

Micro: $H = \sum_{j=1}^N \underbrace{(i\nabla_j + \hat{A}_j)^2}_{h^{mf}} + \frac{1}{N} \sum_{j \neq k} v(x_j - x_k) + \sum_{j=1}^N |a_j^* a_j|$ $i\partial_t \psi = H\psi$

Macro: $i \frac{d}{dt} \rho_+ = \underbrace{\left((i\nabla + \hat{A})^2 + V * |\rho_+|^2 \right)}_{h^{mf}} \rho_+$

$\nabla A = 0$ ✓
 $\partial_t A = -E_\perp$ ✓
 $\partial_t E_\perp = -\Delta A - j_\perp$
 $\rightarrow j := \int_m (\rho_+ (\nabla - iA) \rho_+^*)$

$-i[H, A] = E$

$\alpha := \langle \psi, \underbrace{a_1}_{\alpha_a} \psi \rangle + \lambda \langle \psi, \underbrace{(\hat{A} - A)^2}_{\alpha_b} \psi \rangle + \langle \psi, \underbrace{(\hat{E}_\perp - E_\perp)^2}_{\alpha_c} \psi \rangle$ $\lambda = \frac{1}{\sqrt{N}}$

$\hat{A} = \sum_{k \in \Lambda} \sum_{\mathbb{Z}^d} \frac{\vec{\epsilon}_k}{|\mathbb{Z}^d|} \left(e^{i\vec{k} \cdot \vec{x}} \cdot \underline{a^*(\mathbb{Z}, k)} + e^{-i\vec{k} \cdot \vec{x}} \cdot \underline{a(\mathbb{Z}, k)} \right)$

$\vec{\epsilon}_k$ are unit vectors, orthogonal to \vec{k} and to each other

$\hat{E}_\perp = \sum_{\mathbb{Z}^d} \sum_{\mathbb{Z}^d} \vec{\epsilon}_k \cdot \vec{\epsilon}_l \cdot \sqrt{|\mathbb{Z}^d|} i \left(e^{i\vec{k} \cdot \vec{x}} a^*(\mathbb{Z}, k) - e^{-i\vec{l} \cdot \vec{x}} a(\mathbb{Z}, l) \right)$

The time derivative of quantum mech. operators are given by the commutator with H .

Theorem: Assuming the ∇ is bounded (replace $\vec{\nabla} = \mathbb{Z}$ by $\frac{\mathbb{Z}}{1+|\mathbb{Z}|}$) and introducing an IR and UV-cutoff we can show that α fulfills a Grönwall inequality:

$\dot{\alpha} \leq C \cdot \alpha + o(1)$ $\lim_{r \rightarrow \infty} o(1) = 0$

Proof: We proof that $\alpha_{a,b,c} \leq C \cdot \alpha + o(1)$ for a, b, c separately.

a) $\left| \frac{d}{dt} \alpha_a \right| = \left| \langle \psi_+, [H - H^{mf}, a_1] \psi_+ \rangle \right|$ $H^{mf} = \sum_{j=1}^N h_j^{mf}$

$\leq C \cdot (\text{I} + \text{II} + \text{III}) + \left| \langle \psi_+, [(i\nabla_j + \hat{A}(x_j))^2 - (i\nabla_j + A(x_j))^2, a_1] \psi_+ \rangle \right|$

$\leq C \left(\alpha_a + \frac{1}{N} \right) + 2 \left| \langle \psi_+, \left(2\nabla_j (\hat{A} - A) + (\hat{A}^2 - A^2) \right) a_1 \psi_+ \rangle \right|$

$\leq C \left(\alpha_a + \frac{1}{N} \right) + C \lambda \underbrace{\|(\hat{A} - A)\psi\|}_{\sqrt{\alpha_b} \leq \sqrt{\alpha}} \cdot \underbrace{\|a_1\psi\|}_{\sqrt{\alpha_a} \leq \sqrt{\alpha}} \leq C \left(\alpha + \frac{1}{N} \right)$

under our assumptions ∇_j and $(\hat{A} + A)$ are bounded operators.

