# Alma Mater Studiorum • Università di Bologna 

SCUOLA DI SCIENZE<br>Corso di Laurea Magistrale in Matematica

# Gromov-hyperbolicity of strictly pseudoconvex domains and applications 

Supervisors:
Author:
Prof. Loredana Lanzani
Giacomo Gavelli
Prof. Irina Markina

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"Pure mathematics is the world's best game. It is more absorbing than chess, more of a gamble than poker, and lasts longer than Monopoly. It's free. It can be played anywhere. Archimedes did it in a bathtub."

Richard J. Trudeau

## Introduction

The reason of interest for this thesis is to investigate bounded strictly pseudoconvex domains with $C^{2}$-smooth boundary, that is domains $\Omega \subset \mathbb{C}^{n}$ which admit a strictly plurisubharmonic defining function of class $C^{2}$. This condition of pseudoconvexity permits to show that the boundary of such sets is connected by "horizontal" paths, where the horizontal subbundle of the tangent bundle is an (n-1)-dimensional complex manifold. Being $\partial \Omega$ connected by horizontal paths, it turns out that the Carnot-Carathéodory metric is well defined.

Central part of the thesis is to show that bounded strictly pseudoconvex domains with $C^{2}$-smooth boundary, when endowed with the Kobayashi metric, are Gromov-hyperbolic. This result was proved in 2000 by Balogh and Bonk in [1]. Chapter 4 is entirely devoted to the proof of this Theorem.

Chapter 1,2 and 3 introduce the terminology and the preliminary results needed to carry out the proof in Chapter 4.

Chapter 1 deals in detail with the geometric structure of strictly pseudoconvex domains and the construction of the Carnot-Carathéodory metric on the boundary.

In Chapter 2 we present the notion of Gromov-hyperbolicity. Such notion is a generalization of the "classical" notion of hyperbolicity, originally given for Riemannian manifolds with constant negative curvature, to general metric spaces. Gromov-hyperbolic spaces are of central interest because they provide a general framework for the classical regularity theory of extensions for biholomorphisms and proper holomorphic maps.

In Chapter 3 we introduce another notion of hyperbolicity, due to Kobayashi (1967), for complex spaces. It is based on the definition of an intrinsic semidistance function on any complex space, and such space is said to be Kobayashihyperbolic if such semi-distance function is an actual distance function.

Notice that a Kobayashi-hyperbolic space is a metric space, hence it makes sense to investigate its Gromov-hyperbolicity. The domains of interest in this Thesis result to be Kobayashi-hyperbolic and Chapter 4, as previously mentioned, deals with the proof of their Gromov-hyperbolicity.

In the final part of the thesis we present a recent application of the results by Balogh and Bonk to the theory of functions with Bounded Mean Oscillation (BMO spaces, for short). In the setting of strictly pseudoconvex domains there are at least two notions of such spaces: BMO spaces defined via balls in the Kobayashi metric and dyadic BMO spaces. Hu, Huo, Lanzani, Palencia and Wagner recently proved in [7] that such notions are equivalent. A key role in the proof of such equivalence is indeed played by the results presented by Balogh and Bonk in [1].

## Introduzione

Il motivo di interesse per questa tesi è di indagare domini strettamente pseudoconvessi, limitati, con bordo $C^{2}$, cioè domini $\Omega \subset \mathbb{C}^{n}$ che ammettono una funzione definente strettamente plurisubarmonica di classe $C^{2}$. Questa condizione di pseudoconvessità permette di mostrare che il bordo di tali insiemi è connesso per curve "orizzontali", dove il sottofibrato orizzontale del fibrato tangente è una (n-$1)$-varietà complessa. Essendo il bordo $\partial \Omega$ connesso per curve orizzontali, risulta ben definita la metrica di Carnot-Carathéodory.

Parte centrale della tesi è dimostrare che domini strettamente pseudoconvessi, limitati, con bordo $\mathbb{C}^{2}$, quando dotati della metrica di Kobayashi, siano iperbolici nel senso di Gromov. Questo risultato è stato provato nel 2000 da Balogh e Bonk in [1]. Il capitolo 4 è interamente dedicato alla prova di questo Teorema.

I capitoli 1,2 e 3 introducono la terminologia e i risultati preliminari necessari per portare a termine la dimostrazione nel capitolo 4 .

Il capitolo 1 affronta nel dettaglio la struttura geometrica di tali domini strettamente pseudoconvessi e la costruzione della metrica di Carnot-Carathéodory sul bordo.

Nel capitolo 2 viene introdotta la nozione di iperbolicità nel senso di Gromov. Tale nozione è una generalizzazione della nozione "classica" di iperbolicità, data originalmente per varietà Riemanniane con curvatura costante negativa, a generali spazi metrici. Gli spazi iperbolici nel senso di Gromov sono di speciale interesse poiché forniscono una cornice generale per la teoria classica per la regolarità di estensioni per biolomorfismi e mappe proprie.

Nel capitolo 3 viene introdotta un'ulteriore nozione di iperbolicità, dovuta a Kobayashi (1967), per spazi complessi. Si basa sulla definizione di una semidistanza intrinseca ad ogni spazio complesso, e tale spazio viene detto iperbolico secondo Kobayashi se tale semi-distanza risulta essere un'effettiva distanza.

Si noti che uno spazio iperbolico secondo Kobayashi è uno spazio metrico, dunque è sensato interrogarsi sulla sua iperbolicità nel senso di Gromov. I domini di interesse in questa Tesi risultano essere sempre iperbolici secondo Kobayashi e il capitolo 4 , come già menzionato, affronta la dimostrazione della loro iperbolicità nel senso di Gromov.

Nella parte finale della tesi viene presentata una recente applicazione dei risultati di Balogh e Bonk alla teoria delle funzioni a oscillazione media limitata (spazi BMO, in breve). Nell'ambito di domini strettamente pseudoconvessi ci sono almeno 2 nozioni di tali spazi: spazi BMO definiti via palle nella metrica di Kobayashi e spazi BMO diadici. Hu, Huo, Lanzani, Palencia e Wagner hanno recentemente dimostrato in [7] che queste nozioni sono equivalenti. Un ruolo chiave nella dimostrazione di tale equivalenza è giocato proprio dai risultati presentati da Balogh e Bonk in [1].

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## Chapter 1

## Strictly pseudoconvex domains and the Carnot-Carathéodory metric

In this Chapter we deal in detail with the geometric structure of strictly pseudoconvex domains and the construction of the Carnot-Carathéodory metric on their boundary. A domain $\Omega \subset \mathbb{C}^{n}$ is strictly pseudoconvex if it admits a strictly positive definite Hermitian form in a neighborhood of the boundary, the Levi form. Such form is defined in terms of a defining function for $\Omega$, which is required to be strictly plurisubharmonic.

On the other hand, it turns out that the Levi form associated to any defining function for such $\Omega$ (without requiring strict plurisubharmonicity) is strictly positive definite when restricted to the complex (or horizontal) tangent space at any point on the boundary.

In section 1.2 we exploit this fact and we choose one particular defining function for $\Omega$ (the so called "signed distance function") and we use it to define the Carnot-Carathéodory metric. This choice of defining function will play a crucial role in the proof of the main result (the Balogh-Bonk Theorem 4.1). In Section 1.3 we show how the Carnot-Carathéodory metric can be approximated by a class of Riemannian metrics on $\partial \Omega$.

### 1.1 Strictly pseudoconvex domains

Here we introduce the notion of Strict Pseudoconvexity and highlight some basic properties. We also give two examples of strictly pseudoconvex domains: the ball and the Siegel domain.
Def 1.1. (Plurisubharmonicity): A $C^{2}$-smooth function $\varphi: U \subset \mathbb{C}^{n} \rightarrow \mathbb{R}$ is said to be strictly plurisubharmonic if its complex Hessian matrix

$$
L_{\varphi}(z):=\left(\frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}}(z)\right)_{j, k=1, \cdots, n}
$$

induces a strictly positive definite Hermitian form in $\mathbb{C}^{n}$, that is,

$$
L_{\varphi}(z ; Z):=\sum_{j, k=1}^{n} \frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}}(z) Z_{j} \overline{Z_{k}}>0 \quad \forall z \in U, Z \in \mathbb{C}^{n} \backslash\{0\} .
$$

The Hermitian form

$$
Z \mapsto L_{\varphi}(z ; Z)
$$

is the Levi form of $\varphi$ at $z \in U$.
Def 1.2. (Defining function): Let $\Omega \subset \mathbb{C}^{n}$ be an open set and $k$ be an integer between 1 and $\infty$. We say that $\partial \Omega$ is of class $C^{k}$ (or $C^{k}$-smooth) if there is an open neighborhood $U$ of $\partial \Omega$ and a $C^{k}$-smooth function $\varphi: U \rightarrow \mathbb{R}$ with the following properties:

- $U \cap \Omega=\{z \in U ; \varphi(z)<0\}$,
- $d \varphi(z) \neq 0 \quad \forall z \in U$.
$\varphi$ is called a defining function for $\Omega$.
We remark that any domain of class $C^{k}$ admits infinitely many defining functions, see Lemma 1.2 below.

Def 1.3. (Pseudoconvexity): $A$ domain $\Omega \subset \mathbb{C}^{n}$ is said to be strictly pseudoconvex if $\Omega$ admits a strictly plurisubharmonic defining function. In particular, $\partial \Omega$ is of class $\mathbb{C}^{k}$ with $k \geq 2$.

Proposition 1.1. Let $\Omega_{1}, \Omega_{2} \subseteq \mathbb{C}^{n}$ be open sets such that there exists a biholomorphism $\Phi: N_{1} \rightarrow N_{2}$, where $N_{1}$ and $N_{2}$ are neighborhoods of $\bar{\Omega}_{1}$ and $\bar{\Omega}_{2}$ respectively, which is also a biholomorphism between $\Omega_{1}$ and $\Omega_{2}$. Then, $\Omega_{1}$ is strictly pseudoconvex $\Longleftrightarrow \Omega_{2}$ is strictly pseudoconvex.

Proof. Let us assume that $\Omega_{2}$ is strictly pseudoconvex and let $\varphi_{2}$ be a strictly plurisubharmonic defining function for $\Omega_{2}$, i.e. there exists a neigborhood $U_{2}$ of $\partial \Omega_{2}$ such that:

1. $U_{2} \cap \Omega_{2}=\left\{z \in U_{2} ; \varphi_{2}(z)<0\right\}$,
2. $d \varphi_{2}(z) \neq 0 \quad \forall z \in U_{2}$,
3. $L_{\varphi_{2}}(z ; Z)>0 \quad \forall z \in U_{2}, Z \in \mathbb{C}^{n} \backslash\{0\}$.

The goal is now to show that $\varphi_{1}:=\varphi_{2} \circ \Phi: \Phi^{-1}\left(U_{2}\right) \rightarrow \mathbb{R}$ is a strictly plurisubharmonic defining function for $\Omega_{1}$.

First, $U_{1}:=\Phi^{-1}\left(U_{2}\right)$ is an open neighborhood of $\partial \Omega_{1}$, since $\Phi$ is a biholomorphism. We have to check:

1. $U_{1} \cap \Omega_{1}=\left\{w \in \mathbb{C}^{n} ; \varphi_{1}(w)<0\right\}$,
2. $d \varphi_{1}(w) \neq 0 \quad \forall w \in U_{1}$,
3. $L_{\varphi_{1}}(w ; W)>0 \quad \forall w \in U_{1}, W \in \mathbb{C}^{n} \backslash\{0\}$.
4. Since $\Phi$ is a biholomorphism, $U_{1} \cap \Omega_{1}=\Phi^{-1}\left(U_{2}\right) \cap \Phi^{-1}\left(\Omega_{2}\right)=\Phi^{-1}\left(U_{2} \cap \Omega_{2}\right)$. Moreover,

$$
\begin{gathered}
\varphi_{1}(w)<0 \Longleftrightarrow\left(\varphi_{2}(\Phi(w))<0 \Longleftrightarrow\right. \\
\Phi(w) \in\left\{U_{2} \cap \Omega_{2}\right\} \Longleftrightarrow w \in \Phi^{-1}\left(U_{2} \cap \Omega_{2}\right)=U_{1} \cap \Omega_{1} \quad \checkmark .
\end{gathered}
$$

2. By the chain rule (see [16], Theorem 9.15),

$$
0=d \varphi_{1}(w)=d\left(\varphi_{2} \circ \Phi\right)(w)=d \varphi_{2}(\Phi(w))(d \Phi(w)) \Longleftrightarrow d \Phi(w)=0
$$

It also follows from the chain rule that $\left(d \Phi^{-1}\right)(\Phi(w))$ is the inverse of $d \Phi(w)$. In particular, $d \Phi(w) \neq 0 \quad \forall w \in U_{1}$. Summarizing,

$$
d \varphi_{1}(w) \neq 0 \quad \forall w \in U_{1} \quad \checkmark
$$

3. According to (2.3.32) in [13], the complex Hessian matrix of $\varphi_{1}=\varphi_{2} \circ \Phi$ at $w \in U_{1}$ is given by

$$
D_{\Phi}(w)^{*} L_{\varphi_{2}}(\Phi(w)) D_{\Phi}(w),
$$

where

$$
D_{\Phi}(w)=\left(\begin{array}{ccc}
\frac{\partial \Phi_{1}}{\partial w_{1}}(w) & \cdots & \frac{\partial \Phi_{1}}{\partial w_{n}}(w) \\
\vdots & \ddots & \vdots \\
\frac{\partial \Phi_{n}}{\partial w_{1}}(w) & \cdots & \frac{\partial \Phi_{n}}{\partial w_{n}}(w)
\end{array}\right)
$$

is the holomorphic derivative matrix of $\Phi$ and $D_{\Phi}(w)^{*}$ is its conjugate transpose. According to Sylvester's law of inertia (see [5], Theorem 9.13, page 313), the number of positive, negative and zero eigenvalues of $D_{\Phi}(w)^{*} L_{\varphi_{2}}(\Phi(w)) D_{\Phi}(w)$ is the same as for $L_{\varphi_{2}}(\Phi(w))$, i.e. it has $n$ positive eigenvalues. Therefore, the Levi form $L_{\varphi_{1}}(w ; \cdot)$ is strictly positive definite.

Notice that Proposition 1.1 does not mean that strict pseudoconvexity is a biholomorphic invariant! It states that strict pseudoconvexity is preserved if a biholomorphism is defined in a neighborhood of the closure of a strictly pseudoconvex domain $\Omega$.

Example 1.1. The unit ball in $\mathbb{C}^{n}$ is strictly pseudoconvex.
Indeed, if we consider $\mathbb{B}^{2 n}:=\left\{z=\left(z_{1}, \cdots, z_{n}\right) \in \mathbb{C}^{n} ; \sum_{i=1}^{n}\left|z_{i}\right|^{2}<1\right\}$ and

$$
\varphi(z):=\sum_{i=1}^{n}\left|z_{i}\right|^{2}-1=\sum_{i=1}^{n} z_{i} \bar{z}_{i}-1
$$

then $\mathbb{B}^{2 n}=\left\{z \in \mathbb{C}^{n} ; \varphi(z)<0\right\}$, and

$$
\begin{gathered}
\frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}}(z)=\frac{\partial}{\partial z^{j}}\left(z_{k}\right)=\delta_{j k} \\
\Rightarrow L_{\varphi}(z)=I d_{n}
\end{gathered}
$$

Hence the Levi matrix of $r$ is positive definite for all $z \in \mathbb{C}^{n}$, making $\mathbb{B}^{2 n}$ strictly pseudoconvex.

Example 1.2. The Siegel domain

$$
\mathscr{S}:=\left\{w=\left(w_{1} \cdots, w_{n}\right) \in \mathbb{C}^{n} ; \operatorname{Im}\left(w_{n}\right)>\sum_{i=1}^{n-1}\left|w_{i}\right|^{2}\right\}
$$

is strictly pseudoconvex.

To see this, according to Proposition 1.1, it is enough to check that it is biholomorphically equivalent to the unit ball $\mathbb{B}^{2 n}$ through a biholomorphism defined in a neighborood of $\overline{\mathscr{S}}$. We consider the generalized Cayley transform

$$
\Phi: \mathbb{C}^{n} \backslash\{-1\} \rightarrow \mathbb{C}^{n} \backslash\{-i\}
$$

given by:

$$
\Phi(z):=\left(\frac{z_{1}}{1+z_{n}}, \cdots, \frac{z_{n-1}}{1+z_{n}}, i \frac{1-z_{n}}{1+z_{n}}\right) .
$$

$\Phi$ is clearly olomorphic and we can check it is invertible with inverse

$$
\Phi^{-1}(w)=\left(\frac{2 i w_{1}}{i+w_{n}}, \cdots, \frac{2 i w_{n-1}}{i+w_{n}}, \frac{i-w_{n}}{i+w_{n}}\right) .
$$

We claim that $\Phi$ maps the unit ball $\mathbb{B}^{2 n}$ to $\mathscr{S}$. Indeed,

$$
\begin{gathered}
\left|z_{n}\right|^{2}+\sum_{i=1}^{n-1}\left|z_{i}\right|^{2}<1 \Longleftrightarrow\left|\frac{i-w_{n}}{i+w_{n}}\right|^{2}+\sum_{i=1}^{n-1} \frac{\left|2 i w_{i}\right|^{2}}{\left|i+w_{n}\right|^{2}}<1 \\
\Longleftrightarrow 4 \sum_{i=1}^{n-1}\left|w_{i}\right|^{2}<\left|i+w_{n}\right|^{2}-\left.\left|i-w_{n}\right|^{2}\left|\Longleftrightarrow 4 \sum_{i=1}^{n-1}\right| w_{i}\right|^{2}<4 \operatorname{Im}\left(w_{n}\right) .
\end{gathered}
$$

Remark 1.1. If $\Omega \subset \mathbb{C}^{n}$ is a strictly pseudoconvex domain, its boundary is a $(2 n-1)$-dimensional real manifold, being the 0 -set of a real valued function $\varphi: \partial \Omega \subset U \rightarrow \mathbb{R}$ with non-vanishing differential.

This allows to study the tangent space $T_{p} \partial \Omega$ at $p \in \partial \Omega$, for which there is the following explicit expression in terms of the differential of any sufficiently regular defining function.
Lemma 1.1. Let $\Omega \subset \mathbb{C}^{n}$ be a domain with boundary of class $C^{2}$ and let $\varphi$ be a defining function for $\Omega$. Then, for all $p \in \partial \Omega$,

$$
\begin{equation*}
T_{p} \partial \Omega=\left\{Z \in \mathbb{C}^{n} ; \operatorname{Re}\langle\bar{\partial} \varphi(p), Z\rangle=0\right\} \tag{1.1}
\end{equation*}
$$

where

$$
\begin{gathered}
\bar{\partial} \varphi(p)=\left(\frac{\partial \varphi}{\partial \bar{z}^{1}}(p), \cdots, \frac{\partial \varphi}{\partial \bar{z}^{n}}(p)\right) \\
\frac{\partial \varphi}{\partial \bar{z}^{k}}(p)=\frac{1}{2}\left(\frac{\partial \varphi}{\partial x^{k}}(p)+i \frac{\partial \varphi}{\partial y^{k}}(p)\right) \quad \forall k=1, \cdots, n
\end{gathered}
$$

and $\langle W, Z\rangle:=\sum_{i=1}^{n} W_{i} \bar{Z}_{i}$ is the standard Hermitian product of two vectors.
Proof. According to [11, Th. 3.4 page 154, the tangent space of an (embedded real) manifold $M$ at a point $p$ is characterized by a (or rather, any) defining function $f$ as

$$
T_{p} M=\operatorname{Ker} d f(p)
$$

In our case, $M=\partial \Omega$ and $f=\varphi$. If we identify $\mathbb{C}^{n}=\mathbb{R}^{2 n}$ and write in coordinates $\left(z_{1}, \cdots, z_{n}\right)=\left(x_{1}, y_{1}, \cdots, x_{n}, y_{n}\right)$, we get

$$
\nabla \varphi(p)=\left(\frac{\partial \varphi}{\partial x^{1}}(p), \frac{\partial \varphi}{\partial y^{1}}(p), \cdots, \frac{\partial \varphi}{\partial x^{n}}(p), \frac{\partial \varphi}{\partial y^{n}}(p)\right) .
$$

On the other hand, if $Z=\left(a_{1}+i b_{1}, \cdots, a_{n}+i b_{n}\right) \in \mathbb{C}^{n}$,

$$
\begin{aligned}
& \operatorname{Re}\left\langle\bar{\partial}_{\varphi}(p), Z\right\rangle=0 \Longleftrightarrow \operatorname{Re}\left(\sum_{k=1}^{n} \frac{1}{2}\left(\frac{\partial \varphi}{\partial x^{k}}(p)+i \frac{\partial \varphi}{\partial y^{k}}(p)\right)\left(a_{k}-i b_{k}\right)\right)=0 \\
& \Longleftrightarrow \operatorname{Re}\left[\sum_{k=1}^{n} \frac{\partial \varphi}{\partial x^{k}}(p) a_{k}+\frac{\partial \varphi}{\partial y^{k}}(p) b_{k}+i\left(\frac{\partial \varphi}{\partial y^{k}}(p) a_{k}-\frac{\partial \varphi}{\partial x^{k}}(p) b_{k}\right)\right]=0 \\
& \Longleftrightarrow \sum_{k=1}^{n} \frac{\partial \varphi}{\partial x^{k}}(p) a_{k}+\frac{\partial \varphi}{\partial y^{k}}(p) b_{k}=0 .
\end{aligned}
$$

If we call $V:=\left(a_{1}, b_{1}, \cdots, a_{n}, b_{n}\right) \in \mathbb{R}^{2 n}$, this means that

$$
d \varphi(p)(V)=\nabla \varphi(p) \cdot V=0
$$

Where $W \cdot V=\sum_{k=1}^{2 n} V_{k} W_{k}$ is the standard scalar product in $\mathbb{R}^{2 n}$. Therefore,

$$
\begin{gathered}
\left\{Z \in \mathbb{C}^{n} ; \operatorname{Re}\langle\bar{\partial} \varphi(p), Z\rangle=0\right\}=\left\{V \in \mathbb{R}^{2 n} ; d \varphi(p)(V)=0\right\} \\
=\operatorname{Ker} d \varphi(p)=T_{p} \partial \Omega
\end{gathered}
$$

Def 1.4. (Horizontal subspace): Given $\Omega$ and $\varphi$ as in Lemma 1.1 and $p \in$ $\partial \Omega$, we call

$$
\begin{equation*}
H_{p} \partial \Omega:=\left\{Z \in \mathbb{C}^{n} ;\langle\bar{\partial} \varphi(p), Z\rangle=0\right\} \tag{1.2}
\end{equation*}
$$

the complex tangent space to $\Omega$ at $p$, also known as the horizontal subspace.
Note that $H_{p} \partial \Omega \subset T_{p} \partial \Omega$ (see (1.1) and (1.2). It is important to observe that the horizontal subspace at $p \in \partial \Omega$ is independent of the choiche of the defining function $\varphi$. This is a consequence of the following result from [15].

Lemma 1.2. Suppose $\Omega \subset \mathbb{C}^{n}$ is a domain with boundary of class $C^{2}$, and let $\varphi_{1}, \varphi_{2}$ be two defining functions for $\Omega$ in a neighborhood $U$ of $\partial \Omega$. Then there exists a positive function $h \in C^{1}(U)$ such that

- $\varphi_{1}=h \cdot \varphi_{2}$ on $U$,
- $d \varphi_{1}(p)=h(p) \cdot d \varphi_{2}(p)$ for $p \in \partial \Omega$.

Proof. See [15], Lemma 2.5, page 51.
Corollary 1.1. Let $\Omega \subset \mathbb{C}^{n}$ be a domain with boundary of class $C^{2}$. Then the horizontal subspace $H_{p} \partial \Omega$ does not depend on the choice of defining function for $\Omega$.

Proof. We need to prove that if $\varphi$ is a defining function for $\Omega$, then

$$
\left\{Z \in \mathbb{C}^{n} ;\langle\bar{\partial} \varphi(p), Z\rangle=0\right\}
$$

does not depend on $\varphi$.

Let $\varphi_{1}, \varphi_{2}$ be two distinct defining functions for $\Omega$. By Lemma 1.2 , there exists a positive function $h$ defined in a neighborhood of $\partial \Omega$ such that $d \varphi_{1}(p)=$ $h(p) \cdot d \varphi_{2}(p)$ for any $p \in \partial \Omega$. This implies that for all $k=1, \cdots, n$

$$
\begin{gathered}
\frac{\partial \varphi_{1}}{\partial \bar{z}^{k}}(p)=\frac{1}{2}\left(\frac{\partial \varphi_{1}}{\partial x^{k}}(p)+i \frac{\partial \varphi_{1}}{\partial y^{k}}(p)\right)= \\
\frac{h(p)}{2}\left(\frac{\partial \varphi_{2}}{\partial x^{k}}(p)+i \frac{\partial \varphi_{2}}{\partial y^{k}}(p)\right)=h(p) \frac{\partial \varphi_{2}}{\partial \bar{z}^{k}}(p) .
\end{gathered}
$$

Therefore, $\bar{\partial} \varphi_{1}(p)=h(p) \bar{\partial} \varphi_{2}(p)$ and, since $h$ is positive,

$$
\left\{Z \in \mathbb{C}^{n} ;\left\langle\bar{\partial} \varphi_{1}(p), Z\right\rangle=0\right\}=\left\{Z \in \mathbb{C}^{n} ;\left\langle\bar{\partial} \varphi_{2}(p), Z\right\rangle=0\right\}
$$

For any $p \in \partial \Omega$ we have that $H_{p} \partial \Omega$ is a $2(n-1)$-dimensional real vector space, or a $(n-1)$-dimensional complex vector space. Then, for each $p \in \partial \Omega$ we get the decomposition $\mathbb{C}^{n}=H_{p} \partial \Omega \oplus N_{p} \partial \Omega$, where $N_{p} \partial \Omega$ is the complex 1dimensional subspace of $\mathbb{C}^{n}$ orthogonal to $H_{p} \partial \Omega$ (with respect to the standard Hermitian product).

Therefore, any vector $Z \in \mathbb{C}^{n}$ can be written uniquely as $Z=Z_{H}+Z_{N}$, with $Z_{H} \in H_{p} \partial \Omega, Z_{N} \in N_{p} \partial \Omega$. We can further decompose $Z_{N}=Z_{N, 1}+Z_{N, 2}$, where $Z_{N, 1}=Z_{N} \cap T_{p} \partial \Omega$ and $Z_{N, 2} \perp T_{p} \partial \Omega$. Notice that this decomposition is not trivial only if $n \geq 2$, as for $n=1$ we would have a 0 -dimensional horizontal subspace. For this reason, from this point on, we will always assume $n \geq 2$ when dealing with horizontal vectors.

The next result states that the Levi form associated to any $C^{2}$-smooth defining function of a strictly pseudoconvex domain is positive definite on the horizontal subspace.

Lemma 1.3. Let $\Omega \subset \mathbb{C}^{n}$, $n \geq 2$, be a strictly pseudoconvex domain, and let $\varphi$ be a $C^{2}$-smooth defining function for $\Omega$. Then

$$
\begin{equation*}
L_{\varphi}(p ; Z)=\sum_{j, k=1}^{n} \frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}}(p) Z_{j} \overline{Z_{k}}>0 \tag{1.3}
\end{equation*}
$$

for all $p \in \partial \Omega$ and $Z \in \mathbb{C}^{n} \backslash\{0\}$ such that

$$
\begin{equation*}
\sum_{i=1}^{n} \frac{\partial \varphi}{\partial z^{i}}(p) Z_{i}=0 \tag{1.4}
\end{equation*}
$$

where $\frac{\partial \varphi}{\partial z^{i}}(p)=\frac{1}{2}\left(\frac{\partial \varphi}{\partial x^{i}}(p)-i \frac{\partial \varphi}{\partial y^{i}}(p)\right)$. 1.4) is equivalent to $\langle\bar{\partial} \varphi(p), Z\rangle=0$ and it is just another way to express that $Z$ is a horizontal vector at $p$.

Proof. Let $\varphi_{1}, \varphi_{2}$ be $C^{2}$-smooth defining functions for $\Omega$ and consider the function $h>0$ from Lemma 1.2. A computation based on Lemma 1.2 yields

$$
\begin{equation*}
L_{\varphi_{1}}(p ; Z)=2 \operatorname{Re}\left[\overline{(\nabla h(p) \cdot Z)}\left(\nabla \varphi_{2}(p) \cdot Z\right)\right]+h(p) L_{\varphi_{2}}(p ; Z) \quad \forall Z \in \mathbb{C}^{n} \tag{1.5}
\end{equation*}
$$

For details of the computation see [15] page 56.

Now, if $Z \in H_{p}(\partial \Omega)$, i.e. (1.4) holds for $\varphi_{1}$ and $\varphi_{2}$, the first term in the RHS of (1.5) vanishes, and we are left with

$$
\begin{equation*}
L_{\varphi_{1}}(p ; Z)=h(p) L_{\varphi_{2}}(p ; Z) \quad \forall Z \in H_{p}(\partial \Omega) . \tag{1.6}
\end{equation*}
$$

If $\Omega$ is strictly pseudoconvex, we are granted that there exists at least one $C^{2}$ smooth defining function $\varphi_{0}$ such that the Levi form is strictly positive definite, i.e. (1.3) holds for all $Z \in \mathbb{C}^{n} \backslash\{0\}$. Now, if $\varphi$ is another $C^{2}$-smooth defining function, (1.6) grants us that the result holds.

### 1.2 The Carnot-Carathéodory metric

The goal of this section is to define the Carnot-Carathéodory metric on the boundary of a bounded strictly pseudoconvex domain with respect to the signed distance function. This metric will be crucial in the study of the Gromov-hyperbolicity for strictly pseudoconvex domains in Chapter 4.

Notice that the following result holds in general in $\mathbb{R}^{n}$ for $n \geq 2$, but since all the other results require pseudoconvexity, we will state it in the setting $\mathbb{C}^{n}$ to maintain the same notation troughout the Chapter.

