Omega_{j}\right)=: \int f(\lambda) d \mu_{\varphi, \psi}(\lambda) . \tag{5.54}
\end{equation*}
$$

The right-hand side is the Lebesgue integral with respect to the complex measure $\mu_{\varphi, \psi}$ (which is just a linear combination of real measures, according to the polarization identity (5.50)).

Proposition 5.32. The functional calculus $\Phi:\left(S,\|\cdot\|_{\infty}\right) \rightarrow \mathcal{L}(\mathcal{H})$ is a bounded linear map, with $\|\Phi\| \leqslant 1$.

Proof. Linearity immediately follows from the definition. Let us prove boundedness. For
$\psi \in \mathcal{H}$, we have:

$$
\begin{align*}
\|\Phi(f) \psi\|^{2} & =\left\|\sum_{j=1}^{n} \alpha_{j} P\left(\Omega_{j}\right) \psi\right\| \\
& =\sum_{j=1}^{n}\left|\alpha_{j}\right|^{2}\left\|P\left(\Omega_{j}\right) \psi\right\|^{2} \\
& =\sum_{j=1}^{n}\left|\alpha_{j}\right|^{2} \mu_{\psi}\left(\Omega_{j}\right) \\
& =\int|f(\lambda)|^{2} d \mu_{\psi}(\lambda) . \tag{5.55}
\end{align*}
$$

In particular,

$$
\begin{equation*}
\|\Phi(f) \psi\| \leqslant\|f\|_{\infty}\|\psi\|, \tag{5.56}
\end{equation*}
$$

where we used that $\mu_{\psi}\left(\Omega_{j}\right) \leqslant\|\psi\|^{2}$. Therefore:

$$
\begin{equation*}
\|\Phi\|:=\frac{\|\Phi(f)\|}{\|f\|_{\infty}} \leqslant 1 . \tag{5.57}
\end{equation*}
$$

Recall the notion of Borel measurable function on $\mathbb{R}$. We say that a function $f: \mathbb{R} \rightarrow \mathbb{C}$ is called Borel measurable if for any Borel set $\Omega \subset \mathcal{B}(\mathbb{C})$ one has $f^{-1}(\Omega) \subset \mathcal{B}(\mathbb{R})$. We denote by $\mathcal{M}_{\mathrm{b}}$ the space of bounded Borel functions.

Proposition 5.33. The functional calculus $\Phi:\left(S,\|\cdot\|_{\infty}\right) \rightarrow \mathcal{L}(\mathcal{H})$ extends uniquely to $a$ bounded linear map $\Phi:\left(\mathcal{M}_{b},\|\cdot\|_{\infty}\right) \rightarrow \mathcal{L}(\mathcal{H})$.

Proof. The proof is an application of Theorem 3.66. To begin, recall that any bounded measurable function can be approximated in $L^{\infty}$ norm by simple function. Therefore, $\mathcal{S}$ is dense is $\mathcal{M}_{\mathrm{b}}$ with respect to the $\|\cdot\|_{\infty}$ norm. By Theorem 3.66 there is a unique extension of $\Phi$ to a bounded linear map $\Phi: \mathcal{M}_{\mathrm{b}} \rightarrow \mathcal{L}(\mathcal{H})$, with norm $\|\Phi\| \leqslant 1$. This defines $\Phi$ for all $f \in \mathcal{M}_{\mathrm{b}}$.

The Lebesgue integral of functions in $\mathcal{M}_{\mathrm{b}}$ is defined as the limit of the Lebesgue integral of simple functions. We have, for any $f \in \mathcal{M}_{\mathrm{b}}$ :

$$
\begin{equation*}
\langle\psi, \Phi(f) \varphi\rangle=\int f(\lambda) d \mu_{\varphi, \psi}(\lambda) . \tag{5.58}
\end{equation*}
$$

We shall also generalize the definition 5.53 by setting:

$$
\begin{equation*}
\int f(\lambda) d p(\lambda)=\Phi(f) \tag{5.59}
\end{equation*}
$$

Theorem 5.34. Let $P: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$ be a projection-valued measure. Then, $\Phi: \mathcal{M}_{b} \rightarrow$ $\mathcal{L}(\mathcal{H})$ is a $C^{*}$-algebra homomorphism with norm one. Moreover, for every sequence $f_{n} \in \mathcal{M}_{b}$ and $f \in \mathcal{M}_{b}$ such that $f_{n} \rightarrow f$ pointwise and with $\left\|f_{n}\right\|_{\infty}$ bounded, we have $\Phi\left(f_{n}\right) \rightarrow \Phi(f)$ strongly.

Remark 5.35. The fact that $\Phi$ is a $C^{*}$-algebra homomorphism means that $\Phi$ is linear, that $\Phi(1)=1$, that $\Phi(f g)=\Phi(f) \Phi(g)$ for all $f, g \in \mathcal{M}_{b}$ and that $\Phi(\bar{f})=\Phi(f)^{*}$.

Proof. For simple measurable functions, It is easy to check that $\Phi$ is linear, that it satisfies $\Phi(f g)=\Phi(f) \Phi(g)$ and that $\Phi(\bar{f})=\Phi(f)^{*}$. For general bounded measurable $f$, these properties follow by approximation.

If $f_{n} \rightarrow f$ pointwise and $\|f\|_{\infty} \leqslant K$, then, by dominated convergence theorem:

$$
\begin{equation*}
\left\langle\varphi, \Phi\left(f_{n}\right) \psi\right\rangle=\int f_{n}(\lambda) d \mu_{\varphi, \psi}(\lambda) \rightarrow \int f(\lambda) d \mu_{\varphi, \psi}(\lambda)=\langle\varphi, \Phi(f) \psi\rangle . \tag{5.60}
\end{equation*}
$$

This shows that $\Phi\left(f_{n}\right) \psi \rightarrow \Phi(f) \psi$ weakly, as $n \rightarrow \infty$. Moreover, again by dominated convergence theorem:

$$
\begin{equation*}
\left\|\Phi\left(f_{n}\right) \psi\right\|^{2}=\int\left|f_{n}(\lambda)\right|^{2} d \mu_{\psi}(\lambda) \rightarrow \int|f(\lambda)|^{2} d \mu_{\psi}(\lambda)=\|\Phi(f) \psi\|^{2} \tag{5.61}
\end{equation*}
$$

This implies that $\Phi\left(f_{n}\right) \psi \rightarrow \Phi(f) \psi$, which means that $\Phi\left(f_{n}\right) \rightarrow \Phi(f)$ strongly.
Remark 5.36. Since $\Phi: \mathcal{M}_{b} \rightarrow \mathcal{L}(\mathcal{H})$ is a $C^{*}$-homomorphism, we find that:

$$
\begin{align*}
\langle\Phi(g) \varphi, \Phi(f) \psi\rangle & =\left\langle\varphi, \Phi(g)^{*} \Phi(f) \psi\right\rangle \\
& =\langle\varphi, \Phi(\bar{g} f) \psi\rangle=\int(\bar{g} f)(\lambda) d \mu_{\varphi, \psi}(\lambda)=\int \bar{g}(\lambda) f(\lambda) d \mu_{\varphi, \psi}, \tag{5.62}
\end{align*}
$$

for all $f, g \in \mathcal{M}_{b}$ and for all $\varphi, \psi \in \mathcal{H}$. Hence, we have:

$$
\begin{equation*}
\mu_{\Phi(g) \varphi, \Phi(f) \psi}(\Omega)=\left\langle\Phi(g) \varphi, \Phi\left(\chi_{\Omega}\right) \Phi(f) \psi\right\rangle=\int \chi_{\Omega}(\lambda) \bar{g}(\lambda) f(\lambda) d \mu_{\varphi, \psi}(\lambda) \tag{5.63}
\end{equation*}
$$

which implies that

$$
\begin{equation*}
d \mu_{\Phi(g) \varphi, \Phi(f) \psi}=\bar{g} f d \mu_{\varphi, \psi} . \tag{5.64}
\end{equation*}
$$

Example 5.37. Let $\mathcal{H}=\mathbb{C}^{d}$. Let $T \in \mathbb{C}^{d \times d}$ matrix. Let $\lambda_{1}<\lambda_{2} \ldots<\lambda_{d}$ be the eigenvalues of $T$, that we assume to be disjoint. Let $P_{1}, \ldots, P_{d}$ be the corresponding (rank 1) eigenprojectors. We already defined the projection valued measure associated to $T$ as:

$$
\begin{equation*}
P_{T}(\Omega)=\sum_{j: \lambda_{j} \in \Omega} P_{j} . \tag{5.65}
\end{equation*}
$$

Let $\mathcal{M}_{b}$ be the space of bounded measurable functions on $\sigma(T)$. The functional calculus associated to this space of functions is the map $\Phi_{T}: \mathcal{M}_{b} \rightarrow \mathcal{L}\left(\mathbb{C}^{d}\right)$ :

$$
\begin{equation*}
\Phi_{T}(f)=\sum_{j=1}^{d} f\left(\lambda_{j}\right) P_{j} . \tag{5.66}
\end{equation*}
$$

We have, for any $\psi \in \mathbb{C}^{d}$ :

$$
\begin{equation*}
\mu_{\psi}((-\infty, \lambda])=\sum_{j: \lambda_{j} \leqslant \lambda}\left\|P_{j} \psi\right\|^{2} \tag{5.67}
\end{equation*}
$$

or equivalently:

$$
\begin{equation*}
\left\langle\psi, \Phi_{T}(f) \psi\right\rangle=\int f(\lambda) d \mu_{\psi}(\lambda)=\sum_{j=1}^{d} f\left(\lambda_{j}\right)\left\|P_{j} \psi\right\|^{2} . \tag{5.68}
\end{equation*}
$$

The above discussion allows to define a functional calculus for bounded functions. Next, we shall introduce a functional calculus for unbounded functions; this is relevant for unbounded self-adjoint operators (like the Laplacian).

For $f$ unbounded, we expect $\Phi(f)$ to be an unbounded operator. Hence, we first have to define its domain. Recall that. for every bounded measurable function $f$, we have:

$$
\begin{equation*}
\|\Phi(f) \psi\|^{2}=\int|f(\lambda)|^{2} d \mu_{\psi}(\lambda) \tag{5.69}
\end{equation*}
$$

Hence, we expect that even for unbounded $f$, the operator $\Phi(f)$ can be applied on it, if $f \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$.
Definition 5.38. Given $f: \mathbb{R} \rightarrow \mathbb{C}$, we define the domain of the functional calculus associated to $f$ as:

$$
\begin{equation*}
\mathcal{D}_{f}:=\left\{\psi \in \mathcal{H} \mid f \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)\right\} . \tag{5.70}
\end{equation*}
$$

Proposition 5.39. $\mathcal{D}_{f}$ is a linear subspace, dense in $\mathcal{H}$.

Proof. For every Borel set $\Omega \subset \mathbb{R}$, we have $\mu_{\alpha \psi}(\Omega)=|\alpha|{ }^{2} \mu_{\psi}(\Omega)$ and:

$$
\begin{equation*}
\mu_{\psi+\varphi}(\Omega) \leqslant 2 \mu_{\psi}(\Omega)+2 \mu_{\varphi}(\Omega) \tag{5.71}
\end{equation*}
$$

This bound implies that $f \in L^{2}\left(\mathbb{R}, d \mu_{\alpha \psi+\varphi}\right)$ if $f \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right) \cap L^{2}\left(\mathbb{R}, d \mu_{\varphi}\right)$ and $\alpha \in \mathbb{C}$. Hence $\alpha \psi+\varphi \in \mathcal{D}_{f}$ if $\psi, \varphi \in \mathcal{D}_{f}$ and $\alpha \in \mathbb{C}$.

To prove that $\mathcal{D}_{f}$ is dense in $\mathcal{H}$ we proceed as follows. Let $\Omega_{n}=\{\lambda \in \mathbb{R}| | f(\lambda) \mid \leqslant n\}$. Then, for any $\psi \in \mathcal{H}$, we define $\psi_{n}=P\left(\Omega_{n}\right) \psi$. Since $d \mu_{\psi_{n}}=\chi_{\Omega_{n}} d \mu_{\psi}$, we have $\psi_{n} \in \mathcal{D}_{f}$ for any $n$. Moreover, since $\chi_{\Omega_{n}} \rightarrow 1$ pointwise, it follows that $\psi_{n} \rightarrow \psi$ strongly. This proves that $\mathcal{D}_{f}$ is dense.

Proposition 5.40. Let $f$ be a Borel measurable function on $\mathbb{R}$. Let $\psi \in \mathcal{D}_{f}$. Let $\left(f_{n}\right) \subset \mathcal{M}_{b}$, such that $f_{n} \rightarrow f$ pointwise and such that $\left\|f_{n}\right\|_{L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)}$ is bounded uniformly in $n$. Then, the limit $\lim _{n \rightarrow \infty} \Phi\left(f_{n}\right) \psi=: \Phi(f) \psi$ exists in $\mathcal{H}$ and does not depend on the sequence $\left(f_{n}\right)$. It defines a linear map $\Phi(f)$ on $\mathcal{D}_{f}$, such that for all $\psi, \varphi \in \mathcal{D}_{f}$ :

$$
\begin{equation*}
\|\Phi(f) \psi\|^{2}=\int|f(\lambda)|^{2} d \mu_{\psi}(\lambda), \quad\langle\psi, \Phi(f) \varphi\rangle=\int f(\lambda) d \mu_{\psi, \varphi}(\lambda) \tag{5.72}
\end{equation*}
$$

Remark 5.41. The first integral makes sense by definition of $\mathcal{D}_{f}$. The second integral also makes sense, since by Cauchy-Schwarz $L^{2}\left(\mathbb{R}, d \mu_{\psi}\right) \subset L^{1}\left(\mathbb{R}, d \mu_{\psi}\right)$ (recall that $d \mu_{\psi}$ is a finite measure, that is it has finite mass).

Proof. By dominated convergence, we have $f_{n} \rightarrow f$ in $L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$. Therefore,

$$
\begin{equation*}
\left\|\Phi\left(f_{n}\right) \psi-\Phi\left(f_{m}\right) \psi\right\|=\left\|\Phi\left(f_{n}-f_{m}\right) \psi\right\|^{2}=\int\left|f_{n}(\lambda)-f_{m}(\lambda)\right|^{2} d \mu_{\psi}(\lambda) \tag{5.73}
\end{equation*}
$$

which implies that $\Phi\left(f_{n}\right) \psi$ is a Cauchy sequence in $\mathcal{H}$. Therefore, the limit exists and we set:

$$
\begin{equation*}
\Phi(f) \psi:=\lim _{n \rightarrow \infty} \Phi\left(f_{n}\right) \psi \tag{5.74}
\end{equation*}
$$

It is easy to see that the limit does not depend on the sequence. Therefore, it defines a linear map $\Phi(f)$ on $\mathcal{D}_{f}$, and moreover:

$$
\begin{equation*}
\|\Phi(f) \psi\|^{2}=\int|f(\lambda)|^{2} d \mu_{\psi}(\lambda) \tag{5.75}
\end{equation*}
$$

for all $\psi \in \mathcal{D}_{f}$. Since $\mu_{\psi}$ is a finite measure, we have that $L^{2}\left(\mathbb{R}, d \mu_{\psi}\right) \subset L^{1}\left(\mathbb{R}, d \mu_{\psi}\right)$ and therefore:

$$
\begin{equation*}
\langle\psi, \Phi(f) \psi\rangle=\int f(\lambda) d \mu_{\psi}(\lambda) \tag{5.76}
\end{equation*}
$$

or more generally:

$$
\begin{equation*}
\langle\psi, \Phi(f) \varphi\rangle=\int f(\lambda) d \mu_{\psi, \varphi}(\lambda) . \tag{5.77}
\end{equation*}
$$

Remark 5.42. We shall set:

$$
\begin{equation*}
\Phi(f)=: \int f(\lambda) d p(\lambda) \tag{5.78}
\end{equation*}
$$

Theorem 5.43. For every Borel measurable function $f: \mathbb{R} \rightarrow \mathbb{C}$, the operator $\Phi(f): D_{f} \rightarrow$ $\mathcal{H}$ is a normal operator (meaning that $D(\Phi(f))=D\left(\Phi(f)^{*}\right)$ ) and $\|\Phi(f) \psi\|=\left\|\Phi(f)^{*} \psi\right\|$ for all $\psi \in D_{f}$. Moreover, for $f, g$ Borel measurable and $\alpha, \beta \in \mathbb{C}$, we have $\Phi(f)^{*}=\Phi(\bar{f})$,

$$
\begin{equation*}
\alpha \Phi(f)+\beta \Phi(g) \subset \Phi(\alpha f+\beta g) \tag{5.79}
\end{equation*}
$$

with $D(\alpha \Phi(f)+\beta \Phi(g))=\mathcal{D}_{|f|+|g|}$ and:

$$
\begin{equation*}
\Phi(f) \Phi(g) \subset \Phi(f g) \tag{5.80}
\end{equation*}
$$

where $D(\Phi(f) \Phi(g))=\mathcal{D}_{g} \cap \mathcal{D}_{f g}$.