$\lambda \hat{A}$ can be bounded: Due to the IR cutoff the number of photons is bounded by the total energy $\sim N$.

b) $\left| \frac{d}{dt} \langle \psi_+, (\hat{A} - A)^2 \psi_+ \rangle \right| = \left| \langle \psi_+, 2(\dot{\hat{A}} - \dot{A})(\hat{A} - A) \psi_+ \rangle - i \langle \psi_+, [H, (\hat{A} - A)^2] \psi_+ \rangle \right|$

$[A, B^2] = AB^2 - B^2A = [A, B]B + B[A, B]$

$\leq 2 \left| \langle \psi_+, [-\dot{A}(\hat{A} - A) - i[H, \hat{A}](\hat{A} - A)] \psi_+ \rangle \right|$

$$\leq 2 \left| \langle \psi_+, \left(E_{\perp} - i \left[\sum_{\ell} |a_{\ell}| a_{\ell}^*, \hat{A} \right] \right) (\hat{A} - A) \psi_+ \rangle \right| = \textcircled{*}$$

$$\sum_{\ell} |a_{\ell}| a_{\ell}^*, \sum_{\ell} \frac{\epsilon}{\sqrt{|a_{\ell}|}} \left(e^{i\beta x} a_{\ell}^* + e^{-i\beta x} a_{\ell} \right) = \sum_{\ell} |a_{\ell}| \frac{\epsilon}{\sqrt{|a_{\ell}|}} \left(a_{\ell}^* e^{i\beta x} - a_{\ell} e^{-i\beta x} \right)$$

$$\textcircled{*} = 2 \left| \langle \psi_+, \left(E_{\perp} - \hat{E}_{\perp} \right) (\hat{A} - A) \psi_+ \rangle \right| \leq 2 \underbrace{\| (E_{\perp} - \hat{E}_{\perp}) \psi_+ \|}_{-i E_{\perp}} \cdot \| (\hat{A} - A) \psi_+ \| \leq 2 \frac{\sqrt{\alpha_b} \sqrt{\alpha_c}}{\lambda^2} \leq 2 \frac{\alpha}{\lambda^2}$$

$$\Rightarrow \frac{1}{\lambda^2} \alpha_b \leq 2 \alpha \quad \checkmark$$

$$c) \quad \dot{\alpha}_c = \lambda^2 \langle \psi_+, 2(-\dot{E}_{\perp}) \cdot (\hat{E} - E_{\perp}) \psi_+ \rangle - i \langle \psi_+, [H, (\hat{E} - E)^2] \psi_+ \rangle$$

$$|\dot{\alpha}_c| \leq \frac{2}{N} \left| \langle \psi_+, \left(-\dot{E}_{\perp} - i [H, (\hat{E} - E)] \right) (\hat{E} - E) \psi_+ \rangle \right| \quad \leftarrow \text{conjugate}$$

$$i [H, \hat{E}] = i \left[\sum_{\ell} |a_{\ell}| a_{\ell}^*(x) a_{\ell}(x), \hat{E} \right] + i \left[\sum_{j=1}^N \left(i \nabla_j + \hat{A}(x_j) \right)^2, \hat{E}(x_j) \right]$$

$$i [H, E] = i \left[\sum_{j=1}^N \left(i \nabla_j + A(x_j) \right)^2, E_{\perp} \right] = 0 \quad \text{since } 2 \nabla A = 0 \text{ and } \nabla d_A = \nabla E_{\perp}$$

$$\dot{E}_{\perp} = -\Delta A - \dot{v}_{\perp}$$

$$i \left[\sum_{\ell} |a_{\ell}| a_{\ell}^*(x) a_{\ell}(x), \hat{E} \right] = i \left[\sum_{\ell} |a_{\ell}| a_{\ell}^*(x) a_{\ell}(x), \sum_{\ell} \sqrt{|a_{\ell}|} \epsilon \cdot i \left(e^{i\beta x} a_{\ell}^* - e^{-i\beta x} a_{\ell} \right) \right]$$

$$= i \sum_{\ell} \frac{\epsilon^2}{|a_{\ell}|} \epsilon \cdot i \left(e^{i\beta x} a_{\ell}^* + e^{-i\beta x} a_{\ell} \right) = -\Delta \hat{A}$$

Assume the Δ is bounded the green parts almost cancel: $C \cdot \| (\hat{A} - A) \psi_+ \| \cdot \| (\hat{E} - E) \psi_+ \| \leq C \cdot \alpha$