Def 1.5. Let $\Omega \subset \mathbb{C}^{n}=\mathbb{R}^{2 n}$ be a bounded domain with $C^{2}$-smooth boundary. For all $x \in \mathbb{C}^{n}$, denote with $\delta(x):=d_{E}(x, \partial \Omega)$ the Euclidean distance of $x$ to the boundary of $\Omega$. The signed distance function is defined as

$$
\rho(x):= \begin{cases}-\delta(x) & x \in \Omega \\ \delta(x) & x \in \mathbb{C}^{n} \backslash \Omega\end{cases}
$$

Lemma 1.4. Let $\Omega \subset \mathbb{C}^{n}$, be a bounded domain with $C^{2}-$ smooth boundary. Then there exists $\varepsilon_{0}>0$ such that

1. $\forall x \in N_{\varepsilon_{0}}(\partial \Omega):=\left\{x \in \mathbb{C}^{n} ; \delta(x)<\varepsilon_{0}\right\}$ there exists a unique point $\pi(x) \in$ $\partial \Omega$ such that

$$
|x-\pi(x)|=\delta(x)
$$

Henceforth, we refer to $\pi: N_{\varepsilon_{0}} \rightarrow \partial \Omega$ as the projection map.
2. The signed distance $\rho: \mathbb{C}^{n} \rightarrow \mathbb{R}$ is $C^{2}$-smooth on $N_{\varepsilon_{0}}(\partial \Omega)$.
3. The fibers of the projection map $\pi: N_{\varepsilon_{0}} \rightarrow \partial \Omega$ are the Euclidean segments

$$
\begin{equation*}
\pi^{-1}(p)=\left(p-\varepsilon_{0} n(p), p+\varepsilon_{0} n(p)\right), \tag{1.7}
\end{equation*}
$$

where $n(p)$ is the outer unit normal vector of $\partial \Omega$ at $p \in \partial \Omega$.
4. The gradient of $\rho$ satisfies, for all $x \in N_{\varepsilon_{0}}(\partial \Omega)$,

$$
\begin{equation*}
\nabla \rho(x)=n(\pi(x)) . \tag{1.8}
\end{equation*}
$$

5. The projection map $\pi$ : $N_{\varepsilon_{0}}(\partial \Omega) \rightarrow \partial \Omega$ is $C^{1}-$ smooth.

Proof. See [1], page 509.

If we now consider $\Omega \subset \mathbb{C}^{n}$ to be a strictly pseudoconvex domain, the previous Lemma 1.4, in particular point 2., implies that the signed distance function is a $C^{2}$-smooth defining function. Consequently, Lemma 1.3 grants that the Levi form $L_{\rho}(p, \cdot)$ is strictly positive definite on $H_{p} \partial \Omega$ for all $p \in \partial \Omega$, where $H_{p} \partial \Omega$ is the horizontal subspace of the tangent space $T_{p} \partial \Omega$.

Def 1.6. (Horizontal curves): Let $\Omega \subset \mathbb{C}^{n}, n \geq 2$ be a bounded strictly pseudoconvex domain. An absolutely continuous curve $\gamma:[0,1] \rightarrow \partial \Omega$ is called horizontal if

$$
\dot{\gamma}(t) \in H_{\gamma(t)} \partial \Omega \quad \text { for a.e. } t \in[0,1] .
$$

To define the Carnot-Carathéodory metric we need to see that any two points on $\partial \Omega$ can be connected by horizontal curves. For this, we need to introduce vector fields on $\partial \Omega$.

## Def 1.7. (vector fields on $\partial \Omega$ and their brackets):

- A vector field on $\partial \Omega$ is an expression of the form

$$
X=\sum_{k=1}^{n} a_{k} \frac{\partial}{\partial z^{k}}+\bar{a}_{k} \frac{\partial}{\partial \bar{z}_{k}},
$$

where $a_{k} \in C^{2}(\partial \Omega ; \mathbb{C})$ and

$$
Z:=\left(a_{1}(p), \cdots, a_{n}(p)\right) \in T_{p}(\partial \Omega) \quad \forall p \in \partial \Omega .
$$

- We say that $X$ is an horizontal vector field if

$$
Z:=\left(a_{1}(p), \cdots, a_{n}(p)\right) \in H_{p}(\partial \Omega) \quad \forall p \in \partial \Omega .
$$

We will denote with $\Gamma(T \partial \Omega)$ the collection of all vector fields on $\partial \Omega$ and with $\Gamma(H \partial \Omega)$ the collection of all horizontal vector fields on $\partial \Omega$.

- Given any two vector fields $X, Y \in \Gamma(T \partial \Omega)$ acting on $C^{2}(\partial \Omega ; \mathbb{C})$, we let $[X, Y]$ denote their bracket, which is a new vector field defined as follows:

$$
[X, Y](f):=X(Y(f))-\left(Y(X(f)), \quad \forall f \in C^{2}(\partial \Omega ; \mathbb{C})\right.
$$

In terms of differential forms,

$$
\begin{equation*}
X \in \Gamma(H \partial \Omega) \Longleftrightarrow X \in \operatorname{Ker} \theta, \quad \text { with } \theta:=\sum_{k=1}^{n} \frac{\partial \varphi}{\partial \bar{z}^{k}} d \bar{z}_{k} \tag{1.9}
\end{equation*}
$$

Theorem 1.1. (Chow's Theorem): Let $\Omega \subset \mathbb{C}^{n}$ be a bounded strictly pseudoconvex domain and consider $X_{1}, \cdots, X_{2 n-2}$ horizontal vector fields on $\partial \Omega$. Assume that the following condition holds:

$$
\begin{gather*}
X_{1}, \cdots, X_{2 n-2} \text { and their iterated brackets }\left[X_{i}, X_{j}\right],\left[\left[X_{i}, X_{j}\right], X_{k}\right], \ldots  \tag{1.10}\\
\text { span the real tangent space } T_{p} \partial \Omega \text { at every point } p \in \partial \Omega .
\end{gather*}
$$

Then any two points $p, q \in \partial \Omega$ can be connected by a horizontal path.
(1.10) is called Chow's condition.

Proof. For a proof in the more general setting of sub-Riemannian manifolds, see [2], page 15 .

If $X \in \Gamma(H \partial \Omega)$, we write

$$
i X:=\sum_{k=1}^{n} i a_{k} \frac{\partial}{\partial z^{k}}-i \bar{a}_{k} \frac{\partial}{\partial \bar{z}_{k}} .
$$

We have $i X \in \Gamma(H \partial \Omega)$ as $H \partial \Omega$ is a complex vector space.
Remark 1.2. In Theorem 1.1 we are not assuming that $X_{1}, \cdots, X_{2 n-2}$ are linearly indipendent; in case they are linearly indipendent, then condition 1.10 takes the simpler form
$X_{1}, \cdots, X_{2 n-2}$ and the bracket $\left[X_{j}, i X_{j}\right]$ for some $j \in\{1 \cdots, 2 n-2\}$
span the real tangent space $T_{p} \partial \Omega$ at any point $p \in \partial \Omega$.
Proposition 1.2. Let $\Omega \subset \mathbb{C}^{n}$, $n \geq 2$, be a bounded strictly pseudoconvex domain. Then the simplified Chow's condition (1.11) is satisfied.

Proof. We want to show that if we consider any vector field $X$ in the horizontal bundle $H \partial \Omega$, the bracket [ $X, i X$ ] generates the " missing direction" in $T \partial \Omega$, which is given by $N \partial \Omega \cap T \partial \Omega$. We will see that

$$
\theta([X, i X]) \neq 0, \quad \text { i.e. } \quad[X, i X] \notin \operatorname{Ker} \theta .
$$

Then, according to (1.9), $[X, i X] \notin \Gamma(H \partial \Omega)$ and we are done. From [17], Proposition 20.13 page 232, we get the formula

$$
\theta([X, Y])=X(\theta(Y))-Y(\theta(X))-d \theta(X, Y), \quad \forall X, Y \in \Gamma(T \partial \Omega) .
$$

Notice that if $X, Y \in \Gamma(H \partial \Omega)$, then $\theta(X)=\theta(Y)=0$, hence

$$
\begin{equation*}
\theta([X, Y])=-d \theta(X, Y) \tag{1.12}
\end{equation*}
$$

Therefore, it suffices to show that $d \theta(X, i X) \neq 0 \forall X \in \Gamma(H \partial \Omega)$. By antisimmetry of the wedge product,

$$
d \theta=\sum_{j, k=1}^{n}\left(\frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}}\left(d z_{j} \wedge d \bar{z}_{k}\right)+\frac{\partial^{2} \varphi}{\partial \bar{z}^{j} \partial \bar{z}^{k}}\left(d \bar{z}_{j} \wedge d \bar{z}_{k}\right)\right)=\sum_{j, k=1}^{n} \frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}}\left(d z_{j} \wedge d \bar{z}_{k}\right) .
$$

According to [17], Proposition 3.27 page 30, we have that, given 1-forms $\tau, \omega$ and vector fields $X, Y$,

$$
(\tau \wedge \omega)(X, Y)=\operatorname{det}\left[\begin{array}{ll}
\tau(X) & \tau(Y) \\
\omega(X) & \omega(Y)
\end{array}\right]
$$

In our case, this gives

$$
d \theta(X, i X)=
$$

$$
\begin{gathered}
\sum_{j, k=1}^{n} \frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}}\left(d z_{j} \wedge d \bar{z}_{k}\right)\left(\sum_{\nu=1}^{n} a_{\nu} \frac{\partial}{\partial z^{\nu}}+\bar{a}_{\nu} \frac{\partial}{\partial \bar{z}^{\nu}}, \sum_{\beta=1}^{n} i a_{\beta} \frac{\partial}{\partial z^{\beta}}-i \bar{a}_{\beta} \frac{\partial}{\partial \bar{z}_{\beta}}\right)= \\
\sum_{j, k=1}^{n} \frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}} \operatorname{det}\left[\begin{array}{cc}
a_{j} & i a_{j} \\
\bar{a}_{k} & -i \bar{a}_{k}
\end{array}\right]=-2 i \sum_{j, k=1}^{n} \frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}} a_{j} \bar{a}_{k} .
\end{gathered}
$$

Hence, by 1.12

$$
\theta([X, i X])=2 i \sum_{j, k=1}^{n} \frac{\partial^{2} \varphi}{\partial z^{j} \partial \bar{z}^{k}} a_{j} \bar{a}_{k}>0 .
$$

In the last step we used the fact that by strict pseudoconvexity of $\Omega$ the Levi form is strictly positive definite. In conclusion, $[X, i X] \notin \Gamma(H \partial \Omega)$, therefore the hypothesis of Chow's Theorem are satisfied.

Corollary 1.2. Let $\Omega \subset \mathbb{C}^{n}$ be a bounded strictly pseudoconvex domain with $C^{2}-$ smooth boundary. Then, for all $p, q \in \partial \Omega$ we have that

$$
\{\gamma:[0,1] \rightarrow \partial \Omega ; \gamma \text { is a horizontal curve joining } p \text { and } q\} \neq \emptyset .
$$

Proof. Immediate from Proposition 1.2.
Def 1.8. (Levi length and The Carnot-Carathéodory metric):

- The Levi length of a horizontal curve is defined as

$$
\begin{equation*}
l_{L_{\rho}}(\gamma):=\int_{0}^{1} \sqrt{L_{\rho}(\gamma(t) ; \dot{\gamma}(t))} d t \tag{1.13}
\end{equation*}
$$

- The Carnot-Carathéodory metric on $\partial \Omega$ corresponding to the signed distance function $\rho$ is then defined as

$$
\begin{equation*}
d_{H}(p, q):=\inf \left\{l_{L_{\rho}}(\gamma) ; \gamma \text { is a horizontal curve joining } p \text { and } q\right\} . \tag{1.14}
\end{equation*}
$$

Notice that 1.13 is well defined as $L_{\rho}(\gamma(t) ; \dot{\gamma}(t)) \geq 0$ for a.e. $t \in[0,1]$ as previously stated. In particular, $L_{\rho}(\gamma(t) ; \dot{\gamma}(t))=0 \Longleftrightarrow \dot{\gamma}(t)=0$.

To check that $d_{H}$ is indeed a distance function one can proceed exactly as in the proof that a Riemannian metric induces a distance function (see Proposition A.1).

Let us now take a moment to appreciate how horizontal vector fields and their brackets behave on a concrete example: the unit ball $\mathbb{B}^{4} \subset \mathbb{C}^{2}$.

Example 1.3. Computation of $[X, i X]$ for a choice of $X \in \Gamma\left(H \partial \mathbb{B}^{4}\right)$.
In Example 1.1 we have seen that

$$
\mathbb{B}^{4}:=\left\{z=\left(z_{1}, z_{2}\right) \in \mathbb{C}^{2} ;\left|z_{1}\right|^{2}+\left|z_{2}\right|^{2}<1\right\}
$$

is a bounded strictly pseudoconvex domain with strictly plurisubharmonic defining function $\varphi(z):=\left|z_{1}\right|^{2}+\left|z_{2}\right|^{2}-1=z_{1} \bar{z}_{1}+z_{2} \bar{z}_{2}-1$. The horizontal subspace at a boundary point $p=\left(z_{1}, z_{2}\right) \in \partial \mathbb{B}^{4}$ is

$$
\begin{gather*}
H_{p} \partial \mathbb{B}^{4}=\left\{A=\left(a_{1}, a_{2}\right) \in \mathbb{C}^{2} ;\langle\bar{\partial} \varphi(z), A\rangle=0\right\}= \\
\left\{A=\left(a_{1}, a_{2}\right) \in \mathbb{C}^{2} ; z_{1} \bar{a}_{1}+z_{2} \bar{a}_{2}=0\right\} . \tag{1.15}
\end{gather*}
$$

Then, for each $p=\left(z_{1}, z_{2}\right) \in \partial \mathbb{B}^{4}$, a particular horizontal vector $A_{p} \in H_{p} \partial \mathbb{B}^{4}$ is $A_{p}:=\left(\bar{z}_{2},-\bar{z}_{1}\right)$, as

$$
\left\langle\bar{\partial} \varphi(p), A_{p}\right\rangle=z_{1} \bar{a}_{1}+z_{2} \bar{a}_{2}=z_{1} z_{2}-z_{2} z_{1}=0
$$

Let us denote $\partial_{z_{j}}:=\frac{\partial}{\partial z_{j}}, \partial_{\bar{z}_{j}}:=\frac{\partial}{\partial \bar{z}_{j}}, j=1,2$. Consider the horizontal vector field $X \in \Gamma\left(H \partial \mathbb{B}^{4}\right)$

$$
\begin{equation*}
X:=\bar{z}_{2} \partial_{z_{1}}+z_{2} \partial_{\bar{z}_{1}}-\bar{z}_{1} \partial_{z_{2}}-z_{1} \partial_{\bar{z}_{2}} \tag{1.16}
\end{equation*}
$$

which corresponds, at any point $p=\left(z_{1}, z_{2}\right) \in \partial \mathbb{B}^{4}$, to the tangent vector $A_{p}$ (see Def 1.7. Then,

$$
i X=i \bar{z}_{2} \partial_{z_{1}}-i z_{2} \partial_{\bar{z}_{1}}-i \bar{z}_{1} \partial_{z_{2}}+i z_{1} \partial_{\bar{z}_{2}}
$$

Let us now compute explicitly the bracket $[X, i X]:=X(i X)-(i X) X$. We start by computing separately the two terms $X(i X)$ and $(i X) X$.

$$
\begin{gather*}
\bullet \mathbf{X}(\mathbf{i X})=\left(\bar{z}_{2} \partial_{z_{1}}+z_{2} \partial_{\bar{z}_{1}}-\bar{z}_{1} \partial_{z_{2}}-z_{1} \partial_{\bar{z}_{2}}\right)\left(i \bar{z}_{2} \partial_{z_{1}}-i z_{2} \partial_{\bar{z}_{1}}-i \bar{z}_{1} \partial_{z_{2}}+i z_{1} \partial_{\bar{z}_{2}}\right)= \\
\quad i\left(\bar{z}_{2}^{2} \partial_{z_{1} z_{1}}+\left|z_{2}\right|^{2} \partial_{\bar{z}_{1} z_{1}}-\bar{z}_{1} \bar{z}_{2} \partial_{z_{2} z_{1}}-z_{1} \bar{z}_{2} \partial_{\bar{z}_{2} z_{1}}-z_{1} \partial_{z_{1}}\right. \\
-\left|z_{2}\right|^{2} \partial_{z_{1} \bar{z}_{1}}-z_{2}^{2} \partial_{\bar{z}_{1} \bar{z}_{1}}+\bar{z}_{1} z_{2} \partial_{z_{2} \bar{z}_{1}}+\bar{z}_{1} \partial_{\bar{z}_{1}}+z_{1} z_{2} \partial_{\bar{z}_{2} \bar{z}_{1}} \\
-  \tag{1.17}\\
-\bar{z}_{2} \bar{z}_{1} \partial_{z_{1} z_{2}}-z_{2} \bar{z}_{1} \partial_{\bar{z}_{1} z_{2}}-z_{2} \partial_{z_{2}}+\bar{z}_{1}^{2} \partial_{z_{2} z_{2}}+\left|z_{1}\right|^{2} \partial_{\bar{z}_{2} z_{2}} \\
\left.+\bar{z}_{2} z_{1} \partial_{z_{1} \bar{z}_{2}}+\bar{z}_{2} \partial_{\bar{z}_{2}}+z_{2} z_{1} \partial_{\bar{z}_{1} \bar{z}_{2}}-\left|z_{1}\right|^{2} \partial_{z_{2} \bar{z}_{2}}-z_{1}^{2} \partial_{\bar{z}_{2} \bar{z}_{2}}\right)= \\
\quad i\left(\bar{z}_{2}^{2} \partial_{z_{1} z_{1}}-z_{2}^{2} \partial_{\bar{z}_{1} \bar{z}_{1}}+\bar{z}_{1}^{2} \partial_{z_{2} z_{2}}-z_{1}^{2} \partial_{\bar{z}_{2} \bar{z}_{2}}-2 \bar{z}_{1} \bar{z}_{2} \partial_{z_{1} z_{2}}\right. \\
\left.\quad+2 z_{1} z_{2} \partial_{\bar{z}_{1} \bar{z}_{2}}-z_{1} \partial_{z_{1}}+\bar{z}_{1} \partial_{\bar{z}_{1}}-z_{2} \partial_{z_{2}}+\bar{z}_{2} \partial_{\bar{z}_{2}}\right) .
\end{gather*}
$$

Similarly,

$$
\begin{gather*}
\bullet(\mathrm{iX}) \mathbf{X}=\left(i \bar{z}_{2} \partial_{z_{1}}-i z_{2} \partial_{\bar{z}_{1}}-i \bar{z}_{1} \partial_{z_{2}}+i z_{1} \partial_{\bar{z}_{2}}\right)\left(\bar{z}_{2} \partial_{z_{1}}+z_{2} \partial_{\bar{z}_{1}}-\bar{z}_{1} \partial_{z_{2}}-z_{1} \partial_{\bar{z}_{2}}\right)= \\
i\left(-\left|z_{2}\right|^{2} \partial_{\bar{z}_{1} z_{1}}-\bar{z}_{1} \bar{z}_{2} \partial_{z_{2} z_{1}}+z_{1} \bar{z}_{2} \partial_{\bar{z}_{2} z_{1}}+z_{1} \partial_{z_{1}}\right. \\
+\left|z_{2}\right|^{2} \partial_{z_{1}} \bar{z}_{1}-z_{2}{ }^{2} \partial_{\bar{z}_{1} \bar{z}_{1}}-\bar{z}_{1} z_{2} \partial_{z_{2} \bar{z}_{1}}-\bar{z}_{1} \partial_{\bar{z}_{1}}+z_{1} z_{2} \partial_{\bar{z}_{2} \bar{z}_{1}}  \tag{1.18}\\
-\bar{z}_{2} \bar{z}_{1} \partial_{z_{1} z_{2}}+z_{2} \bar{z}_{1} \partial_{\bar{z}_{1} z_{2}}+z_{2} \partial_{z_{2}}+\bar{z}_{1}^{2} \partial_{z_{2} z_{2}}-\left|z_{1}\right|^{2} \partial_{\bar{z}_{2} z_{2}} \\
\left.-\bar{z}_{2} z_{1} \partial_{z_{1} z_{2}}-\bar{z}_{2} \partial_{\bar{z}_{2}}+z_{1} z_{2} \partial_{\bar{z}_{1} \bar{z}_{2}}+\left|z_{1}\right|^{2} \partial_{z_{2} \bar{z}_{2}}-z_{1}{ }^{2} \partial_{\bar{z}_{2} \bar{z}_{2}}\right)= \\
\quad i\left(\bar{z}_{2}^{2} \partial_{z_{1} z_{1}}-z_{2}^{2} \partial_{\bar{z}_{1} \bar{z}_{1}}+\bar{z}_{1}^{2} \partial_{z_{2} z_{2}}-z_{1}{ }^{2} \partial_{\bar{z}_{2} \bar{z}_{2}}-2 \bar{z}_{1} \bar{z}_{2} \partial_{z_{1} z_{2}}\right. \\
\left.\quad+2 z_{1} z_{2} \partial_{\bar{z}_{1} \bar{z}_{2}}+z_{1} \partial_{z_{1}}-\bar{z}_{1} \partial_{\bar{z}_{1}}+z_{2} \partial_{z_{2}}-\bar{z}_{2} \partial_{\bar{z}_{2}}\right) .
\end{gather*}
$$

From (1.17) and (1.18) we notice that when we compute $X(i X)-(i X) X$ all the derivatives of $2^{\text {nd }}$ order cancel out and we obtain

$$
[X, i X]=-2 i\left(z_{1} \partial_{z_{1}}-\bar{z}_{1} \partial_{\bar{z}_{1}}+z_{2} \partial_{z_{2}}-\bar{z}_{2} \partial_{\bar{z}_{2}}\right)
$$

According to Def 1.7 , the vector field $[X, i X]$ corresponds, at any point $p=$ $\left(z_{1}, z_{2}\right) \in \partial \mathbb{B}^{4}$, to the tangent vector

$$
\begin{equation*}
V_{p}=\left(-2 i z_{1},-2 i z_{2}\right) \in T_{p} \partial \mathbb{B}^{4} \tag{1.19}
\end{equation*}
$$

Notice that, as we expect from Proposition 1.2, $V_{p}$ is not in the horizontal subspace $H_{p} \partial \mathbb{B}^{4}$, since

$$
\left\langle\bar{\partial} \varphi(p), V_{p}\right\rangle=z_{1} \overline{\left(-2 i z_{1}\right)}+z_{2} \overline{\left(-2 i z_{2}\right)}=2 i z_{1} \bar{z}_{1}+2 i z_{2} \bar{z}_{2}=
$$

$$
2 i\left(\left|z_{1}\right|^{2}+\left|z_{2}\right|^{2}\right)=2 i \neq 0
$$

Let us now focus on the boundary point $p_{0}:=(1,0) \in \partial \mathbb{B}^{4}$ to get a better understanding of what exactly are the horizontal and the real tangent spaces.

Let us write the defining function $\varphi$ in real coordinates:

$$
\varphi\left(x_{1}, y_{1}, x_{2}, y_{2}\right)=x_{1}^{2}+y_{1}^{2}+x_{2}^{2}+y_{2}^{2}
$$

Then the real tangent space at $p_{0}=(1,0,0,0) \in \mathbb{R}^{4}$ is

$$
\begin{gathered}
T_{p_{0}} \partial \mathbb{B}^{4}\left\{V \in \mathbb{R}^{4} ; d \varphi\left(p_{0}\right)(V)=0\right\}=\left\{V=\left(v_{1}, v_{2}, v_{3}, v_{4}\right) \in \mathbb{R}^{4} ; 2 v_{1}=0\right\}= \\
\operatorname{Span}_{\mathbb{R}}\{(0,1,0,0),(0,0,1,0),(0,0,0,1)\}
\end{gathered}
$$

On the other hand, according to 1.15 , the horizontal subspace at $p_{0}$ is

$$
H_{p_{0}} \partial \mathbb{B}^{4}=\left\{A=\left(a_{1}, a_{2}\right) \in \mathbb{C}^{2} ; a_{1}=0\right\}=\operatorname{Span}_{\mathbb{R}}\{(0,0,1,0),(0,0,0,1)\}
$$

the first part of Example 1.3 says that, if we consider the horizontal vector field X as in (1.16), which at $p_{0}$ corresponds the horizontal vector $A_{p_{0}}=(0,0,-1,0)$, the bracket $[X, i X]$ generates the missing direction in the real tangent space. Indeed, according to $(1.19),[X, i X]$ corresponds at $p_{0}$ to the tangent vector

$$
V_{p_{0}}=(-2 i, 0)=(0,-2,0,0) \in T_{p_{0}} \partial \mathbb{B}^{4} \backslash H_{p_{0}} \partial \mathbb{B}^{4}
$$

Lemma 1.5. Let $\Omega \subset \mathbb{C}^{n}, n \geq 2$, be a bounded strictly pseudoconvex domain. Then $\exists C \geq 1$ such that

$$
\begin{equation*}
\frac{1}{C}|Z| \leq L_{\rho}(p ; Z)^{\frac{1}{2}} \leq C|Z| \tag{1.20}
\end{equation*}
$$

for each $p \in \partial \Omega, Z \in H_{p} \partial \Omega$. This means that if we replace the Levi length of $a$ curve by its Euclidean length in the definition of the Carnot-Carathéodory metric (1.14) we get an equivalent metric.

Proof. See [1], page 506.

### 1.3 The Approximation Lemma

Here we present an essential ingredient needed to study the Gromov-hyperbolicity for strictly pseudoconvex domains in Chapter 4 (see Section 4.4), namely Lemma 1.6 below: it states that the Carnot-Carathéodory metric can be approximated by a class of Riemannian metrics $G_{\kappa}$ on $\partial \Omega$ in a specific quantitative sense.

In our setting the size of balls can be described quite explicitly by the following proposition stated in [1], page 513 .

Proposition 1.3. (Box-Ball estimate). Let $\Omega \subset \mathbb{C}^{n}, n \geq 2$ be a bounded strictly pseudoconvex domain with $C^{2}-$ smooth boundary. Then there exists $\varepsilon_{0}>0$ and $C \geq 1$ such that for all $0<\varepsilon \leq \varepsilon_{0}$ and $p \in \partial \Omega$

$$
\operatorname{Box}\left(p, \frac{\varepsilon}{C}\right) \subseteq B_{H}(p, \varepsilon) \subseteq \operatorname{Box}(p, C \varepsilon)
$$

where $B_{H}(p, \varepsilon):=\left\{q \in \partial \Omega ; d_{H}(p, q)<\varepsilon\right\}$ and $\operatorname{Box}(p, \varepsilon):=\left\{p+Z \in \partial \Omega ;\left|Z_{H}\right|<\right.$ $\left.\varepsilon,\left|Z_{N, 1}\right|<\varepsilon^{2}\right\}$. Here the decomposition $Z=Z_{H}+Z_{N}$ is taken at $p$ and we remember $Z_{N, 1}=Z_{N} \cap T_{p} \partial \Omega$.

Lemma 1.6. (The Approximation Lemma): Let $\Omega \subset \mathbb{C}^{n}, n \geq 2$, be a bounded strictly pseudoconvex domain. Then there exists a constant $C>0$ such that for all $\kappa>0$ the following holds: if $p, q \in \partial \Omega, d_{H}(p, q) \geq \frac{1}{\kappa}$, then

$$
\frac{1}{C} d_{\kappa}(p, q) \leq d_{H}(p, q) \leq C d_{\kappa}(p, q)
$$

where $d_{\kappa}$ is the distance function associated with the Riemannian metric

$$
G_{\kappa}^{2}(p ; Z):=\kappa^{2}\left|Z_{N, 1}\right|^{2}+L_{\rho}\left(p ; Z_{H}\right), \quad p \in \partial \Omega, Z \in T_{p} \partial \Omega .
$$

Proof. We follow the proof given in [1], lemma 2.3 page 513. Let us fix $\kappa>0$ and take $G_{\kappa}$ as above. We divide the proof in two parts, in which we seek respectively for an upper and lower bound for $d_{\kappa}$ in terms of $d_{H}$.

Upper bound: If $p, q \in \partial \Omega$ and $\alpha:[0,1] \rightarrow \partial \Omega$ is a (piecewise) $C^{1}$-smooth horizontal curve joining $p$ and $q$, then $\dot{\alpha}_{N} \equiv 0$. Hence,

$$
G_{\kappa}^{2}(\alpha(t) ; \dot{\alpha}(t))=L_{\rho}(\alpha(t) ; \dot{\alpha}(t)) \quad \text { for a.e. } t \in[0,1] .
$$

Therefore, $l_{G_{\kappa}}(\alpha)=l_{L_{\rho}}(\alpha)$. Remember that for $d_{\kappa}(p, q)$ we minimize the $G_{\kappa^{-}}$ length over all possible $C^{1}$-smooth curves on $\partial \Omega$ joining $p$ and $q$, not just the horizontal ones. Therefore,

$$
\begin{equation*}
d_{\kappa}(p, q) \leq d_{H}(p, q) \tag{1.21}
\end{equation*}
$$

Lower bound: For the moment, assume that the following claim holds.
Claim 1.3.1. There exists constants $\kappa_{0}>0$ and $C>0$ such that we have the following implication:

$$
\begin{equation*}
d_{H}(a, b) \geq \frac{1}{k} \Rightarrow d_{\kappa}(a, b) \geq \frac{C}{\kappa} \quad \forall a, b \in \partial \Omega, \kappa \geq \kappa_{0} . \tag{1.22}
\end{equation*}
$$

Consider $p, q \in \partial \Omega$ with $d_{H}(p, q) \geq \frac{1}{\kappa}$.