Proof. Fix a Borel measurable function $f: \mathbb{R} \rightarrow \mathbb{C}$. For $n \in \mathbb{N}$, let $\left.\Omega_{n}=\{\lambda \in \mathbb{R}\rfloor|f(\lambda)|<n\right\}$ and let $f_{n}=f \chi_{\Omega_{n}}$. Then, $f_{n} \in \mathcal{M}_{\mathrm{b}}$ and thus $\Phi\left(f_{n}\right)^{*}=\Phi\left(\overline{f_{n}}\right)$ by Theorem 5.34 For any $\varphi, \psi \in \mathcal{D}_{f}=\mathcal{D}_{\bar{f}}=\mathcal{D}_{|f|}$, we have:

$$
\begin{equation*}
\langle\varphi, \Phi(f) \psi\rangle=\lim _{n \rightarrow \infty}\left\langle\varphi, \Phi\left(f_{n}\right) \psi\right\rangle=\lim _{n \rightarrow \infty}\left\langle\Phi\left(\overline{f_{n}}\right) \varphi, \psi\right\rangle=\langle\Phi(\bar{f}) \varphi, \psi\rangle . \tag{5.81}
\end{equation*}
$$

This implies that $D\left(\Phi(f)^{*}\right) \supset D(\Phi(\bar{f}))=D(\Phi(f))=\mathcal{D}_{f}$, and that, for all $\varphi \in \mathcal{D}_{f}$, one has $\Phi(f)^{*} \varphi=\Phi(\bar{f}) \varphi$. To conclude that $\Phi(f)^{*}=\Phi(\bar{f})$ we still have to show that $D\left(\Phi(f)^{*}\right) \subset \mathcal{D}_{f}$. To this end, let us fix $\varphi \in D\left(\Phi(f)^{*}\right)$. Then, there exists $\tilde{\varphi} \in \mathcal{H}$ such that $\langle\varphi, \Phi(f) \psi\rangle=\langle\tilde{\varphi}, \psi\rangle$ for all $\psi \in D(\Phi(f))$. By definition of $\Phi(f)$ we find, for every $\xi \in \mathcal{H}$ :

$$
\begin{equation*}
\Phi(f) \Phi\left(\chi_{\Omega_{n}}\right) \xi=\lim _{m \rightarrow \infty} \Phi\left(f_{m}\right) \Phi\left(\chi_{\Omega_{n}}\right) \xi=\lim _{m \rightarrow \infty} \Phi\left(f \chi_{\Omega_{m}} \chi_{\Omega_{n}}\right) \xi=\Phi\left(f_{n}\right) \xi \tag{5.82}
\end{equation*}
$$

since $\chi_{\Omega_{m}} \chi_{\Omega_{n}}=\chi_{\Omega_{n}}$ for all $m \geqslant n$. Hence, we find:

$$
\begin{equation*}
\left\langle\Phi\left(\bar{f}_{n}\right) \varphi, \xi\right\rangle=\left\langle\varphi, \Phi\left(f_{n}\right) \xi\right\rangle=\left\langle\varphi, \Phi(f) \Phi\left(\chi_{\Omega_{n}}\right) \xi\right\rangle=\left\langle\widetilde{\varphi}, \Phi\left(\chi_{\Omega_{n}}\right) \xi\right\rangle=\left\langle\Phi\left(\chi_{\Omega_{n}}\right) \widetilde{\varphi}, \xi\right\rangle \tag{5.83}
\end{equation*}
$$

for all $\xi \in \mathcal{H}$. This implies that $\Phi\left(\overline{f_{n}}\right) \varphi=\Phi\left(\chi_{\Omega_{n}}\right) \widetilde{\varphi}$ and therefore that:

$$
\begin{equation*}
\int\left|f_{n}(\lambda)\right|^{2} d \mu_{\varphi}(\lambda)=\left\|\Phi\left(\overline{f_{n}}\right) \varphi\right\|^{2}=\left\|\Phi\left(\chi_{\Omega_{n}}\right) \widetilde{\varphi}\right\|^{2} \rightarrow\|\widetilde{\varphi}\|^{2}, \quad \text { as } n \rightarrow \infty \tag{5.84}
\end{equation*}
$$

Since $f$ is the pointwise limit of $f_{n}$, the monotone convergence theorem implies that $f \in$ $L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$, with:

$$
\begin{equation*}
\int|f(\lambda)|^{2} d \mu_{\varphi}(\lambda)=\|\widetilde{\varphi}\|^{2} \tag{5.85}
\end{equation*}
$$

Hence $\varphi \in \mathcal{D}_{f}$. We obtain $\Phi(f)^{*}=\Phi(\bar{f})$, for all Borel measurable functions $f$ over $\mathbb{R}$. This also implies that:

$$
\begin{equation*}
\|\Phi(f) \psi\|^{2}=\int|f(\lambda)|^{2} d \mu_{\psi}(\lambda)=\|\Phi(\bar{f}) \psi\|^{2}=\left\|\Phi(f)^{*} \psi\right\|^{2} \tag{5.86}
\end{equation*}
$$

for all $\psi \in \mathcal{D}_{f}=\mathcal{D}_{\bar{f}}$. Hence, $\Phi(f)$ is a normal operator.
Next, we observe that for two Borel measurable functions $f, g: \mathbb{R} \rightarrow \mathbb{C}$ and for $\alpha, \beta \in \mathbb{C}$, we have $D(\alpha \Phi(f)+\beta \Phi(g))=D(\Phi(f)) \cap D(\Phi(g))=\mathcal{D}_{f} \cap \mathcal{D}_{g}=\mathcal{D}_{|f|+|g|}$, because $|f|+|g| \in$ $L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$ if and only if $f \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$ and $g \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$. Since $|\alpha f+\beta g| \leqslant C(|f|+|g|)$, it is easy to check that $\mathcal{D}_{|f|+|g|} \subset \mathcal{D}_{\alpha f+\beta g}$. It remains to show that $\alpha \Phi(f) \psi+\beta \Phi(g) \psi=$ $\Phi(\alpha f+\beta g) \psi$ for all $\psi \in \mathcal{D}_{|f|+|g|}$. To this end, for $n \in \mathbb{N}$, set:

$$
\begin{equation*}
\Omega_{n}=\left\{\lambda \in \mathbb{R}| | f(\lambda)|+|g(\lambda)| \leqslant n\}, \quad f_{n}=f \chi_{\Omega_{n}}, \quad g_{n}=g \chi_{\Omega_{n}}\right. \tag{5.87}
\end{equation*}
$$

For $\psi \in \mathcal{D}_{|f|+|g|}$, we have $\Phi\left(f_{n}\right) \psi \rightarrow \Phi(f) \psi, \Phi\left(g_{n}\right) \psi \rightarrow \Phi(g) \psi, \alpha \Phi\left(f_{n}\right) \psi+\beta \Phi\left(g_{n}\right) \psi=$ $\Phi\left(\alpha f_{n}+\beta g_{n}\right) \psi=\Phi\left((\alpha f+\beta g) \chi_{\Omega_{n}}\right) \psi \rightarrow \Phi(\alpha f+\beta g) \psi$.

Finally, we prove Eq. 5.80). To this end, assume first that $g$ is bounded. Then:

$$
\begin{align*}
D(\Phi(f) \Phi(g)) & =\left\{\psi \in \mathcal{H} \mid \Phi(g) \psi \in \mathcal{D}_{f}\right\}=\left\{\psi \in \mathcal{H} \mid f \in L^{2}\left(\mathbb{R}, d \mu_{\Phi(g) \psi}\right)\right\} \\
& =\left\{\psi \in \mathcal{H} \mid f \in L^{2}\left(\mathbb{R},|g|^{2} d \mu_{\psi}\right)\right\} \\
& =\left\{\psi \in \mathcal{H} \mid f g \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)\right\}=D(\Phi(f g)) \equiv \mathcal{D}_{f g} \tag{5.88}
\end{align*}
$$

Thus, for all $\psi \in D(\Phi(f g))$, we have $\Phi(g) \psi \in D(\Phi(f))$ and (recalling that $f_{n}=\chi_{\Omega_{n}} f$, with $\left.\Omega_{n}=\{\lambda \in \mathbb{R}| | f(\lambda) \mid \leqslant n\}\right)$ :

$$
\begin{equation*}
\Phi(f) \Phi(g) \psi=\lim _{n \rightarrow \infty} \Phi\left(f_{n}\right) \Phi(g) \psi=\lim _{n \rightarrow \infty} \Phi\left(f_{n} g\right) \psi=\Phi(f g) \psi \tag{5.89}
\end{equation*}
$$

This shows that, if $g$ is bounded, $\Phi(f g)=\Phi(f) \Phi(g)$. If now $g$ is not necessarily bounded, we define $\Omega_{n}=\{\lambda \in \mathbb{R}| | g(\lambda) \mid \leqslant n\}, g_{n}=g \chi_{\Omega_{n}}$. Suppose that $\psi \in \mathcal{D}_{g} \cap \mathcal{D}_{f g}$. Then, we have $\Phi\left(g_{n}\right) \psi \rightarrow \Phi(g) \psi$. Moreover, $\psi \in \mathcal{D}_{f g_{n}}=D\left(\Phi\left(f g_{n}\right)\right)=D\left(\Phi(f) \Phi\left(g_{n}\right)\right)$ implies (from the case considered above) that $\Phi(f) \Phi\left(g_{n}\right) \psi=\Phi\left(f g_{n}\right) \psi \rightarrow \Phi(f g) \psi$. Since $\Phi(f)$ is closed (which follows from $\overline{\Phi(f)}=\Phi(f)^{* *}=\Phi(\overline{\bar{f}})=\Phi(f)$ ), this shows that $\Phi(g) \psi \in \mathcal{D}_{f}$ and that $\Phi(f) \Phi(g) \psi=\Phi(f g) \psi$.

### 5.5 Construction of projection valued measures

The discussion of the previous section allowed us to define the functional calculus, given a family of projection valued measures. In particular, given $P: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$, we can associate a self-adjoint operator $T=\int \lambda d p(\lambda)$ with domain:

$$
\begin{equation*}
D(T)=\left\{\psi \in \mathcal{H} \mid \int \lambda^{2} d \mu_{\psi}(\lambda)<\infty\right\} . \tag{5.90}
\end{equation*}
$$

The question we shall consider is this section is: given a self-adjoint operator $T$, is it possible to find a projection valued measure $P$ such that $T$ can be expressed as $T=\int \lambda d p(\lambda)$ ? If yes, this provides a spectral representation for the operator $T$. We shall first answer this question for the resolvent of $T, R_{z}(T)$, and later for $T$.

Definition 5.44. Let $\mu(\cdot): \mathcal{B}(\mathbb{R}) \rightarrow \mathbb{R}$ be a Borel measure. For all $z \in \mathbb{C} \backslash$ supp $\mu$, we define the Borel transform $F$ of $\mu$ as:

$$
\begin{equation*}
F(z)=\int \frac{1}{\lambda-z} d \mu(\lambda) \tag{5.91}
\end{equation*}
$$

Remark 5.45. The support of the measure is defined as:

$$
\begin{equation*}
\text { supp } \mu=\{\lambda \in \mathbb{R} \mid \mu(O)>0 \quad \text { for all open neighbourhoods } O \text { of } \lambda\} . \tag{5.92}
\end{equation*}
$$

Remark 5.46. Since

$$
\begin{equation*}
\operatorname{Im} F(z)=\operatorname{Im} z \int \frac{1}{|\lambda-z|^{2}} d \mu(\lambda) \tag{5.93}
\end{equation*}
$$

we conclude that $z \mapsto F(z)$ is a holomorphic function mapping the upper half complex plane $\{z \in \mathbb{C} \mid$ Imz $>0\}$ into itself. Such functions are called Herglotz or Nevanlinna functions.

Theorem 5.47. Every Herglotz function $F$ has the form:

$$
\begin{equation*}
F(z)=b z+a+\int_{\mathbb{R}}\left[\frac{1}{\lambda-z}-\frac{\lambda}{1+\lambda^{2}}\right] d \mu(\lambda) \tag{5.94}
\end{equation*}
$$

with $b \geqslant 0, a \in \mathbb{R}$ and $\mu$ a Borel measure on $\mathbb{R}$ with:

$$
\begin{equation*}
\int \frac{1}{1+\lambda^{2}} d \mu(\lambda)<\infty \tag{5.95}
\end{equation*}
$$

Conversely, for every $b \geqslant 0, a \in \mathbb{R}$ and for every Borel measure $\mu$ satisfying Eq. (5.95), the function (5.94) is holomorphic on $\mathbb{C} \backslash$ supp $\mu$. It is such that $F(\bar{z})=\overline{F(z)}$ and:

$$
\begin{equation*}
\operatorname{ImF}(z)=\operatorname{Im} z\left[b+\int \frac{1}{|\lambda-z|^{2}} d \mu(\lambda)\right] \tag{5.96}
\end{equation*}
$$

for all $z \in \mathbb{C} \backslash$ supp $\mu$. Moreover, if $F$ is a Herglotz function, the triple $(a, b, \mu)$ satisfying (5.94) is uniquely determined by

$$
\begin{equation*}
a=\operatorname{ReF}(i), \quad b=\operatorname{ImF}(i)-\int \frac{1}{\lambda^{2}+1} d \mu(\lambda) \tag{5.97}
\end{equation*}
$$

and by the Stieltjes inversion formula:

$$
\begin{equation*}
\frac{1}{2}\left[\mu\left(\left(\lambda_{1}, \lambda_{2}\right)\right)+\mu\left(\left[\lambda_{1}, \lambda_{2}\right]\right)\right]=\lim _{\varepsilon \rightarrow 0^{+}} \frac{1}{\pi} \int_{\lambda_{1}}^{\lambda_{2}} \operatorname{ImF}(\lambda+i \varepsilon) d \lambda \tag{5.98}
\end{equation*}
$$

Remark 5.48. That is, this theorem allows us to construct a measure starting from a Herglotz function. Later, we shall take as Herglotz function the quadratic form associated to $R_{z}(T)$, and use this theorem to construct the projection valued measure.

Proof. Let $f(z)=i(i-z) /(i+z)$. It is easy to see that $f$ is holomorphic in $\mathbb{D}=\{z \in \mathbb{C}| | z \mid<$ $1\}$ and that it takes values in $\mathbb{C}_{+}=\{z \in \mathbb{C} \mid \operatorname{Im} z>0\}$. More precisely, $f$ maps the lower disk $\mathbb{D}_{-}=\{z \in \mathbb{D} \mid \operatorname{Im} z<0\}$ into $\mathbb{C}_{+} \backslash \mathbb{D}$ and it maps the upper disk $\mathbb{D}_{+}=\{z \in \mathbb{D} \mid \operatorname{Im} z>0\}$ into itself. Also, the map is invertible, and $f^{-1}: \mathbb{C}_{+} \rightarrow \mathbb{D}$ is simply $f^{-1}(z)=f(z)$. Let:

$$
\begin{equation*}
C(z):=-i F(f(z)) \tag{5.99}
\end{equation*}
$$

One easily sees that if the map $F$ is Herglotz then $C$ is a Caratheodory function, that is an holomorphic function on $\mathbb{D}$ with $\operatorname{Re} C(z) \geqslant 0$ for all $z \in \mathbb{D}$. Also, we can invert Eq. (5.99) and obtain:

$$
\begin{equation*}
F(z)=i C(f(z)) \tag{5.100}
\end{equation*}
$$

which shows that if $C$ is a Caratheodory function then $F$ is a Herglotz function. Thus, $F$ is Herglotz if and only if $C$ is Caratheodory.

We claim now that every Caratheodory function $C: \mathbb{D} \rightarrow \mathbb{C}$ has the form:

$$
\begin{equation*}
C(z)=i c+\int_{-\pi}^{\pi} \frac{e^{i \varphi}+z}{e^{i \varphi}-z} d \nu(\varphi) \tag{5.101}
\end{equation*}
$$

for $c=\operatorname{Im} C(0) \in \mathbb{R}$ and for a finite measure $\nu$, with:

$$
\begin{equation*}
\int_{-\pi}^{\pi} d \nu(\varphi)=\operatorname{Re} C(0) . \tag{5.102}
\end{equation*}
$$

To prove this claim, let $C: \mathbb{D} \rightarrow \mathbb{C}$ be a Caratheodory function and fix $0<r<1$. Fix $z \in \mathbb{D}$ with $|z|<r$. By Cauchy theorem, we have the identity:

$$
\begin{align*}
C(z) & =\frac{1}{4 \pi i} \int_{|\xi|=r}\left[\frac{\xi+z}{\xi-z}+\frac{r^{2} / \xi+z}{r^{2} / \xi-\bar{z}}\right] C(\xi) \frac{d \xi}{\xi} \\
& =\frac{1}{2 \pi i} \int_{|\xi|=r} \operatorname{Re}\left(\frac{\xi+z}{\xi-z}\right) C(\xi) \frac{d \xi}{\xi} \\
& =\frac{1}{2 \pi} \int_{-\pi}^{\pi} \operatorname{Re}\left(\frac{r e^{i \varphi}+z}{r e^{i \varphi}-z}\right) C\left(r e^{i \varphi}\right) d \varphi \tag{5.103}
\end{align*}
$$

We take the real part:

$$
\begin{equation*}
\operatorname{Re} C(z)=\int_{-\pi}^{\pi} P_{|z| / r}(\arg (z)-\varphi) d \nu_{r}(\varphi) \tag{5.104}
\end{equation*}
$$

where we set:

$$
\begin{equation*}
P_{r}(\varphi)=\operatorname{Re} \frac{1+r e^{i \varphi}}{1-r e^{i \varphi}}, \quad d \nu_{r}(\varphi)=\operatorname{Re} C\left(r e^{i \varphi}\right) \frac{d \varphi}{2 \pi} \tag{5.105}
\end{equation*}
$$

Notice that $d \nu_{r}$ is a Borel measure, thanks to $\operatorname{Re} C \geqslant 0$. Setting $z=0$, we obtain:

$$
\begin{equation*}
\int_{-\pi}^{\pi} d \nu_{r}(\varphi)=\operatorname{Re} C(0)<\infty \tag{5.106}
\end{equation*}
$$

uniformly in $r<1$. This implies that there exists a sequence $r_{n} \rightarrow 1$ and finite Borel measure $\nu$ on $[-\pi ; \pi]$ such that, as $n \rightarrow \infty$ :

$$
\begin{equation*}
\int_{[-\pi ; \pi]} f(\varphi) d \nu_{r_{n}}(\varphi) \rightarrow \int_{[-\pi ; \pi]} f(\varphi) d \nu(\varphi) \tag{5.107}
\end{equation*}
$$

for all $f \in C([-\pi ; \pi])$. In fact, uniform boundedness implies the existence of a subsequence of measures converging vaguely, that is after testing with compactly supported continuous functions; this can be proven approximating compactly supported continuous functions with simple functions, and from the convergence of $\nu_{r_{n}}\left(\left[\lambda_{1} ; \lambda_{2}\right]\right)$ on subsequences, for any interval $\left[\lambda_{1} ; \lambda_{2}\right]$.

For $|z|<1$, we also have $P_{|z| / r}(\arg z-\varphi) \rightarrow P_{|z|}(\arg z-\varphi)$ as $r \rightarrow 1$, uniformly in $\varphi$. We conclude that:

$$
\begin{align*}
\operatorname{Re} C(z) & =\lim _{n \rightarrow \infty} \int_{-\pi}^{\pi} P_{|z| / r_{n}}(\arg (z)-\varphi) d \nu_{r_{n}}(\varphi) \\
& =\lim _{n \rightarrow \infty} \int_{-\pi}^{\pi} P_{|z|}(\arg (z)-\varphi) d \nu_{r_{n}}(\varphi) \\
& =\int_{-\pi}^{\pi} P_{|z|}(\arg (z)-\varphi) d \nu(\varphi) \\
& =\int_{-\pi}^{\pi} \operatorname{Re}\left[\frac{e^{i \varphi}+z}{e^{i \varphi}-z}\right] d \nu(\varphi) . \tag{5.108}
\end{align*}
$$

The claim 5.101 now follows because every holomorphic function is determined by its real part, up to an imaginary constant. In fact, let $f(z)$ be a holomorphic function, such that $\operatorname{Re} f=0$. Then, the Cauchy-Riemann equation implies that $\operatorname{Im} f=$ constant. Therefore, $f(z)=i$. This proves Eq. (5.101).