The terms left are $i \left[\sum_{j=1}^N \left(i \nabla_j + \hat{A}(x_j) \right)^2, \hat{E}(x_j) \right]$ and $-\dot{v}_{\perp}$

$$i \left[\sum_{j=1}^N \left(i \nabla_j + \hat{A}(x_j) \right)^2, \hat{E}(x_j) \right] = i \sum_{j=1}^N \left[\left(i \nabla_j + \hat{A}(x_j) \right) \cdot \left[i \nabla_j + \hat{A}(x_j), \hat{E}(x_j) \right] + [\dots] \cdot \left(i \nabla_j + \hat{A}(x_j) \right) \right]$$

$$\left[i \nabla_j + \hat{A}(x_j), \hat{E}_{\perp}(x_j) \right] = \left[\hat{A}(x_j), \hat{E}_{\perp}(x_j) \right] \quad \text{because } \nabla e^{i\beta x} \parallel \hat{E} \quad \vec{e} \perp \hat{E}$$

$$= \sum_{k=1}^2 \sum_{\ell} i \left[e^{i\beta x_j} a_{\ell}^*(x, k) + e^{-i\beta x_j} a_{\ell}(x, k), e^{i\beta x_j} a_{\ell}^*(x, k) - e^{-i\beta x_j} a_{\ell}(x, k) \right] =$$

$$= \sum_{k=1}^2 \sum_{\ell} i \left(\left[a_{\ell}^*(x, k), a_{\ell} \right] e^{i\beta(x_j - x_k)} + \left[a_{\ell}, a_{\ell}^* \right] e^{-i\beta(x_j - x_k)} \right) = \sum_{k=1}^2 \sum_{\ell} \left(e^{i\beta(x_j - x_k)} + e^{-i\beta(x_j - x_k)} \right) \int (x_j - x_k)$$

$$\frac{2}{N} \langle \psi_+, i \sum_{j=1}^N \left(i \nabla_j + \hat{A}(x_j) \right) \delta(x_j - x_k) \left(\hat{E}(x_j) - E(x_k) \right) \psi_+ \rangle = \frac{2}{N} \langle \psi_+, \left[\left(i \nabla_1 + \hat{A}(x_1) \right)^2, (\hat{E} - E)^2 \psi_+ \right] \rangle \leq C N$$

$$+ 2 \frac{N}{N-1} \langle \psi_+, i \left(\nabla_2 + A(x_2) \right) \dots \rangle + 2 \frac{N}{N-1} \langle \psi_+, i \left(A_2 - \hat{A}_2 \right) \delta(x_1 - x_2) \left(\hat{E}_{\perp}(x_1) - E_{\perp}(x_2) \right) \rangle$$

$$\langle \psi_t, (i\nabla_2 + A(x_2)) \delta(x_1 - x_2) (\hat{E}(x_1) - E(x_1)) \psi_t \rangle =$$

$$\leq C' \cdot \sqrt{\alpha_b} \sqrt{\alpha_c} \leq C \alpha$$

$$\langle \psi_t, (p_2 + q_2) i (i\nabla_2 + A(x_2)) \delta(x_1 - x_2) (p_2 + q_2) (\hat{E}(x_1) - E(x_1)) \psi_t \rangle =$$

$$\text{I: } \langle \psi_t | p(x_2) \rangle \langle p(x_2) | i (i\nabla_2 + A(x_2)) \delta(x_1 - x_2) | p(x_2) \rangle \langle p(x_2) | (\hat{E}(x_1) - E(x_1)) \psi_t \rangle$$

From the expression $(\hat{E} - E) \cdot \{ \mathcal{L}(i\nabla + A)^2, \hat{E} \}$ we get a conjugate expression

This term $\langle p(x_2), i (i\nabla_2 + A(x_2)) \delta(x_1 - x_2) p(x_2) \rangle$ into the imaginary part

$$2 \text{Im} \int p(x_2)^* (i\nabla_2 + A(x_2)) \delta(x_1 - x_2) p(x_2) dx^2$$

$$p(x_1)^* (i\nabla_2 + A(x_1)) p(x_1) = j(x_1)$$

The part j parallel to E_{\perp} drops $\rightarrow j_{\perp}$ is left.

II , III and IV all have at least one q_2 somewhere, acting either on the "left" or the "right" ψ_t . We do Cauchy-Schwarz, moving $\hat{E} - E$ to the other ψ_t . This can be done since $\hat{E}(x_1) - E(x_1)$ commutes with q_1 .

We assumed all other operators to be bounded.

$$\leq \|q_1 \psi_t\| \cdot C' \cdot \lambda \|(\hat{E} - E) \psi_t\| \leq C \alpha$$