- If $\kappa \geq \kappa_{0}$, let $\alpha:[0,1] \rightarrow \partial \Omega$ be a (piecewise) $C^{1}$-smooth curve joining $p$ and $q$. There exists $N \in \mathbb{N}$ and $0=t_{0}<t_{1}<\cdots<t_{N}=1$ s.t. for $x_{j}:=\alpha\left(t_{j}\right)$ we have

$$
\begin{equation*}
\frac{1}{\kappa} \leq d_{H}\left(x_{j-1}, x_{j}\right) \leq \frac{2}{\kappa}, \quad \text { for } j=1, \cdots N \tag{1.23}
\end{equation*}
$$

Then, (1.22) applied to $x_{j-1}$ and $x_{j}$ leads to

$$
\begin{gathered}
l_{G_{\kappa}}(\alpha)=\sum_{j=1}^{N} l_{G_{\kappa}}\left(\alpha_{\left[t_{j-1}, t_{j}\right]}\right) \geq \sum_{j=1}^{N} d_{\kappa}\left(x_{j-1}, x_{j}\right) \underbrace{\geq}_{\mid 1.22]} \\
\sum_{j=1}^{N} \frac{C}{\kappa} \underbrace{\geq}_{1.23]} \frac{C}{2} \sum_{j=1}^{N} d_{H}\left(x_{j-1}, x_{j}\right) \geq \frac{C}{2} d_{H}(p, q) .
\end{gathered}
$$

Taking the infimum over all admissible curves $\alpha$ we obtain

$$
d_{\kappa}(p, q) \geq \frac{C}{2} d_{H}(p, q)
$$

- If $0<\kappa<\kappa_{0}$, let $\kappa_{1}:=\frac{1}{\operatorname{diam}_{H}(\partial \Omega)}$. Notice that $\frac{1}{\kappa} \underbrace{\leq}_{\text {hyp. }} d_{H}(p, q) \leq \operatorname{diam}_{H}(\partial \Omega)=$ $\frac{1}{\kappa_{1}}$, so $\kappa_{1} \leq \kappa<\kappa_{0}$ and

$$
\begin{equation*}
\kappa_{1} \cdot d_{H}(p, q) \leq 1 . \tag{1.24}
\end{equation*}
$$

Moreover, $G_{\kappa} \geq\left(\frac{\kappa}{\kappa_{0}}\right) G_{\kappa_{0}}$ implies $d_{\kappa} \geq\left(\frac{\kappa}{\kappa_{0}}\right) d_{\kappa_{0}}$. Hence,

$$
\begin{gathered}
d_{\kappa}(p, q) \geq\left(\frac{\kappa}{\kappa_{0}}\right) d_{\kappa_{0}}(p, q) \geq\left(\frac{\kappa_{1}}{\kappa_{0}}\right) d_{\kappa_{0}}(p, q) \underbrace{\geq}_{\left(\frac{\omega_{1}}{1.22}\right.} \\
\left(\frac{\kappa_{1}}{\kappa_{0}}\right) \frac{C}{\kappa_{0}} \underbrace{\geq}_{(1.24)} C\left(\frac{\kappa_{1}}{\kappa_{0}}\right)^{2} d_{H}(p, q) .
\end{gathered}
$$

Summarizing, provided the claim

$$
\begin{cases}d_{\kappa}(p, q) \geq \frac{C}{2} d_{H}(p, q), & \kappa \geq \kappa_{0} \\ d_{\kappa}(p, q) \geq C\left(\frac{\kappa_{1}}{\kappa_{0}}\right)^{2} d_{H}(p, q), & 0<\kappa<\kappa_{0}\end{cases}
$$

Up to renaming $C>0$,

$$
\begin{equation*}
d_{H}(p, q) \leq C d_{\kappa}(p, q) \quad \forall p, q \in \partial \Omega \text { s.t. } d_{H}(p, q) \geq \frac{1}{\kappa} . \tag{1.25}
\end{equation*}
$$

(1.21) and (1.25) yields

$$
d_{\kappa}(p, q) \leq d_{H}(p, q) \leq C d_{\kappa}(p, q) \quad \forall p, q \in \partial \Omega \text { s.t. } d_{H}(p, q) \geq \frac{1}{\kappa}
$$

Therefore, we finish the proof of Approximation Lemma 1.6 provided the proof of claim 1.3.1.
Proof of Claim 1.3.1. In the following, $C_{1}, C_{2}, \cdots$ will denote constants depending on $\Omega$, but not on $\kappa$. According to 1.20), $\exists C_{1}>0$ s.t.

$$
C_{1}|Z|^{2} \leq L_{\rho}(p ; Z) \quad \text { for } p \in \partial \Omega, Z \in H_{p} \partial \Omega .
$$

Let $\kappa_{0}:=\max \left\{\sqrt{2 C_{1}}, \frac{1}{\varepsilon_{0}}\right\}$. Suppose $\kappa \geq \kappa_{0}$ and let $a, b \in \partial \Omega$ such that $d_{H}(a, b) \geq$ $\frac{1}{\kappa}$. Since $\kappa \geq \kappa_{0} \geq \frac{1}{\varepsilon_{0}}$, we have $\frac{1}{\kappa} \leq \varepsilon_{0}$, hence Proposition 1.3 yields

$$
\operatorname{Box}\left(a, \frac{C_{2}}{\kappa}\right) \subseteq B_{H}\left(a, \frac{1}{\kappa}\right)
$$

for some $0<C_{2} \leq 1$. Since $d_{H}(a, b) \geq \frac{1}{\kappa}$,

$$
\begin{equation*}
b \notin B o x\left(a, \frac{C_{2}}{\kappa}\right) . \tag{1.26}
\end{equation*}
$$

By points 2. and 4. of Lemma 1.4, the outer unit normal $n=\nabla \rho=2 \bar{\partial}_{\rho}$ is a $C^{1}$-smooth function on $\partial \Omega$. Hence, it is Lipschitz, i.e. $\exists C_{3}>0$ such that

$$
\begin{equation*}
|n(x)-n(y)| \leq C_{3}|x-y| \quad \forall x, y \in \partial \Omega . \tag{1.27}
\end{equation*}
$$

Now let $\alpha:[0,1] \rightarrow \partial \Omega$ be any (piecewise) $C^{1}$-smooth curve connecting $a$ and $b$, and denote $A:=l_{E}(\alpha)$ the Euclidean length of $\alpha$. Since $\dot{\alpha}(t) \in T_{\alpha(t)} \partial \Omega$, we have

$$
\operatorname{Re}\langle\dot{\alpha}(t), n(\alpha(t))\rangle \underbrace{=}_{\underbrace{}_{1.1 \mid}=0} 0 \quad \text { for a.e. } t \in[0,1] .
$$

Therefore,

$$
\begin{gather*}
|\operatorname{Re}\langle\dot{\alpha}(t), n(a)\rangle|=|\operatorname{Re}\langle\dot{\alpha}(t), n(\alpha(t))+n(a)-n(\alpha(t))\rangle|= \\
|\operatorname{Re}[\langle\dot{\alpha}(t), n(\alpha(t))\rangle+\langle\dot{\alpha}(t), n(a)-n(\alpha(t))\rangle]|=  \tag{1.28}\\
|\operatorname{Re}\langle\dot{\alpha}(t), n(a)-n(\alpha(t))\rangle| \leq|\langle\dot{\alpha}(t), n(a)-n(\alpha(t))\rangle| \leq \\
|\dot{\alpha}(t)||n(a)-n(\alpha(t))| \underbrace{\leq}_{1.27}|\dot{\alpha}(t)| C_{3}|a-\alpha(t)| \leq C_{3} A|\dot{\alpha}(t)| .
\end{gather*}
$$

Integrating, we obtain

$$
\begin{align*}
|\operatorname{Re}\langle b-a, n(a)\rangle|= & \left|\operatorname{Re}\left\langle\int_{0}^{1} \dot{\alpha}(t) d t, n(a)\right\rangle\right|=\left|\int_{0}^{1} \operatorname{Re}\langle\dot{\alpha}(t), n(a)\rangle d t\right| \leq \\
& \int_{0}^{1}|\operatorname{Re}\langle\dot{\alpha}(t), n(a)\rangle d t| \underbrace{\leq}_{\underbrace{1.28}} C_{3} A^{2} . \tag{1.29}
\end{align*}
$$

Now we notice that, for all $Z, W \in \mathbb{C}^{n}$,

$$
|Z|^{2} \geq \frac{|W|^{2}}{2}-|Z-W|^{2}
$$

Indeed,

$$
\begin{gathered}
|Z|^{2}+|Z-W|^{2}-\frac{|W|^{2}}{2} \geq|Z|^{2}+(|Z|-|W|)^{2}-\frac{|W|^{2}}{2}= \\
2|Z|^{2}-2|Z||W|+\frac{|W|^{2}}{2}=2\left(|Z|+\frac{|W|}{2}\right)^{2} \geq 0
\end{gathered}
$$

Consequently,

$$
|Z|^{2}+|Z-W|^{2}-\frac{|W|^{2}}{2} \geq 0 \Longleftrightarrow|Z|^{2} \geq \frac{|W|^{2}}{2}-|Z-W|^{2}
$$

From $(\triangle)$ and (1.28) we get, for a.e. $t \in[0,1]$,

$$
\begin{gather*}
\left|\dot{\alpha}_{N}(t)\right|^{2}=\mid\left.\left\langle\dot{\alpha}(t),\left.n(\alpha(t)\rangle\right|^{2}=\right| \operatorname{Im}\langle\dot{\alpha}(t), n(\alpha(t))\rangle\right|^{2} \underbrace{\geq}_{(\Delta)} \\
\frac{|\operatorname{Im}\langle\dot{\alpha}(t), n(a)\rangle|^{2}}{2}-|\operatorname{Im}\langle\dot{\alpha}(t), n(\alpha(t))\rangle-\operatorname{Im}\langle\dot{\alpha}(t), n(a)\rangle|^{2}= \\
\frac{|\operatorname{Im}\langle\dot{\alpha}(t), n(a)\rangle|^{2}}{2}-|\operatorname{Im}\langle\dot{\alpha}(t), n(\alpha(t)), n(a)\rangle|^{2} \underbrace{\geq 1.28\}} \\
\frac{|\operatorname{Im}\langle\dot{\alpha}(t), n(a)\rangle|^{2}}{2}-C_{3}^{2} A^{2}|\dot{\alpha}(t)|^{2} . \tag{1.30}
\end{gather*}
$$

Now we denote

$$
C_{4}:=\min \left\{\frac{\sqrt{2 C_{1}}}{C_{3}}, \frac{C_{2}}{2 \sqrt{C_{3}}}, C_{2}\right\}
$$

and distinguish two cases:

$$
\begin{aligned}
& \text { (1) } A \geq \frac{C_{4}}{\kappa} \text {, } \\
& \text { (2) } A<\frac{C_{4}}{\kappa} \text {. }
\end{aligned}
$$

(1) Recall that $\kappa \geq \kappa_{0} \geq \sqrt{2 C_{1}}$. For $A \geq \frac{C_{4}}{\kappa}$, we have

$$
\begin{gather*}
l_{G_{\kappa}}(\alpha)=\int_{0}^{1}\left(\kappa^{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+L_{\rho}\left(\alpha(t) ; \dot{\alpha}_{H}(t)\right)\right)^{\frac{1}{2}} d t \geq \\
\int_{0}^{1}\left(\kappa^{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+C_{1}\left|\dot{\alpha}_{H}(t)\right|^{2}\right)^{\frac{1}{2}} d t \geq \int_{0}^{1}\left(2 C_{1}\left|\dot{\alpha}_{N}(t)\right|^{2}+C_{1}\left|\dot{\alpha}_{H}(t)\right|^{2}\right)^{\frac{1}{2}} d t \geq \\
\sqrt{C_{1}} \int_{0}^{1}\left(\left|\dot{\alpha}_{N}(t)\right|^{2}+\left|\dot{\alpha}_{H}(t)\right|^{2}\right)^{\frac{1}{2}} d t=\sqrt{C_{1}} A \geq \frac{\sqrt{C_{1} C_{4}}}{\kappa} . \tag{1.31}
\end{gather*}
$$

(2) In this case $C_{1} \geq \frac{\kappa^{2}}{2} C_{3}^{2} A^{2}$. Indeed, this is equivalent to $\frac{\sqrt{2 C_{1}}}{C_{3}} \geq \kappa A$, which is true as $\frac{\sqrt{2 C_{1}}}{C_{3}} \geq C_{4} \underbrace{>}_{\text {(2) }} \kappa A$. Moreover, since $|\dot{\alpha}(t)|=\left|\dot{\alpha}_{H}(t)\right|^{2}+\left|\dot{\alpha}_{N}(t)\right|^{2}$ and $\kappa \geq \kappa_{0} \geq \sqrt{2 C_{1}}$,

$$
\begin{equation*}
\kappa^{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+C_{1}\left|\dot{\alpha}_{H}(t)\right|^{2} \geq \frac{\kappa^{2}}{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+C_{1}|\dot{\alpha}(t)|^{2} \tag{1.32}
\end{equation*}
$$

This gives

$$
\begin{gather*}
l_{G_{\kappa}}(\alpha) \geq \int_{0}^{1}\left(\kappa^{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+C_{1}\left|\dot{\alpha}_{H}(t)\right|^{2}\right)^{\frac{1}{2}} d t \geq \\
\int_{0}^{1}\left(\frac{\kappa^{2}}{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+C_{1}|\dot{\alpha}(t)|^{2}\right)^{\frac{1}{2}} d t \geq \int_{0}^{1}\left(\frac{\kappa^{2}}{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+\frac{\kappa^{2}}{2} C_{3}^{2} A^{2}|\dot{\alpha}(t)|^{2}\right)^{\frac{1}{2}} d t= \\
\frac{\kappa}{\sqrt{2}} \int_{0}^{1}\left(\left|\dot{\alpha}_{N}(t)\right|^{2}+C_{3}^{2} A^{2}|\dot{\alpha}(t)|^{2}\right)^{\frac{1}{2}} d t \underbrace{\geq}_{\sqrt{1.30)}} \frac{\kappa}{\sqrt{2}} \int_{0}^{1}\left(\frac{1}{2}|\operatorname{Im}\langle\dot{\alpha}(t), n(a)\rangle|\right)^{\frac{1}{2}} d t \geq \\
\frac{\kappa}{2}|\operatorname{Im}\langle b-a, n(a)\rangle| . \tag{1.33}
\end{gather*}
$$

Now we denote $(b-a)_{N}:=\langle b-a, n(a)\rangle$ the projection of $(b-a)$ onto $N_{a} \partial \Omega$. From (1.29) and $C_{4} \leq \frac{C_{2}}{2 \sqrt{C_{3}}}$, i.e. $C_{3} \leq \frac{C_{2}^{2}}{4 C_{4}^{2}}$, we obtain

$$
\begin{gather*}
\left|\operatorname{Im}(b-a)_{N}\right| \geq\left|(b-a)_{N}\right|-\left|\operatorname{Re}(b-a)_{N}\right| \underbrace{\geq}_{\sqrt[\mid 1.29]{ } \geq}\left|(b-a)_{N}\right|-C_{3} A^{2} \geq \\
\left|(b-a)_{N}\right|-\frac{C_{2}^{2}}{4 C_{4}^{2}} A^{2} \underbrace{\geq}_{(2)}\left|(b-a)_{N}\right|-\frac{C_{2}^{2}}{4 \kappa^{2}} . \tag{1.34}
\end{gather*}
$$

(1.33) and (1.34) yields

$$
l_{G_{\kappa}}(\alpha) \geq \frac{\kappa}{2}\left|(b-a)_{N}\right|-\frac{C_{2}^{2}}{8 \kappa} .
$$

On the other hand, $C_{4} \leq C_{2}$ implies

$$
\begin{equation*}
\left|(b-a)_{H}\right| \leq|b-a| \leq A \underbrace{<}_{2)} \frac{C_{4}}{\kappa} \leq \frac{C_{2}}{\kappa} . \tag{1.35}
\end{equation*}
$$

In view of (1.26), which states that $b \notin \operatorname{Box}\left(a, \frac{C_{2}}{\kappa}\right)$, either $(b-a)_{H} \geq \frac{C_{2}}{\kappa}$ or $(b-a)_{N, 1} \geq \frac{C_{2}^{2}}{\kappa^{2}}$. By 1.35), we must have $\left|(b-a)_{N, 1}\right| \geq \frac{C_{2}^{2}}{\kappa^{2}}$. Hence, $\left|(b-a)_{N}\right| \geq$ $\left|(b-a)_{N, 1}\right| \geq \frac{C_{2}^{2}}{\kappa^{2}}$, and

$$
\begin{equation*}
l_{G_{\kappa}}(\alpha) \geq \frac{\kappa}{2} \frac{C_{2}^{2}}{\kappa^{2}}-\frac{C_{2}^{2}}{8 \kappa}=\frac{3 C_{2}^{2}}{8 \kappa} . \tag{1.36}
\end{equation*}
$$

(1.31) and (1.36) show that

$$
l_{G_{\kappa}}(\alpha) \geq \frac{C}{\kappa}
$$

for some uniform $C>0$. Taking the infimum over all admissible paths $\alpha$ we obtain the result. $\checkmark$

## Chapter 2

## Gromov hyperbolicity

The goal of this Chapter is to give a notion of hyperbolicity for general metric spaces, to then study some of their properties.

In section 2.1 we give a notion of hyperbolicity for geodesic metric spaces in terms of $\delta$-slim triangles (this notion is due to Rips). We will show three equivalent conditions for a space to be Rips-hyperbolic, and this shall help us understand the "intuitive" geometric approach.

In section 2.2 we introduce the Gromov product for metric spaces which not need to be geodesics. This will allow us to introduce the Gromov condition for ( $\delta$ )-hyperbolicity. This section ends with the proof that the Rips and Gromov conditions are compatible when dealing with metric spaces which are also geodesic. For Sections 2.1 and 2.2 we follow [4, part III, Chapter H, Section 1.

Section 2.3 is devoted to the proof that the classical hyperbolic spaces $\mathbb{H}^{n}, \mathbb{B}^{n}$ and $\mathbb{U}^{n}$ are Gromov-hyperbolic. Due to the fact that these are isometric as Riemannian manifolds, it is enough to show it for the Poincaré half-space $\mathbb{U}^{n}$.

### 2.1 Rips condition and $\delta$-hyperbolicity

We start this section by recalling some basic definitions on geodesic metric spaces.
Def 2.1. (geodesics) Let $(X, d)$ be a metric space. A geodesic path joining two points $x, y \in X$ is a map $c:[0, l] \rightarrow X$ such that $c(0)=x, c(l)=y$ and

$$
\begin{equation*}
d\left(c(t), c\left(t^{\prime}\right)\right)=\left|t-t^{\prime}\right| \forall t, t^{\prime} \in[0, l] . \tag{2.1}
\end{equation*}
$$

$[x, y]:=c([0, l])$ is called $a$ geodesic segment with endpoints $x$ and $y .(X, d)$ is a (uniquely) geodesic metric space if $\forall x, y \in X, \exists$ a (unique) geodesic path joining $x$ and $y$.
Def 2.2. (path length) Let $[a, b]$ be a real interval. We call $P_{[a, b]}$ the set of the partitions of $[a, b]$ :

$$
P_{[a, b]}:=\left\{a=t_{0}<t_{1} \ldots<t_{n}=b ; n \in \mathbb{N}\right\} .
$$

The length of a continuous path $c:[a, b] \rightarrow X$ is defined as

$$
l(c):=\sup _{\pi \in P_{[a, b]}} \sum_{i=1}^{n} d\left(c\left(t_{i}\right), c\left(t_{i-1}\right)\right) .
$$

If $l(c)<\infty$, then $c$ is said to be rectifiable.

Remark 2.1. $l(c) \geq d(c(a), c(b))$, as $\left\{t_{0}=a, t_{1}=b\right\}$ is just one partition (the smallest) between all the possible ones for which we take the supremum.

If $c$ is a geodesic between two points $x, y \in X$, we get a telescopic sum which does not depend on the partition

$$
\begin{gathered}
l(c)=\sup _{\pi \in P_{[0, l]}} \sum_{i=1}^{n} d\left(c\left(t_{i}\right), c\left(t_{i-1}\right)\right) \underbrace{=}_{\underline{\text { 2.1] }}} \sup _{\pi \in P_{[0, l]}} \sum_{i=1}^{n} t_{i}-t_{i-1}= \\
\sup _{\pi \in P_{[0, l]}} t_{n}-t_{0}=l-0=l=d(x, y) .
\end{gathered}
$$

Hence geodesics (when they exist) are paths with minimal lengths joining their ending points, and their length is exactly the distance between the endpoints. Here we used the fact that any rectifiable curve on $[a, b]$ can be reparametrized on $[0, l]$, where $l$ is the distance between the endpoints, by $\tilde{c}(t):=c\left(\left(\frac{b-a}{l}\right) t+a\right)$.

Def 2.3. (geodesic triangles) Let $X$ be a geodesic metric space. A geodesic triangle with vertices $x, y, z \in X$ is a closed set $\Delta(x, y, z) \subset X$ bounded by three geodesic segments joining its vertices. If $X$ is uniquely geodesic, then $\Delta(x, y, z)$ is unique.

We are now ready to give the definition of Rips-hyperbolicity.
Def 2.4. (Rips-hyperbolicity) Let $\delta \geq 0$. A geodesic triangle in a metric space $X$ is said to be $\delta$-slim if each of its sides is contained in the $\delta$-neighborhood of the union of the other two sides (see figure 2.1). A geodesic metric space $X$ is said to be $\delta$-hyperbolic if every triangle in $X$ is $\delta$-slim. We say that $X$ satisfies the Rips condition (or that $X$ is Rips-hyperbolic) if $\exists \delta \geq 0$ s.t. $X$ is $\delta$-hyperbolic.


Figure 2.1: A $\delta$-slim triangle
Sometimes we are interested in properties which depend only on the length of the sides of a geodesic triangle. In this case it can be useful to look at triangles in the Euclidean plane $\mathbb{E}:=\left(\mathbb{R}^{2}, d_{E}\right)$, where $d_{E}$ is the Euclidean distance, with the same sides length of the triangle we are dealing with.

Def 2.5. (Comparison triangles) Let $\left(X, d_{X}\right)$ be a metric space, and $\Delta:=$ $\Delta(x, y, z)$ be a geodesic triangle with vertices $x, y, z \in X$. A comparison triangle in $\mathbb{E}^{2}$ for $\Delta$ is a Euclidean triangle in $\mathbb{E}^{2}$ with vertices $\bar{x}, \bar{y}, \bar{z}$ such that

$$
d_{X}(x, y)=d_{E}(\bar{x}, \bar{y}), \quad d_{X}(y, z)=d_{E}(\bar{y}, \bar{z}), \quad d_{X}(x, z)=d_{E}(\bar{x}, \bar{z}) .
$$

Such a triangle exists thanks to the triangle inequality in $X$, and it is unique up to (Euclidean) isometry. We will denote such a comparison triangle $\Delta_{E}:=$ $\Delta_{E}(\bar{x}, \bar{y}, \bar{z})$.

We define $O_{\Delta_{E}} \subset \Delta_{E}$ the inscribed circle, and we denote the three meeting points between the comparison triangle $\Delta_{E}$ and its inscribed circle $O_{\Delta_{E}}$ as $\overline{i_{x}}, \overline{y_{y}}, \overline{i_{z}}$.

Moreover, we call $C_{\Delta}: \partial \Delta_{E} \rightarrow \partial \Delta$ the isometry between the boundaries of the triangles such that

$$
C_{\Delta}(\bar{x})=x, C_{\Delta}(\bar{y})=y, C_{\Delta}(\bar{z})=z
$$

and we get

$$
i_{x}:=C_{\Delta}\left(\overline{i_{x}}\right) \in[y, z], \quad i_{y}:=C_{\Delta}\left(\overline{i_{y}}\right) \in[x, z], \quad i_{z}:=C_{\Delta}\left(\overline{i_{z}}\right) \in[x, y] .
$$

$i_{x}, i_{y}, i_{z}$ are called the internal points of $\Delta$.


Figure 2.2: geometry of geodesic triangles
Now let $(X, d)$ be a metric space and let $\Delta:=\Delta(x, y, z)$ be a geodesic triangle in $X$. We define $T_{\Delta}:=T(a, b, c)$ the metric tree that has three vertices $v_{x}, v_{y}, v_{z}$ of valence 1 , one vertex $o_{\Delta}$ of valence 3 and three edges, connecting $v_{x}, v_{y}$ and $v_{z}$ with $o_{\Delta}$, of length $a, b, c$, s.t.

$$
a+b=d(x, y) ; \quad a+c=d(x, z) ; \quad b+c=d(y, z) .
$$

Such a tree $T_{\Delta}$ (figure 2.2) is called a tripod. The map $\{x, y, z\} \rightarrow\left\{v_{x}, v_{y}, v_{z}\right\}$ extends uniquely to a map

$$
\chi_{\Delta}: \partial \Delta \rightarrow T_{\Delta}
$$

whose restriction to each side of $\Delta$ is an isometry. We note that the only preimage that may have more than two points is $\chi_{\Delta}^{-1}\left(o_{\Delta}\right)=\left\{p \in \Delta ; \chi_{\Delta}(p)=o_{\Delta}\right\}$, which contains a point on each side of $\Delta$. Moreover, this points are the images in $\Delta$ of the points at which the comparison triangle $\Delta_{E} \subset \mathbb{E}^{2}$ meets its inscribed circle. Then, $\chi_{\Delta}^{-1}\left(o_{\Delta}\right)=\left\{i_{x}, i_{y}, i_{z}\right\}$.

Def 2.6. ( $\delta$-thin triangles) Let $\Delta$ be a geodesic triangle in a metric space $\left(X, d_{X}\right)$, and consider the map $\chi_{\Delta}: \Delta \rightarrow T_{\Delta}$ defined above. Let $\delta \geq 0$. The triangle $\Delta$ is said to be $\delta$-thin if $p, q \in \chi_{\Delta}^{-1}(t)$ implies $d_{X}(p, q) \leq \delta$ for all $t \in T_{\Delta}$. The diameter of $\chi_{\Delta}^{-1}\left(o_{\Delta}\right)$ is denoted insize $\Delta$.

Let us now see how this definitions are related to the one of $\delta$-slim triangles.
Proposition 2.1. (equivalent conditions for the Rips-hyperbolicity) Let $X$ be a geodesic space. The following conditions are equivalent:

1. $\exists \delta_{0} \geq 0$ s.t. every geodesic triangle in $X$ is $\delta_{0}$-slim ( $X$ is Rips-hyperbolic).
2. $\exists \delta_{1} \geq 0$ s.t. every geodesic triangle in $X$ is $\delta_{1}$-thin.
3. $\exists \delta_{2} \geq 0$ s.t. insize $\Delta \leq \delta_{2}$ for every geodesic triangle $\Delta$ in $X$.

Proof. Throughout the proof we consider a generic geodesic triangle $\Delta:=\Delta(x, y, z)$ in X , and we denote its sides $[x, y],[y, z],[x, z]$. Figure 2.2 is useful to follow the arguments.

- (2 $\quad \mathbf{1} \mathbf{1 )}$ If $p \in[x, y]$, we want to show that $d(p,[x, z] \cup[y, z]) \leq \delta_{0}$, for some $\delta_{0} \geq 0$ which does not depend on $p$. If $p=x$ or $p=y$ or the triangle is degenerate (two vertices coincide), any $\delta_{0} \geq 0$ works. Otherwise, $\operatorname{card}\left(\chi_{\Delta}^{-1}\left(\chi_{\Delta}(p)\right)\right)=2$. By hypothesis (2 holds) if $p^{\prime} \in \chi_{\Delta}^{-1}\left(\chi_{\Delta}(p)\right)$, then $d\left(p, p^{\prime}\right) \leq \delta_{1}$.
If we repeat the argument for $p \in[x, z]$ or $p \in[y, z]$ we obtain the same result. Therefore, $\Delta$ is $\delta_{1}-\operatorname{slim}$ (we can then consider $\delta_{0}=\delta_{1}$ ).
- $(\mathbf{1} \Rightarrow \mathbf{3})$ Now we consider the internal points $i_{x}, i_{y}, i_{z}$. Let us focus on $i_{x} \in$ $[y, z]$. By hypothesis ( 1 holds) it lies in the $\delta_{0}$-neighborhood of either $[x, y]$ or $[y, z]$. Let us suppose, without loss of generality, that it lies in the $\delta_{0-}$ neighborhood of $[x, y]$ and pick $p \in[x, y]$ such that $d\left(i_{x}, p\right) \leq \delta_{0}$.
By the triangle inequality, $\left|d(y, p)-d\left(y, i_{x}\right)\right| \leq d\left(p, i_{x}\right) \leq \delta_{0}$. By construction, $d\left(y, i_{x}\right)=d\left(y, i_{z}\right)$, so $d\left(i_{z}, p\right)=\left|d(y, p)-d\left(y, i_{z}\right)\right|=\left|d(y, p)-d\left(y, i_{x}\right)\right| \leq$ $\delta_{0}$.
Hence $d\left(i_{x}, i_{z}\right) \leq d\left(i_{x}, p\right)+d\left(p, i_{z}\right) \leq 2 \delta_{0}$.
Rephrasing the same argument, we get

$$
d\left(i_{y},\left\{i_{x}, i_{z}\right\}\right) \leq 2 \delta_{0} \quad \text { and } \quad d\left(i_{z},\left\{i_{x}, i_{y}\right\}\right) \leq 2 \delta_{0} .
$$

Therefore, insize $\Delta=\operatorname{diam} \chi_{\Delta}^{-1}\left(o_{\Delta}\right)=\max \left\{d\left(i_{x}, i_{y}\right), d\left(i_{x}, i_{z}\right), d\left(i_{y}, i_{z}\right)\right\} \leq$ $4 \delta_{0}=: \delta_{2}$.

- $(\mathbf{3} \Rightarrow \mathbf{2})$ Let us now consider a point $p \in[y, z]$ such that $d(y, p)<d\left(y, i_{x}\right)$. Then $\chi_{\Delta}^{-1}\left(\chi_{\Delta}(p)\right)=\{p, q\}$, with $q \in[x, y], d(y, q)=d(y, p)$. We now want to prove that $d(p, q) \leq \delta_{1}$ for some $\delta_{1} \geq 0$ which does not depend on $p, q$. We do it by constructing a geodesic triangle of which $p$ and $q$ are internal points.
Let $c:[0,1] \rightarrow X$ be a monotone parametrization of $[y, z]$. For each $t \in$ $[0,1]$, consider a geodesic triangle $\Delta_{t}:=\Delta(x, y, c(t))$, which has two sides that are $[y, x]$ and $c([0, t])$. We focus on the internal point of $\Delta_{t}$ on the side $c([0, t])$ : for $t=0$ it is $y$, and for $t=1$ it is $i_{x}$. The internal point of $\Delta_{t}$ on the side $c([0, t])$ varies continuously as a function of $t$, hence is has to be $p$ for some $t_{0} \in[0,1]$. Moreover, $d(y, p)=d(y, q)$, therefore $q$ is also an internal point of $\Delta_{t_{0}}$. Since $\Delta_{t_{0}}$ is a geodesic triangle, by assumption,

$$
d(p, q) \leq \text { insize }_{t_{t_{0}}} \underbrace{\leq}_{(3)} \delta_{2} .
$$

We notice that the choice of $p$ is made without loss of generality, as for all $p^{\prime} \in \Delta$ it suffices to choose a vertex and an internal point of $\Delta$ such that $p^{\prime}$ belongs to the segment joining them. Then one can repeat verbatim the proof considering $q^{\prime} \in \chi_{\Delta}^{-1}\left(\chi_{\Delta}\left(p^{\prime}\right)\right)$. Hence it suffices to pick $\delta_{1}:=\delta_{2}$.

### 2.2 Gromov product and ( $\delta$ )-hyperbolicity

Def 2.7. (Gromov product) Let $(X, d)$ be a metric space (not necessarily geodesic). The Gromov product of two points $y, z \in X$ with respect to $x \in X$ is

$$
(y \cdot z)_{x}:=\frac{d(y, x)+d(z, x)-d(y, z)}{2} .
$$

Remark 2.2. We notice that the Gromov product $(y \cdot z)_{x}$ measures exactly the length of the edge "a" of the tripod $T_{\Delta}$ associated to $\Delta:=\Delta(x, y, z)$.

Def 2.8. (Gromov-hyperbolicity) Let $\delta \geq 0$. A metric space $(X, d)$ is said to be ( $\delta$ )-hyperbolic if

$$
\begin{equation*}
(x \cdot y)_{w} \geq \min \left\{(x \cdot z)_{w},(y \cdot z)_{w}\right\}-\delta \tag{2.2}
\end{equation*}
$$

for all $x, y, z, w \in X . X$ is said to satisfy the Gromov condition (or to be Gromov-hyperbolic) if $\exists \delta \geq 0$ such that $X$ is ( $\delta$ )-hyperbolic.

Henceforth, when we say that a metric space $(X, d)$ is hyperbolic, we mean that it is Gromov-hyperbolic.

For fixed $w_{0} \in X$, we omit the subscript in the Gromov product, i.e. we denote $(x \cdot y):=(x \cdot y)_{w_{0}} \forall x, y \in X$.