Let now $F$ be an arbitrary Herglotz function and $C$ the corresponding Caratheodory function, defined as in 5.99). Then we can write $F(z)=i C(i(i-z) /(i+z))$, or $F(z)=$ $i \widetilde{C}((i-z) /(i+z))$ for the function $\widetilde{C}(z)=C(i z)$, which is also a Caratheodory function and therefore admits a representation as in 5.101). Hence:

$$
\begin{align*}
F(z) & =i \widetilde{C}((i-z) /(i+z)) \\
& =-c+i \int_{[-\pi ; \pi]} \frac{e^{i \varphi}+\frac{i-z}{i+z}}{e^{i \varphi}-\frac{i z}{i+z}} d \nu(\varphi) \\
& =-c+i \int_{[-\pi ; \pi]} \frac{i\left(e^{i \varphi}+1\right)+z\left(e^{i \varphi}-1\right)}{i\left(e^{i \varphi}-1\right)+z\left(e^{i \varphi}+1\right)} d \nu(\varphi) \\
& =-c+i \int_{[-\pi ; \pi]} \frac{i+z \frac{e^{i \varphi}-1}{e^{i \varphi}+1}}{i \frac{\left(e^{i \varphi}-1\right)}{e^{i \varphi}+1}+z} d \nu(\varphi) \\
& =-c+\nu(\{-\pi, \pi\}) z+\int_{-\infty}^{\infty} \frac{1+\lambda z}{\lambda-z} d \widetilde{\mu}(\lambda), \tag{5.109}
\end{align*}
$$

where we changed variables, setting $\lambda=f(\varphi)$ with the function $f:(-\pi ; \pi) \rightarrow \mathbb{R}$ defined through $f(\varphi)=i\left(1-e^{i \varphi}\right) /\left(1+e^{i \varphi}\right)$, we introduced the Borel measure $\widetilde{\mu}$ over $\mathbb{R}$ such that $\widetilde{\mu}(A)=\nu\left(f^{-1}(A)\right)$, and we took into account the weight of $\nu$ at $\pm \pi$. Setting $a=-c$, $b=\nu(\{ \pm \pi\})$ and $d \mu(\lambda)=\left(1+\lambda^{2}\right) d \widetilde{\mu}(\lambda)$, we obtain the desired representation of $F$.

Suppose now that a Herglotz function $F$ has the form 5.94 . Then, we find

$$
\begin{align*}
\lim _{\varepsilon \rightarrow 0^{+}} & \frac{1}{\pi} \int_{\lambda_{1}}^{\lambda_{2}} \operatorname{Im} F(\lambda+i \varepsilon) d \lambda \\
& =\lim _{\varepsilon \rightarrow 0} \frac{1}{\pi} \int_{\lambda_{1}}^{\lambda_{2}} \int \frac{\varepsilon}{(x-\lambda)^{2}+\varepsilon^{2}} d \mu(x) d \lambda  \tag{5.110}\\
& =\lim _{\varepsilon} \int \frac{1}{\pi} \int_{\lambda_{1}}^{\lambda_{2}} \frac{\varepsilon}{(x-\lambda)^{2}+\varepsilon^{2}} d \lambda d \mu(x) \\
& =\lim _{\varepsilon \rightarrow 0} \int \frac{1}{\pi}\left[\operatorname{arctg}\left(\left(\lambda_{2}-x\right) / \varepsilon\right)-\operatorname{arctg}\left(\left(\lambda_{1}-x\right) / \varepsilon\right)\right] d \mu(x) \\
& =\int \frac{1}{2}\left[\chi_{\left[\lambda_{1}, \lambda_{2}\right]}(x)+\chi_{\left(\lambda_{1}, \lambda_{2}\right)}(x)\right] d \mu(x) \\
& =\frac{1}{2}\left(\mu\left(\left[\lambda_{1} ; \lambda_{2}\right]\right)+\mu\left(\left(\lambda_{1} ; \lambda_{2}\right)\right)\right) \tag{5.111}
\end{align*}
$$

where we used the dominated convergence theorem to take the limit $\varepsilon \rightarrow 0$, since

$$
\begin{equation*}
\frac{1}{\pi}\left[\operatorname{arctg}\left(\left(\lambda_{2}-x\right) / \varepsilon\right)-\operatorname{arctg}\left(\left(\lambda_{1}-x\right) / \varepsilon\right)\right] \rightarrow \frac{1}{2}\left[\chi_{\left[\lambda_{1}, \lambda_{2}\right]}(x)+\chi_{\left(\lambda_{1}, \lambda_{2}\right)}(x)\right] \tag{5.112}
\end{equation*}
$$

pointwise, and

$$
\begin{equation*}
\frac{1}{\pi}\left[\operatorname{arctg}\left(\left(\lambda_{2}-x\right) / \varepsilon\right)-\operatorname{arctg}\left(\left(\lambda_{1}-x\right) / \varepsilon\right)\right] \leqslant \frac{C}{1+x^{2}} \tag{5.113}
\end{equation*}
$$

for an appropriate constant $C$ depending on $\lambda_{1}, \lambda_{2}$. The formula for $a, b$ follows evaluating (5.94) at $z=i$.

The next proposition allows to establish a link with the resolvent of selfadjoint operators.
Proposition 5.49. Let $(T, D(T))$ be a selfadjoint operator. Let $F_{\psi}^{T}(z)$ be the quadratic form associated to $R_{z}(T)$ :

$$
\begin{equation*}
F_{\psi}^{T}(z)=\left\langle\psi, R_{z}(T) \psi\right\rangle . \tag{5.114}
\end{equation*}
$$

Then, $F_{\psi}^{T}(z)$ is a Herglotz function, and it can be written as:

$$
\begin{equation*}
F_{\psi}^{T}(z)=\int_{\mathbb{R}} \frac{1}{\lambda-z} d \mu(\lambda) \tag{5.115}
\end{equation*}
$$

for a unique finite Borel measure $\mu$.
Proof. By the analyticity of $z \mapsto R_{z}(T)$, recall Theorem 5.7, we see that $F_{\psi}^{T}(z)$ is analytic in $\rho(T)$, and in particular in $\mathbb{C}_{+}$. Also, $F_{\psi}^{T}(z)$ maps $\mathbb{C}_{+}$into itself, since:

$$
\begin{align*}
\operatorname{Im} F_{\psi}^{T}(z) & =\frac{1}{2 i}\left[\left\langle\psi, R_{z}(T) \psi\right\rangle-\overline{\left\langle\psi, R_{z}(T) \psi\right\rangle}\right] \\
& =\frac{1}{2 i}\left\langle\psi,\left(R_{z}(T)-R_{z}(T)^{*}\right) \psi\right\rangle \\
& =\frac{1}{2 i}\left\langle\psi,\left(R_{z}(T)-R_{\bar{z}}(T)\right) \psi\right\rangle \\
& =\frac{z-\bar{z}}{2 i}\left\langle\psi, R_{\bar{z}}(T) R_{z}(T) \psi\right\rangle \tag{5.116}
\end{align*}
$$

where in the last step we used Eq. 5.8. Therefore, $\operatorname{Im} F_{\psi}^{T}(z)=\operatorname{Im} z\left\|R_{z}(T) \psi\right\|^{2} \geqslant 0$ for $z \in \mathbb{C}_{+}$. Hence, $F_{\psi}^{T}(z)$ is a Herglotz function, which means that it can be rewritten as in Eq. (5.94), for some $(a, b, \mu)$. We clam that $a=b=0$, and that $\mu$ is a finite Borel measure. In fact, by Eq. 5.15 one has $\left\|R_{z}(T)\right\| \leqslant 1 /|\operatorname{Im} z|$, which implies that

$$
\begin{equation*}
\left|y F_{\psi}^{T}(i y)\right| \leqslant\|\psi\|^{2}, \quad \forall y \in \mathbb{R} \tag{5.117}
\end{equation*}
$$

This implies that $F_{\psi}^{T}(z)$ has the form:

$$
\begin{equation*}
F_{\psi}^{T}(z)=\int_{\mathbb{R}} \frac{1}{\lambda-z} d \mu(\lambda) . \tag{5.118}
\end{equation*}
$$

The fact that the measure is finite, $\mu(\mathbb{R})<\infty$, follows from

$$
\begin{equation*}
y \operatorname{Im} F(i y)=\int \frac{y^{2}}{\lambda^{2}+y^{2}} d \mu(\lambda) \leqslant\|\psi\|^{2} \tag{5.119}
\end{equation*}
$$

and from dominated convergence.
Remark 5.50. Moreover, theorem 5.47 tells us that we can reconstruct the Borel measure associated to $F_{\psi}^{T}$ by the inverse Stieltjes transform. In particular, the distribution function $d_{\psi}^{T}(\lambda)=\mu((-\infty ; \lambda])$ is:

$$
\begin{equation*}
d_{\psi}^{T}(\lambda)=\lim _{\delta \rightarrow 0^{+}} \lim _{\varepsilon \rightarrow 0^{+}} \frac{1}{\pi} \int_{-\infty}^{\lambda+\delta} \operatorname{Im} F_{\psi}^{T}(t+i \varepsilon) d t \tag{5.120}
\end{equation*}
$$

Since this is a distribution function, it can be used to reconstruct the corresponding Borel measure $\mu_{\psi}^{T}: \mathcal{B}(\mathbb{R}) \rightarrow[0 ; \infty)$ (write the measure of any Borel set via the complement, countable union or intersection of sets $(-\infty, \lambda], \lambda \in \mathbb{R})$.

We are now left with constructing the projection valued measure. For every $\Omega \in \mathcal{B}(\mathbb{R})$, we define the quadratic form:

$$
\begin{equation*}
q_{\Omega}^{T}(\psi)=\mu_{\psi}^{T}(\Omega)=\int \chi_{\Omega}(\lambda) d \mu_{\psi}^{T}(\lambda) \tag{5.121}
\end{equation*}
$$

Through the polarization identity, we also find a sesquilinear form $s_{\Omega}^{T}(\varphi, \psi)$ such that $q_{\Omega}^{T}(\psi)=$ $s_{\Omega}^{T}(\psi, \psi)$. Clearly,

$$
\begin{equation*}
s_{\Omega}^{T}(\psi, \varphi)=\mu_{\psi, \varphi}^{T}(\Omega), \tag{5.122}
\end{equation*}
$$

with $\mu_{\psi, \varphi}^{T}$ defined from $\mu_{\psi}^{T}$ via the polarization identity. Since $0 \leqslant q_{T}(\psi) \leqslant\|\psi\|^{2}$, we have, by the Cauchy-Schwarz inequality for sesquilinear forms:

$$
\begin{equation*}
\left|s_{\Omega}^{T}(\psi, \varphi)\right| \leqslant q_{\Omega}^{T}(\psi)^{\frac{1}{2}} q_{\Omega}^{T}(\varphi)^{\frac{1}{2}} \leqslant\|\psi\|\|\varphi\| \tag{5.123}
\end{equation*}
$$

By Riesz' representation theorem, we can write the $\operatorname{map} \varphi \mapsto s_{\Omega}^{T}(\psi, \varphi)$ as $s_{\Omega}^{T}(\psi, \varphi)=\langle\eta, \varphi\rangle$, for a unique $\eta \in \mathcal{H}$. By the antilinearity of the sesquilinear form, it is not difficult to see that $\eta=Q^{T}(\Omega)^{*} \psi$, for a bounded linear operator $Q^{T}(\Omega)$ with $\left\|Q^{T}(\Omega)\right\| \leqslant 1$. We then have:

$$
\begin{equation*}
s_{\Omega}^{T}(\psi, \varphi)=\mu_{\psi, \varphi}^{T}(\Omega)=\left\langle\psi, Q^{T}(\Omega) \varphi\right\rangle, \quad q_{\Omega}^{T}(\psi)=\mu_{\psi}^{T}(\Omega)=\left\langle\psi, Q^{T}(\Omega) \psi\right\rangle \tag{5.124}
\end{equation*}
$$

Lemma 5.51. The map $Q^{T}: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$ is a projection valued measure.
Proof. That is, we have to prove that:
(i) $Q^{T}(\Omega)^{2}=Q^{T}(\Omega)=Q^{T}(\Omega)^{*}$.
(i) $Q^{T}(\mathbb{R})=\mathbb{1}_{\mathcal{H}}$.
(iii) Strong $\sigma$-additivity.

We prove first that $Q^{T}\left(\Omega_{1}\right) Q^{T}\left(\Omega_{2}\right)=Q^{T}\left(\Omega_{1} \cap \Omega_{2}\right)$ for all $\Omega_{1}, \Omega_{2} \in \mathcal{B}(\mathbb{R})$. This implies, in particular, that for $\Omega_{1}=\Omega_{2}$ :

$$
\begin{equation*}
Q^{T}(\Omega)^{2}=Q^{T}(\Omega) \tag{5.125}
\end{equation*}
$$

To this end, we observe that, for all $z, \tilde{z} \in \mathbb{C} \backslash \mathbb{R}$, by definition of $d \mu_{R_{\tilde{z}}(T) \varphi, \psi}^{T}(\lambda)$ :

$$
\begin{align*}
\int \frac{1}{\lambda-\tilde{z}} d \mu_{R_{\tilde{z}}(T) \varphi, \psi}^{T}(\lambda) & =\left\langle R_{\bar{z}}(T) \varphi, R_{\tilde{z}}(T) \psi\right\rangle=\left\langle\varphi, R_{z}(T) R_{\tilde{z}}(T) \psi\right\rangle \\
& =\frac{1}{z-\tilde{z}}\left[\left\langle\varphi, R_{z}(T) \psi\right\rangle-\left\langle\varphi, R_{\tilde{z}}(T) \psi\right\rangle\right] \tag{5.126}
\end{align*}
$$

where we used the resolvent identity:

$$
\begin{equation*}
R_{z}(T)-R_{\widetilde{z}}(T)=(z-\widetilde{z}) R_{z}(T) R_{\widetilde{z}}(T) \tag{5.127}
\end{equation*}
$$

We conclude that:

$$
\begin{align*}
\int \frac{1}{\lambda-\widetilde{z}} d \mu_{R_{\tilde{z}}(T) \varphi, \psi}^{T}(\lambda) & =\frac{1}{z-\widetilde{z}} \int\left[\frac{1}{\lambda-z}-\frac{1}{\lambda-\widetilde{z}}\right] d \mu_{\psi, \varphi}^{T}(\lambda) \\
& =\int \frac{1}{\lambda-\widetilde{z}} \frac{1}{\lambda-z} d \mu_{\psi, \varphi}^{T}(\lambda) . \tag{5.128}
\end{align*}
$$

Since this identity holds for all $\widetilde{z} \in \mathbb{C} \backslash \mathbb{R}$, we must have:

$$
\begin{equation*}
d \mu_{R_{\bar{z}}(T) \varphi, \psi}^{T}(\lambda)=\frac{1}{\lambda-z} d \mu_{\psi, \varphi}^{T}(\lambda) . \tag{5.129}
\end{equation*}
$$

Therefore,

$$
\begin{align*}
\int \frac{1}{\lambda-z} d \mu_{\varphi, Q(\Omega) \psi}^{T} & =\int d \mu_{R_{\bar{z}}(T) \varphi, Q(\Omega) \psi}^{T}(\lambda) \\
& =\left\langle\varphi, R_{z}(T) Q^{T}(\Omega) \psi\right\rangle \\
& =\int \chi_{\Omega}(\lambda) d \mu_{R_{\bar{z}}(T) \varphi, \psi}(\lambda) \\
& =\int \frac{1}{\lambda-z} \chi_{\Omega}(\lambda) d \mu_{\varphi, \psi}(\lambda) \tag{5.130}
\end{align*}
$$

which means that:

$$
\begin{equation*}
d \mu_{\varphi, Q^{T}(\Omega) \psi}(\lambda)=\chi_{\Omega}(\lambda) d \mu_{\varphi, \psi} . \tag{5.131}
\end{equation*}
$$

Hence:

$$
\begin{align*}
\left\langle\psi, Q^{T}\left(\Omega_{1}\right) Q^{T}\left(\Omega_{2}\right) \varphi\right\rangle & =\int d \mu_{\varphi, \psi}(\lambda) \chi_{\Omega_{1}}(\lambda) \chi_{\Omega_{2}}(\lambda) \\
& =\int \chi_{\Omega_{1} \cap \Omega_{2}}(\lambda) d \mu_{\varphi, \psi}(\lambda) \\
& =\left\langle\varphi, Q^{T}\left(\Omega_{1} \cap \Omega_{2}\right) \psi\right\rangle, \tag{5.132}
\end{align*}
$$

which means that $Q^{T}\left(\Omega_{1} \cap \Omega_{2}\right)=Q^{T}\left(\Omega_{1}\right) Q^{T}\left(\Omega_{2}\right)$. Also, we claim that $Q^{T}(\Omega)^{*}=Q^{T}(\Omega)$. This easily follows from $Q^{T}(\Omega) \geqslant 0$. Therefore, $Q^{T}$ is an orthogonal projection.

Let us now prove that $Q^{T}(\mathbb{R})=\mathbb{1}_{\mathcal{H}}$. Suppose it is false, $Q^{T}(\mathbb{R}) \psi \neq \psi$. Then, we write:

$$
\begin{equation*}
\psi=Q^{T}(\mathbb{R}) \psi+\varphi \tag{5.133}
\end{equation*}
$$

with $\varphi \in \operatorname{Ker} Q^{T}(\mathbb{R})$. Then we have, for any $\xi \in \mathcal{H}$ :

$$
\begin{equation*}
0=d \mu_{\xi, Q^{T}(\mathbb{R}) \varphi}=\chi_{\mathbb{R}}(\lambda) d \mu_{\xi, \varphi}(\lambda) \tag{5.134}
\end{equation*}
$$

which implies $\left\langle\xi, R_{z}(T) \varphi\right\rangle=0$ for all $\xi \in \mathcal{H}$ and for all $z \in \mathbb{C} \backslash \mathbb{R}$. Since $\mathbb{C} \backslash \mathbb{R} \subset \rho(T), R_{z}(T)$ is invertible: for any $\eta \in \mathcal{H}$ there exists $\xi$ such that $R_{\bar{z}}(T) \xi=\eta$. Therefore, $\varphi=0$, thus implying a contradiction: $Q^{T}(\mathbb{R}) \psi=\psi$.

Finally, we have to prove the strong $\sigma$-additivity. For orthogonal projection, the strong $\sigma$-additivity is equivalent to the weak $\sigma$-additivity, since $\|Q \psi\|=\langle\psi, Q \psi\rangle$ (hence $\left\|Q_{n} \psi\right\| \rightarrow$ $\|Q \psi\|$ is implied by weak convergence $)$. Let $\left(\Omega_{n}\right) \subset \mathcal{B}(\mathbb{R})$, such that $\Omega_{n} \cap \Omega_{m}=\varnothing$ for $n \neq m$. Let $\Omega=\cup_{n} \Omega_{n}$. Therefore, for all $\psi \in \mathcal{H}$, for $N \rightarrow \infty$ :

$$
\begin{equation*}
\sum_{n=1}^{N}\left\langle\psi, Q^{T}\left(\Omega_{n}\right) \psi\right\rangle=\sum_{n=1}^{N} \mu_{\psi}\left(\Omega_{n}\right) \rightarrow \mu_{\psi}(\Omega)=\left\langle\psi, Q^{T}(\Omega) \psi\right\rangle, \tag{5.135}
\end{equation*}
$$

where the convergence follows from the strong $\sigma$-additivity of the measure $\mu_{\psi}$. By polarization,

$$
\begin{equation*}
\sum_{n=1}^{N}\left\langle\psi, Q^{T}\left(\Omega_{n}\right) \varphi\right\rangle \rightarrow\left\langle\psi, Q^{T}(\Omega) \varphi\right\rangle \tag{5.136}
\end{equation*}
$$

for all $\psi, \varphi$, which implies strong $\sigma$-additivity.
In conclusion, starting from a self-adjoint operator $T(, D(T))$ we constructed a PVM $P: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$ such that, for all $z \in \mathbb{C} \backslash \mathbb{R}:$

$$
\begin{equation*}
R_{z}(T)=\int d p(\lambda) \frac{1}{\lambda-z} \tag{5.137}
\end{equation*}
$$

This easily implies the spectral theorem for unbounded self-adjoint operators.
Theorem 5.52. For any self-adjoint operator $(T, D(T))$ there exists a unique $P V M P^{T}$ such that:

$$
\begin{equation*}
D(T)=\left\{\psi \in \mathcal{H} \mid \int \lambda^{2} d \mu_{\psi}(\lambda)<\infty\right\} \tag{5.138}
\end{equation*}
$$

and:

$$
\begin{equation*}
T=\int \lambda d p(\lambda) \tag{5.139}
\end{equation*}
$$

Proof. Given the PVM constructed before, we know that $A=\int \lambda d p(\lambda)$ defines an unbounded self-adjoint operator, with domain $D(A)=\mathcal{D}_{\lambda}$. We claim that $A=T$. By construction:

$$
\begin{equation*}
R_{z}(T)=(T-z)^{-1}=\int d p(\lambda) \frac{1}{\lambda-z}, \quad \text { for } z \in \mathbb{C} \backslash \mathbb{R} \tag{5.140}
\end{equation*}
$$

with $R_{z}(T): \mathcal{H} \rightarrow D(T)$. We claim that $D(T) \subset \mathcal{D}_{\lambda}$. This follows from the fact that for any $\varphi \in D(T)$ there exists $\psi \in \mathcal{H}$ such that: $\Phi(\lambda-z) \varphi=\Phi(\lambda-z) \Phi(1 /(\lambda-z)) \psi=\psi$. Also, $\Phi(\lambda-z) \supset T-z$, since, for any $\psi \in \mathcal{D}_{\lambda}$,

$$
\begin{equation*}
\Phi(\lambda-z) \Phi(1 /(\lambda-z)) \psi=\Phi(1 /(\lambda-z)) \Phi(\lambda-z) \psi=\psi . \tag{5.141}
\end{equation*}
$$

This shows that $\Phi(\lambda-z)=T-z$ on $D(T)$, hence $\Phi(\lambda) \supset T$. Using that both operators are self-adjoint, we get $\Phi(\lambda)=T$. To prove uniqueness, notice that the measure $\mu_{\psi}$ is uniquely determined by $R_{z}(T)$ via the Stieltjes inversion formula. Uniqueness of $P^{T}$ follows from the fact that it is uniquely determined by $\mu_{\psi}$.

Finally, as one could expect, the projection valued measure associated with $T$ is supported on the spectrum of $T$.

Theorem 5.53. Let $T: D(T) \rightarrow \mathcal{H}$ be a self-adjoint operator, with projection-valued measure $P^{T}: \mathcal{B}(\mathbb{R}) \rightarrow \mathcal{L}(\mathcal{H})$. Then:

$$
\begin{equation*}
\sigma(T)=\left\{\lambda \in \mathbb{R} \mid P^{T}((\lambda-\varepsilon, \lambda+\varepsilon)) \neq 0, \quad \forall \varepsilon>0\right\} \tag{5.142}
\end{equation*}
$$

Also,

$$
\begin{equation*}
P^{T}(\sigma(T))=\mathbb{1}_{\mathcal{H}}, \quad P^{T}(\mathbb{R} \backslash \sigma(T))=P^{T}(\mathbb{R} \cap \rho(T))=0 \tag{5.143}
\end{equation*}
$$

Remark 5.54. The condition $P^{T}(\Omega) \neq 0$ has to be understood as there exists $\psi \in \mathcal{H}$ such that $P^{T}(\Omega) \psi \neq 0$.

Proof. Let $\lambda_{0} \in \mathbb{R}, \Omega_{n}=\left\{\lambda_{0}-1 / n, \lambda_{0}+1 / n\right\}$. Suppose that $P^{T}\left(\Omega_{n}\right) \neq 0$ for all $n \in \mathbb{N}$. Then, for all $n \in \mathbb{N}$ we can find $\psi_{n} \in \operatorname{Ran} P^{T}\left(\Omega_{n}\right)$ with $\left\|\psi_{n}\right\|=1$. We have:

$$
\begin{align*}
\left\|\left(T-\lambda_{0}\right) \psi_{n}\right\|^{2} & =\left\|\left(T-\lambda_{0}\right) P^{T}\left(\Omega_{n}\right) \psi_{n}\right\|^{2} \\
& =\int\left|\lambda-\lambda_{0}\right|^{2} \chi_{\Omega_{n}}(\lambda) d \mu_{\psi_{n}}(\lambda) \leqslant \frac{1}{n^{2}} \tag{5.144}
\end{align*}
$$

Therefore, from the Weyl criterium, $\lambda_{0} \in \sigma(T)$. This proves that $\left\{\lambda \in \mathbb{R} \mid P^{T}((\lambda-\varepsilon, \lambda+\varepsilon)) \neq\right.$ $0, \forall \varepsilon>0\} \subset \sigma(T)$. On the other hand, suppose that there exists $\varepsilon>0$ such that $P^{T}\left(\left(\lambda_{0}-\varepsilon, \lambda_{0}+\varepsilon\right)\right)=0$. Define:

$$
\begin{equation*}
f_{\varepsilon}(\lambda)=\frac{1}{\lambda-\lambda_{0}} \chi_{\mathbb{R} \backslash\left\{\lambda_{0}-\varepsilon, \lambda_{0}+\varepsilon\right\}}(\lambda) . \tag{5.145}
\end{equation*}
$$

By the properties of the functional calculus,

$$
\begin{align*}
\left(T-\lambda_{0}\right) \Phi^{T}\left(f_{\varepsilon}\right) & =\Phi^{T}\left(\left(\lambda-\lambda_{0}\right) f_{\varepsilon}\right) \\
& =P^{T}\left(\mathbb{R} \backslash\left(\lambda_{0}-\varepsilon, \lambda_{0}+\varepsilon\right)\right) \\
& =\mathbb{1}_{\mathcal{H}}-P^{T}\left(\left(\lambda_{0}-\varepsilon, \lambda_{0}+\varepsilon\right)\right) \\
& =\mathbb{1}_{\mathcal{H}} \tag{5.146}
\end{align*}
$$

Analogously, $\Phi^{T}\left(f_{\varepsilon}\right)\left(T-\lambda_{0}\right) \psi=\psi$ for all $\psi \in D(T)$. Therefore $\left(T-\lambda_{0}\right)$ is invertible, and $\lambda_{0} \in \rho(T)$. This proves Eq. 5.142).

Let us now prove that $P^{T}(\mathbb{R} \cap \rho(T))=0$. For all $\lambda \in \mathbb{R} \cap \rho(T)$, let $I_{\lambda} \ni \lambda$ be an open neighbourhood of $\lambda$ and $P^{T}\left(I_{\lambda}\right)=0$ (otherwise $\lambda \in \sigma(T)$, as we just proved). Let us cover $\mathbb{R} \cap \rho(T)$ with intervals $I_{\lambda}$, and let $\left\{J_{n}\right\}_{n \in \mathbb{N}}$ be a countable subcovering. Let $\Omega_{n}=J_{n} \backslash \cup_{i=1}^{n-1} J_{i}$. so that $\left\{\Omega_{n}\right\}$ is a disjoint covering. By $\sigma$-additivity of the projection valued measure,

$$
\begin{equation*}
P^{T}(\mathbb{R} \cap \rho(T))=\lim _{N \rightarrow \infty} \sum_{n=0}^{N} P^{T}\left(\Omega_{n}\right)=0 \tag{5.147}
\end{equation*}
$$

Remark 5.55. Therefore, $\Phi^{T}(f)=P(\sigma(T)) \Phi^{T}(f)=\Phi^{T}\left(\chi_{\sigma(T)} f\right)$. That is, changing $f$ on $\mathbb{R} \backslash \sigma(T)$ does not change $\Phi^{T}(f)$.

### 5.6 Unitary equivalence of self-adjoint operators with multiplication operators

In this section we shall show that self-adjoint operators are unitarily equivalent to multiplication operators. We say that two operators $T$ on $\mathcal{H}$ and $\widetilde{T}$ on $\widetilde{H}$ are unitarily equivalent if there exists a unitary operator $U: \mathcal{H} \rightarrow \widetilde{\mathcal{H}}$ such that $U T=\widetilde{T} U$, with $U D(T)=D(\widetilde{T})$.

Let $\psi \in \mathcal{H}$. Let $P$ be a projection valued measure, generating a functional calculus $\Phi$, and a Borel measure $\mu_{\psi}=\langle\psi, P(\Omega) \psi\rangle$. Let

$$
\begin{equation*}
\mathcal{H}_{\psi}=\left\{\Phi(g) \psi \mid g \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)\right\} \subset \mathcal{H} \tag{5.148}
\end{equation*}
$$

It is not difficult to see that $\mathcal{H}_{\psi}$ is closed. Therefore, by Theorem 3.61 we can split the original Hilbert space as $\mathcal{H}=\mathcal{H}_{\psi} \oplus \mathcal{H}_{\psi}^{\perp}$. In what follows, we shall denote by $P_{\psi}$ the projection onto $\mathcal{H}_{\psi}$.
Lemma 5.56. The subspace $\mathcal{H}_{\psi}$ reduces $\Phi(f)$ :

$$
\begin{equation*}
P_{\psi} \Phi(f) \subset \Phi(f) P_{\psi} . \tag{5.149}
\end{equation*}
$$

Remark 5.57. That is, if $\varphi \in \mathcal{D}_{f}$ then $P_{\psi} \varphi \in \mathcal{D}_{f}$, i.e. $P_{\psi} \mathcal{D}_{f} \subset \mathcal{D}_{f}$. Also, for all $\varphi \in \mathcal{D}_{f}$, $P_{\psi} \Phi(f)=\Phi(f) P_{\psi} \varphi$. We shall also say that $\mathcal{H}_{\psi}$ is invariant under $\Phi(f)$.

Proof. (Sketch). Suppose $f$ is bounded. Any $\varphi \in \mathcal{H}$ can be written as $\varphi=P_{\psi} \varphi+\varphi^{\perp}$, with $P_{\psi} \varphi=\Phi(g) \psi$ for some $g \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$. We claim that $\Phi(f) \varphi^{\perp} \in \mathcal{H}_{\psi}^{\perp}$. In fact:

$$
\begin{equation*}
\left\langle\Phi(f) \varphi^{\perp}, \Phi(h) \psi\right\rangle=\left\langle\varphi^{\perp}, \Phi(\bar{f} h) \psi\right\rangle=0 \tag{5.150}
\end{equation*}
$$

because $\bar{f} h \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$ since $f$ is bounded. It follows that:

$$
\begin{align*}
P_{\psi} \Phi(f) \varphi & =P_{\psi} \Phi(f) \Phi(g) \psi=P_{\psi} \Phi(f g) \psi \\
& =\Phi(f g) \psi=\Phi(f) \Phi(g) \psi=\Phi(f) P_{\psi} \varphi \tag{5.151}
\end{align*}
$$

This proves the claim for bounded $f$. The case of unbounded $f$ follows by an approximation argument, we omit the details.

Therefore, we can decompose $\Phi(f)=\left.\left.\Phi(f)\right|_{\mathcal{H}_{\psi}} \oplus \Phi(f)\right|_{\mathcal{H}_{\psi}^{\perp}}$; this means that if $\varphi=\varphi_{1}+\varphi_{2}$ with $\varphi_{1} \in \mathcal{H}_{\psi}$ and $\varphi_{2} \in \mathcal{H} \stackrel{\perp}{\psi}$, then $\Phi(f) \varphi=\Phi(f) \varphi_{1}+\Phi(f) \varphi_{2}$ with $\Phi(f) \varphi_{1} \in \mathcal{H}_{\psi}$ and $\Phi(f) \varphi_{2} \in \mathcal{H}_{\psi}^{\perp}$.

The domain of $\left.\Phi(f)\right|_{\mathcal{H}_{\psi}}$ is defined as:

$$
\begin{equation*}
P_{\psi} \mathcal{D}_{f}=\mathcal{D}_{f} \cap \mathcal{H}_{\psi}=\left\{\Phi(g) \psi \mid g, f g \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)\right\} \tag{5.152}
\end{equation*}
$$

On $P_{\psi} \mathcal{D}_{f}$ the action of $\Phi(f)$ is then given by:

$$
\begin{equation*}
\Phi(f) \Phi(g) \psi=\Phi(f g) \psi \tag{5.153}
\end{equation*}
$$

This implies that the operator $\Phi(f)$ can be interpreted, when considering its action of $\mathcal{H}_{\psi}$, as a multiplication operator by $f$. To be more precise, we can define the map:

$$
\begin{equation*}
U_{\psi}: \mathcal{H}_{\psi} \rightarrow L^{2}\left(\mathbb{R}, d \mu_{\psi}\right) \tag{5.154}
\end{equation*}
$$

by setting $U_{\psi} \Phi(f) \psi=f$. Since $\|\Phi(f) \psi\|=\|f\|_{2}$, the map $U_{\psi}$ is unitary. Furthermore, it follows that:

$$
\begin{equation*}
U_{\psi} D\left(\left.\Phi(f)\right|_{\mathcal{H}_{\psi}}\right)=U_{\psi} P_{\psi} \mathcal{D}_{f}=U_{\psi}\left(\mathcal{D}_{f} \cap \mathcal{H}_{\psi}\right)=\left\{g \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right) \mid f g \in L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)\right\} \tag{5.155}
\end{equation*}
$$

and:

$$
\begin{equation*}
\left.U_{\psi} \Phi(f)\right|_{\mathcal{H}_{\psi}}=f U_{\psi}, \tag{5.156}
\end{equation*}
$$

where $f$ also denotes the multiplication operator, $(f g)(\lambda)=f(\lambda) g(\lambda)$, with domain $D(f)=$ $U_{\psi} D\left(\left.\Phi(f)\right|_{\mathcal{H}_{\psi}}\right)$.

We say that the vector $\psi$ is cyclic if $\mathcal{H}_{\psi}=\mathcal{H}$. In this case the picture is complete: the operator $\Phi(f)$ is unitarily equivalent to the multiplication operator $f$, acting on its domain $D(f)=U_{\psi} \mathcal{D}_{f}$. In general however $\mathcal{H}_{\psi} \neq \mathcal{H}$, and Eq. (5.156) only shows that the restriction of $\Phi(f)$ on the space $\mathcal{H}_{\psi}$ (more precisely, on the dense domain $\mathcal{H}_{\psi} \cap \mathcal{D}_{f}$ ) is unitarily equivalent to multiplication with $f$.

What can we say about the restriction of $\Phi(f)$ on the orthogonal complement $\mathcal{H}{ }_{\psi}^{\perp}$ ? Also on $\mathcal{H} \frac{\perp}{\psi}$ we can choose a vector $\psi^{\prime}$; the corresponding space $\mathcal{H}_{\psi^{\prime}}$ will again be invariant with respect to the action of $\Phi(f)$. We can iterate the procedure; $\left\{\psi_{j}\right\}_{j \in J}$ is called a family of spectral vectors, if $\mathcal{H}_{\psi_{i}} \perp \mathcal{H}_{\psi_{j}}$ for all $i \neq j$. We say that a family of spectral vectors if a spectral basis of $\mathcal{H}$ if $\mathcal{H}=\bigoplus_{j \in J} \mathcal{H}_{\psi_{j}}$. Such family always exists.
Lemma 5.58. Let $\mathcal{H}$ be a separable Hilbert space, and $P$ and projection valued measure. Then there exists a, at most countable, spectral basis $\left\{\psi_{j}\right\}_{j \in J}$ with $\mathcal{H}=\oplus_{j \in J} \mathcal{H}_{\psi_{j}}$. We can define a unitary map $U=\bigoplus_{j \in J} U_{\psi_{j}}: \mathcal{H} \rightarrow \bigoplus_{j \in J} L^{2}\left(\mathbb{R}, d \mu_{\psi_{j}}\right)$, where $U_{\psi_{j}}$ is defined as in Eq. 5.154, through the identity $U_{\psi_{j}} \Phi(f) \psi_{j}=f$. Then, for any Borel measurable $f: \mathbb{R} \rightarrow \mathbb{C}$ :

$$
\begin{equation*}
U \mathcal{D}_{f}=D(f)=\bigoplus_{j \in J}\left\{g \in L^{2}\left(\mathbb{R}, d \mu_{\psi_{j}}\right) \mid f g \in L^{2}\left(\mathbb{R}, d \mu_{\psi_{j}}\right)\right\} \tag{5.157}
\end{equation*}
$$

and $U \Phi(f)=f U$, where $f$ acts as a multiplication on each component of $\oplus_{j \in J} L^{2}\left(\mathbb{R}, d \mu_{\psi_{j}}\right)$.
This last lemma shows, in particular, that any selfadjoint operator is unitarily equivalent to the multiplication operator $\hat{\lambda}:(\hat{\lambda} g)(\lambda)=\lambda g(\lambda)$.
Remark 5.59. Notice that the spectral basis is not unique, and its cardinality is not well defined: there might exists different spectral bases with different cardinality. However, since we are only considering separable Hilbert spaces, the cardinality of every spectral basis is at most countable. The minimal cardinality of a spectral basis for a given self-adjoint operator $T$, or more generally for a given projection valued measure $P$, is called the spectral multiplicity of $T$ (or of $P$ ). We shall say that the spectrum of $T$ is simple if the spectral multiplicity of $T$ is one (this means that there exists a cyclic vector).

### 5.7 Decomposition of the spectrum

Let us start by reminding some well-known facts about Borel measures. For any Borel measure $\mu$ there exists a decomposition $\mu=\mu_{\mathrm{ac}}+\mu_{\mathrm{s}}$, where $\mu_{\mathrm{ac}}$ is absolutely continuous with respect to the Lebesgue measure (meaning that $\mu_{\text {ac }}(\Omega)=0$ for all $\Omega \in \mathcal{B}(\mathbb{R})$ with Lebesgue measure $|\Omega|=0$ ) while $\mu_{\mathrm{s}}$ is singular with respect to the Lebesgue measure (meaning that there exists a set $\Omega$ with $|\Omega|=0$ and $\left.\mu_{\mathrm{s}}(\mathbb{R} \backslash \Omega)=0\right)$.