Lemma 2.1. If $w_{0} \in X$ and

$$
(x \cdot y) \geq \min \{(x \cdot z),(y \cdot z)\}-\delta \quad \forall x, y, z \in X
$$

then,

$$
\begin{equation*}
(x \cdot y)+(z \cdot w)-\min \{(x \cdot z)+(y \cdot w),(y \cdot z)+(x \cdot w)\} \geq-2 \delta \tag{2.3}
\end{equation*}
$$

$\forall x, y, z, w \in X$.
Proof. Step 1: Let us first suppose that $\max \{(x \cdot z),(x \cdot w),(y \cdot z)\}=(x \cdot z)$. Then, by hypothesis,

$$
\left\{\begin{array}{l}
(x \cdot y) \geq \min \{(x \cdot z),(y \cdot z)\}-\delta=(y \cdot z)-\delta \\
(z \cdot w) \geq \min \{(x \cdot z),(x \cdot w)\}-\delta=(x \cdot w)-\delta
\end{array}\right.
$$

Summing term by term we obtain

$$
\begin{gathered}
(x \cdot y)+(z \cdot w) \geq(y \cdot z)+(x \cdot w)-2 \delta \geq \\
\min \{(x \cdot z)+(y \cdot w),(y \cdot z)+(x \cdot w)\}-2 \delta \quad \checkmark .
\end{gathered}
$$

Step 2: If $\max \{(x \cdot z),(x \cdot w),(y \cdot z)\}=(x \cdot w)$, we permute $z$ and $w$. By symmetry of Gromov product, this does not influence the quantity $(x \cdot y)+(z \cdot w)$, and brings us again in the situation of Step 1. We do the same for the case $\max \{(x \cdot z),(x \cdot w),(y \cdot z)\}=(y \cdot z)$, permuting $x$ and $y$.

This Lemma yields the following result.
Proposition 2.2. If condition (2.2) holds for all $x, y, z \in X$ and a fixed point $w_{0} \in X$, then the space is $(2 \delta)$-hyperbolic.

Proof. It suffices to show that the LHS of equation (2.3) is equal to

$$
(x \cdot y)_{w}-\min \left\{(x \cdot z)_{w},(y \cdot z)_{w}\right\}
$$

as it would mean that

$$
(x \cdot y)_{w} \geq \min \left\{(x \cdot z)_{w},(y \cdot z)_{w}\right\}-2 \delta \quad \forall x, y, z, w \in X
$$

which is exactly the definition of (2 2 )-hyperbolicity. By definition of Gromov product, the LHS of $(2.3)$ is

$$
\begin{array}{r}
(x \cdot y)+(z \cdot w)-\min \{(x \cdot z)+(y \cdot w),(x \cdot w)+(y \cdot z)\}= \\
\frac{1}{2}\left(d\left(x, w_{0}\right)+d\left(y, w_{0}\right)-d(x, y)+d\left(z, w_{0}\right)+d\left(w, w_{0}\right)-d(z, w)-\right. \\
\min \left\{d\left(x, w_{0}\right)+d\left(z, w_{0}\right)-d(x, z)+d\left(y, w_{0}\right)+d\left(w, w_{0}\right)-d(y, w),\right.  \tag{2.4}\\
\left.\left.d\left(x, w_{0}\right)+d\left(w, w_{0}\right)-d(x, w)+d\left(y, w_{0}\right)+d\left(z, w_{0}\right)-d(y, z)\right\}\right)= \\
-\frac{1}{2}(d(x, y)+d(z, w)+\min \{-d(x, z)-d(y, w),-d(x, w)-d(y, z)\}) .
\end{array}
$$

On the other hand,

$$
\begin{align*}
& (x \cdot y)_{w}-\min \left\{(x \cdot z)_{w},(y \cdot z)_{w}\right\}=\frac{1}{2}(d(x, w)+d(y, w)-d(x, y)-  \tag{2.5}\\
& \quad \min \{d(x, w)+d(z, w)-d(x, z), d(y, w)+d(z, w)-d(y, z)\})
\end{align*}
$$

The goal is to show that $(2.4)$ is equal to $(2.5)$, and this is true if and only if

$$
\begin{gathered}
-\min \{-d(x, z)-d(y, w),-d(x, w)-d(y, z)\}= \\
d(x, w)+d(y, w)-\min \{d(x, w)-d(x, z), d(y, w)-d(y, z)\} .
\end{gathered}
$$

There are two options for the RHS of the last expression:

1. $R H S=d(y, w)+d(x, z)$.

This happens if

$$
\begin{aligned}
& d(x, w)-d(x, z) \leq d(y, w)-d(y, z) \Longleftrightarrow \\
& -d(x, z)-d(y, w) \leq-d(x, w)-d(y, z) .
\end{aligned}
$$

Then $L H S=d(x, z)+d(y, w)=R H S$.
2. $R H S=d(x, w)+d(y, z)$.

This happens if

$$
\begin{aligned}
& d(x, w)-d(x, z) \geq d(y, w)-d(y, z) \Longleftrightarrow \\
& -d(x, z)-d(y, w) \geq-d(x, w)-d(y, z)
\end{aligned}
$$

Then $L H S=d(x, w)+d(y, z)=R H S$.

Remark 2.3. (Geometry behind Gromov condition) By the definition of Gromov Product 2.7, one can rewrite (2.2) as a 4-points condition:

$$
\begin{equation*}
d(x, w)+d(y, z) \leq \max \{d(x, y)+d(z, w), d(x, z)+d(y, w)\}+2 \delta, \tag{2.6}
\end{equation*}
$$

for all $w, x, y, z \in X$.
Let us now think of $w, x, y, z$ as the vertices of a tetrahedron. The expressions $d(x, y)+d(z, w), d(x, z)+d(y, w)$ and $d(x, w)+d(y, z)$ are called the pair sizes of $\{w, x, y, z\}$.

The reformulated inequality (2.6) states that if we list the pair sizes in increasing order, $S \leq M \leq L$, then

$$
L-M \leq 2 \delta .
$$

If we consider comparison triangles $\bar{\Delta}(x, w, y)$ and $\bar{\Delta}(x, w, z)$ in $\mathbb{E}^{2}$ and we glue them on the edge $[\bar{x}, \bar{w}]$ we obtain the configuration in figure [2.3, where the pair sizes correspond to the sum of the lengths of the opposite sides and sum of the lengths of the diagonals.

We are now ready to show that for a geodesic metric space the two notions of Gromov and Rips hyperbolicity we have given coincide.

Theorem 2.1. Let $X$ be a geodesic space. Then $X$ is Rips-hyperbolic $\Longleftrightarrow X$ is Gromov-hyperbolic.


Figure 2.3: glued comparison triangles
Proof. By Prop. 2.1, $X$ is Rips-hyperbolic $\Longleftrightarrow \exists \delta \geq 0$ s.t. insize $\Delta \leq \delta$ for every geodesic triangle $\Delta$ in $X$. Therefore, it suffices to prove that this condition is satisfied $\Longleftrightarrow X$ is Gromov-hyperbolic.
$(\Rightarrow)$ First we show that if insize $\Delta \leq \delta$ for all geodesic triangles $\Delta \subset X$, then $X$ is $(\delta)$-hyperbolic. Given $w, x, y, z \in X$ we can assume without loss of generality $S, M, L$ as before. We must show that $L \leq M+2 \delta$.

Let $\Delta=\Delta(x, w, y)$ and $\Delta^{\prime}=\Delta(x, z, w)$ be geodesic triangles, and denote their internal points with $\left(i_{x}, i_{w}, i_{y}\right)$ and $\left(i_{x}^{\prime}, i_{z}^{\prime}, i_{w}^{\prime}\right)$. Consider now the path from $y$ to $z$ through $i_{x}, i_{y}, i_{z}^{\prime}, i_{w}^{\prime}$ (see figure (2.4) for the picture for the comparison triangles $\left.\Delta_{E}(\bar{x}, \bar{w}, \bar{y}), \Delta_{E}^{\prime}(\bar{x}, \bar{z}, \bar{w})\right)$.


Figure 2.4:
Let us denote $l:=d\left(i_{y}^{\prime}, i_{z}^{\prime}\right)$. By the triangle inequality we get

$$
d(y, z) \leq b+\underbrace{d\left(i_{x}, i_{y}\right)}_{\leq \delta}+l+\underbrace{d\left(i_{z}^{\prime}, i_{w}^{\prime}\right)}_{\leq \delta}+d \leq b+l+d+2 \delta .
$$

On the other hand, $d(x, w)=a+c-l$, thus

$$
\begin{gathered}
L=d(x, w)+d(y, z) \leq a+c-l+b+d+l+2 \delta= \\
\underbrace{a+b}_{d(x, y)}+\underbrace{c+d}_{d(z, w)}+2 \delta=M+2 \delta .
\end{gathered}
$$

$(\Leftarrow)$ Now we assume that $X$ is $(\delta)$-hyperbolic, and we deduce that insize $\Delta \leq$ $6 \delta$ for all geodesic triangles $\Delta=\Delta(x, y, z) \subset X$.

Let us consider the internal point $i_{x} \in[y, z]$. We want to apply the 4 -points condition (2.6) to $\left\{x, y, z, i_{x}\right\}$.
Claim 2.2.1. The biggest of the pair sizes for $\left\{x, y, z, i_{x}\right\}$ is $d\left(x, i_{x}\right)+d(y, z)$.
Proof of Claim 2.2.1. Since $d(y, z)=d\left(y, i_{x}\right)+d\left(i_{x}, z\right)$, by the triangle inequality

$$
\begin{gathered}
2\left[d\left(x, i_{x}\right)+d(y, z)\right]=\left[d\left(x, i_{x}\right)+d\left(i_{x}, z\right)\right]+\left[d\left(x, i_{x}\right)+d\left(i_{x}, y\right)\right]+d(y, z) \\
\geq d(x, z)+d(x, y)+d(y, z)=P(\Delta)
\end{gathered}
$$

where $P(\Delta)$ denotes the perimeter of $\Delta$. On the other hand,

$$
\begin{gathered}
d\left(z, i_{x}\right)+d(x, y)=d\left(z, i_{x}\right)+d\left(x, i_{z}\right)+d\left(i_{z}, y\right)=\frac{P(\Delta)}{2}, \\
d\left(y, i_{x}\right)+d(x, z)=d\left(y, i_{x}\right)+d\left(x, i_{y}\right)+d\left(i_{y}, z\right)=\frac{P(\Delta)}{2} .
\end{gathered}
$$

Therefore, (2.6) yields

$$
d\left(x, i_{x}\right)+d(z, y) \leq \max \left\{d\left(z, i_{x}\right)+d(x, y), d\left(y, i_{x}\right)+d(x, z)\right\}+2 \delta \leq \frac{P(\Delta)}{2}+2 \delta .
$$

We notice that even $d(y, z)$ and $d\left(x, i_{z}\right)$ sum up to $\frac{P(\Delta)}{2}$, hence

$$
d\left(x, i_{x}\right)+d(z, y) \leq d(y, z)+d\left(x, i_{z}\right)+2 \delta \Longrightarrow d\left(x, i_{x}\right)-d\left(x, i_{z}\right) \leq 2 \delta .
$$

Following an argument analogous to the proof of Claim 2.2.1 for the points $\left\{x, y, z, i_{z}\right\}$, one can show that $d\left(z, i_{z}\right)+d(x, y) \leq \frac{P(\Delta)}{2}+2 \delta$. Notice that $d(y, x)+d\left(z, i_{x}\right)=\frac{P(\Delta)}{2}$, hence

$$
d\left(z, i_{z}\right)+d(x, y) \leq d(y, x)+d\left(z, i_{x}\right)+2 \delta \Longleftrightarrow d\left(z, i_{z}-d\left(z, i_{x}\right) \leq 2 \delta .\right.
$$

Let us now consider the four points $\left\{x, z, i_{x}, i_{z}\right\}$. Now the pair sizes are: $d\left(x, i_{z}\right)+d\left(z, i_{x}\right)=d(x, z), d(x, z)+d\left(i_{x}, i_{z}\right)$ and $d\left(x, i_{x}\right)+d\left(z, i_{z}\right)$. The last of these is such that

$$
\begin{align*}
d\left(x, i_{x}\right)+d\left(z, i_{z}\right)= & \underbrace{d\left(x, i_{x}\right)-d\left(x, i_{z}\right)}_{\leq 2 \delta}+d\left(x, i_{z}\right)+d\left(z, i_{x}\right) \underbrace{-d\left(z, i_{x}\right)+d\left(z, i_{z}\right)}_{\leq 2 \delta} \leq \\
& d\left(x, i_{z}\right)+d\left(z, i_{x}\right)+4 \delta=d(x, z)+4 \delta . \tag{2.7}
\end{align*}
$$

Following the order in which we have written the pair sizes, the second is greater than the first, being the first itself plus a positive quantity. The third is greater than the first as well, and this can be seen as follows: If we call $O_{x z}$ the intersection point between $\left[x, i_{x}\right]$ and $\left[z, i_{z}\right]$ (see figure 2.5), and we look at the geodesic triangles $\Delta\left(z, i_{x}, O_{x z}\right)$ and $\Delta\left(x, i_{z}, O_{x z}\right)$, we get

$$
\begin{aligned}
& d\left(x, i_{z}\right) \leq d\left(x, O_{x z}\right)+d\left(O_{x z}, i_{z}\right), \\
& d\left(z, i_{x}\right) \leq d\left(z, O_{x z}\right)+d\left(O_{x z}, i_{x}\right) .
\end{aligned}
$$



Figure 2.5: 4 points condition for $\left\{x, z, i_{x}, i_{z}\right\}$

The sum of the left hand sides give $d(x, z)$, i.e. the first pair size, while the sum of the right hand sides gives exactly $d\left(x, i_{x}\right)+d\left(z, i_{z}\right)$, i.e. the third pair size. Therefore, applying the 4 points condition (2.6) to $\left\{x, z, i_{x}, i_{z}\right\}$ we get

$$
d(x, z)+d\left(i_{x}, i_{z}\right)-d\left(x, i_{x}\right)-d\left(z, i_{z}\right) \leq 2 \delta
$$

Now we apply the condition (2.7) found above and we get

$$
d(x, z)+d\left(i_{x}, i_{z}\right)-d(x, z)-4 \delta \leq 2 \delta \Longleftrightarrow d\left(i_{x}, i_{z}\right) \leq 6 \delta .
$$

The argument can be repeated starting with $i_{y} \in[x, z]$ and $i_{z} \in[x, y]$ to get also

$$
\begin{gathered}
d\left(i_{y}, i_{x}\right) \leq 6 \delta, \quad d\left(i_{z}, i_{y}\right) \leq 6 \delta ; \\
\Longrightarrow \text { insize } \Delta \leq 6 \delta .
\end{gathered}
$$

### 2.3 Classical hyperbolic spaces are Gromov-hyperbolic

In this section we want to show that Gromov-hyperbolicity generalizes the notion of hyperbolic spaces as Riemannian manifolds with constant negative (sectional) curvature. In particular, we want to show that the "classical hyperbolic spaces" (hyperboloid, Poincaré ball and Poincaré half-space) are Gromov-hyperbolic when endowed with the distance functions induced by specific Riemannian metrics.

We start by introducing the classical models of hyperbolic geometry.

Def 2.9. (hyperboloid model) $\mathbb{H}_{R}^{n}$ is the "upper sheet" of the two sheeted hyperboloid in $\mathbb{R}^{n+1}$, defined as

$$
\mathbb{H}_{R}^{n}:=\left\{\left(\xi_{1}, \ldots, \xi_{n}, \tau\right) \in \mathbb{R}^{n+1} \text { s.t. } \tau^{2}-|\xi|^{2}=R^{2}, \tau>0\right\}
$$

endowed with the Riemannian metric

$$
h_{R}^{1}:=i^{*} m,
$$

where $i: \mathbb{H}_{R}^{n} \hookrightarrow \mathbb{R}^{n+1}$ is the inclusion, and $m$ is the Minkowski metric on $\mathbb{R}^{n+1}$ :

$$
\begin{equation*}
m=\left(d \xi_{1}\right)^{2}+\ldots+\left(d \xi_{n}\right)^{2}-(d \tau)^{2} \tag{2.8}
\end{equation*}
$$

Def 2.10. (Poincaré ball model) $\mathbb{B}_{R}^{n}$ is the ball of radius $R$ in $\mathbb{R}^{n}$, with the metric given in coordinates $\left(u_{1}, \ldots, u_{n}\right)$ by

$$
h_{R}^{2}:=4 R^{2} \frac{\left(d u_{1}\right)^{2}+\ldots+\left(d u_{n}\right)^{2}}{\left(R-|u|^{2}\right)^{2}}
$$

Def 2.11. (Poincaré half-space model) $\mathbb{U}_{R}^{n}$ is the upper half space in $\mathbb{R}^{n}$, defined in coordinates $\left(x_{1}, \ldots, x_{n-1}, y\right)$ such that $y>0$, with the metric

$$
h_{R}^{3}:=R^{2} \frac{\left(d x_{1}\right)^{2}+\ldots+\left(d x_{n-1}\right)^{2}+d y^{2}}{y^{2}} .
$$

Theorem 2.2. (Classical hyperbolic Spaces) For all $R>0$, the Riemannian manifolds $\mathbb{H}_{R}^{n}, \mathbb{B}_{R}^{n}, \mathbb{U}_{R}^{n}$ are isometric.
Proof. See [14], Prop. 3.5 page 38.
The goal now is to prove that the classical hyperbolic space with radius 1 (in any of its realization $\left.\mathbb{H}^{n}, \mathbb{B}^{n}, \mathbb{U}^{n}\right)$ is Gromov-hyperbolic. It suffices to prove it for the Poincaré half-space $\mathbb{U}^{n}$ for $n=2$, as each geodesic triangle in $\mathbb{U}^{n}$ can be seen in an isometrically embedded copy of $\mathbb{U}^{2}$.

We will now give a proof of the Gromov-hyperbolicity of $\mathbb{U}^{2}$, following the proof of Theorem 7.2, in [3], page 285, which relies on a direct check of the 4points condition 2.6). The idea of this proof will be used again in Chapter 4 to check the Gromov-hyperbolicity of strictly pseudoconvex domains with the "artificial" distance $g$ in (4.3).

For this proof we will need an expression for the distance function $d_{h^{3}}$.
Lemma 2.2. If $P, Q \in \mathbb{U}^{2}$, then

$$
\begin{equation*}
d_{h^{3}}(P, Q)=2 \ln \frac{|P-Q|+|P-\bar{Q}|}{2 \sqrt{\operatorname{Im}(P) \operatorname{Im}(Q)}} \tag{2.9}
\end{equation*}
$$

Proof. See [10], Th. 1.2.6 page 6.
Theorem 2.3. $\mathbb{U}^{2}$ is Gromov-hyperbolic.
Proof. Now we want to check that the 4 -points condition (2.6) is satisfied, i.e. $\exists \delta \geq 0$ s.t. for all $P_{j}=x_{j}+i y_{j}, j=1, \cdots 4$,

$$
\begin{gathered}
d_{h^{3}}\left(P_{1}, P_{2}\right)+d_{h^{3}}\left(P_{3}, P_{4}\right) \leq \\
\max \left\{d_{h^{3}}\left(P_{1}, P_{3}\right)+d_{h^{3}}\left(P_{2}, P_{4}\right), d_{h^{3}}\left(P_{1}, P_{4}\right)+d_{h^{3}}\left(P_{2}, P_{3}\right)\right\}+2 \delta .
\end{gathered}
$$

Let us define $r_{j k}:=\left|P_{j}-P_{k}\right|+\left|P_{j}-\bar{P}_{k}\right|$, for $j, k=1, \cdots 4$, where $\left|P_{j}-P_{k}\right|$ is the Euclidean distance. Then

1. $r_{j k}=r_{k j}$, as $\left|P_{j}-\bar{P}_{k}\right|=\left|P_{k}-\bar{P}_{j}\right|$;
2. $r_{j k} \leq r_{j l}+r_{l k}$ for $l=1, \cdots 4$, thanks to the triangle inequality.

Claim 2.3.1. $r_{12} r_{34} \leq 4 \max \left\{r_{13} r_{24}, r_{14} r_{23}\right\}$.
Proof of Claim 2.3.1. If we assume that $\min \left\{r_{13}, r_{32}, r_{14}\right\}=r_{13}$, then by the two properties above

$$
\begin{gathered}
r_{12} \leq r_{13}+r_{32} \leq 2 r_{23} \\
r_{34} \leq r_{31}+r_{14} \leq 2 r_{14} \\
\Rightarrow r_{12} r_{34} \leq 2 r_{23} 2 r_{14} \leq \max \left\{r_{23} r_{14}, r_{13} r_{24}\right\} .
\end{gathered}
$$

If $\min \left\{r_{13}, r_{32}, r_{14}\right\}=r_{32}$, we permute $P_{2}$ and $P_{1}$. This doesn't change the procedure above, by simmetry of $r_{j k}$.

If $\min \left\{r_{13}, r_{32}, r_{14}\right\}=r_{14}$, we argue the same, permuting $P_{3}$ and $P_{4}$.
If we divide each side of the above inequality by $4 \sqrt{y_{1} y_{2} y_{3} y_{4}}$ we get, by monotonicity of the logaritm

$$
\ln \left(\frac{r_{12}}{2 \sqrt{y_{1} y_{2}}} \frac{r_{34}}{2 \sqrt{y_{3} y_{4}}}\right) \leq \ln \left(4 \max \left\{\frac{r_{23} r_{14}}{4 \sqrt{y_{1} y_{2} y_{3} y_{4}}}, \frac{r_{13} r_{24}}{4 \sqrt{y_{1} y_{2} y_{3} y_{4}}}\right\}\right)
$$

We recall that the logaritm of a product is the sum of logaritms, and the formula for the hyperbolic distance (2.9), to get

$$
\begin{gathered}
d_{h^{3}}\left(P_{1}, P_{2}\right)+d_{h^{3}}\left(P_{3}, P_{4}\right) \leq \\
\max \left\{d_{h^{3}}\left(P_{1}, P_{3}\right)+d_{h^{3}}\left(P_{2}, P_{4}\right), d_{h^{3}}\left(P_{1}, P_{4}\right)+d_{h^{3}}\left(P_{2}, P_{3}\right)\right\}+2 \ln (4) .
\end{gathered}
$$

Therefore, $\mathbb{U}^{2}$ is (ln 4)-hyperbolic and, as a consequence, Gromov-hyperbolic.
Remark 2.4. (Extension to $\boldsymbol{n}>2)$ : One can prove that $\left(\mathbb{U}^{n}, d_{h^{3}}\right)$ is (uniquely) geodesic (see 14] Proposition 5.14, page 83). Hence, by Theorem 2.1 and 2.3, $\mathbb{U}^{2}$ is Rips-hyperbolic. To prove Gromov-hyperbolicity of $\mathbb{U}^{n}$ it then suffices to check Rips-hyperbolicity, and this can be done by noticing that each geodesic triangle in $\mathbb{U}^{n}$ is contained in an isometrically embedded copy of $\mathbb{U}^{2}$.

## Chapter 3

## Kobayashi hyperbolicity

As in Chapter 2 we defined a notion of hyperbolicity for general metric spaces, in Chapter 3 we shall give a definition of hyperbolicity for complex spaces, where a complex space is roughly speaking a closed subspace of $\mathbb{C}^{n}$ given as a zero set of some $k<n$ holomorphic functions. Particularly, complex manifolds, CR manifolds and some other objects are included into "complex spaces".

Kobayashi, in 1967, defined a natural semi-distance on any complex space. Instead of taking the distance between two points by linking them by Riemannian geodesics and computing the infimum of their length with respect to the Riemannian metric, he joins points by a chain of discs and takes their distance computing an infimum with respect to the hyperbolic metric. He calls a complex space hyperbolic when the semi-distance is a distance. Notice that the Kobayashi semi-distance may be identically zero. For example, it is identically zero on the complex plane $\mathbb{C}$. This occurs because $\mathbb{C}$ contains arbitrarily big discs.

We show that the Kobayashi semi-distance on the Poincaré disc is indeed equal to the Poincaré distance, making $\mathbb{D}:=\mathbb{B}^{2}$ Kobayashi-hyperbolic. As a consequence, we will be able to give another example of Kobayashi-hyperbolic spaces: the polydiscs.

We also see that the bounded strictly pseudoconvex domains $\Omega \subset \mathbb{C}^{n}$ defined in Chapter 2 are Kobayashi-hyperbolic. As a consequence, we will be allowed to study (in Chapter 4) Gromov-hyperbolicity of such metric spaces when endowed with the Kobayashi distance. For Sections 3.1 and 3.2 we follow [12], Chapter I, Sections 1 and 2.

In Section 3.3 we give an equivalent definition of the Kobayashi semi- distance as the semi-distance function induced by a semi-Finsler metric

### 3.1 Holomorphic maps and the hyperbolic distance

The core of the concept of Kobayashi-hyperbolicity lies in Schwarz-Pick Lemma, which gives a bound for the derivative of any holomorphic map from the unit disc $\mathbb{D}:=\mathbb{B}^{2}$ to itself, making it distance decreasing for the hyperbolic distance. On a complex manifold (or complex space) $X$, the Kobayashi semi-distance results to be the largest semi-distance $d_{X}$ on $X$ such that

$$
d_{X}(f(x), f(y)) \leq d_{h^{2}}(x, y),
$$

for all holomorphic maps $f$ from the unit disc $\mathbb{D}$ to $X$. In a sense, this formula generalizes Schwarz-Pick lemma to all complex spaces.

Def 3.1. (semi-distance): A semi-distance function over a set $X$ is a non-negative function $d: X \times X \rightarrow \mathbb{R}$ such that for all $x, y, z \in Z$ :

1. $d(x, y)=d(y, x)$;
2. $d(x, y) \leq d(x, z)+d(z, y)$;
3. $x=y \quad \Rightarrow \quad d(x, y)=0$.

This definition differs from the one of "distance function" only for the last condition, which for a distance function is $x=y \Longleftrightarrow d(x, y)=0$.

Def 3.2. (distance decreasing maps): Let $(X, d),\left(X^{\prime}, d^{\prime}\right)$ be two spaces with semi-distance functions $d, d^{\prime}$. A map $f: X \rightarrow X^{\prime}$ is said to be distance decreasing if

$$
d^{\prime}\left(f\left(x_{1}\right), f\left(x_{2}\right)\right) \leq d\left(x_{1}, x_{2}\right) \quad \forall x_{1}, x_{2} \in X .
$$

Proposition 3.1. (Schwarz-Pick Lemma): Let $f: \mathbb{D} \rightarrow \mathbb{D}$ be a holomorphic map of the disc into itself. Then for each $z \in \mathbb{D}$

$$
\begin{equation*}
\frac{\left|f^{\prime}(z)\right|}{1-|f(z)|^{2}} \leq \frac{1}{1-|z|^{2}} \tag{3.1}
\end{equation*}
$$

and equality holds if and only if $f$ is an automorphism.
Proof. See [12], Prop. 1.1
Corollary 3.1. A holomorphic map $f: \mathbb{D} \rightarrow \mathbb{D}$ is distance decreasing for the hyperbolic distance, i.e.

$$
d_{h^{2}}(f(z), f(w)) \leq d_{h^{2}}(z, w), \quad \forall z, w \in \mathbb{D} .
$$

Proof. If we consider a (piecewise) differentiable path $\gamma:[0,1] \rightarrow X$ joining $z$ and $w$, then $f \circ \gamma:[0,1] \rightarrow X$ is a (piecewise) differentiable path joining $f(z)$ and $f(w)$. Then

$$
\begin{gathered}
d_{h^{2}}(f(z), f(w)) \leq 2 \int_{0}^{1} \frac{|(f \dot{\circ} \gamma)(t)|}{1-|f(\gamma(t))|^{2}} d t= \\
2 \int_{0}^{1} \frac{\left|f^{\prime}(\gamma(t))\right||\dot{\gamma}(t)|}{1-|f(\gamma(t))|^{2}} d t \underbrace{\leq}_{\text {(3.1) }} 2 \int_{0}^{1} \frac{|\dot{\gamma}(t)|}{1-|\gamma(t)|^{2}} d t .
\end{gathered}
$$

Taking the inf over all possible paths $\gamma$ on the RHS, to obtain $d_{h^{2}}(z, w)$, we get the result.

### 3.2 Kobayashi semi-distance

The Kobayashi semi-distance is defined on complex spaces, but since in this section we will be dealing mostly with complex manifolds, we recall the definition.

Def 3.3. A Complex manifold is a topological manifold with an atlas of charts to the open unit disc in $\mathbb{C}^{n}$, such that the transition maps are holomorphic.

Let now $X$ be a complex manifold (space), and consider $x, y \in X$. We consdier a sequence of holomorphic embeddings

$$
f_{k}: \mathbb{D} \rightarrow X, \quad k=1, \cdots, m, \quad m \in \mathbb{N},
$$

such that $f_{k}(\mathbb{D}) \cap f_{k+1}(\mathbb{D}) \neq \emptyset, x \in f_{1}(\mathbb{D}), y \in f_{m}(\mathbb{D})$. We take $x=: x_{0}, y=: x_{m}$ and for each $k=1, \cdots, m-1$ we pick $x_{k} \in f_{k}(\mathbb{D}) \cap f_{k+1}(\mathbb{D})$ and we call $p_{k}:=$ $f_{k}^{-1}\left(x_{k}\right), p_{0}=f_{1}^{-1}\left(x_{0}\right), p_{m}=f_{m}^{-1}\left(x_{m}\right)$. We consider the geodesic joining $p_{k-1}$ to $p_{k}$, and by its image we connect $x_{k-1}$ to $x_{k}$. In this way we obtain a piecewise smooth curve $\gamma_{x, y}$ connecting $x$ and $y$, called a Kobayashi path (see figure 3.1). Taking the infimum over all possible Kobayashi paths, i.e. all the possible choices of $\left\{f_{k}\right\}_{k=1, \cdots, m}$ and $\left\{p_{k}\right\}_{k=0, \cdots, m}$, we define the Kobayashi semi-distance

$$
\begin{equation*}
d_{K, X}(x, y):=\inf \sum_{k=1}^{m} d_{h^{2}}\left(p_{k-1}, p_{k}\right) . \tag{3.2}
\end{equation*}
$$

$\sum_{k=1}^{m} d_{h^{2}}\left(p_{k-1}, p_{k}\right)$ is called a Kobayashi sum.