The singular measure $\mu_{\mathrm{s}}$ can be further decomposed as $\mu_{\mathrm{s}}=\mu_{\mathrm{pp}}+\mu_{\mathrm{sc}}$, where $\mu_{\mathrm{pp}}$ is pure point (meaning that the distribution function $d_{\mathrm{pp}}(\lambda)$ is a step function on $\mathbb{R}$ ) and $\mu_{\mathrm{sc}}$ is singular continuous (meaning that the distribution function is continuous on $\mathbb{R}$ ).

The measures $\mu_{\mathrm{ac}}, \mu_{\mathrm{sc}}, \mu_{\mathrm{pp}}$ are mutually singular: there exist disjoint sets $M_{\mathrm{ac}}, M_{\mathrm{pp}}, M_{\mathrm{sc}} \subset$ $\mathbb{R}$ such that $\mu_{\text {ac }}$ is supported on $M_{\mathrm{ac}}, \mu_{\mathrm{pp}}$ is supported on $M_{\mathrm{pp}}$ and $\mu_{\mathrm{sc}}$ is supported on $M_{\mathrm{sc}}$. Observe that the choice of the sets $M_{\mathrm{ac}}, M_{\mathrm{sc}}, M_{\mathrm{pp}}$ is not unique: one can always add sets with zero $\mu$ measure. We will choose $M_{\mathrm{pp}}$ as the set of all jump points of the distribution function $\mu(\lambda)$ and $M_{\text {sc }}$ with Lebesgue measure equal to zero.

At first, suppose that the spectrum of $T$ is simple, and that $\psi$ is a cyclic vector. Let $P \equiv$ $P^{T}$ be the projection-valued measure associated to $T$, and let $\mu \equiv \mu_{\psi}^{T}$ be the corresponding spectral measure. We then introduce the orthogonal projections:

$$
\begin{equation*}
P_{\mathrm{ac}}=\Phi\left(\chi_{M_{\mathrm{ac}}}\right), \quad P_{\mathrm{sc}}=\Phi\left(\chi_{M_{\mathrm{sc}}}\right), \quad P_{\mathrm{pp}}=\Phi\left(\chi_{M_{\mathrm{pp}}}\right), \tag{5.158}
\end{equation*}
$$

such that $P_{\mathrm{ac}}+P_{\mathrm{sc}}+P_{\mathrm{pp}}=\mathbb{1}_{\mathcal{H}}$. By the orthogonality of the projections, we write:

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{\mathrm{ac}} \oplus \mathcal{H}_{\mathrm{sc}} \oplus \mathcal{H}_{\mathrm{pp}} \tag{5.159}
\end{equation*}
$$

with $\mathcal{H}_{\sharp}=P_{\sharp} \mathcal{H}$. Recall that the Hilbert space $\mathcal{H} \equiv \mathcal{H}_{\psi}$ is unitarily equivalent to $L^{2}(\mathbb{R}, d \mu)$, $U_{\psi} \mathcal{H}_{\psi}=L^{2}\left(\mathbb{R}, d \mu_{\psi}\right)$. Writing $U_{\psi} \mathcal{H}_{\psi}=U_{\psi}\left(P_{\mathrm{ac}}+P_{\mathrm{sc}}+P_{\mathrm{pp}}\right) \mathcal{H}_{\psi}$ and using that $U_{\psi} P_{\sharp} U_{\psi}^{*}=$ $\chi_{M_{\sharp}}$, we get the following orthogonal splitting:

$$
\begin{equation*}
L^{2}(\mathbb{R}, d \mu)=L^{2}\left(\mathbb{R}, d \mu_{\mathrm{ac}}\right) \oplus L^{2}\left(\mathbb{R}, d \mu_{\mathrm{sc}}\right) \oplus L^{2}\left(\mathbb{R}, d \mu_{\mathrm{pp}}\right) \tag{5.160}
\end{equation*}
$$

This means that every function $g \in L^{2}(\mathbb{R}, d \mu)$ can be written as $g=g_{\mathrm{ac}}+g_{\mathrm{sc}}+g_{\mathrm{pp}}$, with $g_{\sharp}=\left.g\right|_{M_{\sharp}}$. Being the sets $M_{\sharp}$ disjoint, the functions appearing in the splitting are orthogonal. Notice that, by construction, if $\varphi \in M_{\sharp}$, then $\mu_{\varphi} \equiv \mu_{\varphi, \sharp}$, with $\sharp=$ ac, sc, pp. In fact, being $\psi$ cyclic, $\varphi=\Phi\left(g_{\sharp}\right) \psi$ for some $g_{\sharp} \in L^{2}\left(\mathbb{R}, d \mu_{\sharp}\right)$, and $d \mu_{\psi}(\lambda)=\left|g_{\sharp}(\lambda)\right|^{2} d \mu_{\psi}(\lambda)$, with $g_{\sharp}$ supported in $M_{\sharp}$.

Also,

$$
\begin{equation*}
T=\left(T P_{\mathrm{ac}}\right) \oplus\left(T P_{\mathrm{sc}}\right) \oplus\left(T P_{\mathrm{pp}}\right) \tag{5.161}
\end{equation*}
$$

We define the absolutely continuous, singular continuous and pure point spectrum of $T$ as:

$$
\begin{equation*}
\sigma_{\mathrm{ac}}(T):=\sigma\left(T P_{\mathrm{ac}}\right), \quad \sigma_{\mathrm{sc}}(T):=\sigma\left(T P_{\mathrm{sc}}\right), \quad \sigma_{\mathrm{pp}}(T):=\sigma\left(T P_{\mathrm{pp}}\right) \tag{5.162}
\end{equation*}
$$

Being the subspaces $\mathcal{H}_{\sharp}$ invariant under $T$, we have $P_{\sharp} T P_{\sharp}=T P_{\sharp}$. Hence, $T P_{\sharp}$ are selfadjoint, and $\sigma_{\sharp}(T)$ are closed subsets of $\mathbb{R}$.
Remark 5.60. One has $\sigma_{p}(T) \subset \sigma_{p p}(T)$, with $\sigma_{p}(T)$ the set of eigenvalues of $T$. This also implies $\overline{\sigma_{p}(T)} \subset \sigma_{p p}(T)$. It is possible to prove that $\sigma_{p p}(T)=\overline{\sigma_{p}(T)}$. See next example.
Example 5.61. Let $\mathcal{H}=\ell^{2}(\mathbb{N})$, let $T \delta_{n}=\frac{1}{n} \delta_{n}$ with $\delta_{n}$ the sequence equal to 1 at the $n$-th place and zero otherwise. That is $T$ is a diagonal matrix with elements $1 / n$. Then, $\sigma_{p}(T)=\{1 / n \mid n \in \mathbb{N}\}$. We claim that

$$
\begin{equation*}
\sigma(T)=\sigma_{p p}(T)=\sigma_{p}(T) \cup\{0\}=\overline{\sigma_{p}(T)} \tag{5.163}
\end{equation*}
$$

We claim that $\{0\}$ belongs to $\sigma(T)$. To see this, notice that $T$ is injective, but not surjective: not every vector in $\ell^{2}(\mathbb{N})$ can be written as $T \varphi$ for some $\varphi \in \ell^{2}(\mathbb{N})$. Finally, notice that all points $z \in \mathbb{C}$ which are not in $\left\{\left.\frac{1}{n} \right\rvert\, n \in \mathbb{N}\right\} \cup\{0\}$ are in $\rho(T)$. This simply follows by computing the resolvent:

$$
\begin{equation*}
(T-z)^{-1} \delta_{n}=\frac{n}{1-z n} \delta_{n} \tag{5.164}
\end{equation*}
$$

and observing that $(T-z)^{-1}$ is bounded for all $z \in\left\{\left.\frac{1}{n} \right\rvert\, n \in \mathbb{N}\right\} \cup\{0\}$. Therefore, $\sigma(T)=$ $\sigma_{p}(T) \cup\{0\}$. At the same time, we know that $\sigma(T)=\sigma_{p p}(T) \cup \sigma_{a c}(T) \cup \sigma_{s c}(T)$. Being $\sigma_{p}(T) \subset \sigma_{p p}(T)$ with $\sigma_{p}(T)$ open and $\sigma_{p p}(T)$ closed, it follows that $\sigma_{p}(T) \cup\{0\}=\sigma_{p p}(T)$.
Example 5.62. An example of purely absolutely continuous spectrum is obtained taking $\mu$ to be the Lebesgue measure. An example with purely singular continuous spectrum is given by taking $\mu$ to be the Cantor measure.

To conclude, we are left with discussing the case in which the spectrum of $T$ is not simple. In this case there is no cyclic vector, and we need to introduce a spectral basis. After introducing such basis, the operator $T$ is unitarily equivalent to a multiplication operator, after conjugating with the unitary map: $U \mathcal{H} \rightarrow \oplus_{j} L^{2}\left(\mathbb{R}, d \mu_{\psi_{j}}\right)$. In general, however, it is difficult to exclude that the splitting (5.159) depend on the choice of the spectral basis. For this reason, we introduce the following definition of spectral subspaces of $\mathcal{H}$ :

$$
\begin{align*}
\mathcal{H}_{\mathrm{ac}} & :=\left\{\psi \in \mathcal{H} \mid \mu_{\psi} \text { is absolutely continuous }\right\} \\
\mathcal{H}_{\mathrm{sc}} & :=\left\{\psi \in \mathcal{H} \mid \mu_{\psi} \text { is singular continuous }\right\} \\
\mathcal{H}_{\mathrm{pp}} & :=\left\{\psi \in \mathcal{H} \mid \mu_{\psi} \text { is pure point }\right\} \tag{5.165}
\end{align*}
$$

Lemma 5.63. We have:

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{a c} \oplus \mathcal{H}_{s c} \oplus \mathcal{H}_{p p} \tag{5.166}
\end{equation*}
$$

As for the simple case, the absolutely continuous, singular continuous and pure point spectrum are defined as:

$$
\begin{equation*}
\sigma_{\sharp}(T)=\sigma\left(\left.T\right|_{\mathcal{H}_{\sharp}}\right)=\sigma\left(T P_{\sharp}\right), \tag{5.167}
\end{equation*}
$$

where $P_{\sharp}$ is the projector over $\mathcal{H}_{\sharp}$.
To conclude, we discuss a simple consequence of the fact that $\sigma_{\mathrm{pp}}(T)=\overline{\sigma_{\mathrm{p}}(T)}$.
Proposition 5.64. Let $(T, D(T))$ be a selfadjoint operator. Suppose that $\psi \in \mathcal{H}_{p p}$. Let $\left(\varphi_{j}\right)_{j \in \mathbb{N}}$ be the eigenvectors of $T, T \varphi_{j}=\lambda_{j} \varphi_{j}$. Then, there exists $\left(\alpha_{j}\right) \subset \mathbb{C}$ such that

$$
\begin{equation*}
\lim _{N \rightarrow \infty}\left\|\psi-\sum_{j=1}^{N} \alpha_{j} \varphi_{j}\right\|=0 \tag{5.168}
\end{equation*}
$$

Proof. The proof immediately follows from the fact that $M_{\mathrm{pp}}=\overline{M_{\mathrm{p}}}$, with $M_{\mathrm{p}}=\{\lambda \in \mathbb{R} \mid$ $\lambda$ is an eigenvalue of $T\}$. Therefore, $\mathcal{H}_{\mathrm{p}}=\phi\left(\chi_{M_{\mathrm{p}}}\right) \mathcal{H} \equiv P_{\mathrm{p}} \mathcal{H}$ is dense in $\mathcal{H}_{\mathrm{pp}}$.

Remark 5.65. Recall that $\lambda_{j} \neq \lambda_{k}$ implies that $\left\langle\varphi_{j}, \varphi_{k}\right\rangle=0$. This follows from, for $\varepsilon>0$ :

$$
\begin{align*}
\left\langle\varphi_{j}, \varphi_{k}\right\rangle & =\frac{1}{\lambda_{k}+i \varepsilon}\left\langle\varphi_{j},\left(H+i \varepsilon \mathbb{1}_{\mathcal{H}}\right) \varphi_{k}\right\rangle \\
& =\frac{1}{\lambda_{k}+i \varepsilon}\left\langle\left(H-i \varepsilon \mathbb{1}_{\mathcal{H}}\right) \varphi_{j}, \varphi_{k}\right\rangle \\
& =\frac{\lambda_{j}-i \varepsilon}{\lambda_{k}+i \varepsilon}\left\langle\varphi_{j}, \varphi_{k}\right\rangle \tag{5.169}
\end{align*}
$$

which implies that $\left\langle\varphi_{j}, \varphi_{k}\right\rangle=0$ (since $\lambda_{j}, \lambda_{k} \in \mathbb{R}$, the ratio in the r.h.s. is $\neq 1$ ).
To conclude, let us discuss a simple example of self-adjoint operator with purely absolutely continuous spectrum.
Example 5.66. The Laplacian $\left(-\Delta, H^{2}\left(\mathbb{R}^{d}\right)\right)$ is a selfadjoint operator, with:

$$
\begin{equation*}
\sigma(-\Delta)=\sigma_{a c}(-\Delta)=[0, \infty) \tag{5.170}
\end{equation*}
$$

The selfadjointness of the Laplacian has been proved in Section 4.2, using that it is unitarily equivalent to multiplication by $|k|^{2}$ (real-valued measurable function), recall Lemma 4.47. Also, $\sigma(-\Delta)=[0, \infty)$, since $\sigma(-\Delta)=\sigma\left(\mathcal{F}(-\Delta) \mathcal{F}^{-1}\right)=\sigma\left(A_{k^{2}}\right)$, and $\sigma\left(A_{k^{2}}\right)=[0, \infty)$, since $k \mapsto\left(k^{2}-z\right)^{-1}$ is a bounded function for all $z \notin \mathbb{R} \backslash[0, \infty)$.

Let us now prove that $\sigma(-\Delta)=\sigma_{a c}(-\Delta)$. To do this, it is enough to show that the spectral measure $\mu_{\psi}$ is absolutely continuous with respect to the Lebesgue measure, for all $\psi \in H^{2}\left(\mathbb{R}^{d}\right)$. Observe that, for all $\psi \in L^{2}\left(\mathbb{R}^{d}\right), z \in \rho(-\Delta)$ :

$$
\begin{equation*}
\left\langle\psi, R_{z}(-\Delta) \psi\right\rangle=\left\langle\hat{\psi}, R_{z}\left(A_{k^{2}}\right) \hat{\psi}\right\rangle=\int_{\mathbb{R}^{d}} \frac{|\hat{\psi}(k)|^{2}}{k^{2}-z} d k=\int_{\mathbb{R}} \frac{1}{r^{2}-z} d \tilde{\mu}_{\psi}(r) \tag{5.171}
\end{equation*}
$$

where

$$
\begin{equation*}
d \widetilde{\mu}_{\psi}(r)=\chi_{[0, \infty)}(r) r^{d-1}\left(\int_{S^{d-1}}|\hat{\psi}(r \omega)|^{2} d \omega\right) d r \tag{5.172}
\end{equation*}
$$

After a simple change of variables, we have:

$$
\begin{equation*}
\left\langle\psi, R_{z}(-\Delta) \psi\right\rangle=\int_{\mathbb{R}} \frac{1}{\lambda-z} d \mu_{\psi}(\lambda), \tag{5.173}
\end{equation*}
$$

with $\mu_{\psi}(\lambda)$ given by:

$$
\begin{equation*}
d \mu_{\psi}(\lambda)=\frac{1}{2} \chi_{[0, \infty)}(\lambda) \lambda^{\frac{d}{2}-1}\left(\int_{S^{d-1}}|\hat{\psi}(\sqrt{\lambda} \omega)|^{2} d \omega\right) d \lambda \tag{5.174}
\end{equation*}
$$

This measure is absolutely continuous, since it is of the form $d \mu_{\psi}(\lambda)=f(\lambda) d \lambda$, with $f \in$ $L^{1}\left(\mathbb{R}^{d}, d \lambda\right)$ given by:

$$
\begin{equation*}
f_{\psi}(\lambda)=\frac{1}{2} \chi_{[0, \infty)}(\lambda) \lambda^{\frac{d}{2}-1}\left(\int_{S^{d-1}}|\hat{\psi}(\sqrt{\lambda} \omega)|^{2} d \omega^{n-1}\right) \tag{5.175}
\end{equation*}
$$

Absolute continuity of the measure follows from the fact that the integral of an $L^{p}$ function over a set with zero Lebesgue measure is zero.

## 6 Quantum dynamics

In this section we shall apply the spectral theorem to study solutions of the Schrödinger equation:

$$
\begin{equation*}
i \partial_{t} \psi(t)=H \psi(t) \tag{6.1}
\end{equation*}
$$

where $H$ is a selfadjoint operator, the Hamiltonian, defined on a domain $D(H) \subset \mathcal{H}$.

### 6.1 Existence and uniqueness of the solution of the Schrödinger equation

In the next theorem we shall prove that the solution to this equation is given by $\psi(t)=$ $U(t) \psi(0)$, with $U(t)=\exp (-i H t)$, define via functional calculus:

$$
\begin{equation*}
e^{-i H t}=\int e^{-i \lambda t} d p(\lambda) \tag{6.2}
\end{equation*}
$$

with $P$ the projection-valued measure associated to $(H, D(H))$.
Theorem 6.1. Let $(H, D(H))$ be a selfadjoint operator and let $U(t)=e^{-i H t}$. Then:
(i) $U(t)$ is a strongly continuous one-parameter unitary group.
(ii) The limit:

$$
\begin{equation*}
\lim _{t \rightarrow 0} \frac{1}{t}[U(t)-\mathbb{1}] \psi \tag{6.3}
\end{equation*}
$$

exists if and only if $\psi \in D(H)$. In this case:

$$
\begin{equation*}
\lim _{t \rightarrow 0} \frac{1}{t}[U(t)-\mathbb{1}] \psi=-i H \psi \tag{6.4}
\end{equation*}
$$

(iii) We have $U(t) D(H)=D(H)$ and, on $D(H),[U(t), H]=0$ for all $t \in \mathbb{R}$.