Figure 3.1: Kobayashi path
Remark 3.1. $d_{K, X}$ is a semi-distance. Indeed,

1. $d_{K, X}(x, y)=d_{K, X}(y, x)$ by symmetry of $d_{h^{2}}$;
2. $d_{K, X}(x, y) \leq d_{K, X}(x, z)+d_{K, X}(z, y) \forall z \in X$, as if we concatenate Kobayashi paths $\gamma_{x, z}$ and $\gamma_{z, y}$, we obtain a Kobayashi path $\gamma_{x, z, y}$ joining $x$ and $y$ via $z$. Such paths are only a subset of all possible Kobayashi paths joining $x$ and $y$, hence $d_{K, X}(x, y)$ is lower than the infimum of the Kobayashy sums taken over the Kobayashi paths $\gamma_{x, z, y}$, which is exactly $d_{K, X}(x, z)+d_{K, X}(z, y)$.
3. $d_{K, X}(x, y) \geq 0 \forall x, y \in X$, as $d_{h^{2}}$ is a distance, but $d_{K, X}(x, y)$ may be 0 even for $x \neq y$.
Remark 3.2. If $X$ is not connected, then there is no Kobayashi path joining two points $x, y$ in two distinct connected components. In such case we put $d_{K, X}(x, y)=$ $\infty$.

If $X$ is connected, then there exists a chain of discs in $X$ joining $x$ to $y$, so $d_{K, X}(x, y)<\infty$. For a proof of this last statement see [12], page 15.
Example 3.1. If $X=\mathbb{D}$, then $d_{K, \mathbb{D}}$ coincides with the hyperbolic distance.
Proof. Let $z, w \in \mathbb{D}$. Since the geodesic joining $z$ and $w$ is the path of minimal length between them (2.1),

$$
d_{h^{2}}(z, w) \leq d_{K, \mathbb{D}}(z, w)
$$

On the other hand, if $f: \mathbb{D} \rightarrow \mathbb{D}$ is a holomorphic embedding,

$$
\begin{aligned}
& d_{K, \mathbb{D}}(z, w) \leq d_{h^{2}}\left(f^{-1}(z), f^{-1}(w)\right) \underbrace{\leq}_{\underbrace{\leq}_{3.1}} d_{h^{2}}(z, w) . \\
& \quad \Longrightarrow d_{K, \mathbb{D}}(z, w)=d_{h^{2}}(z, w) \quad \forall z, w \in \mathbb{D} .
\end{aligned}
$$

Example 3.2. If $X=\mathbb{C}$ (with the Euclidean metric), then $d_{K, \mathbb{C}} \equiv 0$.
Proof. Let $z \neq w \in \mathbb{C}$. Consider a sequence of embeddings $f_{k}: \mathbb{D} \rightarrow \mathbb{C}$ such that $f_{k}(0)=z$ and $f_{k}\left(w_{k}\right)=w$, with $w_{k} \xrightarrow[k \rightarrow \infty]{h^{2}} 0$. One can do so by choosing $w_{k}$ in the direction of $w-z$, applying a dilation $\lambda_{k}$ such that $\left|\lambda_{k}\left(w_{k}\right)\right|=|w-z|$ and then applying the translation $0 \mapsto z$. This yields

$$
d_{K, \mathbb{C}}(z, w) \leq \inf _{k \in \mathbb{N}} d_{h^{2}}\left(0, w_{k}\right)=0
$$

Proposition 3.2. Let $f: X \rightarrow Y$ be a holomorphic map of complex manifolds (spaces). Then $f$ is distance decreasing for the Kobayashi semi-distance, i.e. $\forall x, x^{\prime} \in X$, we have

$$
d_{K, Y}\left(f(x), f\left(x^{\prime}\right)\right) \leq d_{K, X}\left(x, x^{\prime}\right)
$$

Proof. This is a direct consequence of Schwarz-Pick Lemma 3.1.
Lemma 3.1. Let $X, Y$ be complex manifolds (spaces). Then, for $x, x^{\prime} \in X, y, y^{\prime} \in$ $Y$, we have

$$
\begin{equation*}
d_{K, X \times Y}\left((x, y),\left(x^{\prime}, y^{\prime}\right)\right) \geq \max \left[d_{K, X}\left(x, x^{\prime}\right), d_{K, Y}\left(y, y^{\prime}\right)\right] . \tag{3.3}
\end{equation*}
$$

Proof. Let us consider $\pi_{X}: X \times Y \rightarrow X, \pi_{X}(x, y):=x$. The projection $\pi_{X}$ is holomorphic, hence by Prop. 3.2 is distance decreasing:

$$
d_{K, X \times Y}\left((x, y),\left(x^{\prime}, y^{\prime}\right)\right) \geq d_{K, X}\left(\pi_{X}(x, y), \pi_{X}\left(x^{\prime}, y^{\prime}\right)\right)=d_{K, X}\left(x, x^{\prime}\right)
$$

We can do the same with $\pi_{Y}: X \times Y \rightarrow Y, \pi_{Y}(x, y):=y$, and this concludes the proof.

### 3.3 Kobayashi hyperbolicity

We are now ready to give the definition of Kobayashi-hyperbolicity.
Def 3.4. (Kobayashi hyperbolicity): A complex manifold (space) is said to be Kobayashi-hyperbolic (or K-hyperbolic) if the Kobayashi semi-distance $d_{K, X}$ is distance, i.e. $x \neq y \Rightarrow d_{K, X}(x, y) \neq 0$.
Remark 3.3. By Examples 3.1 and 3.2 we can immediately conclude that $\mathbb{D}$ is $K$-hyperbolic, while $\mathbb{C}$ is not.

Example 3.3. Polydiscs are $K$-hyperbolic, where a polydisc is a cartesian product of discs, $\mathbb{D}^{N}:=\underbrace{\mathbb{D} \times \cdots \times \mathbb{D}}_{N \text { times }}$. In particular,

$$
\begin{equation*}
d_{K, \mathbb{D}^{N}}\left(\left(x_{1}, \cdots, x_{N}\right),\left(y_{1}, \cdots, y_{N}\right)\right)=\max _{i=1, \cdots, N} d_{K, \mathbb{D}}\left(x_{i}, y_{i}\right) \tag{3.4}
\end{equation*}
$$

Proof. We check (3.4) for $N=2$. Up to isometry we can assume $\left(x_{1}, x_{2}\right)=(0,0)$ and $\left|y_{1}\right| \geq\left|y_{2}\right|$. Let us consider

$$
f: \mathbb{D} \rightarrow \mathbb{D} \times \mathbb{D} \quad, \quad f(z):=\left(z, \frac{y_{2}}{y_{1}} z\right)
$$

Then $f(0)=(0,0)$ and $f\left(y_{1}\right)=\left(y_{1}, y_{2}\right)$. Moreover, $f$ is distance decreasing (Prop. 3.2), therefore

$$
d_{K, \mathbb{D}^{2}}\left((0,0),\left(y_{1}, y_{2}\right)\right)=d_{K, \mathbb{D}}\left(f(0), f\left(y_{1}\right)\right) \leq d_{K, \mathbb{D}}\left(0, y_{1}\right) .
$$

Lemma 3.1 gives us the opposite inequality, $d_{K, \mathbb{D}^{2}}\left((0,0),\left(y_{1}, y_{2}\right)\right) \geq d_{K, \mathbb{D}}\left(0, y_{1}\right)$, and this concludes the proof.

Important properties of Kobayashi-hyperbolicity are that it is preserved by the product of K-hyperbolic manifolds and by subspaces.
Lemma 3.2. Product of K-hyperbolic manifolds (spaces) is K-hyperbolic, i.e. $X, Y$ are $K$-hyperbolic $\Rightarrow X \times Y$ is $K$-hyperbolic.
Proof. If $d_{K, X \times Y}\left((x, y),\left(x^{\prime}, y^{\prime}\right)\right)=0$, then Lemma 3.1 yields

$$
\max \left[d_{K, X}\left(x, x^{\prime}\right), d_{K, Y}\left(y, y^{\prime}\right)\right]=0
$$

The last expression implies that $x=x^{\prime}, y=y^{\prime} \Rightarrow(x, y)=\left(x^{\prime}, y^{\prime}\right)$.
Lemma 3.3. Let $Y$ be a (complex) subspace of $X$, or let $F: Y \rightarrow X$ be holomorphic and injective. If $X$ is hyperbolic, then $Y$ is hyperbolic.

Proof. A holomorphic map $f: \mathbb{D} \rightarrow Y$, is also a holomorphic map from $\mathbb{D}$ to $X$. Hence, a Kobayashi path between two points $x, y$ in $Y$ is also a Kobayashi path in $X$. If $d_{Y}(x, y)=0$, then $d_{X}(x, y)=0$ as well. Therefore, if $X$ is Kobayashihyperbolic, so is $Y$.
Example 3.4. As a consequence of Lemma 3.3, a bounded domain in $\mathbb{C}^{n}$ is $K$ hyperbolic, since it is a subset (considered as an injective holomorphic inclusion) into a polydisc (obtained as a product of discs with appropriate radius), which is K-hyperbolic by (3.4).
Remark 3.4. Any bounded strictly pseudoconvex domain $\Omega \subset \mathbb{C}^{n}$ is $K$-hyperbolic, being a bounded domain in $\mathbb{C}^{n}$.

### 3.4 Kobayashi metric as a Finsler metric

In this section we want to give an equivalent definition of the Kobayashi semidistance as the semi-distance function induced by a semi-Finsler metric (alternatively, a semi-length function). Specifically, the Royden function. For a detailed treatment of the topic see [12], Chapter 4.1.

Def 3.5. (Finsler metric): A Finsler metric, or a length function, on the tangent bundle of a (real or complex) manifold $\Omega$ is a real-valued non-negative function $F: T M \rightarrow \mathbb{R}$ such that

1. $F$ is continuous
and for each $x \in \Omega, Z \in T_{x} \Omega$,
2. $F(x ; Z)=0 \Longleftrightarrow Z=0$,
3. $F(x ; c Z)=|c| F(x ; Z) \forall c \in \mathbb{C}$.

Def 3.6. (induced distance function): On any (real or complex) manifold $\Omega$, a Finsler metric $F$ defines a distance function by

$$
\begin{equation*}
d_{F}(x, y):=\inf _{\substack{\gamma(0)=x, \gamma(1)=y}} \int_{0}^{1} F(\gamma(t) ; \dot{\gamma}(t)) d t=\inf _{\substack{\gamma(0)=x, \gamma(1)=y}} l_{F}(\gamma), \tag{3.5}
\end{equation*}
$$

where $\gamma:[0,1] \rightarrow \Omega$ is a piecewise $C^{1}-$ smooth path.
Remark 3.5. The difference between a Riemannian and a Finsler metric is that the second one defines a norm, for each tangent space $T_{p} \Omega$, that does not need to be induced by a scalar product.

Def 3.7. (semi-Finsler metric): A semi-Finsler metric, or a semilength function, is a function $F: T \Omega \rightarrow \mathbb{R}$ as in 3.5 where instead of continuity the requirement is that $F$ is upper-semicontinuous and point 2. becomes

$$
Z=0 \Rightarrow F(x ; Z)=0
$$

Remark 3.6. Notice that if $F$ is a Finsler metric, then $d_{F}$ is a distance function, while if $F$ is a semi-Finsler metric then $d_{F}$ is a semi-distance function.

Def 3.8. (Royden function): Let $\Omega$ be a complex manifold. For $x \in \Omega, Z \in$ $T_{x} \Omega$. Define the Royden function as

$$
\begin{gather*}
K(x ; Z):=\inf \{|V| ; V \in \mathbb{C} \text { and } \exists f: \mathbb{D} \rightarrow \Omega \text { holomorphic s.t. }  \tag{3.6}\\
f(0)=x, d f(0) V=Z\} .
\end{gather*}
$$

In [12], Chapter 4.1, it is shown that $K$ is a semi-length function, in particular
Proposition 3.3. The Royden function (3.6) on $\Omega$ is the largest semi-length function $F$ such that every holomorphic map $f: \mathbb{D} \rightarrow \Omega$ if $F$-decreasing.

Proof. See [12], page 91.
Moreover, it holds the following fundamental result.

Theorem 3.1. The Royden semi-distance induced by the Royden function (3.6) is equal to the Kobayashi semi-distance.

Proof. See [12], page 92.
Remark 3.7. On Kobayashi hyperbolic manifolds, the Kobayashi semi-distance is a distance function and the Royden function is a Finsler metric, which for obvious reason we will henceforth call the Kobayashi metric.

## Chapter 4

## Bounded strictly pseudoconvex domains are Gromov-hyperbolic

In this Chapter we aim to investigate the relationship between Kobayashi and Gromov-hyperbolicity. We present a result, proven by Bonk and Balogh in 2000 in [1], that grants that bounded strictly pseudoconvex domains, when equipped with the Kobayashi distance, are Gromov-hyperbolic. Such result consists in showing that the Kobayashi distance on such a domain $\Omega$ is roughly-isometric to a distance function $g$ which makes $(\Omega, g)$ Gromov-hyperbolic, and this roughisometry implies Gromov-hyperbolicity with respect to the Kobayashi distance. Notice that, by Remark 3.4, bounded strictly pseudoconvex domains are $K-$ hyperbolic.

### 4.1 Balogh-Bonk Theorem

Def 4.1. (rough-isometries): Let $f:\left(X, d_{X}\right) \rightarrow\left(Y, d_{Y}\right)$ be a map between metric spaces, and let $k>0$. We say that $f$ is a $k$-rough-isometry if

$$
\begin{equation*}
d_{X}(x, y)-k \leq d_{Y}(f(x), f(y)) \leq d_{X}(x, y)+k \quad \forall x, y \in X \tag{4.1}
\end{equation*}
$$

If $d_{1}, d_{2}$ are distinct distance functions on the same set $X$, they are said to be roughly-isometric if there exists a constant $k>0$ such that

$$
\begin{equation*}
d_{1}(x, y)-k \leq d_{2}(x, y) \leq d_{1}(x, y)+k \quad \forall x, y \in X . \tag{4.2}
\end{equation*}
$$

Def 4.2. Let $\Omega \subset \mathbb{C}^{n}$, $n \geq 2$, be a bounded strictly pseudoconvex domain. By Lemma 1.4, there exists $N:=N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$ such that for each $x \in N$ there is a unique projection $\pi(x) \in \partial \Omega$, with $d_{E}(x, \pi(x))=\delta(x)$. In this environment, it is possible to choose an extension $\pi: \Omega \rightarrow \partial \Omega$ of this projection to the whole $\Omega$. It suffices to choose, for each $x \in \Omega$, a point $\pi(x) \in \partial \Omega$ with $d_{E}(x, \pi(x))=\delta(x)$. Denote $h(x):=\sqrt{\delta(x)}$ and $a \vee b:=\max \{a, b\}$.

We define

$$
\begin{equation*}
g(x, y):=2 \ln \left(\frac{d_{H}(\pi(x), \pi(y))+h(x) \vee h(y)}{\sqrt{h(x) h(y)}}\right) . \tag{4.3}
\end{equation*}
$$

Remark 4.1. Notice that the extension of $\pi$ from $N$ to the whole domain $\Omega$ is not uniquely determined. Different choices of $\pi$ lead to expressions of $g$ in (4.3) that
agree up to a bounded additive term. This does not affect the following results. From now on we fix a choice of such extension.

Lemma 4.1. $(\Omega, g)$ is Gromov-hyperbolic.
Proof. Gromov-hyperbolicity of $(\Omega, g)$ can be shown following the same argument of Theorem 2.3, where the quantities $r_{j k}$ are defined as

$$
r_{j k}:=d_{H}\left(\pi\left(x_{j}\right), \pi\left(x_{k}\right)\right)+h\left(x_{j}\right) \vee h\left(x_{k}\right) .
$$

The required properties of symmetry and triangle inequality continue to hold, as

- $r_{j k}=r_{k j} \forall k, j=1, \cdots, 4$ by symmetry of $d_{H}$,
- $r_{j k} \leq r_{j l}+r_{l k} \forall l=1, \cdots, 4$ by triangle inequality for $d_{H}$ and positiveness of $h$.

From here, the proof is exactly the same, dividing both sides of

$$
r_{12} r_{34} \leq 4 \max \left\{r_{13} r_{24}, r_{14} r_{23}\right\}
$$

by $\sqrt{h\left(x_{1}\right) h\left(x_{2}\right) h\left(x_{3}\right) h\left(x_{4}\right)}$ and using properties of logarithm.
The central result of the Chapter is the following.
Theorem 4.1. (Balogh, Bonk [1]): Let $\Omega \subset \mathbb{C}^{n}, n \geq 2$ be a bounded strictly pseudoconvex domain, then $\exists C=C(\Omega) \geq 0$ such that, $\forall x, y \in \Omega$,

$$
g(x, y)-C \leq d_{K, \Omega}(x, y) \leq g(x, y)+C,
$$

i.e. $g$ and $d_{K, \Omega}$ are $C$-roughly-isometric.

Corollary 4.1. Suppose $\Omega$ as in Th. 4.1. Then $\Omega$, when equipped with the Kobayashi distance, is Gromov-hyperbolic.

Proof. Let $x, y, z, w \in \Omega$. By Gromov-hyperbolicity of $(\Omega, g)$ (Lemma 4.1), the 4 -points condition (2.6) is satisfied, i.e. $\exists \delta \geq 0$ s.t.

$$
g(x, y)+g(z, w) \leq \max \{g(x, z)+g(y, w), g(x, w)+g(y, z)\}+2 \delta .
$$

By Th. 4.1, there exists $C=C(\Omega)>0$ s.t. $\forall x, y, z, w \in \Omega$

$$
\begin{gathered}
d_{K, \Omega}(x, y)+d_{K, \Omega}(z, w) \leq g(x, y)+g(z, w)+2 C \leq \\
\max \{g(x, z)+g(y, w), g(x, w)+g(y, z)\}+2 \delta+2 C \leq \\
\max \left\{d_{K, \Omega}(x, z)+d_{K, \Omega}(y, w)+2 C, d_{K, \Omega}(x, w)+d_{K, \Omega}(y, z)+2 C\right\}+2 \delta+2 C= \\
\max \left\{d_{K, \Omega}(x, z)+d_{K, \Omega}(y, w), d_{K, \Omega}(x, w)+d_{K, \Omega}(y, z)\right\}+2 \delta+4 C,
\end{gathered}
$$

which is the condition for Gromov-hyperbolicity of $\left(\Omega, d_{K, \Omega}\right)$.
To prove Theorem 4.1 we will use a result showing how a local estimate for a Finsler metric on a bounded strictly pseudoconvex domain implies a global estimate for the induced distance function.

Henceforth, whenever we are dealing with a point $x \in \Omega$ and a vector $Z \in \mathbb{C}^{n}$, the splitting $Z=Z_{H}+Z_{N}$ will always be considered at $p=\pi(x)$ (see Remark 1.4).

Theorem 4.2. Let $\Omega \subset \mathbb{C}^{n}, n \geq 2$ be a bounded strictly pseudoconvex domain. Suppose $F$ is a Finsler metric on $\Omega$ with the following property: $\exists \varepsilon_{0}>0, s>$ $0, C_{1}>0, C_{2} \geq 1$ such that for all $x \in N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$ and all $Z \in T_{x} \Omega$ we have

$$
\begin{gather*}
\left(1-C_{1} \delta(x)^{s}\right)\left(\frac{\left|Z_{N}\right|^{2}}{4 \delta(x)^{2}}+\frac{1}{C_{2}} \frac{L_{\rho}\left(\pi(x) ; Z_{H}\right)}{\delta(x)}\right)^{\frac{1}{2}} \leq F(x ; Z)  \tag{4.4}\\
\leq\left(1+C_{1} \delta(x)^{s}\right)\left(\frac{\left|Z_{N}\right|^{2}}{4 \delta(x)^{2}}+C_{2} \frac{L_{\rho}\left(\pi(x) ; Z_{H}\right)}{\delta(x)}\right)^{\frac{1}{2}}
\end{gather*}
$$

Then, if $d_{F}$ is the distance function induced by $F, \exists C>0$ such that

$$
g(x, y)-C \leq d_{F}(x, y) \leq g(x, y)+C \quad \forall x, y \in \Omega
$$

Theorem 4.1 would be a corollary of Theorem 4.2 if we had an estimate as in (4.4) for the Kobayashi metric, as a Finsler metric, on $\Omega$ (see Remark 3.7). This is indeed the case, and the estimate is stated in the next result.

Proposition 4.1. Let $\Omega \subset \mathbb{C}^{n}$, $n \geq 2$, be a bounded strictly pseudoconvex domain. If $K$ is the Kobayashi (Finsler) metric on $\Omega$, then for every $\varepsilon>0$ there exists $\varepsilon_{0}>0, C \geq 0$ such that for all $x \in N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$ and all $Z \in T_{x} \Omega$ we have

$$
\begin{gather*}
\left(1-C \delta(x)^{\frac{1}{2}}\right)\left(\frac{\left|Z_{N}\right|^{2}}{4 \delta(x)^{2}}+(1-\varepsilon) \frac{L_{\rho}\left(\pi(x) ; Z_{H}\right)}{\delta(x)}\right)^{\frac{1}{2}} \leq K(x ; Z) \\
\leq\left(1+C \delta(x)^{\frac{1}{2}}\right)\left(\frac{\left|Z_{N}\right|^{2}}{4 \delta(x)^{2}}+(1+\varepsilon) \frac{L_{\rho}\left(\pi(x) ; Z_{H}\right)}{\delta(x)}\right)^{\frac{1}{2}} \tag{4.5}
\end{gather*}
$$

Proof. The proof of the estimate (4.5) is very technical and we are not going to include it here. A sketch of the proof is given in [1], the article By Balogh and Bonk where Theorems 4.1 and 4.2 are presented.

The following sections (4.2, 4.3 and 4.4) are devoted to the proof of Theorem 4.2. In the last section we motivate how (4.5) works exactly as (4.4) even if slightly different. With these, we will be able to conclude that Theorem 4.1 and Corollary 4.1 hold.

- Every time we will need a constant $\varepsilon_{0}>0$, we will "update" it to be small enough to satisfy the hypothesis of all the results that require it (Lemma 1.4, Lemma 4.3, ...). Given such $\varepsilon_{0}$ we define $K:=\left\{x \in \Omega \quad \delta(x) \geq \varepsilon_{0}\right\}$ and $N:=\left\{x \in \Omega ; \delta(x)<\varepsilon_{0}\right\}=N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$, where we recall that $\delta(x)$ indicates the Euclidean distance of $x$ to the boundary $\partial \Omega$. Then $K$ is compact, $N$ is open, $N \cap K=\emptyset$ and $N \cup K=\Omega$.
- Throughout the Chapter we will denote by $C$ positive constants only depending on $\varepsilon_{0}$ and the other constants associated to $\Omega$ and $F$. The actual value of $C$ may change even within the same line.

Structure of the proof of Theorem 4.2; The goal is to prove that there exists a constant $C>0$ such that for all $x, y \in \Omega$

$$
\begin{equation*}
g(x, y)-C \leq d_{F}(x, y) \leq g(x, y)+C \tag{4.6}
\end{equation*}
$$

provided that (4.4) is true. Given $x, y \in \Omega$, denote by $p:=\pi(x)$ and $q:=\pi(y)$ the projections to the boundary. In order to prove (4.6) we will distinguish various cases depending on the relative positions of $x, y \in \Omega$ :

Case 1: $x, y \in K$.
Case 2: $x \in N, y \in K$ (or viceversa).
Case 3: $x, y \in N, d_{H}(p, q) \leq h(x) \vee h(y)$.
Case 4: $x, y \in N d_{H}(p, q)>h(x) \vee h(y)$.
Section 4.2 will deal with the proof of the cases 1 and 2. Cases 3 and 4 will be proven respectively in section 4.3 and 4.4. In each section, before the proof, all the needed results will be presented.

### 4.2 Proof of cases 1 and 2

Proof. (Proof of case 1). In this case

$$
d_{F}(x, y) \leq C \quad \forall x, y \in K
$$

for some fixed $C>0$, as $d_{F}$ is continuous and $K$ is compact. Moreover, $g$ is bounded on $K$, as

$$
\begin{aligned}
g(x, y)= & 2 \ln \left(\frac{d_{H}(\pi(x), \pi(y))+h(x) \vee h(y)}{\sqrt{h(x) h(y)}}\right) \leq \\
& 2 \ln \left(\frac{\operatorname{diam}_{H}(\partial \Omega)+\operatorname{diam}(\Omega)}{\sqrt{\varepsilon_{0}}}\right),
\end{aligned}
$$

where

$$
\begin{aligned}
\operatorname{diam}_{H}(\partial \Omega) & :=\max _{p, q \in \partial \Omega} d_{H}(p, q)<\infty \\
\quad \operatorname{diam}(\Omega) & :=\max _{\xi, \eta \in \Omega}|\xi-\eta|<\infty
\end{aligned}
$$

as $\partial \Omega$ and $\Omega$ are compact. Therefore

$$
g(x, y)-C \leq 0 \leq d_{F}(x, y) \leq g(x, y)+C .
$$

To deal with the proof of case 2 we need the following result, that will be used repeatedly even for cases 3 and 4 .

Lemma 4.2. Let $\gamma:[0,1] \rightarrow \bar{N} \cap \Omega$ be a $C^{1}$-smooth curve joining two points $u, v \in \bar{N} \cap \Omega$. Then $\exists C>0$ s.t.

$$
\begin{equation*}
l_{F}(\gamma) \geq\left|\ln \frac{h(v)}{h(u)}\right|-C . \tag{4.7}
\end{equation*}
$$

If $\gamma(t)=u+t(v-u)$ is a Euclidean segment contained in some fiber $\pi^{-1}(p)$, for $p \in \partial \Omega$, then

$$
\begin{equation*}
l_{F}(\gamma) \in\left[\left|\ln \frac{h(v)}{h(u)}\right| \pm C\right] \tag{4.8}
\end{equation*}
$$

where the notation $A \in[B \pm C]$ means $A \in[B-C, B+C]$.

Proof. Notice that from the computations carried out in the proof of Lemma 1.1 and from Lemma 1.4, we can obtain $2 \bar{\partial} \rho(p)=n(p)$, for $p \in \partial \Omega$. Remember that, for $x \in \Omega$ sufficiently close to the boundary, $\rho(x)=-\delta(x)$, hence $\bar{\delta} \delta(x)=$ $-\bar{\partial} \rho(x)=-n(\pi(x))$. Then,

$$
\begin{gathered}
\left|\frac{d}{d t} h(\gamma(t))\right|_{t=t_{0}}=\left|\frac{d}{d t}[\sqrt{\delta(\gamma(t))}]\right|_{t=t_{0}}=\frac{1}{2 \sqrt{\delta\left(\gamma\left(t_{0}\right)\right)}}\left|\frac{d}{d t} \delta(\gamma(t))\right|_{t=t_{0}}= \\
\frac{\left|\nabla \delta\left(\gamma\left(t_{0}\right)\right) \cdot \dot{\gamma}\left(t_{0}\right)\right|}{2 h\left(\gamma\left(t_{0}\right)\right)}=\frac{\left|R e\left\langle\bar{\partial} \delta\left(\gamma\left(t_{0}\right)\right), \dot{\gamma}\left(t_{0}\right)\right\rangle\right|}{h\left(\gamma\left(t_{0}\right)\right)}=\frac{\left|\operatorname{Re}\left\langle n\left(\pi\left(\gamma\left(t_{0}\right)\right)\right), \dot{\gamma}\left(t_{0}\right)\right\rangle\right|}{2 h\left(\gamma\left(t_{0}\right)\right)} \leq \\
\frac{\left|\left\langle n\left(\pi\left(\gamma\left(t_{0}\right)\right)\right), \dot{\gamma}\left(t_{0}\right)\right\rangle\right|}{2 h\left(\gamma\left(t_{0}\right)\right)}=\frac{\left|\dot{\gamma}_{N}\left(t_{0}\right)\right|}{2 h\left(\gamma\left(t_{0}\right)\right)} .
\end{gathered}
$$

Now we use the LHS of the hypothesis (4.4) to get the first bound:

$$
\begin{gathered}
l_{F}(\gamma)=\int_{0}^{1} F(\gamma(t) ; \dot{\gamma}(t)) d t \underbrace{\geq}_{\text {4.4. }} \\
\int_{0}^{1}\left(1-C_{1} \delta(\gamma(t))^{s}\right)\left(\frac{\left|\dot{\gamma}_{N}(t)\right|^{2}}{4 \delta(\gamma(t))^{2}}+\frac{1}{C_{2}} \frac{L_{\rho}\left(\pi(\gamma(t)) ; \dot{\gamma}_{H}(t)\right)}{\delta(\gamma(t))}\right)^{\frac{1}{2}} d t \geq \\
\int_{0}^{1}\left(1-C_{1} \delta(\gamma(t))^{s}\right)\left(\frac{\left|\dot{\gamma}_{N}(t)\right|^{2}}{4 \delta(\gamma(t))^{2}}\right)^{\frac{1}{2}} d t=\int_{0}^{1}\left(1-C_{1} \delta(\gamma(t))^{s}\right) \frac{\left|\dot{\gamma}_{N}(t)\right|}{2 h(\gamma(t))^{2}} d t \geq \\
\left.\int_{0}^{1} \frac{1-C_{1} h(\gamma(t))^{2 s}}{h(\gamma(t))}\left|\frac{d}{d t} h(\gamma(t))\right| d t=\int_{0}^{1} \right\rvert\, \frac{d}{d t}\left[\left.\ln \left(h(\gamma(t))-\frac{C_{1}}{2 s} h(\gamma(t))^{2 s}\right] \right\rvert\, d t \geq\right. \\
\left\lvert\,\left[\operatorname { l n } ( h ( \gamma ( t ) ) - \frac { C _ { 1 } } { 2 s } h ( \gamma ( t ) ) ^ { 2 s } ] _ { 0 } ^ { 1 } \left|=\left|\ln \frac{h(v)}{h(u)}-\frac{C_{1}}{2 s}\left(h(v)^{2 s}-h(u)^{2 s}\right)\right| \geq\right.\right.\right. \\
\left|\ln \frac{h(v)}{h(u)}\right|-\frac{C_{1}}{2 s} \varepsilon_{0}^{s} .
\end{gathered}
$$

Now, if $\gamma([0,1]) \subseteq \bar{N} \cap \pi^{-1}(p)$ is a straight line, by Lemma 1.4,

$$
\begin{gathered}
n(\pi(\gamma(t)))=n(p), \quad \dot{\gamma}(t)= \pm|u-v| n(p), \\
\left.\mid \dot{\gamma}_{N}(t)\right)|\equiv| u-v|, \quad| \dot{\gamma}_{H}(t) \mid \equiv 0 .
\end{gathered}
$$

In particular, for all $t \in[0,1], \dot{\gamma}(t)$ is parallel to $n(p)$, hence

$$
\begin{aligned}
\left|\frac{d}{d t} h(\gamma(t))\right|_{t=t_{0}}= & \frac{\left|\nabla \delta\left(\gamma\left(t_{0}\right)\right) \cdot \dot{\gamma}\left(t_{0}\right)\right|}{2 h\left(\gamma\left(t_{0}\right)\right)}=\frac{\left|n\left(\pi\left(\gamma\left(t_{0}\right)\right)\right) \cdot \dot{\gamma}\left(t_{0}\right)\right|}{2 h\left(\gamma\left(t_{0}\right)\right)}= \\
& \frac{\left|n(p) \cdot \dot{\gamma}\left(t_{0}\right)\right|}{2 h\left(\gamma\left(t_{0}\right)\right)}=\frac{\left|\dot{\gamma}\left(t_{0}\right)\right|}{2 h\left(\gamma\left(t_{0}\right)\right)} .
\end{aligned}
$$

Using this and the RHS of the hypothesis (4.4), with a computation similar to above one obtains that

$$
l_{F}(\gamma) \leq\left|\ln \frac{h(v)}{h(u)}\right|+C
$$

and this concludes the proof.

Proof. (Proof of case 2). Here, by assumption,

$$
h(x) \vee h(y)=h(y) \geq \sqrt{\varepsilon_{0}},
$$

hence

$$
\begin{gathered}
g(x, y)=2 \ln \left(\frac{d_{H}(\pi(x), \pi(y))+h(y)}{\sqrt{h(x) h(y)}}\right)= \\
\ln \frac{1}{h(x)}+\ln \left(\frac{d_{H}(\pi(x), \pi(y))+h(y)}{\sqrt{h(y)}}\right)^{2} .
\end{gathered}
$$

Claim 4.2.1. $\exists C>0$ s.t.

$$
\begin{equation*}
-C \leq \ln \left(\frac{d_{H}(\pi(x), \pi(y))+h(y)}{\sqrt{h(y)}}\right)^{2} \leq C . \tag{4.9}
\end{equation*}
$$

Proof of Claim 4.2.1. Lower bound:

$$
\ln \left(\frac{d_{H}(\pi(x), \pi(y))+h(y)}{\sqrt{h(y)}}\right)^{2} \geq \ln \left(\frac{h(y)}{\sqrt{h(y)}}\right)^{2}=\ln (h(y)) \geq \ln \sqrt{\varepsilon_{0}} .
$$

Upper bound:

$$
\begin{gathered}
\ln \left(\frac{\left.d_{H} \pi(x), \pi(y)\right)+h(y)}{\sqrt{h(y)}}\right)^{2} \leq \ln \frac{\left(d_{H}(\pi(x), \pi(y))+\operatorname{diam}(\Omega)\right)^{2}}{\sqrt{\varepsilon_{0}}} \leq \\
\ln \frac{\left(\operatorname{diam}_{H}(\partial \Omega)+\operatorname{diam}(\Omega)\right)^{2}}{\sqrt{\varepsilon_{0}}}
\end{gathered}
$$

If we pick $C \in \mathbb{R}^{+}$big enough such that

$$
-C<\ln \sqrt{\varepsilon_{0}} \quad \text { and } \quad \ln \frac{\left(\operatorname{diam}_{H}(\partial \Omega)+\operatorname{diam}(\Omega)\right)^{2}}{\sqrt{\varepsilon_{0}}}<C
$$

we get the result, i.e.

$$
\begin{equation*}
g(x, y) \in\left[\ln \frac{1}{h(x)} \pm C\right] \quad \checkmark . \tag{4.10}
\end{equation*}
$$

- Now we look for a upper bound for $d_{F}(x, y)$ in terms of $\ln \frac{1}{h(x)}$. Let us denote $x^{\prime}:=p-\varepsilon_{0} n(p)$, where we recall that $n(p)$ is the outer unit normal vector of $\partial \Omega$ at $p \in \partial \Omega$. By Lemma 1.4, $x^{\prime} \in \pi^{-1}(p), \pi\left(x^{\prime}\right)=p$ and $x \in\left(x^{\prime}, p\right)$.

Consider the path $\gamma(t):=x+t\left(x^{\prime}-x\right)$ for $t \in[0,1]$.
Claim 4.2.2. $d_{F}\left(x, x^{\prime}\right) \leq \ln \frac{1}{h(x)}+C$ for some $C>0$.
Proof of Claim 4.2.2. By (4.8) in Lemma 4.2 we have $l_{F}(\gamma) \in\left[\ln \frac{h\left(x^{\prime}\right)}{h(x)} \pm C\right]$ for some $C>0$. Moreover, $h\left(\overline{x^{\prime}}\right)=\sqrt{\varepsilon_{0}}$, hence (up to renaming $C$ )

$$
l_{F}(\gamma) \in\left[\ln \frac{1}{h(x)} \pm C\right]
$$

Then,

$$
d_{F}\left(x, x^{\prime}\right) \leq l_{F}(\gamma) \leq \ln \frac{1}{h(x)}+C \quad \checkmark .
$$

The upper bound for $d_{F}(x, y)$ is obtained as follows:

$$
d_{F}(x, y) \leq d_{F}\left(x, x^{\prime}\right)+d_{F}\left(x^{\prime}, y\right)
$$

and by Case $1 d_{F}\left(x^{\prime}, y\right)<C$ as $x^{\prime}, y \in K$. This remark and Claim 4.2.2 lead to

$$
\begin{equation*}
d_{F}(x, y) \leq \ln \frac{1}{h(x)}+C . \tag{4.11}
\end{equation*}
$$

(4.11) together with (4.10) yields

$$
\begin{equation*}
g(x, y)+2 C \underbrace{\geq}_{4.100} \ln \frac{1}{h(x)}-C+2 C=\ln \frac{1}{h(x)}+C \underbrace{\geq}_{4.11} d_{F}(x, y) \tag{4.12}
\end{equation*}
$$

- Now we look for a lower bound for $d_{F}(x, y)$ in terms of $\ln \frac{1}{h(x)}$. Let $\gamma:[0,1] \rightarrow \Omega$ be a (piecewise) $C^{1}$-smooth curve joining $x$ and $y$. Consider $y^{\prime}$ to be the "first" point on the curve such that $y^{\prime} \in K$, i.e. $h\left(y^{\prime}\right)=\sqrt{\varepsilon_{0}}$. Denote with $\tilde{\gamma}$ the subcurve of $\gamma$ joining $x$ and $y^{\prime}$. By (4.7) in Lemma 4.2

$$
l_{F}(\gamma) \geq l_{F}(\tilde{\gamma}) \underbrace{\geq}_{4.7} \ln \frac{h\left(y^{\prime}\right)}{h(x)}-C=\ln \frac{1}{h(x)}-C .
$$

Therefore,

$$
\begin{equation*}
d_{F}(x, y)=\inf _{\substack{\gamma(0)=x \\ \gamma(1)=y}} l_{F}(\gamma) \geq \ln \frac{1}{h(x)}-C . \tag{4.13}
\end{equation*}
$$

Similarly to (4.12), we have that (4.13) together with (4.10) yields

$$
\begin{equation*}
g(x, y)-2 C \underbrace{\leq}_{4.10} \ln \frac{1}{h(x)}+C-2 C=\ln \frac{1}{h(x)}-C \underbrace{\leq}_{4.13} d_{F}(x, y) \tag{4.14}
\end{equation*}
$$

Up to renaming $2 C$ with $C$ in (4.12) and (4.14) we obtain the result.

### 4.3 Proof of case 3

We recall that, for any $p \in \partial \Omega$, each vector $Z \in \mathbb{C}^{n}$ can be uniquely decomposed as $Z=Z_{H}+Z_{N}$ with $Z_{H} \in H_{p} \partial \Omega$ and $Z_{N} \in N_{p} \partial \Omega$. The following result gives a relation between a curve $\gamma:[0,1] \rightarrow N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$ and its projection on the boundary $\alpha:=\pi \circ \gamma:[0,1] \rightarrow \partial \Omega$, for $\varepsilon_{0}$ sufficiently small. For the tangent vectors $\dot{\gamma}(t)$ and $\dot{\alpha}(t)$ we will consider the splitting into horizontal and normal components at $\alpha(t)$ and write

$$
\begin{aligned}
\dot{\gamma}(t) & =\dot{\gamma}_{H}(t)+\dot{\gamma}_{N}(t) \\
\dot{\alpha}(t) & =\dot{\alpha}_{H}(t)+\dot{\alpha}_{N}(t) .
\end{aligned}
$$

Lemma 4.3. Let $\Omega \subset \mathbb{C}^{n}$, $n \geq 2$ be a bounded domain. Then $\exists \varepsilon_{0}$ and $C>0$ such that if $\gamma:[0,1] \rightarrow N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$ is a $C^{1}-$ smooth curve and $\alpha:=\pi \circ \gamma$ its projection to the boundary, then the following estimates hold for all $t \in[0,1]$ :

1. $\left|\dot{\gamma}_{H}(t)-\dot{\alpha}_{H}(t)\right| \leq C \delta(\gamma(t))|\dot{\gamma}(t)| ;$
2. $\left|\dot{\gamma}_{H}(t)-\dot{\alpha}_{H}(t)\right| \leq C \delta(\gamma(t))|\dot{\alpha}(t)| ;$
3. $\left|\dot{\alpha}_{N}(t)\right| \leq\left|\dot{\gamma}_{N}(t)\right|+C \delta(\gamma(t))|\dot{\gamma}(t)|$;
4. $\left|\dot{\gamma}_{N}(t)\right| \leq\left|\dot{\alpha}_{N}(t)\right|+C \delta_{0}|\dot{\alpha}(t)|$, if $\delta(\gamma(t)) \equiv \delta_{0}$.

Proof. See [1] page 511.
We are now ready to deal with the proof of case 3 .
Proof. (Proof of case 3). Recall that now $x, y \in N$. We can assume, without loss of generality, $h(y) \geq h(x)$, so that the situation to deal with is the following:

$$
d_{H}(p, q) \leq h(y) \leq \sqrt{\varepsilon_{0}} .
$$

Claim 4.3.1. $\exists C>0$, indipendent on $x, y$, such that

$$
\begin{equation*}
g(x, y) \in\left[\ln \frac{h(y)}{h(x)} \pm C\right] \tag{4.15}
\end{equation*}
$$

Proof of Claim 4.3.1. - Lower bound:

$$
g(x, y)=2 \ln \left(\frac{d_{H}(p, q)+h(y)}{\sqrt{h(x) h(y)}}\right) \geq 2 \ln \frac{h(y)}{\sqrt{h(x) h(y)}}=\ln \frac{h(y)}{h(x)} .
$$

- Upper bound:

$$
g(x, y) \leq 2 \ln \left(\frac{h(y)+h(y)}{\sqrt{h(x) h(y)}}\right)=2 \ln \frac{2 \sqrt{h(y)}}{\sqrt{h(x)}}=\ln 4 \frac{h(y)}{h(x)}=\ln \frac{h(y)}{h(x)}+\ln 4
$$

- Now we look for a lower bound for $d_{F}(x, y)$ in terms of $\ln \frac{h(y)}{h(x)}$. We notice that as done in case 2 we can obtain an estimate similar to 4.13) for $d_{F}(x, y)$.

Indeed, by (4.7) in Lemma 4.2, if $\gamma$ is a $C^{1}$-smooth curve joining $x$ and $y$, one gets

$$
l_{F}(\gamma) \geq \ln \frac{h(y)}{h(x)}-C .
$$

Hence,

$$
\begin{equation*}
d_{F}(x, y)=\inf _{\substack{\gamma(0)=x \\ \gamma(1)=y}} l_{F}(\gamma) \geq \ln \frac{h(y)}{h(x)}-C . \tag{4.16}
\end{equation*}
$$

Again as in case 2, 4.16) together with (4.15) yields

$$
\begin{equation*}
g(x, y)-C \leq d_{F}(x, y) \tag{4.17}
\end{equation*}
$$

- Now we look for a upper bound for $d_{F}(x, y)$ in terms of $\ln \frac{h(y)}{h(x)}$.

Let $x^{\prime} \in \pi^{-1}(p) \cap N$ be the unique point such that $\delta\left(x^{\prime}\right)=\delta(y)$, i.e. $x^{\prime}:=$ $p-\delta(y) n(p)$. The curve $\left[x, x^{\prime}\right]$ is a straight line segment, then by 4.8) in Lemma 4.2 we get

$$
\begin{equation*}
d_{F}\left(x, x^{\prime}\right) \leq \ln \frac{h\left(x^{\prime}\right)}{h(x)}+C=\ln \frac{h(y)}{h(x)}+C . \tag{4.18}
\end{equation*}
$$

Now it only remains to find an upper bound for $d_{F}\left(x^{\prime}, y\right)$. By definition of the Carnot-Carathéodory metric (1.14), there exists a $C^{1}$-smooth horizontal path $\alpha:[0,1] \rightarrow \partial \Omega$ such that $\alpha(0)=p, \alpha(1)=q$ and

$$
\begin{equation*}
l_{L_{\rho}}(\alpha) \leq 2 d_{H}(p, q) . \tag{4.19}
\end{equation*}
$$

We can lift this curve at height $\delta(y)$ with

$$
\tilde{\gamma}:[0,1] \rightarrow \Omega \quad ; \quad \tilde{\gamma}(t):=\alpha(t)-\delta(y) n(\alpha(t)) .
$$

$\tilde{\gamma}$ is still $C^{1}$-smooth and $\tilde{\gamma}(0)=x^{\prime}, \tilde{\gamma}(1)=y, \delta(\tilde{\gamma}(t))=\delta(y) \forall t \in[0,1]$.
Claim 4.3.2. $F(\tilde{\gamma}(t) ; \dot{\tilde{\gamma}}(t))^{2} \leq C\left(\frac{\left|\dot{\hat{\gamma}}_{N}(t)\right|^{2}}{4 \delta(y)^{2}}+\frac{\left|\dot{\hat{\gamma}}_{H}(t)\right|^{2}}{\delta(y)}\right) \quad \forall t \in[0,1]$.
Proof of Claim 4.3.2. By the RHS of the hypothesis (4.4,

$$
\begin{gathered}
F(\tilde{\gamma}(t) ; \dot{\tilde{\gamma}}(t))^{2} \leq\left(1+C_{1} \delta(\tilde{\gamma}(t))^{s}\right)^{2}\left(\frac{\left|\dot{\tilde{\gamma}}_{N}(t)\right|^{2}}{4 \delta(\tilde{\gamma}(t))^{2}}+C_{2} \frac{L_{\rho}\left(\pi(\tilde{\gamma}(t)) ; \dot{\tilde{\gamma}}_{H}(t)\right)}{\delta(\tilde{\gamma}(t))}\right) \leq \\
\max _{x \in \bar{N}}\left(1+C_{1} \delta(x)^{s}\right)^{2}\left(\frac{\left|\dot{\tilde{\gamma}}_{N}(t)\right|^{2}}{4 \delta(y)^{2}}+C_{2} \frac{L_{\rho}\left(\pi(\tilde{\gamma}(t)), \dot{\tilde{\gamma}}_{H}(t)\right)}{\delta(y)}\right)
\end{gathered}
$$

By the RHS of (1.20) in Lemma 1.5 and by renaming the constants,

$$
F(\tilde{\gamma}(t) ; \dot{\tilde{\gamma}}(t))^{2} \leq C\left(\frac{\left|\dot{\tilde{\gamma}}_{N}(t)\right|^{2}}{4 \delta(y)^{2}}+\frac{\left|\dot{\tilde{\gamma}}_{H}(t)\right|^{2}}{\delta(y)}\right) \quad \checkmark
$$

Now we recall that $\alpha$ is horizontal, i.e. $\left|\dot{\alpha}_{N}(t)\right|=0$, and apply Lemma 4.3, points 2. and 4., to get

$$
\begin{gathered}
F(\tilde{\gamma}(t) ; \dot{\tilde{\gamma}}(t))^{2} \underbrace{\leq}_{4 .} C\left(\frac{C^{2} \delta(y)^{2}|\dot{\alpha}(t)|^{2}}{4 \delta(y)^{2}}+\frac{\left|\dot{\tilde{\gamma}}_{H}(t)\right|^{2}}{\delta(y)}\right) \leq \\
C\left(\frac{C^{2}|\dot{\alpha}(t)|^{2}}{4}+\frac{\left(\left|\dot{\tilde{\gamma}}_{H}(t)-\dot{\alpha}_{H}(t)\right|+\left|\dot{\alpha}_{H}(t)\right|\right)^{2}}{\delta(y)}\right) \underbrace{\leq}_{2 .} \\
C\left(\frac{C^{2}|\dot{\alpha}(t)|^{2}}{4}+\frac{\left(C \delta(y)\left|\dot{\alpha}_{H}(t)\right|+\left|\dot{\alpha}_{H}(t)\right|\right)^{2}}{\delta(y)}\right) \leq \\
C\left(\frac{C^{2}}{4}\left|\dot{\alpha}_{H}(t)\right|^{2}+\frac{(C \delta(y)+1)^{2}}{\delta(y)}\left|\dot{\alpha}_{H}(t)\right|^{2}\right)= \\
\frac{\left|\dot{\alpha}_{H}(t)\right|^{2}}{\delta(y)} C\left(\frac{C^{2} \delta(y)}{4}+(C \delta(y)+1)^{2}\right) .
\end{gathered}
$$

Since $\delta(y) \leq \varepsilon_{0}$, up to renaming the constant $C>0$ we get

$$
F(\gamma(t) ; \dot{\gamma}(t))^{2} \leq C \frac{\left|\dot{\alpha}_{H}(t)\right|^{2}}{\delta(y)}
$$

Applying again Lemma 1.5, but this time focusing on the LHS of (1.20), we obtain

$$
\begin{equation*}
F(\tilde{\gamma}(t) ; \dot{\tilde{\gamma}}(t))^{2} \leq C \frac{L_{\rho}\left(\alpha(t) ; \dot{\alpha}_{H}(t)\right)}{\delta(y)} \tag{4.20}
\end{equation*}
$$

(4.20) leads to the following inequality for the integrated forms:

$$
d_{F}\left(x^{\prime}, y\right) \leq l_{F}(\tilde{\gamma}) \leq \frac{C}{h(y)} l_{L_{\rho}}(\alpha) \underbrace{\leq}_{\boxed{4.19}} \frac{C}{h(y)} 2 d_{H}(p, q) .
$$

By hypothesis $d_{H}(p, q) \leq h(y)$, hence

$$
\begin{equation*}
d_{F}\left(x^{\prime}, y\right) \leq C \tag{4.21}
\end{equation*}
$$

The upper bound for $d_{F}(x, y)$ is now given by (4.18) and (4.21):

$$
\begin{equation*}
d_{F}(x, y) \leq \ln \frac{h(y)}{h(x)}+C \tag{4.22}
\end{equation*}
$$

Again as in case 2, 4.22 together with (4.15) yields

$$
\begin{equation*}
d_{F}(x, y) \leq g(x, y)+C . \tag{4.23}
\end{equation*}
$$

### 4.4 Proof of case 4

The following result relates a curve $\gamma:[0,1] \rightarrow N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$ to its projection to the boundary in a way that will facilitate the use of the Approximation Lemma 1.6 in the proof case 4.

Lemma 4.4. Let $\Omega \in \mathbb{C}^{n}$, $n \geq 2$, be a bounded strictly pseudoconvex domain. Then $\exists \varepsilon_{0}>0$ and $C>0$ such that if $\gamma:[0,1] \rightarrow N_{\varepsilon_{0}}(\partial \Omega) \cap \Omega$ is $C^{1}$-smooth and $\alpha:=\pi \circ \gamma$, then for $t \in[0,1]$ it holds

$$
A_{\gamma}:=\frac{\left|\dot{\gamma}_{N}(t)\right|^{2}}{4 \delta(\gamma(t))^{2}}+\frac{L_{\rho}\left(\pi(\gamma(t)) ; \dot{\gamma}_{H}(t)\right)}{\delta(\gamma(t))} \geq C\left[\frac{\left|\dot{\alpha}_{N}(t)\right|^{2}}{\delta(\gamma(t))^{2}}+\frac{L_{\rho}\left(\alpha(t) ; \dot{\alpha}_{H}(t)\right)}{\delta(\gamma(t))}\right] .
$$

Proof. Let $\varepsilon_{0}$ be small enough to apply Lemmas 1.4 and 4.3 . In this proof $C_{1}, C_{2}, C_{3}, C_{4}$ and $C_{5}$ will indicate positive constants independent of $\gamma$ and $t$.

Remember $\triangle \Delta$ in the proof of the Approximation Lemma 1.6, i.e. for $Z, W \in$ $\mathbb{C}^{n}$,

$$
|Z-W|^{2} \geq \frac{|W|^{2}}{2}-|Z|^{2}
$$

$(\triangle)$, together with 1. from Lemma 4.3, yields

$$
\begin{gather*}
C_{1} \delta(\gamma(t))^{2}|\dot{\gamma}(t)|^{2} \underbrace{\geq}_{1 .}\left|\dot{\gamma}_{H}(t)-\dot{\alpha}_{H}(t)\right|^{2} \underbrace{\geq}_{(\Delta)} \frac{1}{2}\left|\dot{\alpha}_{H}(t)\right|^{2}-\left|\dot{\gamma}_{H}(t)\right|^{2} \Longleftrightarrow \\
\left|\dot{\gamma}_{H}(t)\right|^{2} \geq \frac{1}{2}\left|\dot{\alpha}_{H}(t)\right|^{2}-C_{1} \delta(\gamma(t))^{2}|\dot{\gamma}(t)|^{2} . \tag{b}
\end{gather*}
$$

Similarly, $(\triangle)$ and 3. from Lemma 4.3 yield

$$
\left|\dot{\gamma}_{N}(t)\right|^{2} \geq \frac{1}{2}\left|\dot{\alpha}_{N}(t)\right|^{2}-C_{2} \delta(\gamma(t))^{2}|\dot{\gamma}(t)|^{2}
$$

Now we apply (D) and (\#), together with (1.20), and obtain

$$
\begin{gathered}
\frac{A_{\gamma}}{2} \geq \frac{\left|\dot{\gamma}_{N}(t)\right|^{2}}{8 \delta(\gamma(t))^{2}}+\frac{\left|\dot{\gamma}_{H}(t)\right|^{2}}{2 C_{3} \delta(\gamma(t))} \geq \\
\frac{\left(\frac{\left|\dot{\alpha}_{N}(t)\right|^{2}}{2}-C_{2} \delta(\gamma(t))^{2}|\dot{\gamma}(t)|^{2}\right)}{8 \delta(\gamma(t))^{2}}+\frac{\left(\frac{\left|\dot{\alpha}_{H}(t)\right|^{2}}{2}-C_{1} \delta(\gamma(t))^{2}|\dot{\gamma}(t)|^{2}\right)}{2 C_{3} \delta(\gamma(t))} \geq \\
C_{4}\left(\frac{\left|\dot{\alpha}_{N}(t)\right|^{2}}{\delta(\gamma(t))^{2}}+\frac{\left|\dot{\alpha}_{H}(t)\right|^{2}}{\delta(\gamma(t))}\right)-C_{5}|\dot{\gamma}(t)|^{2} .
\end{gathered}
$$

Notice that, for $\varepsilon_{0}$ small enough, $\frac{A_{\gamma}}{2} \geq C_{5}|\dot{\gamma}(t)|^{2}$. Therefore,

$$
A_{\gamma} \geq C_{4}\left(\frac{\left|\dot{\alpha}_{N}(t)\right|^{2}}{\delta(\gamma(t))^{2}}+\frac{\left|\dot{\alpha}_{H}(t)\right|^{2}}{\delta(\gamma(t))}\right) \underbrace{}_{\sqrt[1.20]{ } \geq} C\left(\frac{\left|\dot{\alpha}_{N}(t)\right|^{2}}{\delta(\gamma(t))^{2}}+\frac{L_{\rho}\left(\alpha(t) ; \dot{\alpha}_{H}(t)\right)}{\delta(\gamma(t))}\right) .
$$

We now have everything we need to deal with the last part of the proof of Theorem 4.1.

Proof. (Proof of case 4). Recall that now

$$
\left\{\begin{array}{l}
x, y \in N,  \tag{4.24}\\
d_{H}(p, q)>h(x) \vee h(y) .
\end{array}\right.
$$

Claim 4.4.1. $g(x, y) \in\left[2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}} \pm C\right]$.
Proof of Claim 4.4.1. - Lower bound:

$$
g(x, y)=2 \ln \left(\frac{d_{H}(p, q)+h(x) \vee h(y)}{\sqrt{h(x) h(y)}}\right)>2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}},
$$

as $h(x) \vee h(y)>0$.

- Upper bound:

$$
\begin{gathered}
g(x, y)=2 \ln \left(\frac{d_{H}(p, q)+h(x) \vee h(y)}{\sqrt{h(x) h(y)}}\right) \underbrace{<}_{\sqrt[4.24]{<}} 2 \ln \frac{2 d_{H}(p, q)}{\sqrt{h(x) h(y)}}= \\
2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}}+2 \ln 2 .
\end{gathered}
$$

As in cases 2 and 3 we want to show that the same estimate holds for $d_{F}$, i.e.

$$
\begin{equation*}
d_{F}(x, y) \in\left[2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}} \pm C\right] . \tag{4.25}
\end{equation*}
$$

If we manage to do so we have the result, following the same steps of (4.12) and (4.14).

- Upper bound: Introduce $h_{0}:=\min \left\{\sqrt{\varepsilon_{0}}, d_{H}(p, q)\right\}$ and denote

$$
\left\{\begin{array}{l}
x^{\prime}:=p-h_{0}^{2} n(p) \\
y^{\prime}:=q-h_{0}^{2} n(p) .
\end{array}\right.
$$

Notice $h\left(x^{\prime}\right)=h\left(y^{\prime}\right)=h_{0}$. By (4.8) in Lemma 4.2, as in (4.18),

$$
\left\{\begin{array}{l}
d_{F}\left(x, x^{\prime}\right) \leq \ln \frac{h\left(x^{\prime}\right)}{h(x)}+C=\ln \frac{h_{0}}{h(x)}+C \\
d_{F}\left(y, y^{\prime}\right) \leq \ln \frac{h\left(y^{\prime}\right)}{h(y)}+C=\ln \frac{h_{0}}{h(y)}+C .
\end{array}\right.
$$

As in case 3 it can be seen that, being $x^{\prime}$ and $y^{\prime}$ at the same height,

$$
d_{F}\left(x^{\prime}, y^{\prime}\right) \leq C .
$$

Indeed, following the same argument of case 3, one gets to

$$
d_{F}\left(x^{\prime}, y^{\prime}\right) \leq \frac{C}{h\left(y^{\prime}\right)} 2 d_{H}(p, q)=\frac{C}{h_{0}} d_{H}(p, q),
$$

but here we are not in the situation $d_{H}(p, q) \leq h_{0}$, so we have to distinguish two scenarios:

- $h_{0}=d_{H}(p, q) \Rightarrow d_{F}\left(x^{\prime}, y^{\prime}\right) \leq C$.
- $h_{0}=\sqrt{\varepsilon_{0}} \Rightarrow d_{F}\left(x^{\prime}, y^{\prime}\right) \leq \frac{C}{\sqrt{\varepsilon_{0}}} \operatorname{diam}_{H}(\partial \Omega)$.