Remark 6.2. That is, $H$ is the generator of $U(t)$, recall Definition 3.77.
Proof. Let us prove ( $i$ ). The spectral representation of $U(t)$, Eq. (6.2), together with the rules of functional calculus, implies that $U(t)^{-1}=U(t)^{*}$, and that $U(t+s)=U(t) U(s)$ for all $t, s \in \mathbb{R}$. To prove that $U(t)$ is strongly continuous, fix $\psi \in \mathcal{H}$ and consider:

$$
\begin{equation*}
\lim _{t \rightarrow t_{0}}\left\|e^{-i H t} \psi-e^{-i H t_{0}} \psi\right\|^{2}=\lim _{t \rightarrow t_{0}} \int\left|e^{-i \lambda t}-e^{-i \lambda_{0} t}\right|^{2} d \mu_{\psi}(\lambda)=0 \tag{6.5}
\end{equation*}
$$

by dominated convergence. This proves $(i)$. Let us now consider (ii). Suppose that $\psi \in$ $D(H)$. Then, we have:

$$
\begin{equation*}
\lim _{t \rightarrow 0}\left\|\frac{1}{t}\left(e^{-i H t}-1\right) \psi+i H \psi\right\|^{2}=\lim _{t \rightarrow 0} \int\left|\frac{1}{t}\left(e^{-i \lambda t}-1\right)+i \lambda t\right|^{2} d \mu_{\psi}(\lambda)=0 \tag{6.6}
\end{equation*}
$$

again by dominated convergence. Here we used the bound $\left|e^{-i \lambda t}-1\right| \leqslant|t \lambda|$ and the fact that, since $\psi \in D(H)$ :

$$
\begin{equation*}
\int \lambda^{2} d \mu_{\psi}(\lambda)<\infty \tag{6.7}
\end{equation*}
$$

One the other hand, define the operator $\widetilde{H}: D(\widetilde{H}) \rightarrow \mathcal{H}$ by:

$$
\begin{equation*}
D(\widetilde{H})=\left\{\psi: \lim _{t \rightarrow 0} \frac{i}{t}[U(t) \psi-\psi] \quad \text { exists }\right\} \tag{6.8}
\end{equation*}
$$

and by:

$$
\begin{equation*}
\tilde{H} \psi=\lim _{t \rightarrow 0} \frac{i}{t}[U(t) \psi-\psi] \tag{6.9}
\end{equation*}
$$

for all $\psi \in D(\tilde{H})$. The operator $\tilde{H}$ is the generator of the one-parameter group $U(t)$. It follows from Eq. 6.6 that $H \subset \widetilde{H}$. Moreover, for all $\varphi, \psi \in D(\tilde{H})$ we have:

$$
\begin{equation*}
\langle\varphi, \widetilde{H} \psi\rangle=\lim _{t \rightarrow 0}\left\langle\varphi, \frac{i}{t}[U(t) \psi-\psi]\right\rangle=\lim _{t \rightarrow 0}\left\langle\frac{(-i)}{t}[U(-t) \varphi-\varphi], \psi\right\rangle=\langle\tilde{H} \varphi, \psi\rangle . \tag{6.10}
\end{equation*}
$$

We conclude that $\tilde{H}$ is a symmetric extension of $H$. However, self-adjoint operators are maximal: they do not have symmetric extension ${ }^{2}$, which means that $\widetilde{H}=H$. This proves (ii). The proof of (iii) follows from Proposition 3.79 (ii).

[^1]Therefore, it follows from Eq. (6.4) that, for $\psi_{0} \in D(H)$, the vector $\psi(t) \in U(t) \psi_{0}$ with $U(t)=e^{-i H t}$ is a solution of the Schrödinger equation with initial datum $\psi(0)=\psi_{0}$. In fact:

$$
\begin{equation*}
i \partial_{t} U(t) \psi_{0}=\lim _{h \rightarrow 0} \frac{i}{h}[U(t+h)-U(t)] \psi_{0}=\lim _{h \rightarrow 0} \frac{i}{h}[U(h)-\mathbb{1}] U(t) \psi_{0}=H U(t) \psi_{0} \tag{6.11}
\end{equation*}
$$

because $U(t) \psi_{0} \in D(H)$ if $\psi_{0} \in D(H)$. It turns out that $U(t) \psi_{0}$ is the unique solution of the Schrödinger equation.

Lemma 6.3. Let $\psi_{0} \in D(H)$ and let $\psi(t)$ be a solution of the Schrödinger equation with initial datum $\psi(0)=\psi_{0}$. Then $\psi(t)=U(t) \psi_{0}$.

Proof. Let $\psi(t)$ be a solution of the Schrödinger equation. In particular, $\psi(t)$ is differentiable and $\psi(t) \in D(H)$ for all $t \in \mathbb{R}$ (or for all $t$ in the time-interval on which $\psi(t)$ is a solution). Let $\varphi(t)=U(-t) \psi(t)$. Then:

$$
\begin{align*}
i \partial_{t} \varphi(t) & =\lim _{\varepsilon \rightarrow 0} \frac{i}{\varepsilon}[U(-t-\varepsilon) \psi(t+\varepsilon)-U(-t) \psi(t)] \\
& =\lim _{\varepsilon \rightarrow 0}\left[i U(-t-\varepsilon) \frac{\psi(t+\varepsilon)-\psi(t)}{\varepsilon}+i \frac{U(-\varepsilon)-\mathbb{1}}{\varepsilon} U(-t) \psi(t)\right] \tag{6.12}
\end{align*}
$$

Since $\psi$ is differentiable and $U$ is strongly continuous, we have, as $\varepsilon \rightarrow 0$ :

$$
\begin{equation*}
i U(-t-\varepsilon) \frac{\psi(t+\varepsilon)-\psi(t)}{\varepsilon} \rightarrow i U(-t) \psi^{\prime}(t)=U(-t) H \psi(t)=H U(-t) \psi(t) \tag{6.13}
\end{equation*}
$$

On the other hand, $\psi(t) \in D(H)$ implies that $U(-t) \psi(t) \in D(H)$ and therefore that:

$$
\begin{equation*}
i \frac{U(-\varepsilon)-\mathbb{1}}{\varepsilon} U(-t) \psi(t) \rightarrow-H U(-t) \psi(t) \tag{6.14}
\end{equation*}
$$

We conclude that $\varphi^{\prime}(t)=0$ for all $t$ and therefore that $\varphi(t)=\varphi(0)=\psi(0)=\psi_{0}$. Hence, $\psi(t)=U(t) \psi_{0}$.

Remark 6.4. Since $D(U(t))=\mathcal{H}$, the dynamics can be extended to all initial data $\psi_{0} \in \mathcal{H}$. However, notice that $U(t) \psi_{0}$ is a solution of the Schrödinger equation if and only if $\psi_{0} \in$ $D(H)$.

### 6.2 Stone's theorem

In the previous section we proved that any self-adjoint operator generates a unitary evolution. Conversely, Stone's theorem shows that any strongly continuous one-parameter unitary group $U(t)$ is generated by a selfadjoint operator such that $U(t)=e^{-i H t}$.
Theorem 6.5. Let $U(t)$ be a weakly continuous one-parameter unitary group. Let $H$ : $D(H) \rightarrow \mathcal{H}$ be the generator of $U(t)$, defined by:

$$
\begin{equation*}
D(H)=\left\{\psi \in \mathcal{H} \left\lvert\, \lim _{t \rightarrow 0} \frac{1}{t}[U(t) \psi-\psi] \quad\right. \text { exist }\right\} \tag{6.15}
\end{equation*}
$$

and by:

$$
\begin{equation*}
H \psi=\lim _{t \rightarrow 0} \frac{i}{t}[U(t) \psi-\psi] \quad \text { for all } \psi \in D(H) \tag{6.16}
\end{equation*}
$$

Then, $H$ is selfadjoint and $U(t)=e^{-i H t}$.
Proof. First of all, we notice that the weak continuity of $U(t)$ also implies strong continuity, since, for any $\psi \in \mathcal{H}$ and for $t \rightarrow t_{0}$ :

$$
\begin{equation*}
\left\|U(t) \psi-U\left(t_{0}\right) \psi\right\|^{2}=2\|\psi\|^{2}-2 \operatorname{Re}\left\langle\psi, U\left(t_{0}-t\right) \psi\right\rangle \rightarrow 0 \tag{6.17}
\end{equation*}
$$

if $U\left(t_{0}-t\right) \rightarrow 1$ weakly. Next, we claim that $D(H)$ is dense in $\mathcal{H}$. For any $\psi \in \mathcal{H}$ and $\tau>0$, we set:

$$
\begin{equation*}
\psi_{\tau}:=\int_{0}^{\tau} U(t) \psi d t \tag{6.18}
\end{equation*}
$$

This implies that $\tau^{-1} \psi_{\tau} \rightarrow \psi$ as $\tau \rightarrow 0$. In fact, given $\varepsilon>0$, by the strong continuity of $U(t)$ we can find $t_{0}>0$ such that $\|U(t) \psi-\psi\| \leqslant \varepsilon$ for all $0<t<t_{0}$. Then, for all $0<\tau<t_{0}$ we have:

$$
\begin{equation*}
\left\|\tau^{-1} \psi_{\tau}-\psi\right\| \leqslant \frac{1}{\tau} \int_{0}^{\tau}\|U(t) \psi-\psi\| d t \leqslant \varepsilon . \tag{6.19}
\end{equation*}
$$

Since $\varepsilon>0$ is arbitrary, this shows that $\tau^{-1} \psi_{\tau} \rightarrow \psi$. Moreover, we claim that $\psi_{\tau} \in D(H)$. In fact, for any $\tau>0$, we have:

$$
\begin{align*}
\frac{1}{t}\left(U(t) \psi_{\tau}-\psi_{\tau}\right) & =\frac{1}{t}\left[\int_{t}^{t+\tau} U(s) \psi d s-\int_{0}^{\tau} U(s) \psi d s\right] \\
& =\frac{1}{t}\left[\int_{\tau}^{\tau+t} U(s) \psi d s-\int_{0}^{t} U(s) \psi d s\right] \\
& =(U(\tau)-\mathbb{1}) \frac{1}{t} \int_{0}^{t} U(s) \psi d s \rightarrow[U(\tau)-1] \psi, \quad \text { as } t \rightarrow 0 \tag{6.20}
\end{align*}
$$

This implies that $\psi_{\tau} \in D(H)$. Hence, for arbitrary $\psi \in \mathcal{H}$, we found a sequence $\tau^{-1} \psi_{\tau} \in$ $D(H)$ with $\tau^{-1} \psi_{\tau} \rightarrow \psi$. This proves that $D(H)$ is dense. Next, we show that $H$ is essentially self-adjoint. From Corollary 4.45, it is enough to check that $\operatorname{Ker}\left(H^{*} \pm i\right)=\{0\}$. To this end, suppose that $H^{*} \varphi=\mp i \varphi$. Then, proceeding as in the proof of Theorem 6.1 (iii), for any $\psi \in D(H)$, we have $U(t) \psi \in D(H)$ for all $t \in \mathbb{R}$ and therefore:

$$
\begin{equation*}
\frac{d}{d t}\langle\varphi, U(t) \psi\rangle=\langle\varphi,-i H U(t) \psi\rangle=-i\left\langle H^{*} \varphi, U(t) \psi\right\rangle= \pm\langle\varphi, U(t) \psi\rangle \tag{6.21}
\end{equation*}
$$

Hence,

$$
\begin{equation*}
\langle\varphi, U(t) \psi\rangle=e^{ \pm t}\langle\varphi, \psi\rangle . \tag{6.22}
\end{equation*}
$$

Since the left-hand side is bounded, uniformly in $t \in \mathbb{R}$, we must have $\langle\varphi, \psi\rangle=0$. Since $\psi \in D(H)$ is arbitrary and $D(H)$ is dense, we conclude that $\varphi=0$. Therefore, $H$ is essentially selfadjoint, and its closure $\bar{H}$ is selfadjoint. We can therefore define the one-parameter group $V(t)=e^{-i \bar{H} t}$. We claim now that $V(t)=U(t)$. This would also imply, by Theorem 6.1, that $\bar{H}=H$ (because it would imply that $D(\bar{H})=D(H))$ and therefore it would conclude the proof of the theorem.

To show that indeed $V(t)=U(t)$, we pick $\psi \in D(H)$ and we set $\psi(t)=U(t) \psi-V(t) \psi$. Then, we compute:

$$
\begin{align*}
\lim _{s \rightarrow 0} \frac{\psi(t+s)-\psi(t)}{s} & =\lim _{s \rightarrow 0} \frac{(U(s)-\mathbb{1})}{s} U(t) \psi-\lim _{s \rightarrow 0} \frac{V(s)-\mathbb{1}}{s} V(t) \psi \\
& =i H U(t) \psi-i \bar{H} V(t) \psi=i \bar{H} \psi(t), \tag{6.23}
\end{align*}
$$

where we used that $U(t) \psi \in D(H)$ if $\psi \in D(H), V(t) \psi \in D(\bar{H})$ if $\psi \in D(H) \subset D(\bar{H})$, and that $H U(t) \psi=\bar{H} U(t) \psi$ for $\psi \in D(H)$ (because $\bar{H}$ is an extension of $H$ ). We obtain:

$$
\begin{equation*}
\frac{d}{d t}\|\psi(t)\|^{2}=\frac{d}{d t}\langle\psi(t), \psi(t)\rangle=2 \operatorname{Re}\langle\psi(t), i \bar{H} \psi(t)\rangle=0 \tag{6.24}
\end{equation*}
$$

since $\langle\psi(t), \bar{H} \psi(t)\rangle \in \mathbb{R}$ (which follows from the fact that $\bar{H}$ is selfadjoint). With $\psi(0)=0$, it follows that $\psi(t)=0$ for all $t$ and therefore that $U(t) \psi=V(t) \psi$ for all $\psi \in D(H)$. Since $D(H)$ is dense in $\mathcal{H}$ and $U(t), V(t)$ are unitary (in particular, bounded), this also implies that $U(t)=V(t)$ on $\mathcal{H}$.

### 6.3 The RAGE theorem

There is an interesting relation between the spectrum of a selfadjoint operator $H$ and the properties of the quantum dynamics $U(t)=e^{-i H t}$. This relation is summarized in a theorem due to Ruelle-Amrein-Georgescu-Enss. The goal here is to understand, based on the spectral properties of $H$, whether a quantum system whose evolution is generated by $H$ remains confined in a bounded region for all times or whether instead it moves to infinity as $t \rightarrow \infty$.

A first simple observation is as follows. Let $H$ be a selfadjoint operator, and $\mathcal{H}_{\mathrm{ac}}, \mathcal{H}_{\text {sc }}$, $\mathcal{H}_{\mathrm{pp}}$ the corresponding spectral subspaces, so that $\mathcal{H}=\mathcal{H}_{\mathrm{ac}} \oplus \mathcal{H}_{\mathrm{sc}} \oplus \mathcal{H}_{\mathrm{pp}}$.

If $\psi \in \mathcal{H}_{\mathrm{ac}}$, then the spectral measure $\mu_{\psi}$ is absolutely continuous with respect to the Lebesgue measure. This also implies that $\mu_{\varphi, \psi}$ is absolutely continuous with respect to Lebesgue, for all $\varphi \in \mathcal{H}$, since

$$
\begin{equation*}
\left|\mu_{\varphi, \psi}(\Omega)\right|=|\langle\varphi, P(\Omega) \psi\rangle| \leqslant\|\langle\varphi, P(\Omega)\rangle\|^{1 / 2}|\langle\psi, P(\Omega) \psi\rangle|^{1 / 2}=\mu_{\varphi}(\Omega)^{1 / 2} \mu_{\psi}(\Omega)^{1 / 2} . \tag{6.25}
\end{equation*}
$$

Therefore, setting $U(t)=e^{-i H t}$ we find:

$$
\begin{equation*}
\langle\varphi, U(t) \psi\rangle=\int e^{-i \lambda t} d \mu_{\varphi, \psi}(\lambda) \rightarrow 0 \quad \text { as } t \rightarrow \infty \tag{6.26}
\end{equation*}
$$

by the Riemann-Lebesgue lemma. This is because any Borel measure $\mu$ which is absolutely continuous with respect to Lebesgue can be written as $d \mu(\lambda)=f(\lambda) d \lambda$, with $f \in L^{1}(\mathbb{R}, d \lambda)$ and $d \lambda$ the volume measure. In fact, by Theorem 3.4

$$
\begin{equation*}
\langle\varphi, U(t) \psi\rangle=\int e^{-i \lambda t} f_{\varphi, \psi}(\lambda) d \lambda \equiv \hat{f}_{\varphi, \psi}(t) \rightarrow 0 \quad \text { as } t \rightarrow \infty . \tag{6.27}
\end{equation*}
$$

This means that, if $\psi \in \mathcal{H}_{\mathrm{ac}}$, the time evolved state $U(t) \psi$ becomes orthogonal to any fixed $\varphi \in \mathcal{H}$, as $t \rightarrow \infty$. This of course cannot be true for all $\psi \in \mathcal{H}$. In particular, if $\psi$ is an eigenvector of $H$, that is if $H \psi=E \psi$, one has:

$$
\begin{equation*}
|\langle\varphi, U(t) \psi\rangle|=|\langle\varphi, \psi\rangle|, \quad \text { for all } t \in \mathbb{R} \text {. } \tag{6.28}
\end{equation*}
$$

A more exhaustive understanding of the asymptotic behavior of $\langle\varphi, U(t) \psi\rangle$ in the limit of large $t$ is provided by the following theorem.
Theorem 6.6. [Wiener] Let $\mu$ a finite complex Borel measure on $\mathbb{R}$ and:

$$
\begin{equation*}
\hat{\mu}(t):=\int_{\mathbb{R}} e^{-i t \lambda} d \mu(\lambda) \tag{6.29}
\end{equation*}
$$

Then,

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}|\hat{\mu}(t)|^{2} d t=\sum_{\lambda \in \mathbb{R}}|\mu(\{\lambda\})|^{2} \tag{6.30}
\end{equation*}
$$

where the sum on the r.h.s. is finite (because $\mu$ is a finite measure).
Remark 6.7. Recall that any Borel measure has can be written as $\mu=\mu_{a c}+\mu_{s c}+\mu_{p p}$. Also, since $\mu_{a c}$, $\mu_{\text {sc }}$ have continuous distribution, $\mu(\{\lambda\})=\mu_{p p}(\{\lambda\})$. Therefore, $\sum_{\lambda \in \mathbb{R}}|\mu(\{\lambda\})|^{2}=$ $\sum_{\lambda \in \mathbb{R}}\left|\mu_{p p}(\{\lambda\})\right|^{2}$. The sum is over the support of $M_{p p}$ of the pure point measure $\mu_{p p}$, which is a countable set. This follows from the fact that $M_{p p}=\bigcup_{n \in \mathbb{N}} M_{n}$ with $M_{n}=\{\lambda \in \mathbb{R} \mid$ $\mu(\{\lambda\})>1 / n\} \equiv\left\{\lambda \in \mathbb{R} \mid \mu_{p p}(\{\lambda\})>1 / n\right\}$. Each set $M_{n}$ is countable and finite: otherwise, $\mu\left(M_{n}\right)=\infty$, which is impossible since $\mu$ is finite. Therefore, $M_{p p}$ is the countable union of finite sets, and hence it is countable.