We can then obtain the upper bound thanks to the triangle inequality for $d_{F}$ :

$$
\begin{gathered}
d_{F}(x, y) \leq d_{F}\left(x, x^{\prime}\right)+d_{F}\left(x^{\prime}, y^{\prime}\right)+d_{F}\left(y^{\prime}, y\right) \leq \\
2 \ln \frac{h_{0}}{\sqrt{h(x) h(y)}}+C \leq 2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}} .
\end{gathered}
$$

- (Lower bound): Let us now consider an arbitrary (piecewise) $C^{1}$-smooth curve $\gamma:[0,1] \rightarrow \Omega$ joining $x$ and $y$. We want to find a proper lower bound for its $F$-length, as it was done in cases 2 and 3 . To do so, let us define

$$
H_{\gamma}:=\max _{t \in[0,1]} h(\gamma(t)) .
$$

Notice that there exists $t_{\gamma} \in[0,1]$ such that $H_{\gamma}=h\left(\gamma\left(t_{\gamma}\right)\right)$, and consider the two subcurves

$$
\gamma_{1}:=\gamma_{\left[0, t_{\gamma}\right]}, \quad \gamma_{2}:=\gamma_{[[\gamma, 1]} .
$$

Now we distinguish two cases:
A) $H_{\gamma} \geq h_{0}$;
B) $H_{\gamma}<h_{0}$.
A) If $H_{\gamma} \leq \sqrt{\varepsilon_{0}}$, then $\gamma_{1}\left(\left[0, t_{\gamma}\right]\right) \subseteq \bar{N} \cap \Omega$ and we can apply 4.7) in Lemma 4.2 to get

$$
l_{F}\left(\gamma_{1}\right) \geq \ln \frac{h\left(\gamma\left(t_{\gamma}\right)\right)}{h(x)}-C=\ln \frac{H_{\gamma}}{h(x)}-C \geq \ln \frac{h_{0}}{h(x)}-C
$$

If instead $H_{\gamma}>\sqrt{\varepsilon_{0}}, \gamma_{1}\left(t_{\gamma}\right) \in K$ and we can proceed as in case 2 to obtain

$$
l_{F}\left(\gamma_{1}\right) \geq \ln \frac{\sqrt{\varepsilon_{0}}}{h(x)}-C \geq \ln \frac{h_{0}}{h(x)}-C .
$$

For the same reason

$$
l_{F}\left(\gamma_{2}\right) \geq \ln \frac{h_{0}}{h(y)}-C
$$

Now notice that, due to the boundedness of $d_{H}$ on $\partial \Omega$, there is a constant $0<$ $C \leq 1$ such that

$$
C d_{H}(p, q) \leq h_{0} \leq d_{H}(p, q)
$$

It suffices to pick $C=\frac{\sqrt{\varepsilon_{0}}}{\operatorname{diam}_{H}(\partial \Omega)}$, where $\varepsilon_{0}$ can be adapted to obtain $C \leq 1$. Consequently,

$$
\begin{gather*}
l_{F}(\gamma)=l_{F}\left(\gamma_{1}\right)+l_{F}\left(\gamma_{2}\right) \geq \ln \frac{h_{0}^{2}}{h(x) h(y)}-C \geq  \tag{4.26}\\
\ln \left(C^{2} \frac{d_{H}(p, q)^{2}}{h(x) h(y)}\right)-C=2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}}-C
\end{gather*}
$$

B) In this case we have $\gamma([0,1]) \subseteq N$. Let $\alpha:=\pi \circ \gamma$ be the projection of $\gamma$ to the boundary. Since $h(x) \leq H_{\gamma}$, there exists $m_{\gamma} \in \mathbb{N}$ such that

$$
\frac{H_{\gamma}}{2^{m_{\gamma}}} \leq h(x) \leq \frac{H_{\gamma}}{2^{m_{\gamma}-1}} .
$$

Let us now define $s_{0}:=0$,

$$
s_{i}:=\min \left\{s \in\left[0, t_{\gamma}\right] ; h(\gamma(s))=\frac{H_{\gamma}}{2^{m_{\gamma}-i}}\right\} \quad \text { for } \quad i=1, \cdots m_{\gamma}
$$

and put

$$
x_{i}:=\gamma\left(s_{i}\right), \quad p_{i}:=\pi\left(x_{i}\right) \quad \text { for } \quad i=0, \cdots m_{\gamma}
$$

Notice that $\frac{h\left(x_{i}\right)}{h\left(x_{i-1}\right)}=2$ for $i=1, \cdots m_{\gamma}$. There are now two scenarios:

$$
\begin{gather*}
\left.B_{1}\right) \exists l \in\left\{1, \cdots m_{\gamma}\right\} \quad \text { s.t. } \quad d_{H}\left(p_{l-1}, p_{l}\right)>\frac{d_{H}(p, q)}{8 \cdot 2^{m_{\gamma}-l}} ;  \tag{4.27}\\
\left.B_{2}\right) d_{H}\left(p_{i-1}, p_{i}\right) \leq \frac{d_{H}(p, q)}{8 \cdot 2^{m_{\gamma}-i}} \quad \forall i=1, \cdots m_{\gamma} . \tag{4.28}
\end{gather*}
$$

$B_{1}$ ) In this scenario, we define the constant $\kappa_{\gamma}>0$ s.t.

$$
\frac{1}{\kappa_{\gamma}}:=\frac{d_{H}(p, q)}{8 \cdot 2^{m_{\gamma}-l}}<d_{H}\left(p_{l-1}, p_{l}\right),
$$

i.e. the hypothesis of the Approximation Lemma 1.6 are satisfied by $p_{l-1}, p_{l}$ and $\kappa_{\gamma}$. For $t \in\left[s_{l-1}, s_{l}\right]$ we have

$$
h(\gamma(t)) \leq \frac{H_{\gamma}}{2^{m_{\gamma}-l}}<\frac{h_{0}}{2^{m_{\gamma}-l}} \leq \frac{d_{H}(p, q)}{2^{m_{\gamma}-l}}=\frac{8}{k_{\gamma}} .
$$

Now, by the LHS of the hypothesis (4.4) and Lemma 4.4 ,

$$
\begin{gathered}
l_{F}\left(\gamma_{\left[s_{l-1}, s_{l}\right]}\right)=\int_{s_{l-1}}^{s_{l}} F(\gamma(t) ; \dot{\gamma}(t)) d t \underbrace{\geq}_{\text {[4.4] }} \\
\int_{s_{l-1}}^{s_{l}}\left(1-C_{1} \delta(\gamma(t))^{s}\right)\left(\frac{\left|\dot{\gamma}_{N}(t)\right|^{2}}{4 \delta(\gamma(t))^{2}}+\frac{1}{C_{2}} \frac{L_{\rho}\left(\pi(\gamma(t)) ; \dot{\gamma}_{H}(t)\right)}{\delta(\gamma(t))}\right)^{\frac{1}{2}} d t \geq \\
\min _{x \in \bar{N}} \frac{1-C_{1} \delta(x)^{s}}{C_{2}} \int_{s_{l-1}}^{s_{l}}\left(\frac{\left|\dot{\gamma}_{N}(t)\right|^{2}}{4 \delta(\gamma(t))^{2}}+\frac{L_{\rho}\left(\pi(\gamma(t)) ; \dot{\gamma}_{H}(t)\right)}{\delta(\gamma(t))}\right)^{\frac{1}{2}} d t \underbrace{\geq}_{\text {Lemma }} \\
C \int_{s_{l-1}}^{s_{l}}\left(\frac{\left|\dot{\alpha}_{N}(t)\right|^{2}}{\delta(\gamma(t))^{2}}+\frac{L_{\rho}\left(\pi(\alpha(t)) ; \dot{\alpha}_{H}(t)\right)}{\delta(\gamma(t))}\right)^{\frac{1}{2}} d t= \\
C \int_{s_{l-1}}^{s_{l}} \frac{1}{h(\gamma(t))}\left(\frac{\left|\dot{\alpha}_{N}(t)\right|^{2}}{h(\gamma(t))^{2}}+L_{\rho}\left(\pi(\alpha(t)) ; \dot{\alpha}_{H}(t)\right)\right)^{\frac{1}{2}} d t \geq \\
C \frac{2^{m_{\gamma}-l}}{H_{\gamma}} \int_{s_{l-1}}^{s_{l}}\left(\left(\frac{\kappa_{\gamma}}{8}\right)^{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+L_{\rho}\left(\pi(\alpha(t)) ; \dot{\alpha}_{H}(t)\right)\right)^{\frac{1}{2}} d t \geq \\
C \frac{2^{m_{\gamma}-l}}{H_{\gamma}} \int_{s_{l-1}}^{s_{l}}\left(\left(\kappa_{\gamma}^{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+L_{\rho}\left(\pi(\alpha(t)) ; \dot{\alpha}_{H}(t)\right)\right)^{\frac{1}{2}} d t \geq\right. \\
C \frac{2^{m_{\gamma}-l}}{H_{\gamma}} d_{\kappa_{\gamma}}\left(p_{l-1}, p_{l}\right),
\end{gathered}
$$

where $d_{\kappa_{\gamma}}$ is the distance function induced by the Riemannian metric in the Approximation Lemma 1.6 .

$$
G_{\kappa_{\gamma}}(p ; Z):=\kappa_{\gamma}^{2}\left|Z_{N}\right|^{2}+L_{\rho}\left(p ; Z_{H}\right), \quad Z \in T_{p} \partial \Omega .
$$

## Claim 4.4.2.

$$
\begin{equation*}
l_{F}\left(\gamma_{\left[s_{l-1}, s_{l}\right]}\right) \geq C \frac{d_{H}(p, q)}{H_{\gamma}} . \tag{4.29}
\end{equation*}
$$

Proof of Claim 4.4.2. Since $\frac{1}{k_{\gamma}} \leq d_{H}\left(p_{l-1}, p_{l}\right)$, by the Approximation Lemma 1.6

$$
d_{H}\left(p_{l-1}, p_{l}\right) \leq C d_{\kappa_{\gamma}}\left(p_{l-1}, p_{l}\right) .
$$

Then, up to renaming $C$,

$$
\begin{gathered}
l_{F}\left(\gamma_{\left[s_{l-1}, s_{l l}\right]}\right) \geq C \frac{2^{m_{\gamma}-l}}{H_{\gamma}} d_{\kappa_{\gamma}}\left(p_{l-1}, p_{l}\right) \geq C \frac{2^{m_{\gamma}-l}}{H_{\gamma}} d_{H}\left(p_{l-1}, p_{l}\right) \underbrace{\geq} \\
C \frac{2^{m_{\gamma}-l}}{H_{\gamma}} \frac{d_{H}(p, q)}{8 \cdot 2^{m_{\gamma}-l}}=C \frac{d_{H}(p, q)}{H_{\gamma}} \quad \checkmark .
\end{gathered}
$$

Now let $t_{1}:=s_{m_{\gamma}} \leq t_{\gamma}$ (the first time that $\gamma$ reaches heighth $H_{\gamma}$ can be before $t_{\gamma}$ ). As a consequence of (4.29) and 4.7) in Lemma 4.2 we get

$$
l_{F}\left(\gamma_{\left[\left[0, t_{1}\right]\right.}\right)=l_{F}\left(\gamma_{\left[\left[0, s_{l-1}\right]\right.}\right)+l_{F}\left(\gamma_{\left[s_{l-1}, s_{l}\right]}\right)+l_{F}\left(\gamma_{\left[s_{l}, t_{1}\right]}\right) \geq
$$

$$
\begin{gathered}
\ln \frac{h\left(x_{l-1}\right)}{h\left(x_{0}\right)}+C \frac{d_{H}(p, q)}{H_{\gamma}}+\ln \frac{h\left(x_{m}\right)}{h\left(x_{l}\right)}-C= \\
\ln (\underbrace{\frac{h\left(x_{l-1}\right)}{h\left(x_{l}\right)}}_{\frac{1}{2}} \frac{h\left(x_{m}\right)}{h\left(x_{0}\right)})+C \frac{d_{H}(p, q)}{H_{\gamma}}-C=\ln \frac{H_{\gamma}}{h(x)}+C \frac{d_{H}(p, q)}{H_{\gamma}}-C .
\end{gathered}
$$

Applying the same considerations to $\gamma_{2}$ instead of $\gamma_{1}$ we can find $t_{2} \in\left[t_{\gamma}, 1\right]$ s.t.

$$
l_{F}\left(\gamma_{\left[\left[t_{2}, 1\right]\right.}\right) \geq \ln \frac{H_{\gamma}}{h(y)}+C \frac{d_{H}(p, q)}{H_{\gamma}}-C
$$

$\left.B_{2}\right)$ Let us denote $p_{1}:=\pi\left(\gamma\left(t_{1}\right)\right), p_{2}:=\pi\left(\gamma\left(t_{2}\right)\right)$. In this scenario,

$$
d_{H}\left(p, p_{1}\right) \leq \sum_{i=1}^{m_{\gamma}} d_{H}\left(p_{i-1}, p_{i}\right) \underbrace{\leq .28)}_{\underbrace{}} \frac{d_{H}(p, q)}{8} \sum_{i=1}^{m_{\gamma}} \frac{1}{2^{m_{\gamma}-i}} \leq \frac{d_{H}(p, q)}{4}
$$

On the other hand, again by (4.7) in Lemma 4.2,

$$
l_{F}\left(\gamma_{\left[0, t_{1}\right]}\right) \geq \ln \frac{h\left(x_{m_{\gamma}}\right)}{h\left(x_{0}\right)}-C=\ln \frac{H_{\gamma}}{h(x)}-C .
$$

As in the previous scenario, the same considerations can be applied to $\gamma_{2}$ instead of $\gamma_{1}$.

Summarizing the results obtained in $B_{1}$ ) and $B_{2}$ ) we have the following possibilities:

$$
\begin{gather*}
l_{F}\left(\gamma_{\left[0, t_{1}\right]}\right) \geq \ln \frac{H_{\gamma}}{h(x)}+C \frac{d_{H}(p, q)}{H_{\gamma}}-C .  \tag{৫}\\
\left\{\begin{array}{l}
l_{F}\left(\gamma_{\left[0, t_{1}\right]}\right) \geq \ln \frac{H_{\gamma}}{h(x)}-C \\
d_{H}\left(p, p_{1}\right) \leq \frac{d_{H}(p, q)}{4} .
\end{array}\right. \\
l_{F}\left(\gamma_{\left[t_{2}, 1\right]}\right) \geq \ln \frac{H_{\gamma}}{h(y)}+C \frac{d_{H}(p, q)}{H_{\gamma}}-C . \\
\left\{\begin{array}{l}
l_{F}\left(\gamma_{\left[\left[t_{2}, 1\right]\right.}\right) \geq \ln \frac{H_{\gamma}}{h(y)}-C \\
d_{H}\left(q, p_{2}\right) \leq \frac{d_{H}(p, q)}{4} .
\end{array}\right.
\end{gather*}
$$

Claim 4.4.3. Suppose that ( $\Delta$ and hold simultaneously. Then

$$
l_{F}\left(\gamma_{\left[t_{1}, t_{2}\right]}\right) \geq C \frac{d_{H}(p, q)}{H_{\gamma}}
$$

Proof of Claim 4.4.3. Start by noticing that

$$
d_{H}\left(p_{1}, p_{2}\right) \geq d_{H}(p, q)-d_{H}\left(p, p_{1}\right)-d_{H}\left(q, p_{2}\right) \underbrace{\geq}_{(\diamond)+(\omega)} \frac{d_{H}(p, q)}{2} .
$$

Now we want to apply the Approximation Lemma 1.6 as in $B_{1}$ ), so we define the constant $\kappa>0$ such that

$$
\frac{1}{\kappa}:=\frac{d_{H}(p, q)}{2} \leq d_{H}\left(p_{1}, p_{2}\right)
$$

and we notice that

$$
h(\gamma(t)) \leq H_{\gamma}<h_{0} \leq d_{H}(p, q)=\frac{2}{\kappa}
$$

Following the same steps of $B_{1}$ ), we get

$$
\begin{aligned}
& l_{F}\left(\gamma_{\left[t_{1}, t_{2}\right]}\right) \geq C \frac{1}{H_{\gamma}} \int_{t_{1}}^{t_{2}}\left(\frac{\kappa^{2}}{4}\left|\dot{\alpha}_{N}(t)\right|^{2}+L_{\rho}\left(\alpha(t) ; \dot{\alpha}_{H}(t)\right)\right)^{\frac{1}{2}} d t \geq \\
& \frac{C}{H_{\gamma}} \int_{t_{1}}^{t_{2}}\left(\kappa^{2}\left|\dot{\alpha}_{N}(t)\right|^{2}+L_{\rho}\left(\alpha(t) ; \dot{\alpha}_{H}(t)\right)\right)^{\frac{1}{2}} d t \geq \frac{C}{H_{\gamma}} d_{k}\left(p_{1}, p_{2}\right),
\end{aligned}
$$

where $d_{K}$ is the distance function induced by the Riemannian metric

$$
G_{\kappa}(p ; Z):=\kappa^{2}\left|Z_{N}\right|^{2}+L_{\rho}\left(p ; Z_{H}\right), \quad Z \in T_{p} \partial \Omega .
$$

Now we apply the Approximation Lemma 1.6 and conclude

$$
l_{F}\left(\gamma_{\left\lceil\left[t_{1}, t_{2}\right]\right.}\right) \geq \frac{C}{H_{\gamma}} d_{H}\left(p_{1}, p_{2}\right) \underbrace{\geq}_{(\star)} \frac{C}{2} \frac{d_{H}(p, q)}{H_{\gamma}} \quad \checkmark .
$$

Consequently,

$$
\begin{gathered}
l_{F}(\gamma)=l_{F}\left(\gamma_{\left[\left[0, t_{1}\right]\right.}\right)+l_{F}\left(\gamma_{\left[t_{1}, t_{2}\right]}\right)+l_{F}\left(\gamma_{\left[t_{1}, 1\right]}\right) \geq \\
\ln \frac{H_{\gamma}}{h(x)}+C \frac{d_{H}(p, q)}{H_{\gamma}}+\ln \frac{H_{\gamma}}{h(y)}-C=2 \ln \frac{H_{\gamma}}{\sqrt{h(x) h(y)}}+C \frac{d_{H}(p, q)}{H_{\gamma}}-C .
\end{gathered}
$$

Up to a modification of $C$, the last inequality holds for any combination of whiteblack seeds. In other words,

$$
\begin{equation*}
l_{F}(\gamma) \geq 2 \ln \frac{H_{\gamma}}{\sqrt{h(x) h(y)}}+C \frac{d_{H}(p, q)}{H_{\gamma}}-C \tag{4.30}
\end{equation*}
$$

for any $\gamma:[0,1] \rightarrow \Omega$ joining $x, y$, with $H_{\gamma}<h_{0}$.
The RHS of (4.30), as a function of $H_{\gamma}$, has a mininum for $H_{\gamma}=C d_{H}(p, q)$. This yields the lower bound

$$
\begin{equation*}
l_{F}(\gamma) \geq 2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}}-C \tag{4.31}
\end{equation*}
$$

Notice that (4.26) and (4.31) are the same estimate respectively for the cases $A$ ) and $B$ ). We can therefore take the infimum over all admissible curves joining $x$ and $y$ and we obtain

$$
d_{F}(x, y) \geq 2 \ln \frac{d_{H}(p, q)}{\sqrt{h(x) h(y)}}-C
$$

In conclusion, 4.25 holds and this completes the proof.

### 4.5 Estimate for the Kobayashi metric

Notice that the estimate (4.5) for the Kobayashi metric is slightly different from the estimate (4.4) in Theorem 4.2, as it is not possible to have $C_{2} \geq 1$ and $\varepsilon>0$ such that

$$
C_{2}=1+\varepsilon \quad \text { and } \quad \frac{1}{C_{2}}=1-\varepsilon .
$$

Nonetheless, this does not affect the outcome

$$
g(x, y)-C \leq d_{K, \Omega}(x, y) \leq g(x, y)+C .
$$

Indeed, if in the proof of Theorem 4.2 we consider $F=K$, the estimate (4.5) gets the job done exactly as the estimate (4.4), as one can notice that the applications of the estimate all lie in the fact that $C_{2} \geq 1$ and $\frac{1}{C_{2}} \leq 1$, it does not matter that $\frac{1}{C_{2}}$ is the actual reciprocal of $C_{2}$. Therefore, since $1+\varepsilon \geq 1$ and $1-\varepsilon \leq 1$, we get the same outcome. In particular, the LHS of the estimate is used in the first part of the proof of Lemma 4.2 and in the scenario $B_{1}$ ), in the proof of case 4 . The RHS of the estimate is used in the second part of the proof of Lemma 4.2 and in the proof of Claim 4.3.2.

By this observations we can finally conclude that Theorem 4.1, and consequently Corollary 4.1, hold.

## Chapter 5

## An application of the Balogh-Bonk Theorem

In Chapter 5 we present a recent application of Balogh-Bonk Theorem 4.1 to the theory of functions with Bounded Mean Oscillation (BMO spaces, for short).

In section 5.1 we introduce two notions of BMO spaces on bounded strictly pseudoconvex domains:

- BMO spaces defined via balls in the Kobayashi metric $\left(B M O_{r}^{p}\right)$;
- BMO spaces defined via dyadic tents $\left(B M O_{\mathcal{D}}^{p}\right)$.

In section 5.2 we show, following [7], that such BMO spaces are equivalent, in the sense that they are identical as sets and the corresponding norms are equivalent. A key role in the proof is indeed played by Theorem4.1: the idea is that the dyadic cubes we consider are comparable to balls in the Carnot-Carathérodory metric (see Lemma 5.2, Lemma 5.3), and Theorem 4.1 gives an explicit relationship between the Carnot Carathéodory metric and the Kobayashi metric: we take advantage of this explicit relationship to show the inclusion $B M O_{\mathcal{D}}^{p} \subseteq B M O_{r}^{p}$, see Proposition 5.1.

### 5.1 Notions of BMO and strict pseudoconvexity

Let us fix, for the whole Chapter, a bounded strictly pseudoconvex domain $\Omega \subset$ $\mathbb{C}^{n}$ with $C^{2}$-smooth boundary. The first definition we give is the one of BMO spaces in terms of balls in the Kobayashi metric.

Def 5.1. $\left(B M O_{r}^{p}\right)$ : Let $1 \leq p<\infty, r>0$ and $b \in L_{l o c}^{p}(\Omega)$. We say that $b \in B M O_{r}^{p}(\Omega)$ if

$$
\|b\|_{B M O_{T}^{p}}^{p}:=\sup _{z \in \Omega} f_{E(z, r)}\left|b(w)-\langle b\rangle_{E(z, r)}\right|^{p} d w<\infty,
$$

where $E(z, r):=\left\{w \in \Omega ; d_{K, \Omega}(w, z)<r\right\}$ denotes the Kobayashi ball centered at $z$ with radius $r$ and

$$
\langle b\rangle_{E(z, r)}:=f_{E(z, r)} b(w) d w=\frac{1}{|E(z, r)|} \int_{E(z, r)} b(w) d w
$$

is the mean value of $b$ on $E(z, r)$.

Lemma 5.1. For $0<r<r^{\prime}, B M O_{r^{\prime}}^{p}(\Omega) \subseteq \operatorname{BMO}_{r}^{P}(\Omega)$ with bounded inclusion, i.e. there exists a constant $C=C\left(r, r^{\prime}\right)>0$ such that, if $b \in B M O_{r^{\prime}}^{p}(\Omega)$, then

$$
\|b\|_{B M O_{r}^{p}} \leq C\left(r, r^{\prime}\right)\|b\|_{B M O_{r^{\prime}}^{p}}
$$

Proof. See [7, Remark 2.19, page 11.
For the notion of dyadic BMO spaces, We need to introduce some notation.

## Notation:

- If $A=A(\xi)$ and $B=B(\xi)$ are two real-valued positive functions of the same variable $\xi$, we write $A \approx B$ if there exist two constants $0<C_{1} \leq C_{2}<\infty$ such that

$$
C_{1} B(\xi) \leq A(\xi) \leq C_{2} B(\xi)
$$

for each $\xi$ in the domain of $A$ and $B$. If not otherwise specified, the constants $C_{1}$ and $C_{2}$ will only depend on $\Omega$.

- If $S \subseteq \partial \Omega$, we denote $\sigma(S)$ the volume of $S$, where $\sigma$ is the induced Lebesgue measure on $\partial \Omega$.

Now we follow [7] for the construction of dyadic tents and "kubes" in the interior of $\Omega$. We start by giving a precise construction of a system of dyadic cubes on the boundary of $\Omega$.

Def 5.2. Let $(X, d)$ be a metric space. We say that $(X, d)$ is a geometrically doubling space if there exists a positive integer $M$ such that, for every $x \in X$ and $r>0$, the ball $B_{d}(x, r):=\{y \in X ; d(x, y)<r\}$ can be covered by at most $M$ balls $B_{d}\left(x_{i}, \frac{r}{2}\right), \quad i=1, \cdots M$.

Thanks to the Box-Ball estimate 1.3 one can notice that, for sufficiently small radius $r>0$,

$$
\begin{equation*}
\sigma\left(B_{d_{H}}(x, r)\right) \approx r^{2 n} \tag{5.1}
\end{equation*}
$$

As a consequence, $\left(\partial \Omega, d_{H}\right)$ is a geometrically doubling space (see [7], pages 4,5). Therefore, due to results in [7] and [9], the construction of dyadic systems is precise.

Lemma 5.2. ([7], lemma 2.2). Let $\delta>0$ be sufficiently small and let $s>1$ be a parameter. Then there exist reference points $\left\{p_{j}^{(k)}\right\}_{\substack{k \in \mathbb{N} \\ j \in I(k)}}$ on $\partial \Omega$ and an associated collection $\mathcal{Q}:=\left\{Q_{j}^{k}\right\}_{\substack{k \in \mathbb{N} \\ j \in I(k)}}$ of subsets of $\partial \Omega$, with $p_{J}^{(k)} \in Q_{j}^{k}$, such that the following properties hold:

1) For each fixed $k \in \mathbb{N},\left\{p_{j}^{(k)}\right\}_{j \in I(k)}$ is a largest set of points in $\partial \Omega$ satisfying $d_{H}\left(p_{j}^{(k)}, p_{i}^{(k)}\right)>s^{-k} \delta$ for all $j, i \in I(k)$, meaning that if $p \in \partial \Omega$ is not in $\left\{p_{j}^{(k)}\right\}$, then there exists an index $j_{0}$ such that $d_{H}\left(p, p_{j_{0}}^{(k)}\right) \leq s^{-k} \delta$.
2) For each fixed $k \in \mathbb{N}$,

$$
\bigcup_{j \in I(k)} Q_{j}^{k}=\partial \Omega \quad \text { and } \quad Q_{j}^{k} \cap Q_{i}^{k}=\emptyset \quad \text { when } i \neq j .
$$

3) If $l>k$, then, $\forall i \in I(l), j \in I(k)$, either $Q_{i}^{l} \subset Q_{j}^{k}$ or $Q_{i}^{l} \cap Q_{j}^{k}=\emptyset$.
4) There exist positive constants $c$ and $C$ such that for all $j$ and $k$

$$
B_{d_{H}}\left(p_{j}^{(k)}, c s^{-k} \delta\right) \subseteq Q_{j}^{k} \subseteq B_{d_{H}}\left(p_{j}^{(k)}, C s^{-k} \delta\right),
$$

where $B_{d_{h}}(\cdot, \cdot)$ indicates a ball with respect to the Carnot-Carathéodory metric (1.14).
5) There exists $M \in \mathbb{N}$ such that each $Q_{j}^{k}$ contains at most $M$ sets $Q_{i}^{k+1}$.

The collection $\left\{p_{j}^{(k)}\right\} \underset{\substack{k \in \mathbb{N} \\ j \in I(k)}}{ }$ is called a system of dyadic points. The set $Q_{j}^{k}$ is called a dyadic cube of generation $k$ centered at $p_{j}^{(k)}$, and the collection $\mathcal{Q}$ is called a collection of dyadic cubes.
Lemma 5.3. ([9], Theorem 4.1). Let $\delta$ and $\left\{p_{j}^{(k)}\right\}_{\substack{k \in \mathbb{N} \\ j \in I(k)}}$ be as in Lemma 5.2. Then there are finitely many collections $\left\{\mathcal{Q}_{l}\right\}_{l=1}^{N}$ such that the following conditions hold:

1) Each collection $\mathcal{Q}_{l}$ is associated to the system of dyadic points $\left\{p_{j}^{(k)}\right\}$ and they satisfy all the properties in Lemma 5.2.
2) For any $p \in \partial \Omega$ and small $r>0$, there exist $Q_{j_{1}}^{k_{1}} \in \mathcal{Q}_{l_{1}}$ and $Q_{j_{2}}^{k_{2}} \in \mathcal{Q}_{l_{2}}$ such that

$$
Q_{j_{1}}^{k_{1}} \subseteq B_{d_{H}}(p, r) \subseteq Q_{j_{2}}^{k_{2}} \quad \text { and } \quad \sigma\left(B_{d_{H}}(p, r)\right) \approx \sigma\left(Q_{j_{1}}^{k_{1}}\right) \approx \sigma\left(Q_{j_{2}}^{k_{2}}\right)
$$

Remark 5.1. From Remark 4.13 in [9], the generation of the cube $Q_{l_{2}}^{k_{2}}$ above only depends on the radius $r$. In particular, $k_{2}$ is such that

$$
s^{-k_{2}-2}<r \leq s^{-k_{2}-1} .
$$

Def 5.3. (Dyadic tents): For a given dyadic system $\mathcal{Q}_{l}=\left(Q_{j}^{k}\right) \substack{k \in \mathbb{N} \\ j \in I(k)}$ on $\partial \Omega$, the corresponding dyadic tents on the interior of $\Omega$ can now be constructed as follows:

$$
\hat{K}_{j}^{k}:=\left\{z \in \Omega ; \pi(z) \in Q_{j}^{k} \text { and } \delta(z)<s^{-2 k} \delta^{2}\right\} .
$$

We denote $\hat{K}^{-1}:=\Omega$. The collection of dyadic tents of $\mathcal{Q}_{l}$ is denoted $\mathcal{T}_{l}:=$ $\left\{\hat{K}_{j}^{k}\right\}_{\substack{k \in \mathbb{N} \\ j \in I(k)}} \cup \hat{K}^{-1}$.

Notice that if $\hat{K}_{j_{1}}^{k_{1}}$ and $\hat{K}_{j_{2}}^{k_{2}}$ are two dyadic tents in $\mathcal{T}_{l}$ and $k_{2}>k_{1}$, then either $\hat{K}_{j_{2}}^{k_{2}} \subset \hat{K}_{j_{1}}^{k_{1}}$ or $\hat{K}_{j_{2}}^{k_{2}} \cap \hat{K}_{j_{1}}^{k_{1}}=\emptyset$.

Def 5.4. (Dyadic "kubes"): For the collection of dyadic tents $\mathcal{T}_{l}$ corresponding to the collection of dyadic cubes $\mathcal{Q}_{l}$, define the center of each tent $\hat{K}_{j}^{k}$ to be the unique point $c_{j}^{(k)} \in \Omega$ such that

$$
\pi\left(c_{j}^{(k)}\right)=p_{j}^{(k)}
$$

$$
\delta\left(c_{j}^{(k)}\right)=\frac{1}{2} \sup _{\substack{z \in K_{j}^{k} \\ \pi(z)=p_{j}^{k}}} \delta(z)
$$

We denote $K^{-1}:=\Omega \backslash\left(\bigcup_{j \in I(0)} \hat{K}_{j}^{0}\right)$ and for each tent $\hat{K}_{j}^{k}$ we define the dyadic "kube" of $\hat{K}_{j}^{k}$ as

$$
K_{j}^{k}:=\hat{K}_{j}^{k} \backslash\left(\bigcup_{l} \hat{K}_{l}^{k+1}\right)
$$

where $l$ is any index in $I(k+1)$ such that $p_{l}^{(k+1)} \in Q_{j}^{k}$. We call $\mathcal{K}_{l}:=\left\{K_{j}^{k}\right\}_{j \in I(k)}^{\substack{k \in \mathbb{N}}} \cup$ $K^{-1}$ the collection of dyadic kubes corresponding to the collections of dyadic tents $\mathcal{T}_{l}$.

The following lemmas collects properties of the dyadic tents and kubes.
Lemma 5.4. ([8], Lemma 3.11): Let $\mathcal{T}_{l}=\left\{\hat{K}_{j}^{k}\right\}$ be the collection of dyadic tents induced by the collection $\mathcal{Q}_{l}$. Let $K_{j}^{k}$ be the kube of $\hat{K}_{j}^{k}$. Then

1) $K_{j}^{k}$ 's are pairwise disjoint and

$$
\bigcup_{K_{j}^{k} \in \mathcal{K}_{l}} K_{j}^{k}=\Omega ;
$$

2) $\left|K_{j}^{k}\right| \approx\left|\hat{K}_{j}^{k}\right| \approx s^{-k(2 n+2)} \delta^{2 n+2}$.

This creates a tree structure on the kubes. We use the notation $K_{j}^{k} \preceq K_{j_{0}}^{k_{0}}$ to indicate that $K_{j}^{k}$ is a descendant of $K_{j_{0}}^{k_{0}}$, that is $p_{j}^{(k)} \in Q_{j_{0}}^{k_{0}}$. On the other hand, we say that $K_{j_{0}}^{k_{0}}$ is an ancestor of $K_{j}^{k}$. We use the same terminology of descendant and ancestor also for cubes and tents.

Lemma 5.5. ([6], Th. 2.15) Each dyadic kube is comparable to a Kobayashi ball near the boundary in the following way. There exists a constant $\beta>0$ such that for all $j, k, l$ the following containment holds for $K_{j}^{k} \in \mathcal{K}_{l}$ :

$$
K_{j}^{k} \subset E\left(c_{j}^{(k)}, \beta\right)
$$

Moreover, there are implicit constants $C_{1}, C_{2}>0$ depending only on $\Omega$ and the parameters $\delta, s$ in the dyadic system such that

$$
C_{1}\left|E\left(c_{j}^{(k)}, \beta\right)\right| \leq\left|K_{j}^{k}\right| \leq C_{2}\left|E\left(c_{j}^{(k)}, \beta\right)\right| .
$$

Lemma 5.6. ([7], Lemma 3.4) There exists a constant $C_{\beta}>0$ depending only on $\beta$ (from Lemma 5.5) such that if $K_{j}^{k_{0}+1} \subset K_{j_{0}}^{k_{0}}$, then

$$
\left|\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}-\langle b\rangle_{E\left(c_{j}^{\left(k_{0}+1\right)}, \beta\right)}\right| \leq C_{\beta}\|b\|_{B M O_{3 \beta}^{p}} \quad \forall b \in B M O_{3 \beta}^{p}(\Omega) .
$$

Finally, we are able to define the space $B M O_{\mathcal{D}}^{p}(\Omega)$.
Def 5.5. $\left(B M O_{\mathcal{D}}^{p}\right):$ Let $1 \leq p<\infty$ and $b \in L^{p}(\Omega)$. We say the $b \in B M O_{\mathcal{D}}^{p}(\Omega)$ if

$$
\|b\|_{B M O_{\mathcal{D}}^{p}}^{p}:=\sup _{\substack{\hat{K}_{c}^{k} \in \mathcal{T}_{\mathcal{l}} \\ l=1, \cdots N}} f_{\hat{K}_{j}^{k}}\left|b(w)-\langle b\rangle_{\hat{K}_{j}^{k}}\right|^{p} d w<\infty .
$$

### 5.2 Equivalence of the two BMO spaces

The goal of this section is to prove the following Theorem.
Theorem 5.1. Let $\Omega \subset \mathbb{C}^{n}$ be a bounded strictly pseudoconvex domain with $C^{2}$-smooth boundary. Then

$$
B M O_{r}^{p}(\Omega)=B M O_{\mathcal{D}}^{p}(\Omega)
$$

with equivalent norms for all $r \geq 3 \beta$, where $\beta>0$ was introduced in Lemma 5.5.
The proof of Theorem relies on the following results.
Proposition 5.1. For any Kobayashi ball $E(z, r) \subset \Omega$ there exist $C_{1}(r), C_{2}(r)>$ 0 and a tent $\hat{K}_{z} \in \mathcal{T}_{l}$, for some $l \in\{1, \cdots N\}$, such that $E(z, r) \subseteq \hat{K}_{z}$ with

$$
C_{1}(r)\left|\hat{K}_{z}\right| \leq|E(z, r)| \leq C_{2}(r)\left|\hat{K}_{z}\right|, \quad \text { i.e. } \quad|E(z, r)| \approx\left|\hat{K}_{z}\right| .
$$

Proof. - We can assume that $z$ is sufficiently close to the boundary, i.e. $\delta(z)<\varepsilon_{0}$ for some appropriate $\varepsilon_{0}>0$. Otherwise we denote, as in Chapter 4,

$$
K:=\left\{x \in \Omega ; \delta(x) \geq \varepsilon_{0}\right\} .
$$

For each $z \in K, r>0$ we can then consider the tent $\hat{K}_{z}:=\hat{K}^{-1}=\Omega$. Of course $E(z, r) \subseteq \hat{K}_{z}$ and $|E(z, r)| \leq\left|\hat{K}_{z}\right|=|\Omega|$. On the other hand, since $K$ is compact,

$$
\min _{x \in K}|E(x, r)|=: m(r)>0
$$

Then $|E(z, r)| \geq \frac{m(r)}{|\Omega|}\left|\hat{K}_{z}\right|$, which yields $|E(z, r)| \approx \hat{K}_{z}$.

- Therefore, let $z \in \Omega \backslash K$ and $r>0$. Here Balogh-Bonk Theorem 4.1 plays a central role. We recall from [7], Corollary 2.13 page 10 , that $|E(z, r)| \approx \delta(z)^{n+1}$, where the implicit constants only depend on $r$. Thus, it suffices to find a tent $\hat{K}_{z}^{\prime}$ such that

$$
\begin{equation*}
E(z, r) \subseteq \hat{K}_{z} \quad \text { and } \quad\left|\hat{K}_{z}\right| \approx \delta(z)^{n+1} \tag{5.2}
\end{equation*}
$$

Let us consider a point $w \in E(z, r)$. By Balogh-Bonk Theorem 4.1 we obtain that there is a constant $\tilde{C}(r)>0$ such that $h(w)<\tilde{C}(r) h(z)$. Indeed, $w \in$ $E(z, r) \Longleftrightarrow d_{K, \Omega}(w, z)<r$ and by Theorem $4.1 g(w, z)-C \leq d_{K, \Omega}(w, z)<r$, which means, by definition of $g$,

$$
2 \ln \left(\frac{d_{H}(\pi(w), \pi(z))+h(w) \vee h(z)}{\sqrt{h(w) h(z)}}\right)-C<r .
$$

Then

$$
\begin{align*}
& 2 \ln \frac{h(w)}{\sqrt{h(w) h(z)}}-C \leq r \Longleftrightarrow \ln \frac{\sqrt{h(w)}}{\sqrt{h(z)}} \leq \frac{r+C}{2}  \tag{5.3}\\
& \Longleftrightarrow \sqrt{h(w)} \leq e^{\frac{r+C}{2}} \sqrt{h(z)} \Longleftrightarrow h(w) \leq e^{r+C} h(z)
\end{align*}
$$

Then it suffices to pick $\tilde{C}(r):=e^{r+C}$. On the other hand, Theorem4.1 also yields

$$
\ln \frac{d_{H}(\pi(w), \pi(z))}{\sqrt{h(z) h(w)}} \leq \frac{r+C}{2} \Longleftrightarrow
$$

$$
d_{H}(\pi(w), \pi(z)) \leq e^{\frac{r+C}{2}} \sqrt{h(z) h(w)} \underbrace{\leq}_{\text {5.3 }} e^{r+C} h(z)=\tilde{C}(r) h(z) .
$$

Let us denote $t:=\tilde{C}(r) h(z)$. As a consequence of Lemma 5.3, point 2) (here we need $z$ to be close to the boundary), we can find a dyadic cube $Q_{j_{0}}^{k_{0}}$ corresponding to a system of dyadic cubes $\mathcal{Q}_{l}$ such that

$$
\pi(z) \in Q_{j_{0}}^{k_{0}}, \quad B_{d_{H}}(\pi(z), t) \subseteq Q_{j_{0}}^{k_{0}} \quad \text { and } \quad \sigma\left(Q_{j_{0}}^{k_{0}}\right) \approx \sigma\left(B_{d_{H}}(\pi(z), t)\right)
$$

Since $d_{H}(\pi(w), \pi(z)) \leq t$, we have

$$
\begin{equation*}
\pi(w) \in B_{d_{H}}(\pi(z), t) \subseteq Q_{j_{0}}^{k_{0}} \tag{5.4}
\end{equation*}
$$

Now we consider the tent associated to the cube $Q_{j_{0}}^{k_{0}}$,

$$
\hat{K}_{j_{0}}^{k_{0}}:=\left\{w \in \Omega ; \pi(w) \in Q_{j_{0}}^{k_{0}} \text { and } \delta(w)<s^{-2 k_{0}} \delta^{2}\right\}
$$

We can see that $\left|\hat{K}_{i_{0}}^{k_{0}}\right| \approx \delta(z)^{n+1}$, with implicit constants depending only on $\Omega$ and $r$. Notice that (5.1) gives $\sigma\left(B_{d_{H}}(z, t)\right) \approx t^{2 n}$ and point 4) of Lemma 5.2 gives $\sigma\left(Q_{j_{0}}^{k_{0}}\right) \approx\left(s^{-k_{0}} \delta\right)^{2 n}$. Hence

$$
\begin{gather*}
\left(s^{-k_{0}} \delta\right)^{2 n} \approx \sigma\left(Q_{j_{0}}^{k_{0}}\right) \approx \sigma\left(B_{d_{H}}(z, t)\right) \approx t^{2 n} \\
\Longleftrightarrow s^{-k_{0}} \delta \approx t . \tag{5.5}
\end{gather*}
$$

Therefore, from Lemma 5.4, point 2), we obtain

$$
\begin{aligned}
\left|\hat{K}_{j_{0}}^{k_{0}}\right| \approx s^{-k_{0}(2 n+2)} \delta^{2 n+2} & =\left(s^{-k_{0}} \delta\right)^{2 n+2} \approx t^{2 n+2}= \\
(\tilde{C}(r) h(z))^{2 n+2} & =\tilde{C}(r)^{2} \delta(z)^{n+1}
\end{aligned}
$$

In conclusion,

$$
\begin{equation*}
\left|\hat{K}_{j_{0}}^{k_{0}}\right| \approx \delta(z)^{n+1} \approx|E(z, r)| . \tag{5.6}
\end{equation*}
$$

From (5.4) and (5.6), $\hat{K}_{j_{0}}^{k_{0}}$ is clearly candidate for being the tent $\hat{K}_{z}$, but unfortunately we are not granted that $E(z, r) \subseteq \hat{K}_{j_{0}}^{k_{0}}$ as we cannot prove the condition

$$
\begin{equation*}
\delta(w)<s^{-2 k_{0}} \delta^{2} \text { for all } z \in E(z, r) \tag{5.7}
\end{equation*}
$$

Then, we seek for an ancestor $\hat{K}_{j^{\prime}}^{k^{\prime}}$ of $\hat{K}_{j_{0}}^{k_{0}}$ with comparable volume such that condition (5.7) is satisfied with $k^{\prime}$ in place of $k_{0}$.

From (5.5) we know that there exists a constant $\hat{C}>0$ only depending on $\Omega$ and $r$ such that $t \leq \hat{C} s^{-k_{0}} \delta$. Thanks to Remark 5.1, we can assume that $k_{0}$ is big enough to satisfy $\overline{\hat{C}}<s^{k_{0}}$, provided that $z$ is sufficiently close to the boundary. Let us now pick

$$
m:=\min \left\{n \in \mathbb{N} ; \hat{C}<s^{n}\right\}
$$

and denote $k^{\prime}:=k_{0}-m$. It is important that $m$ does not depend on $z$.
Consider $\hat{K}_{j^{\prime}}^{k^{\prime}}$ to be the ancestor of $\hat{K}_{j_{0}}^{k_{0}}$ of generation $k^{\prime}$. Then $E(z, r) \subseteq \hat{K}_{j^{\prime}}^{k^{\prime}}$, because if $w \in E(z, r)$, then

$$
\pi(w) \in Q_{j_{0}}^{k_{0}} \subseteq Q_{j^{\prime}}^{k^{\prime}}, \quad \text { and }
$$

$$
\begin{gathered}
\delta(w) \underbrace{\leq}_{\text {(5.3) }} t^{2} \leq\left(\hat{C} s^{-k_{0}} \delta\right)^{2}=\left(\hat{C} s^{k^{\prime}-k_{0}} s^{-k^{\prime}} \delta\right)^{2}= \\
\left(\frac{\hat{C}}{s^{m}} s^{-k^{\prime}} \delta\right)^{2} \leq\left(s^{-k^{\prime}} \delta\right)^{2}
\end{gathered}
$$

Moreover, since $m$ does not depend on $z$, the volumes of $\hat{K}_{j_{0}}^{k_{0}}$ and $\hat{K}_{j^{\prime}}^{k^{\prime}}$ are comparable with constans only depending on $\Omega, r$ and the coefficients chosen for the construction of the dyadic system:

$$
\begin{gathered}
\left|\hat{K}_{j^{\prime}}^{k^{\prime}}\right| \approx s^{-k^{\prime}(2 n+2)} \delta^{2 n+2}=s^{m(2 n+2)} s^{-k_{0}(2 n+2)} \delta^{2 n+2} \approx \\
\left|\hat{K}_{j_{0}}^{k_{0}}\right| \approx \delta(z)^{n+1} \approx|E(z, r)| .
\end{gathered}
$$

In conclusion, we can choose $\hat{K}_{z}:=\hat{K}_{j^{\prime}}^{k^{\prime}}$.

Lemma 5.7. $B M O_{\mathcal{D}}^{p}(\Omega) \subseteq B M O_{r}^{p}(\Omega)$ for all $r>0$ with bounded inclusion, i.e. for all $r>0$ there exists $C(r)>0$ such that

$$
\|b\|_{B M O_{r}^{p}} \leq C(r)\|b\|_{B M O_{\mathcal{D}}^{p}} \quad \forall b \in B M O_{\mathcal{D}}^{p}(\Omega) .
$$

Proof. As a consequence of Proposition 5.1, for any $z \in \Omega, b \in B M O_{\mathcal{D}}^{p}$, it holds

$$
\begin{align*}
\|b\|_{B M O_{\mathcal{D}}^{p}} & \geq\left(\frac{1}{\left|\hat{K}_{z}\right|} \int_{\hat{K}_{z}}\left|b(w)-\langle b\rangle_{\hat{K}_{z}}\right|^{p} d w\right)^{\frac{1}{p}} \geq  \tag{5.8}\\
& \left(\frac{C_{1}(r)}{|E(z, r)|} \int_{E(z, r)}\left|b(w)-\langle b\rangle_{\hat{K}_{z}}\right|^{p} d w\right)^{\frac{1}{p}}
\end{align*}
$$

Therefore, for all $z \in \Omega$ we have

$$
\begin{gathered}
\left(f_{E(z, r)}\left|b(w)-\langle b\rangle_{E(z, r)}\right|^{p} d w\right)^{\frac{1}{p}} \leq \\
\left(f_{E(z, r)}\left(\left|b(w)-\langle b\rangle_{\hat{K}_{z}}\right|+\left|\langle b\rangle_{\hat{K}_{z}}-\langle b\rangle_{E(z, r)}\right|\right)^{p} d w\right)^{\frac{1}{p}} \\
\left(f_{E(z, r)}\left|b(w)-\langle b\rangle_{\hat{K}_{z}}\right|^{p} d w\right)^{\frac{1}{p}}+\left(f_{E(z, r)}\left|\langle b\rangle_{\hat{K}_{z}}-\langle b\rangle_{E(z, r)}\right|^{p} d w\right)^{\frac{1}{p}} \overbrace{\leq}^{(!!!)} \\
2\left(f_{E(z, r)}\left|b(w)-\langle b\rangle_{\hat{K}_{z}}\right|^{p} d w\right)^{\frac{1}{p}} \underbrace{\leq}_{\sqrt{5.8}} \frac{2}{C_{1}(r)^{\frac{1}{p}}}\|b\|_{B M O_{\mathcal{D}}^{p}} .
\end{gathered}
$$

Taking the supremum over all $z \in \Omega$ we obtain, for all $r>0$,

$$
\|b\|_{B M O_{r}^{p}} \leq \frac{2}{C_{1}(r)^{\frac{1}{p}}}\|b\|_{B M O_{D}^{p}}
$$

That is, $b \in B M O_{\mathcal{D}}^{p}(\Omega) \Rightarrow b \in B M O_{r}^{p}(\Omega) \quad \forall r>0$. In the step marked by (!!!) we used the following fact:

$$
\begin{aligned}
& \left(f_{E(z, r)}\left|\langle b\rangle_{\hat{K}_{z}}-\langle b\rangle_{E(z, r)}\right|^{p} d w\right)^{\frac{1}{p}}=\left|\langle b\rangle_{\hat{K}_{z}}-\langle b\rangle_{E(z, r)}\right|= \\
& \left|\langle b\rangle_{\hat{K}_{z}}-f_{E(z, r)} b(w) d w\right|=\left|f_{E(z, r)}\langle b\rangle_{\hat{K}_{z}}-b(w) d w\right| \leq \\
& f_{E(z, r)}\left|\langle b\rangle_{\hat{K}_{z}}-b(w)\right| d w \leq\left(f_{E(z, r)}\left|\langle b\rangle_{\hat{K}_{z}}-b(w)\right|^{p} d w\right)^{\frac{1}{p}} .
\end{aligned}
$$

Proof. (Proof of Theorem 5.1). On account of Lemma 5.7 we only need to show that

$$
B M O_{r}^{p}(\Omega) \subseteq B M O_{\mathcal{D}}^{p}(\Omega)
$$

with bounded inclusion, for $r \geq 3 \beta$.
Let us consider $r \geq 3 \beta$ and $b \in \operatorname{BMO}_{r}^{p}(\Omega)$. The goal is to show that there exists a constant $C>0$ such that

$$
\|b\|_{B M O_{D}^{p}} \leq C\|b\|_{B M O_{r}^{p}} .
$$

From Lemma 5.1 it is enough to show that

$$
\|b\|_{B M O_{D}^{p}}^{p} \leq C| | b \|_{B M O_{3 \beta}^{p}}^{p}
$$

for some constant $C>0$. For any dyadic tent $\hat{K}_{j}^{k}$ there holds

$$
\begin{gathered}
\left(f_{\hat{K}_{j}^{k}}\left|b(w)-\langle b\rangle_{\hat{K}_{j}^{k}}\right|^{p} d w\right)^{\frac{1}{p}} \leq \\
\left(f_{\hat{K}_{j}^{k}}\left(\left|b(w)-\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}\right|+\left|\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}-\langle b\rangle_{\hat{K}_{j}^{k}}\right|\right)^{p} d w\right)^{\frac{1}{p}} \leq \\
\left(f_{\hat{K}_{j}^{k}}\left|b(w)-\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}\right|^{p} d w\right)^{\frac{1}{p}}+\left(f_{\hat{K}_{j}^{k}}\left|\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}-\langle b\rangle_{\hat{K}_{j}^{k}}\right|^{p} d w\right)^{\frac{1}{p}} \leq \\
2\left(f_{\hat{K}_{j}^{k}}\left|b(w)-\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}\right|^{p} d w\right)^{\frac{1}{p}} .
\end{gathered}
$$

Then it suffices to show that

$$
\begin{equation*}
\sup _{\substack{\hat{K}_{K}^{k} \in \mathcal{T}_{l} \\ l=1, \cdots N}} f_{\hat{K}_{j}^{k}}\left|b(w)-\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}\right|^{p} d w \leq C \|\left. b\right|_{B M O_{3 \beta}^{p}} ^{p} \tag{5.9}
\end{equation*}
$$

for some constant $C>0$. Let us start by fixing a tent $\hat{K}_{j_{0}}^{k_{0}}$ and remember by Def 5.4 that

$$
\hat{K}_{j_{0}}^{k_{0}}=\bigcup_{k \geq k_{0}} \bigcup_{\substack{j \in I(k) \\ K_{j}^{k} \preceq K_{j_{0}}^{k_{0}}}} K_{j}^{k}
$$

Moreover, from Lemma 5.5, there exists $C_{1}=C_{1}(\Omega, \delta, s)>0$ such that for all $k, j$

$$
K_{j}^{k} \subset E\left(c_{j}^{(k)}, \beta\right), \quad C_{1}\left|E\left(c_{j}^{(k)}, \beta\right)\right| \leq\left|K_{j}^{k}\right| .
$$

Then,

$$
\begin{aligned}
& \left(f_{\hat{K}_{j_{0}}^{k_{0}}}\left|b(w)-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w\right)^{\frac{1}{p}}= \\
& \left(\sum_{\substack{k \geq k_{0} \\
K_{j}^{j} \preceq K_{j_{0}}^{k_{0}}}} \sum_{\left|\hat{K}_{j_{0}}^{k_{0}}\right|} \int_{K_{j}^{k}}\left|b(w)-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w\right)^{\frac{1}{p}}= \\
& \left(\sum_{\substack{k \geq k_{0} \\
K_{j}^{k} \leq K_{j_{0}}^{k_{0}}}} \sum_{\substack{j \in I(k)}} \frac{\left|K_{j}^{k}\right|}{\left|\hat{K}_{j_{0}}^{k_{0}}\right|} f_{K_{j}^{k}}\left|b(w)-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w\right)^{\frac{1}{p}} \leq \\
& \sum_{\substack{k \geq k_{0}}} \sum_{\substack{j \in I(k) \\
K_{j}^{k} \preceq K_{j_{0}}^{k_{0}}}}\left(\frac{\left|K_{j}^{k}\right|}{\left|\hat{K}_{j_{0}}^{k_{0}}\right|} f_{K_{j}^{k}}\left|b(w)-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w\right)^{\frac{1}{p}} \leq
\end{aligned}
$$

$$
\begin{aligned}
& \sum_{\substack { k \geq k_{0} \\
\begin{subarray}{c}{K_{j}^{k} \preceq K_{j_{0}}^{k_{0}}{ k \geq k _ { 0 } \\
\begin{subarray} { c } { K _ { j } ^ { k } \preceq K _ { j _ { 0 } } ^ { k _ { 0 } } } }\end{subarray}}(\underbrace{\substack{\left|\hat{K}_{j}^{k}\right|}}_{=: A_{2}(k, j)} f_{\hat{K}_{j_{0}}^{k_{0}} \mid}\left|\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}-\langle b\rangle_{E\left(c_{j_{j}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w)^{\frac{1}{p}} .
\end{aligned}
$$

For each $k \geq k_{0}$ we obtain, by applying Lemma 5.6 and the triangle inequality ( $k-k_{0}$ ) times,

$$
\begin{equation*}
\left|\langle b\rangle_{E\left(c_{j}^{(k)}, \beta\right)}-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}, \beta\right)}\right.}\right| \leq C_{\beta}\left(k-k_{0}\right)| | b \|_{B M O_{3 \beta}^{p}} . \tag{5.10}
\end{equation*}
$$

Thus, by (5.10) and point 2) in Lemma 5.4, we get that there exists $\tilde{C}>0$ such that

$$
A_{2}(k, j) \leq \tilde{C} \frac{s^{-k(2 n+2)} \delta^{2 n+2}}{s^{-k_{0}(2 n+2)} \delta^{2 n+2}} C_{\beta}^{p}\left(k-k_{0}\right)^{p}\|b\|_{B M O_{3 \beta}^{p}}^{p}=
$$

$$
\tilde{C} s^{\left(k_{0}-k\right)(2 n+2)} C_{\beta}^{p}\left(k-k_{0}\right)^{p} \mid b \|_{B M O_{3 \beta}^{p}}^{p} .
$$

Moreover,

$$
\begin{gathered}
A_{1}(k, j) \leq \frac{\tilde{C}}{C_{1}} \frac{s^{-k(2 n+2)} \delta^{2 n+2}}{s^{-k_{0}(2 n+2)} \delta^{2 n+2}}\|b\|_{B M O_{\delta}^{p}}^{p}= \\
\frac{\tilde{C}}{C_{1}} s^{\left(k_{0}-k\right)(2 n+2)}\|b\|_{B M O_{\beta}^{p}}^{p}
\end{gathered}
$$

Therefore,

$$
\begin{aligned}
& \quad\left(f_{\hat{K}_{j_{0}}^{k_{0}}}\left|b(w)-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w\right)^{\frac{1}{p}} \leq \sum_{k \geq k_{0}} \sum_{\substack{j \in I(k) \\
K_{j}^{k} \preceq K_{j_{0}}^{k_{0}}}} A_{1}(k, j)^{\frac{1}{p}}+A_{2}(k, j)^{\frac{1}{p}} \leq \\
& \left.\sum_{k \geq k_{0}} \sum_{\substack{j \in I(k) \\
K_{j}^{k} \preceq K_{j_{0}}^{k}}}\left(\frac{\tilde{C}}{C_{1}}\right)^{\frac{1}{p}} s^{\frac{\left(k_{0}-k\right)(2 n+2)}{p}}\|b\|_{B M O_{\beta}^{p}}^{p}+\tilde{C}^{\frac{1}{p}} S^{\frac{\left(k_{0}-k\right)(2 n+2)}{p}} C_{\beta}^{\frac{1}{p}}\left(k-k_{0}\right) \right\rvert\, b \|_{B M O_{3 \beta}^{p}} .
\end{aligned}
$$

Up to renaming the constants,

$$
\begin{gathered}
f_{\hat{K}_{j_{0}}^{k_{0}}}\left|b(w)-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w \leq \\
C_{\beta, \delta, s, p}\|b\|_{B M O_{3 \beta}^{p}}^{p} \sum_{k \geq k_{0}} \sum_{\substack{j \in I(k) \\
K_{j}^{k} \preceq K_{j_{0}}^{k_{0}}}} s^{\left(k_{0}-k\right)(2 n+2)}\left(1+k-k_{0}\right)^{p} \leq \\
C_{\beta, \delta, s, p}\|b\|_{B M O_{3 \beta}^{p}}^{p} \sum_{k=1}^{\infty} \frac{1}{s^{k(2 n+2)}}(1+k)^{p} .
\end{gathered}
$$

Since for the construction of dyadic cubes we requested $s>1$, the series

$$
\sum_{k=1}^{\infty} \frac{1}{s^{k(2 n+2)}}(1+k)^{p}
$$

converges. Therefore,

$$
f_{\hat{K}_{j_{0}}^{k_{0}}}\left|b(w)-\langle b\rangle_{E\left(c_{j_{0}}^{\left(k_{0}\right)}, \beta\right)}\right|^{p} d w \leq \tilde{C}_{\beta, \delta, s, p}| | b \|_{B M O_{3 \beta}^{p}}^{p} \quad \text { for all tents } \hat{K}_{j_{0}}^{k_{0}} .
$$

By taking the supremum over all tents we obtain (5.9) with $C=\tilde{C}_{\beta, \delta, s, p}$, and this concludes the proof.

Notice that this last proof allows us to conclude that any $b \in B M O_{r}^{p}(\Omega)$, which a priori is only locally $p$-integrable, in fact belongs to $L^{p}(\Omega)$. This is not true in general for Euclidean BMO spaces. Moreover,

$$
B M O_{r}^{p}(\Omega)=B M O_{r^{\prime}}^{p}(\Omega) \quad \forall r, r^{\prime} \geq 3 \beta
$$

In [7], page 32, it is shown that the technical assumption $r \geq 3 \beta$ in Theorem 5.1 can be removed by further decomposing the dyadic structure. This allows us to generalize Theorem 5.1 as follows.

Theorem 5.2. Let $\Omega \subset \mathbb{C}^{n}$ be a bounded strictly pseudoconvex domain with $C^{2}$-smooth boundary. Then

$$
B M O_{r}^{p}(\Omega)=B M O_{\mathcal{D}}^{p}(\Omega)
$$

with equivalent norms for all $r>0$.

## Appendix A

## Appendix

## A. 1 Riemannian manifolds

Def A.1. (Riemannian manifolds) A Riemannian manifold is a smooth manifold $M$ together with the assignment of a scalar product to the tangent space $T_{p} M$ at each point $p \in M$, such that these scalar products vary smoothly with $p$. Such an assignment of a scalar products is called a Riemannian metric on $M$ (it can be seen also as a section of $T^{*} M \otimes T^{*} M$ ).
If $\left(U, x^{1}, \ldots x^{n}\right)$ is a chart on $M$ and $g_{i j}(x)$ are smooth functions of $x \in U$ for $i, j=$ $1 \ldots n$, the scalar product between two tangent vectors at $x, X:=\sum_{i=1}^{n} X_{i}(x) \frac{\partial}{\partial x^{i}}$ and $Y:=\sum_{i=1}^{n} Y_{i}(x) \frac{\partial}{\partial x^{i}}$, is

$$
<X, Y>:=\sum_{i, j=1}^{n} g_{i j}(x) X_{i}(x) V_{j}(x)
$$

We can denote the scalar product as $d s^{2}=\sum_{i, j=1}^{n} g_{i j}(x) d x_{i} d x_{j}$.
Def A.2. (Riemannian isometry) If $\left(M_{1}, g_{1}\right)$ and $\left(M_{2}, g_{2}\right)$ are Riemannian manifolds, a diffeomorphism $\varphi$ from $M_{1}$ to $M_{2}$ is called an isometry if $\varphi^{*} g_{2}=g_{1}$, i.e.

$$
\forall p \in M_{1}, V, W \in T_{p} M_{1}, \quad\left(\varphi^{*} g_{2}\right)(V, W)=g_{1}(V, W)
$$

where the pullback metric $\varphi^{*} g_{2}$ on $M_{1}$ is defined as

$$
\begin{equation*}
\left(\varphi^{*} g_{2}\right)(V, W)=g_{2}\left(\varphi_{*} V, \varphi_{*} W\right) . \tag{A.1}
\end{equation*}
$$

Def A.3. (Riemannian length) If $(M, g)$ is a Riemannian manifold and $c$ : $[a, b] \rightarrow M$ is a differentiable path in $M$, we denote its velocity vector at time $t$ as $\dot{c}(t) \in T_{c(t)} M$, and $|\dot{c}(t)|_{g}$ is its norm with respect to the Riemannian metric (i.e. to the given scalar product). The Riemannian length $l_{R}(c)$ of $c$ is defined as

$$
l_{R}(c):=\int_{a}^{b}|\dot{c}(t)|_{g} d t .
$$

Proposition A.1. (Induced distance) If ( $M, g$ ) is a connected Riemannian manifold, the function $d_{g}: M \times M \rightarrow \mathbb{R}^{+}$, which to two points $x, y \in M$ associates the infimum of the Riemannian length of differentiable paths $c:[0,1] \rightarrow M$ such that $c(0)=x, c(1)=y$, is a distance function.

$$
d_{g}(x, y):=\inf _{\substack{(0)=x, c(1)=y}} l_{R}(c) .
$$

This makes $\left(M, d_{g}\right)$ a metric space.
Proof. - symmetry: If $c(t)$ goes from x to y , then $c(1-t)$ goes from y to x and has the same length. Hence

$$
d_{g}(x, y)=\inf _{\substack{c(0)=x \\ c(1)=y}} l_{R}(c)=\inf _{\substack{c(0)=y \\ c(1)=x}} l_{R}(c)=d_{g}(y, x) .
$$

- triangle inequality: If $x, y, z \in M$, then

$$
d_{g}(x, y)+d_{g}(y, z) \geq d_{g}(x, z)
$$

as if we concatenate a path from x to y and one from y to z , we obtain a path from x to z . Such a path is contained in the set of the paths which are considered to compute the distance between x and z .

- positivity: Fix $p \in M$, and consider a chart $(V, \underbrace{x^{1}, \ldots, x^{n}}_{\phi})$ around $p$, such that $\phi(p)=0$ and $\phi(V)$ contains the closed unit ball in $\mathbb{R}^{n}$. Let us call $U:=\left\{q \in V ; \sum_{i=1}^{n} x^{i}(q)^{2} \leq 1\right\}$ the set of the points in V which are mapped into the unit ball. Suppose that in these local coordinates the Riemannian metric is given by the expression

$$
d s^{2}=\sum_{i, j=1}^{n} g_{i j}(q) d x_{i} d x_{j} .
$$

We want to compare it to the Euclidean metric on $U$ :

$$
d s_{E}^{2}=\sum_{i=1}^{n} d x_{i}^{2} .
$$

Given $q \in U$ and $v \in T_{q} M$, we denote by $|v|_{E}$ (respectively $|v|$ ) the norm of $v$ with respect to $d s_{E}^{2}$ (respectively $d s^{2}$ ). Let

$$
m_{1}(q):=\inf _{\substack{v \in T_{G} M \\|v|_{E}=1}}|v| \quad, \quad m_{2}:=\sup _{\substack{v \in T_{Q} M \\|v|_{E}=1}}|v| .
$$

By compactness of $\left\{|v|_{E}=1\right\}$, we have $0<m_{1}(q) \leq m_{2}(q)<\infty$. Where $m_{1}(q)>0$ because it is a mininum, and it being 0 would mean that there is a $v \in T_{q} M$ such that $|v|_{E}=1$ and $|v|=0$. But this is impossible, as the second condition would imply $v=0$, which is not compatible with $|v|_{E}=1$.
Moreover, for all $v \in T_{q}(U)$ we have

$$
m_{1}(q)|v|_{E} \leq|v| \leq m_{2}(q)|v|_{E} .
$$

Therefore, if we pick a (piecewise) differentiable path c in U , we have

$$
m_{1} l_{E}(c) \leq l_{R}(c) \leq M_{2} l_{E}(c),
$$

where $l_{E}(c)$ denotes the length with respect to the Euclidean metric $d s_{E}^{2}$ and $m_{1}:=\left(\min _{q \in U} m_{1}(q)\right)<M_{2}:=\left(\max _{q \in U} m_{2}(q)\right)$ are finite as $U$ is compact. In particular, this shows that the distances $d_{g}$ and $d_{E}$ are equivalent on U , hence $d_{g}$ is positive definite.

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