Proof. We apply Fubini's theorem to write:

$$
\begin{align*}
\frac{1}{T} \int_{0}^{T}|\widehat{\mu}(t)|^{2} d t & =\frac{1}{T} \int_{0}^{T} \int_{\mathbb{R}} \int_{\mathbb{R}} e^{-i(x-y) t} d \mu(x) d \overline{\mu(y)} d t \\
& =\int_{\mathbb{R}} \int_{\mathbb{R}}\left[\frac{1}{T} \int_{0}^{T} e^{-i(x-y) t} d t\right] d \mu(x) d \overline{\mu(y)} \tag{6.31}
\end{align*}
$$

Since

$$
\begin{equation*}
\left|\frac{1}{T} \int_{0}^{T} e^{-i(x-y)} d t\right| \leqslant 1 \tag{6.32}
\end{equation*}
$$

and, as $T \rightarrow \infty$ :

$$
\frac{1}{T} \int_{0}^{T} e^{-i(x-y) t} d t \rightarrow \begin{cases}0 & \text { if } x \neq y  \tag{6.33}\\ 1 & \text { if } x=y\end{cases}
$$

Therefore, by dominated convergence:

$$
\begin{equation*}
\frac{1}{T} \int_{0}^{T}|\widehat{\mu}(t)|^{2} d t \rightarrow \int_{\mathbb{R}} \int_{\mathbb{R}} \chi_{\{0\}}(x-y) d \mu(x) d \overline{\mu(y)}=\int_{\mathbb{R}} \mu(\{y\}) d \overline{\mu(y)}=\sum_{y \in \mathbb{R}}|\mu(\{y\})|^{2} \tag{6.34}
\end{equation*}
$$

Let us now apply this theorem to study the quantity $|\langle\varphi, U(t) \psi\rangle|$, describing the probability of finding the evolved state in the state $\varphi$ at time $t$. If $\psi \in \mathcal{H}_{\mathrm{ac}} \oplus \mathcal{H}_{\mathrm{sc}}$ and $\varphi \in \mathcal{H}$ is arbitrary, the measure $\mu_{\varphi, \psi}$ has not atoms, i.e. it is such that $\mu_{\varphi, \psi}(\{\lambda\})=0$, for all $\lambda \in \mathbb{R}$. Therefore, by Theorem 6.6.

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}\left|\left\langle\varphi, e^{-i H t} \psi\right\rangle\right|^{2} d t=0 \tag{6.35}
\end{equation*}
$$

Hence the probability of finding the evolved state in $\varphi$ tends to zero, but only in an averaged sense.

Notice that $|\langle\varphi, U(t) \psi\rangle|^{2}=\left\|P_{\varphi} U(t) \psi\right\|^{2}$, with $P_{\varphi}$ the orthogonal projection onto $\varphi$. We can extend Eq. 6.35) to a more general class of operators, called compact operators. Compact operators are the natural generalization of finite-rank operators, that is operators that can be written as finite linear combination of orthogonal projectors. In the following, we shall denote by $B_{1}(0)$ the unit ball in $\mathcal{H}$, that is:

$$
\begin{equation*}
B_{1}(0)=\{\psi \in \mathcal{H} \mid\|\psi\| \leqslant 1\} . \tag{6.36}
\end{equation*}
$$

Definition 6.8. An operator $K \in \mathcal{L}(\mathcal{H})$ is called compact if $K B_{1}(0) \subset \mathcal{H}$ is pre-compact in $\mathcal{H}$, that is if $\overline{K B_{1}(0)}$ is compact.
Remark 6.9. (i) Equivalently, an operator $K \in \mathcal{L}(\mathcal{H})$ is compact if and only if for any bounded sequence $\psi_{n} \in \mathcal{H}, K \psi_{n}$ has a convergent subsequence.
(ii) The space of all compact operator $\mathcal{K}(\mathcal{H})$ is a closed linear subspace of $\mathcal{L}(\mathcal{H})$. Also, $K^{*}$ is compact if $K$ is compact, and $K A, A K$ are compact if $K \in \mathcal{K}(\mathcal{H})$ and $A \in \mathcal{L}(\mathcal{H})$. Furthermore, compact operators can be approximated in norm by sequences of finite rank operators.

Definition 6.10. An operator $K: D(K) \rightarrow \mathcal{H}$ is called relatively compact with respect to the self-adjoint operator $H$ if there exists $z \in \rho(H)$ such that $K R_{z}(H)=K(z-H)^{-1}$ is compact.

Remark 6.11. (i) Using the first resolvent identity, $R_{z}(H)-R_{z_{0}}(H)=\left(z-z_{0}\right) R_{z}(H) R_{z_{0}}(H)$, one can check that if $K R_{z}(H)$ is compact for one $z \in \rho(H)$, then it is compact for all $z \in \rho(H)$.
(ii) If $K$ is relatively compact with respect to $H$, then $D(H) \subset D(K)$, because every $\psi \in$ $D(H)$ can be written as $\psi=R_{A}(z) \varphi$ for a $\varphi \in \mathcal{H}$.

The results 6.27, 6.35 can now be extended as follows.
Theorem 6.12. Let $H$ be a selfadjoint operator. Let $K$ be relatively compact with respect to $H$. Then, for all $\psi \in D(H)$ :

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}\left\|K e^{-i H t} P_{c}(H) \psi\right\|^{2} d t=0 \tag{6.37}
\end{equation*}
$$

where $P_{c}(H)=P_{a c}(H)+P_{s c}(H)$ is the orthogonal projection onto $\mathcal{H}_{a c} \oplus \mathcal{H}_{s c}$. Also, for all $\psi \in D(H):$

$$
\begin{equation*}
\lim _{t \rightarrow \infty}\left\|K e^{-i t H} P_{a c}(H) \psi\right\|^{2}=0 \tag{6.38}
\end{equation*}
$$

If we also assume that $K$ is bounded, then Eqs. 6.37, 6.38) hold true for any $\psi \in \mathcal{H}$.

Proof. To prove Eqs. 6.37), (6.38, we can assume that $\psi \in \mathcal{H}_{\mathrm{c}}$ and, respectively, that $\psi \in \mathcal{H}_{\mathrm{ac}}$, and drop the orthogonal projections. If $K$ is a rank-one projector, the claims follow from Eqs. 6.27), 6.35). If $K$ is a finite-rank operator, $K \psi=\sum_{j=1}^{n} \alpha_{j}\left\langle\varphi_{j}, \psi\right\rangle \varphi_{j}$ for an orthonormal family $\left\{\varphi_{1}, \ldots, \varphi_{n}\right\}$, then:

$$
\begin{equation*}
\left\|K e^{-i H t} \psi\right\|^{2}=\sum_{j=1}^{n}\left|\left\langle\psi_{j}, e^{-i H t} \psi\right\rangle\right|^{2}, \tag{6.39}
\end{equation*}
$$

and the problem reduces to the rank- 1 case. If $K$ is compact, we can find a sequence of finite-rank operators $K_{n}$ with $\left\|K-K_{n}\right\| \leqslant 1 / n$. Then:

$$
\begin{equation*}
\left\|K e^{-i H t} \psi\right\|^{2} \leqslant 2\left\|K_{n} e^{-i H t} \psi\right\|^{2}+2 n^{-2}\|\psi\|^{2} \tag{6.40}
\end{equation*}
$$

and the problem reduces to the finite-rank case (by choosing first $n$ large enough, and then $T$ or $t$ large enough). Finally, it $K$ is relatively compact with respect to $H$ and $\psi \in D(H)$, we write $\psi=(H-z)^{-1} \xi$ for a $\xi \in \mathcal{H}$ (notice that, if $\psi \in \mathcal{H}_{\mathrm{c}}$ or $\psi \in \mathcal{H}_{\mathrm{ac}}$, then also $\xi \in \mathcal{H}_{\mathrm{c}}$ or, respectively, $\left.\xi \in \mathcal{H}_{\mathrm{ac}}\right)$. Thus, it is enough to apply the result for compact operators to the operator $K(H-z)^{-1}$, because the operator $(H-z)^{-1}$ commutes with $e^{-i H t}$.

Example 6.13. A simple application of these results is obtained by taking $H=-\Delta$ and $K$ the multiplication operator $\chi_{B_{R}(0)}(x)$. It turns out that the operator $K$ is relatively compact with respect to $H$. More generally, one can prove that all operators of the form $f(i \nabla) g(\hat{x})$, or $g(\hat{x}) f(-i \nabla)$, for $f, g \in C_{\infty}\left(\mathbb{R}^{n}\right)$ and $g(-i \nabla)=\mathcal{F}^{-1} g(k) \mathcal{F}$ are compact. In our case, $g(x)=\chi_{B_{R}(0)}(x)$ and $f(k)=\left(k^{2}+z\right)^{-1}$, with $z \in \mathbb{C} \backslash \mathbb{R}$.

Since $H$ has purely absolutely continuous spectrum, we conclude that:

$$
\begin{equation*}
\left\|\chi_{B_{R}(0)} e^{i t \Delta} \psi\right\| \rightarrow 0 \quad \text { as } t \rightarrow \infty \tag{6.41}
\end{equation*}
$$

for every $\psi \in \mathcal{H}$ and for every $R>0$. In other words, if the evolution is generated by the Laplace operator, the probability that the system is found in a ball of radius $R$ around the origin decays to zero as $t \rightarrow \infty$, for all $R>0$ and for all initial data $\psi \in \mathcal{H}$ : the system moves to infinity.

As we will see later, more realistic Hamilton operators have the form $H=-\Delta+V$, for a potential $V$. Depending on the form of $V$, the spectrum of $H$ may contain absolutely continuous, singular continuous and pure point parts. Taking again $K=\chi_{B_{R}(0)}(x)$ (which is still relatively compact with respect to $H$, at least for reasonable choices of $V$ ), we conclude that

$$
\begin{equation*}
\left\|\chi_{B_{R}(0)}(x) e^{-i H t} \psi\right\| \rightarrow 0 \quad \text { as } t \rightarrow \infty \tag{6.42}
\end{equation*}
$$

if $\psi \in \mathcal{H}_{a c}$, that:

$$
\begin{equation*}
\frac{1}{T} \int_{0}^{T}\left\|\chi_{B_{R}(0)}(x) e^{-i H t} \psi\right\|^{2} d t \rightarrow 0 \quad \text { as } t \rightarrow \infty \tag{6.43}
\end{equation*}
$$

if $\psi \in \mathcal{H}_{a c} \oplus \mathcal{H}_{s c}$, and that:

$$
\begin{equation*}
\left\|\chi_{B_{R}(0)}(x) e^{-i H t} \psi\right\|=\left\|\chi_{B_{R}(0)} \psi\right\| \rightarrow\|\psi\| \tag{6.44}
\end{equation*}
$$

as $R \rightarrow \infty$, if $\psi$ is an eigenvector of $H$. In other words, if the initial data $\psi$ is an eigenvector (hence, it belongs to $\mathcal{H}_{p p}$ ), its evolution remains localized within a ball of radius $R$, if $R$ is large enough.

If $\psi$ is contained in the spectral subspace $\mathcal{H}_{\text {as }}$ of $H$, the its evolution moves to infinity, while if it is contained in the spectral subspace $\mathcal{H}_{c}$, with possibly a component in $\mathcal{H}_{s c}$, the probability for finding the state within a ball of radius $R$ still goes to zero, but only in an average sense.

It turns out that the behavior of $\left\|K e^{-i H t} \psi\right\|$ can be used to dynamically characterize the spectral subspaces $\mathcal{H}_{\mathrm{c}}$ and $\mathcal{H}_{\mathrm{pp}}$ associated with $H$.

Theorem 6.14 (RAGE theorem). Let $H$ be a selfadjoint operator and suppose that $K_{n}$ is a sequence of relatively compact operators with respect to $H$, converging strongly to the identity. Then:

$$
\begin{align*}
\mathcal{H}_{c} & =\left\{\psi \in \mathcal{H} \left\lvert\, \lim _{n \rightarrow \infty} \lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi\right\|=0\right.\right\} \\
\mathcal{H}_{p p} & =\left\{\psi \in \mathcal{H} \mid \lim _{n \rightarrow \infty} \sup _{t \geqslant 0}\left\|\left(1-K_{n}\right) e^{-i H t} \psi\right\|=0\right\} . \tag{6.45}
\end{align*}
$$

Proof. Pick first $\psi \in \mathcal{H}_{c}$. By Cauchy-Schwarz and by Theorem 6.12, we find:

$$
\begin{equation*}
\frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi\right\| d t \leqslant\left[\frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi\right\|^{2} d t\right]^{1 / 2} \rightarrow 0 \tag{6.46}
\end{equation*}
$$

as $T \rightarrow \infty$. Hence:

$$
\begin{equation*}
\mathcal{H}_{\mathrm{c}} \subset\left\{\psi \in \mathcal{H} \left\lvert\,\left\{\psi \in \mathcal{H} \left\lvert\, \lim _{n \rightarrow \infty} \lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi\right\|=0\right.\right\} .\right.\right. \tag{6.47}
\end{equation*}
$$

On the other hand, suppose that $\psi \notin \mathcal{H}_{\mathrm{c}}$. We want to show that:

$$
\begin{equation*}
\frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi\right\|^{2} d t \tag{6.48}
\end{equation*}
$$

does not converge to zero, if we let first $T \rightarrow \infty$ and then $n \rightarrow \infty$. Since $\psi \notin \mathcal{H}_{\mathrm{c}}$, we have $\psi=\psi_{\mathrm{c}}+\psi_{\mathrm{pp}}$, for a $\psi_{\mathrm{c}} \in \mathcal{H}_{\mathrm{c}}$ and for $\psi_{\mathrm{pp}} \in \mathcal{H}_{\mathrm{pp}}$, with $\psi_{\mathrm{pp}} \neq 0$. Since $\left\|K_{n} e^{-i H t} \psi\right\| \geqslant$ $\left\|K_{n} e^{-i H t} \psi_{\mathrm{pp}}\right\|-\left\|K_{n} e^{-i H t} \psi_{\mathrm{c}}\right\|$ and since we know that:

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi_{\mathrm{c}}\right\| d t=0 \tag{6.49}
\end{equation*}
$$

it is enough to show that

$$
\begin{equation*}
\frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi_{\mathrm{pp}}\right\| d t \tag{6.50}
\end{equation*}
$$

does not converge to zero, it $T \rightarrow \infty$ and then $n \rightarrow \infty$. To prove this, we shall show that:

$$
\begin{equation*}
\sup _{t \geqslant 0}\left\|K_{n} e^{-i H t} \psi_{\mathrm{pp}}-e^{-i H t} \psi_{\mathrm{pp}}\right\| \rightarrow 0 \tag{6.51}
\end{equation*}
$$

as $n \rightarrow \infty$. If this is true, we obtain that:

$$
\begin{equation*}
\frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi_{\mathrm{pp}}\right\| d t \geqslant\left\|\psi_{\mathrm{pp}}\right\|-\sup _{t \geqslant 0}\left\|K_{n} e^{-i H t} \psi_{\mathrm{pp}}-e^{-i H t} \psi_{\mathrm{pp}}\right\| \rightarrow\left\|\psi_{\mathrm{pp}}\right\|>0 \tag{6.52}
\end{equation*}
$$

as $n \rightarrow \infty$, which implies the claim. To show (6.51), we use that $\psi_{\mathrm{pp}}$ can be approximated by a sequence $\psi_{N}$, having the form:

$$
\begin{equation*}
\psi_{N}=\sum_{j=1}^{N} \alpha_{j} \varphi_{j} \tag{6.53}
\end{equation*}
$$

where $\left(\varphi_{j}\right)_{j \in \mathbb{N}}$ are orthonormal eigenfunctions of $H$, associated with eigenvalues $\lambda_{j}$, recall Proposition 5.64 This implies that:

$$
\begin{equation*}
e^{-i H t} \psi_{N}=\sum_{j=1}^{N} \alpha_{j} e^{-i \lambda_{j} t} \varphi_{j} \tag{6.54}
\end{equation*}
$$

Hence, for every fixed $N$, as $n \rightarrow \infty$ :

$$
\begin{equation*}
\sup _{t \in \mathbb{R}}\left\|K_{n} e^{-i H t} \psi_{N}-e^{-i H t} \psi_{N}\right\| \leqslant \sum_{j=1}^{N}\left|\alpha_{j}\right|\left\|K_{n} \varphi_{j}-\varphi_{j}\right\| \rightarrow 0 \tag{6.55}
\end{equation*}
$$

because $K_{n} \rightarrow \mathbb{1}_{\mathcal{H}}$ strongly. Since, on the other hand, $\left\|e^{-i H t} \psi_{\mathrm{pp}}-e^{-i H t} \psi_{N}\right\|=\left\|\psi_{\mathrm{pp}}-\psi_{N}\right\| \rightarrow$ 0 and also:

$$
\begin{equation*}
\left\|K_{n} e^{-i H t} \psi_{\mathrm{pp}}-K_{n} e^{-i H t} \psi_{N}\right\| \leqslant\left\|K_{n}\right\|\left\|\psi_{\mathrm{pp}}-\psi_{N}\right\| \leqslant C\left\|\psi_{\mathrm{pp}}-\psi_{N}\right\| \rightarrow 0 \tag{6.56}
\end{equation*}
$$

as $N \rightarrow \infty$, uniformly in $t$ and in $n$, we obtain Eq. 6.51). (We used that strong convergence of $K_{n}$ to $\mathbb{1}_{\mathcal{H}}$ implies that $\left(K_{n}\right)$ is a bounded sequence, whose proof is left as an exercise). This proves the first identity in Eq. 6.45. Let us now prove the second identity. The inclusion:

$$
\begin{equation*}
\mathcal{H}_{\mathrm{pp}} \subset\left\{\psi \in \mathcal{H} \mid \lim _{n \rightarrow \infty} \sup _{t \geqslant 0}\left\|\left(\mathbb{1}_{\mathcal{H}}-K_{n}\right) e^{-i H t} \psi\right\|=0\right\} \tag{6.57}
\end{equation*}
$$

follows from Eq. 6.51). Conversely, it $\psi \notin \mathcal{H}_{\mathrm{pp}}$, then $\psi=\psi_{\mathrm{c}}+\psi_{\mathrm{pp}}$ for $\psi_{\mathrm{c}} \in \mathcal{H}_{\mathrm{c}}$, with $\psi_{\mathrm{c}} \neq 0$. Applying again Eq. (6.51), it is enough to show that

$$
\begin{equation*}
\sup _{t \geqslant 0}\left\|\left(\mathbb{1}_{\mathcal{H}}-K_{n}\right) e^{-i H t} \psi_{\mathbf{c}}\right\| \quad \text { does not converge to zero as } n \rightarrow \infty \tag{6.58}
\end{equation*}
$$

To this end, let us proceed by contradiction and assume that $\sup _{t \geqslant 0}\left\|\left(\mathbb{1}_{\mathcal{H}}-K_{n}\right) e^{-i H t} \psi_{\mathrm{c}}\right\| \rightarrow 0$ as $n \rightarrow \infty$. Then, we would conclude:

$$
\begin{align*}
0 & =\lim _{n \rightarrow \infty} \lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}\left\|\left(\mathbb{1}_{\mathcal{H}}-K_{n}\right) e^{-i H t} \psi_{\mathrm{c}}\right\| d t \\
& \geqslant\left\|\psi_{\mathrm{c}}\right\|-\lim _{n \rightarrow \infty} \lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T}\left\|K_{n} e^{-i H t} \psi_{\mathrm{c}}\right\| d t=\left\|\psi_{\mathrm{c}}\right\|>0 \tag{6.59}
\end{align*}
$$

which is a contradiction.

## 7 Perturbations of selfadjoint operators

### 7.1 Kato-Rellich theorem

Often in quantum mechanics one has to deal with perturbations $H$ of simple reference operators $H_{0}$. As an example, one might consider Hamiltonians of the form $H=H_{0}+V$, with $H_{0}=-\Delta$ and $V \equiv V(\hat{x})$ a multiplication operator, describing an external potential.

Perturbation theory aims at establishing properties of $H$, starting from the properties of $H_{0}$, assumed to be well-known. Of course, to reach this goal, we will also need some information about $H-H_{0}$. For example, it is easy to check that if $H-H_{0}$ is bounded and seldadjoint, then $H$ is again selfadjoint (provided $H_{0}$ is selfadjoint). More generally, in this section we will show that relatively bounded perturbations of self-adjoint operators remain self adjoint (if the relative bound is less than one).
Definition 7.1. Let $A: D(A) \rightarrow \mathcal{H}, B: D(B) \rightarrow \mathcal{H}$ be two densely defined linear operators. We say that $B$ is relatively bounded with respect to $A$ (or $A$-bounded) if $D(A) \subset D(B)$ and if there are constants $a, b>0$ such that:

$$
\begin{equation*}
\|B \psi\| \leqslant a\|A \psi\|+b\|\psi\| \tag{7.1}
\end{equation*}
$$

for all $\psi \in D(A)$. If $B$ is relatively bounded with respect to $A$, then the infimum over all $a>0$ such that Eq. (7.1) holds true is called the relative bound of $B$ with respect to $A$ (or the $A$-bound of $B$ ). If the $A$-bound of $B$ is zero, then we say that $B$ is infinitesimally $A$-bounded.

The next theorem is the main result of this section.
Theorem 7.2 (Kato-Rellich). Let $A$ be self-adjoint and $B$ a symmetric operator, bounded with respect to $A$ and with $A$-bound less than one. Then, $A+B$ defined on $D(A+B)=D(A)$ is selfadjoint. The statement remains true if we replace everywhere selfadjoint with essentially selfadjoint. In this case, we have $D(\bar{A}) \subset D(\bar{B})$ and $\bar{A}+\bar{B}=\overline{A+B}$.

Proof. We shall only consider the case in which $A$ is selfadjoint. We shall prove that Ran $(A+$ $\left.B \pm i \lambda_{0}\right)=\mathcal{H}$ for a suitable $\lambda_{0}>0$. This implies that $(A+B) / \lambda_{0}$ is selfadjoint, hence that $A+B$ is selfadjoint.

Let $\varphi \in D(A)$. We have, for every $\lambda>0$ :

$$
\begin{equation*}
\|(A+i \lambda) \varphi\|^{2}=\|A \varphi\|^{2}+\lambda^{2}\|\varphi\|^{2} \tag{7.2}
\end{equation*}
$$

Being $A$ selfadjoint, $(A \pm i \lambda)^{-1}$ is bounded. Setting $\varphi=(A+i \lambda)^{-1} \psi$, we have, for all $\psi \in \mathcal{H}$ :

$$
\begin{equation*}
\|\psi\|^{2} \geqslant\left\|A(A+i \lambda)^{-1} \psi\right\|^{2} \quad \text { and } \quad\|\psi\|^{2} \geqslant \lambda^{2}\left\|(A+i \lambda)^{-1} \psi\right\|^{2} \tag{7.3}
\end{equation*}
$$

Therefore, $\left\|A(A+i \lambda)^{-1}\right\| \leqslant 1$ and $\left\|(A+i \lambda)^{-1}\right\| \leqslant \lambda^{-1}$. From the relative boundedness, it follows that, for $\varphi=(A+i \lambda)^{-1} \psi$ :

$$
\begin{equation*}
\left\|B(A+i \lambda)^{-1} \psi\right\| \leqslant a\left\|A(A+i \lambda)^{-1} \psi\right\|+b\left\|(A+i \lambda)^{-1} \psi\right\| \leqslant\left(a+\frac{b}{\lambda}\right)\|\psi\| \tag{7.4}
\end{equation*}
$$

Choosing $\lambda_{0}>b /(1-a)>0$ (recall that $a<1$ by assumption), it follows that $\left\|B(A+i \lambda)^{-1}\right\|<$ 1. Therefore, by the Neumann series

$$
\begin{equation*}
\mathbb{1}_{\mathcal{H}}+B\left(A+i \lambda_{0}\right)^{-1}=\mathbb{1}_{\mathcal{H}}-\left(-B\left(A+i \lambda_{0}\right)^{-1}\right) \tag{7.5}
\end{equation*}
$$

is continuously invertible, and hence $\operatorname{Ran}\left(\mathbb{1}_{\mathcal{H}}+B\left(A+i \lambda_{0}\right)^{-1}\right)=\mathcal{H}$. Using that, for all $\varphi \in D(A)$ :

$$
\begin{equation*}
\left(\mathbb{1}_{\mathcal{H}}+B\left(A+i \lambda_{0}\right)^{-1}\right)\left(A+i \lambda_{0}\right) \varphi=\left(A+B+i \lambda_{0}\right) \varphi \tag{7.6}
\end{equation*}
$$

and that $\operatorname{Ran}\left(A+i \lambda_{0}\right)=\mathcal{H}$ (recall that $A$ is selfadjoint), we find $\operatorname{Ran}\left(A+B+i \lambda_{0}\right)=\mathcal{H}$. The same argument applies for $-i \lambda_{0}$; this proves that $A+B$ is selfadjoint.

Let us now discuss applications of the above theorem. We will be interested in operators of the form $H=-\Delta+V(\hat{x})$. We will use the Kato-Rellich theorem to establish under which conditions on $V$ the operator $H$ is self-adjoint.
Theorem 7.3. ( $-\Delta$-bounded potentials on $\mathbb{R}^{3}$.) Let $V: \mathbb{R}^{3} \rightarrow \mathbb{R}$, with $V \in L^{2}\left(\mathbb{R}^{3}\right)+$ $L^{\infty}\left(\mathbb{R}^{3}\right)$, that is one can write $V=V_{1}+V_{2}$ with $V \in L^{2}$ and $V_{2} \in L^{\infty}$. Then, $V$ is infinitesimally $H_{0}$-bounded, with $H_{0}=-\Delta$ on $D\left(H_{0}\right)=H^{2}\left(\mathbb{R}^{3}\right)$. In particular, the operator $H=H_{0}+V$ is selfadjoint on $D\left(H_{0}\right)$.

Proof. Let $D(V)=\left\{\psi \in L^{2} \mid V \psi \in L^{2}\right\} . D(V)$ contains $C_{\mathrm{c}}^{\infty}\left(\mathbb{R}^{d}\right)$, and it is therefore dense in $L^{2}$. Let $V=V_{1}+V_{2}$ with $V_{1} \in L^{2}$ and $V_{2} \in L^{\infty}$. Then, by the Sobolev lemma 3.83 any function $\varphi \in H^{2}\left(\mathbb{R}^{3}\right)$ is continuous and bounded. Therefore:

$$
\begin{equation*}
\|V \varphi\|_{L^{2}\left(\mathbb{R}^{3}\right)} \leqslant\|\varphi\|_{\infty}\left\|V_{1}\right\|_{L^{2}\left(\mathbb{R}^{3}\right)}+\left\|V_{2}\right\|_{L^{\infty}\left(\mathbb{R}^{3}\right)}\|\varphi\|_{L^{2}\left(\mathbb{R}^{3}\right)}, \tag{7.7}
\end{equation*}
$$

that is, $H^{2}\left(\mathbb{R}^{3}\right) \subset D(V)$. The next lemma will allow us to complete the proof of infinitesimal boundedness of $V$ with respect to $-\Delta$.

Lemma 7.4. For every $a>0$ there exists $b>0$ such that for all $\varphi \in H^{2}\left(\mathbb{R}^{3}\right)$ :

$$
\begin{equation*}
\|\varphi\|_{\infty} \leqslant a\|\Delta \varphi\|_{L^{2}}+b\|\varphi\|_{L^{2}} \tag{7.8}
\end{equation*}
$$

Remark 7.5. Eq. (7.8) together with Eq. (7.7) concludes the proof of infinitesimal boundedness of $V$ with respect to $-\Delta$.

Proof. By Cauchy-Schwarz inequality:

$$
\begin{align*}
\|\varphi\|_{\infty} & \leqslant\|\hat{\varphi}\|_{L^{1}}=\left\|\left(1+k^{2}\right)\left(1+k^{2}\right)^{-1} \hat{\varphi}\right\|_{L^{1}} \\
& \leqslant\left\|\left(1+k^{2}\right)^{-1}\right\|_{L^{2}}\left\|\left(1+k^{2}\right) \hat{\varphi}\right\|_{L^{2}} \\
& \leqslant C\left(\left\|k^{2} \hat{\varphi}\right\|_{L^{2}}+\|\hat{\varphi}\|_{L^{2}}\right) . \tag{7.9}
\end{align*}
$$

Setting $\widehat{\varphi}_{r}(k)=r^{3} \widehat{\varphi}(r k)$, one has:

$$
\begin{equation*}
\left\|\widehat{\varphi}_{r}\right\|_{L^{1}\left(\mathbb{R}^{3}\right)}=\|\hat{\varphi}\|_{L^{1}\left(\mathbb{R}^{3}\right)} \quad \text { for all } r \neq 0 \tag{7.10}
\end{equation*}
$$

At the same time, we also have:

$$
\begin{equation*}
\left\|\hat{\varphi}_{r}\right\|_{L^{2}\left(\mathbb{R}^{3}\right)}=r^{\frac{3}{2}} \| \hat{\varphi}_{L^{2}\left(\mathbb{R}^{3}\right)} \tag{7.11}
\end{equation*}
$$

and:

$$
\begin{equation*}
\left\|k^{2} \widehat{\varphi}_{r}\right\|_{L^{2}\left(\mathbb{R}^{3}\right)}=r^{-\frac{1}{2}}\left\|k^{2} \widehat{\varphi}\right\|_{L^{2}\left(\mathbb{R}^{3}\right)} \tag{7.12}
\end{equation*}
$$

All together, we have:

$$
\begin{align*}
\|\varphi\|_{\infty} & \leqslant\|\hat{\varphi}\|_{L^{1}}=\left\|\hat{\varphi}_{r}\right\|_{L^{1}} \leqslant C\left(\left\|k^{2} \hat{\varphi}_{r}\right\|_{L^{2}}+\left\|\hat{\varphi}_{r}\right\|_{L^{2}}\right) \\
& =C r^{-\frac{1}{2}}\left\|k^{2} \hat{\varphi}\right\|_{L^{2}}+C r^{\frac{3}{2}}\|\hat{\varphi}\|_{L^{2}} \\
& =C r^{-\frac{1}{2}}\|\Delta \varphi\|_{L^{2}}+C r^{\frac{3}{2}}\|\varphi\|_{L^{2}} . \tag{7.13}
\end{align*}
$$

Being $r$ a free parameter, the claim follows.
Example 7.6 (The Coulomb potential). Let $V(x)=-\frac{e}{|x|}$ be the Coulomb potential (and $-e$ the electric charge). We write:

$$
\begin{align*}
V(x)=-\frac{e}{|x|} & =-\chi_{|x| \leqslant R} \frac{e}{|x|}-\chi_{|x|>R} \frac{e}{|x|} \\
& \equiv V_{1}+V_{2} \tag{7.14}
\end{align*}
$$

where $V_{1} \in L^{2}\left(\mathbb{R}^{3}\right)$ and $V_{2} \in L^{\infty}$. Therefore, the previous results imply that $H=-\Delta-\frac{e}{|x|}$ is selfadjoint on $H^{2}(\mathbb{R})$. Analogously, it is possible to check that the $N$-body Hamiltonian:

$$
\begin{equation*}
H=\sum_{j=1}^{N}-\Delta_{j}-\sum_{j<k} \frac{e_{j k}}{\left|x_{j}-x_{k}\right|} \tag{7.15}
\end{equation*}
$$

is a selfadjoint operator on $H^{2}\left(\mathbb{R}^{3 N}\right)$.
If the operator $A$ is bounded below, under the same assumptions of Kato-Rellich theorem one can also prove that $A+B$ is bounded below. We will not discuss the proof of this fact. Instead, we shall focus on a special important case, the one of the hydrogenic atom:

$$
\begin{equation*}
H=-\Delta-\frac{Z}{|x|} \tag{7.16}
\end{equation*}
$$

on $D(H)=H^{2}\left(\mathbb{R}^{d}\right)$. As we proved above, this operator is selfadjoint on $H^{2}\left(\mathbb{R}^{d}\right)$. The parameter $Z>0$ plays the role of nuclear charge (here we set $e=1$ ). We will prove that this model is stable, in the sense that the Hamiltonian is bounded below by a constant. We shall prove an optimal lower bound which matches the ground state energy of the model,

$$
\begin{equation*}
E_{\mathrm{GS}}=\inf _{\psi \in H^{2}\left(\mathbb{R}^{d}\right)} \frac{\langle\psi, H \psi\rangle}{\langle\psi, \psi\rangle} . \tag{7.17}
\end{equation*}
$$

Notice that this is very much in contrast with what happens in classical mechanics. Classically, the Hamiltonian $H(p, q)=p^{2}-Z /|q|$ is not bounded from below: one can lower the energy by taking the electron closer and closer to the nucleus (that is, sending $|q|$ to zero, and choosing $p=0$ ). In quantum mechanics, we know from the uncertainty principle, Eq. 5.36, that particles cannot be simultaneously localized both in space and in velocity: this ultimately means that a particle that is very close to the nucleus should have a large kinetic energy. The compensation between these two energies is ultimately responsible for the stability of the hydrogenic atom, and more generally for the stability of matter. This heuristic principle is captured by the following inequality.
Lemma 7.7 (Coulomb uncertainty principle.). Let $H \in H^{1}\left(\mathbb{R}^{3}\right)$. Then:

$$
\begin{equation*}
\int d x \frac{1}{|x|}|\psi(x)|^{2} \leqslant\|\nabla \psi\|_{L^{2}\left(\mathbb{R}^{3}\right)}\|\psi\|_{L^{2}\left(\mathbb{R}^{3}\right)} . \tag{7.18}
\end{equation*}
$$

Before discussing the proof, let us use this lemma to prove the stability of the hydrogenic atom.

Proposition 7.8. Let $\psi \in H^{1}\left(\mathbb{R}^{d}\right)$, $E_{\psi}=\langle\psi, H \psi\rangle$. Then, the following inequality holds true:

$$
\begin{equation*}
E_{\psi} \geqslant-\frac{Z^{2}}{4}\|\psi\|_{2}^{2} \tag{7.19}
\end{equation*}
$$

Equality is reached for $\psi=K e^{-(Z / 4)|x|}$.
In particular, this proposition proves that $E_{\mathrm{GS}}=-\frac{Z^{2}}{4}$ (recall that $H^{2}\left(\mathbb{R}^{d}\right) \subset H^{1}\left(\mathbb{R}^{d}\right)$, which follows from the definition of Sobolev space, Definition 3.74 together with $|k| \leqslant$ $\left.(1 / 2)\left(1+|k|^{2}\right)\right)$. This inequality proves the stability of the hydrogenic atom.

Proof. (of Proposition 7.8.) Suppose that $\|\psi\|_{2}=1$. By Lemma 7.7, we have:

$$
\begin{equation*}
E_{\psi} \geqslant\|\nabla \psi\|_{2}^{2}-Z\|\nabla \psi\|_{2} \geqslant-\frac{Z^{2}}{4} \tag{7.20}
\end{equation*}
$$

as it follows from $x^{2}-Z x=(x-Z / 2)^{2}-Z^{2} / 4$. Equality for $\psi=K e^{-(Z / 4)|x|}$ is left as an exercise.

To conclude, let us prove Lemma 7.7 .
Proof. (of Lemma 7.7.) The starting point is the following identity:

$$
\begin{equation*}
2\left\langle\psi, \frac{1}{|x|} \psi\right\rangle=\sum_{j=1,2,3}\left\langle\psi,\left[\partial_{x_{j}}, \frac{x_{j}}{|x|}\right] \psi\right\rangle \tag{7.21}
\end{equation*}
$$

where we used that:

$$
\begin{equation*}
\left[\partial_{x_{j}}, \frac{x_{j}}{|x|}\right]=\frac{1}{|x|}-\frac{x_{j}^{2}}{|x|^{3}} . \tag{7.22}
\end{equation*}
$$

Therefore, integrating by parts:

$$
\begin{aligned}
2\left\langle\psi, \frac{1}{|x|} \psi\right\rangle & =-\sum_{j=1,2,3}\left(\left\langle\partial_{x_{j}} \psi, \frac{x_{j}}{|x|} \psi\right\rangle+\left\langle\frac{x_{j}}{|x|} \psi, \partial_{x_{j}} \psi\right\rangle\right) \\
& =-2 \operatorname{Re} \sum_{j=1,2,3}\left\langle\partial_{x_{j}} \psi, \frac{x_{j}}{|x|} \psi\right\rangle \\
& \leqslant 2 \sum_{j}\left|\left\langle\partial_{x_{j}} \psi, \frac{x_{j}}{|x|} \psi\right\rangle\right|
\end{aligned}
$$

By Cauchy-Schwarz inequality:

$$
\begin{align*}
2\left\langle\psi, \frac{1}{|x|} \psi\right\rangle & \leqslant 2 \sum_{j}\left\|\partial_{x_{j}} \psi\right\|_{L^{2}}\left\|\frac{x_{j}}{|x|} \psi\right\|_{L^{2}} \\
& \leqslant 2\left(\sum_{j}\left\|\partial_{x_{j}} \psi\right\|_{L^{2}}^{2}\right)^{1 / 2}\left(\sum_{j}\left\|\frac{x_{j}}{|x|} \psi\right\|_{L^{2}}^{2}\right)^{1 / 2} \\
& \leqslant 2\|\nabla \psi\|_{L^{2}}\|\psi\|_{L^{2}} . \tag{7.23}
\end{align*}
$$

This concludes the proof.

## References

[1] E. H. Lieb, M. Loss. Analysis. 2nd Edition. Graduate Studies in Mathematics, vol. 14. AMS (2001).
[2] M. Reed, B. Simon. Methods of Modern Mathematical Physics I: Functional Analysis. Revised and Enlarged Edition. Academic Press (1980).
[3] G. Teschl. Mathematical Methods in Quantum Mechanics. 2nd Edition. Graduate Studies in Mathematics, vol. 157. AMS (2014).


[^0]:    ${ }^{1}$ A map $B: X \times X \rightarrow \mathbb{C}$ is called a sesquilinear form if it is linear in the second variable and antilinear in the first variable.

[^1]:    ${ }^{2}$ Suppose that $H \subset \widetilde{H}$. Then, by Proposition $4.31 \tilde{H}^{*} \subset H$. Also, being $\widetilde{H}$ symmetric, by Proposition 4.28 $\widetilde{H} \subset \widetilde{H}^{*}$. That is, $\widetilde{H} \subset H$, hence $\widetilde{H}=H$.

